# WHO are WE?

# THIS IS US!

CRIMSON LOG
2023

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**2023 CRIMSON LOG**
New Bedford High School
230 Hathaway Blvd.
New Bedford, Mass. 02740
(508) 997-4511
nbhs.newbedfordschools.org
Population 2,937

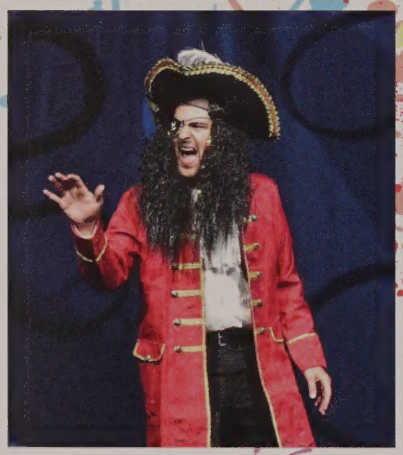
**CHRISTMAS CAROL** Sophomore Mariam Hasab plays The Ghost of Christmas Past and senior Olivia Veira plays Eleanor Scrooge in "A Christmas Carol" in December.
**STRESS RELIEF** Sophomore Maya Ferbert unwinds from the pressure of AP Research class by making paper penguins the week before December break.
**WINTER CONCERT** The Pure Energy Show Choir performs their Rockin' Christmas Celebration during the Winter Concert as a way of displaying their holiday spirit.
**LET'S GO, WHALERS** During the annual Pep Rally on the day before Thanksgiving, senior Gisa Barbosa gets a lift from senior Jahvon Hanson to help fire up the crowd.

# THIS IS US!

**IN TUNE** Sophomore Luis Colon plays alto sax as part of the Marching Band during the halftime show of the Thanksgiving game against Durfee. "It was challenging to be both on the football team and do band at the same time. A lot of switching between rehearsals and practices. Despite the difficulties, the amazing coach and band director was able to make things work out," Colon said.

**BLOCKING GOALS** Senior goalkeeper Jenna Nogueira pushes the ball wide of the net to take away a scoring opportunity. Sophomore Caitlin Cordero and senior Alexia Rodriguez shielded the Dartmouth forwards during this play.

**PIRATE** Finance teacher Cameron Costa, who played Patchy the Pirate in "The SpongeBob Musical," said, "I wanted to return to the stage because I love theater and the thought of being a part of this production was something I knew I needed to be a part of."



# WHO are WE?

## TABLE OF CONTENTS


4 ACADEMICS

20 STUDENT LIFE

44 SPORTS

80 PEOPLE

162 CLUBS

Who are *WE?*

A lot of pressure is brought upon us as high school students in New Bedford regarding our future aspirations. During the COVID-19 pandemic, we had the chance to explore ourselves, and with time, we finally had the chance to interact with each other and show who we were behind the masks.

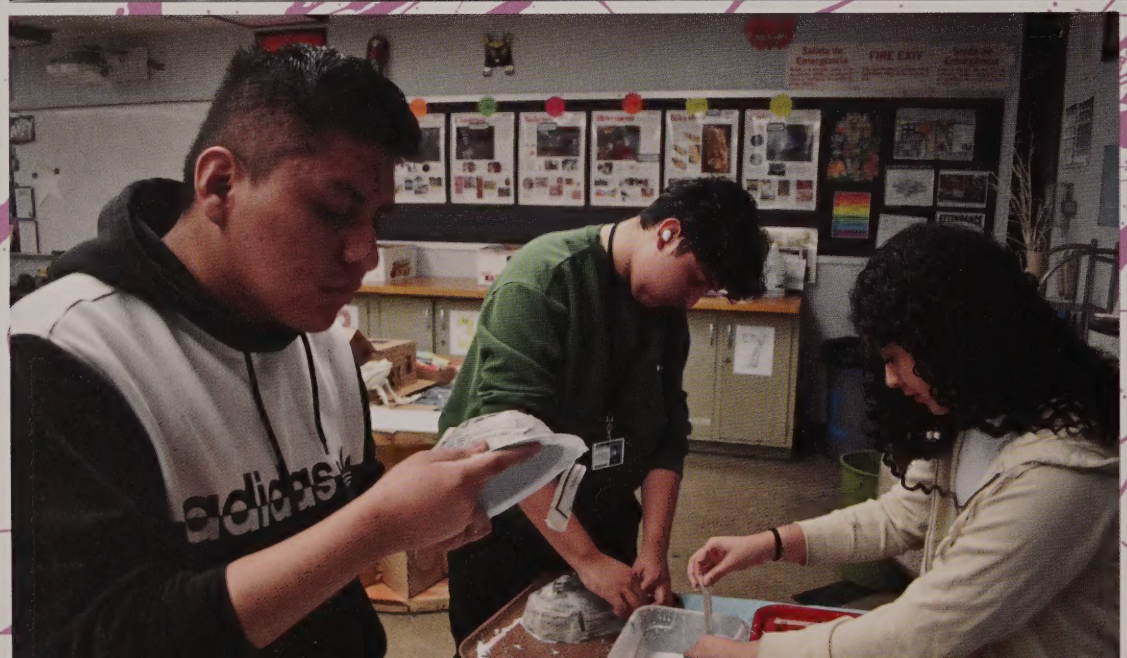
We have undergone a lot of changes in these past few years. The beginning of the Russo-Ukrainian War, the booming economy, a rise in social media usage, and more. How did we manage to go to school during such major moments?

Despite the significant effects, life went on. We found out who we are, and as Whalers, we accepted one another, despite the significant negative effects the world could bring.

Our hallways were filled with people of all different personalities, cultures, and fashion preferences, but what united us was that we are all Whalers.

Finding ourselves required challenges that impacted us along the way. Despite the difficulties that had arisen at New Bedford High School on that incredible journey, and whatever stage of life we were in, whatever difficulties we may have experienced, we will always be Whalers.

This is *US!*


FIRE EXIT
adidas

# THIS is US LEARNING!

Who are *WE?*

Growing up we often got asked, "What do you want to be in the future?" As kids with wild imaginations, we had responses like an astronaut, a professional athlete, or one of the best dancers in the world.

As life moved on and we matured, we often saw ourselves let go of those wild dreams but got asked the same question: "What do you want to be in future?" This is a question we often heard many times, especially in high school, but not all of us knew the answer to that. Although we're all involved in it together, we're all separate people. We distinguish ourselves from others and define ourselves by what makes us unique. The fact that we are all Whalers binds us despite the fact that there are people in our hallways with varying degrees of brilliance, talent, and other qualities.

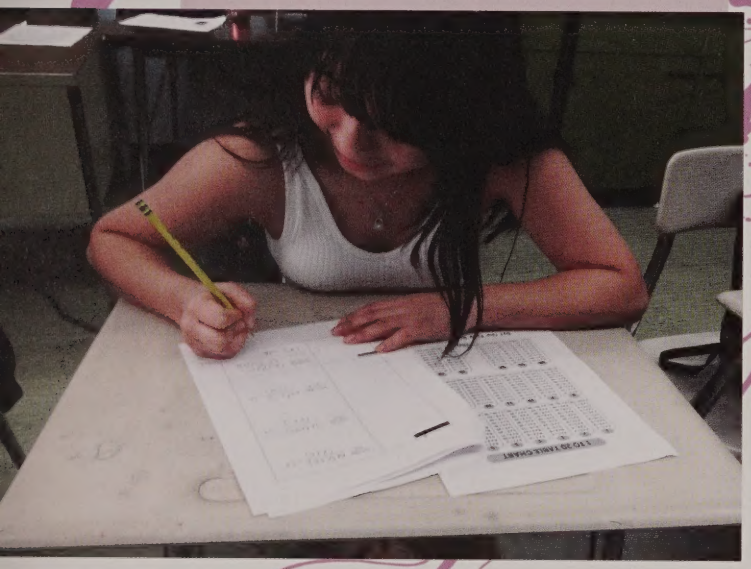
Some of us found our passion and our calling in life, believe it or not, in these classes. Learning about finance possibly lead us to want to follow a life in the business world, working with the Little Whalers helped us find our passion for teaching, or even in an English class where we found the love for literature.

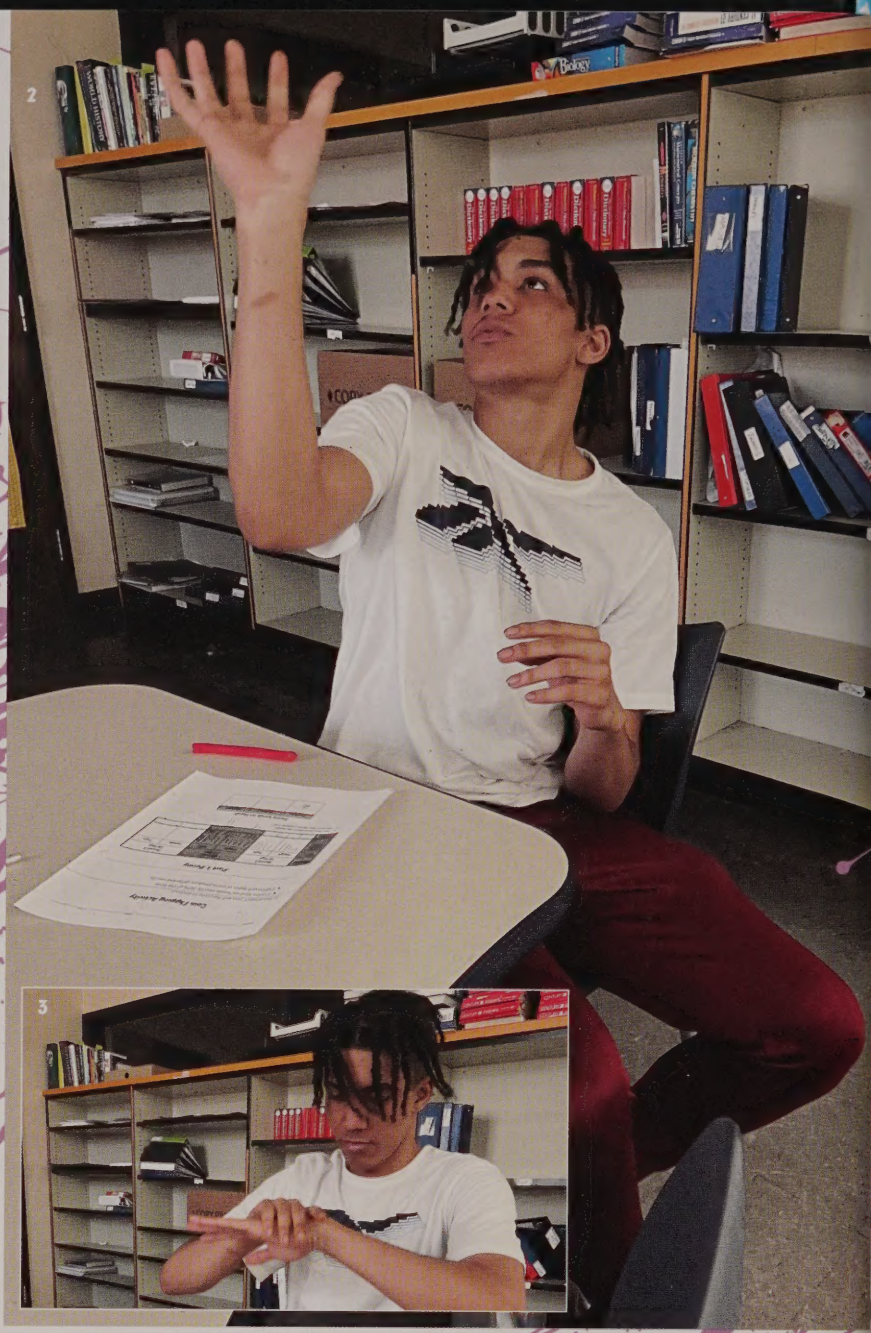
So to ask the big question "Who are we?" In these classes, we are scientists, we are future teachers, we are future athletes, we are future business people. We whalers have strong ideas, great problem-solving skills, and the ability to think critically. We have a say in who we are and how we live and work. In this school, we are proud Whalers waiting for whatever the future throws at us.

This is *US!*

**THIS IS US MAKING NOISE** Juniors Benjamin Racine, Saydelis Velez Montes, Isaiah Martins and Ty'quan Howard and freshman Camron Field play boomwhackers in their music fundamentals class and follow a play-a-long video.
**THIS IS US CREATING** Sophomore Hoscar Morente, senior Nilzon Rodriguez Cordon and senior Kiara Pineda make papier mache masks in the Advanced 3D Art class.
**THIS IS US FOCUSING** Sophomore Narissa Blevines works in Art Club on one of the flags for our cultural arts event.

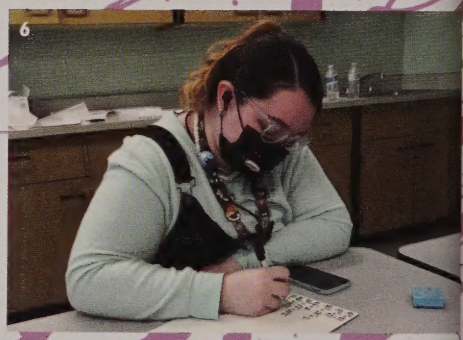
**1. STARTING THE CLASS** Junior Kimberly Ixcuna Sam works on her warm up in her Algebra class.
**2 AND 3. HOW ABOUT WE FLIP A COIN** Junior Prince Kionnaje Wright flips a coin during his penny lab for probability in Matthew Cavanaugh's math class.
**4. EXAM PREP** Students are engaged and reviewing in Shukla Sengupta's AP Statstics class in an effort to pass their AP exam in May. Senior Makenna Calvao said, "The review is making me realize how much I have to review. I remember knowing all of these concepts when I learned them, but now I really have to look over them again."
**5. EXAM PREP** Seniors Connor Silva and Kyle Pisz review Unit 1 Distributions.
**6. MATH CLASS** Junior Halli Grinnell works on an assignment in Honors Pre-Calculus with Christine Marcotte (Camara).

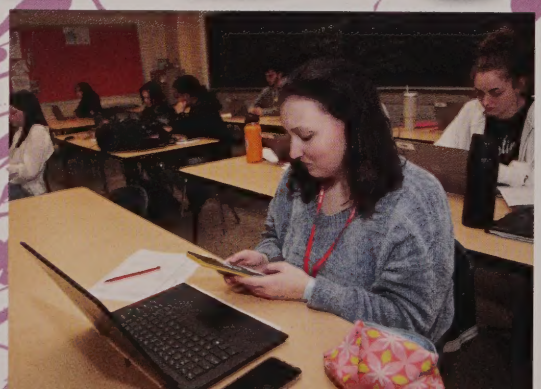






# when it all ADDS UP





Senior Olivia Viera works on a problem from the Unit 1 Distributions review page on her TI-84 calculator.

# What's your favorite part of math?

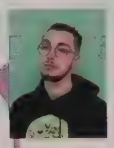
"I like visualizing the problems and the answers, even through the process of solving it." ***senior Jake Gioiosa***

"There's always one right answer. There's always a way to check your answer so you can feel secure." ***sophomore Meredith Kelly***

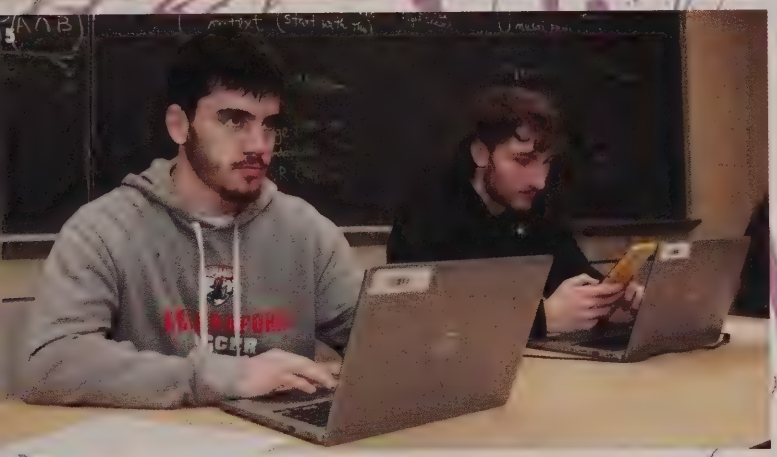
"Singing the quadratic formula song since I love singing and it's a fun mnemonic device that works for me."***sophomore Elliott Talley***

"I like graphing and making points. I find the other subjects in math confusing." ***freshman Mark Dressel***

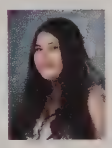
"It's satisfying when the terms cancel out." ***junior Trey Adao***



"The satisfaction I get from getting any equation right in math is pure bliss compared to any other subject." ***senior Christian Spooner***



# What was your hardest math class?



"The hardest class for me was Stats, but it's a good challenge that keeps you interested in the class even though it's confusing." ***senior Gianelys Hernandez Vega***

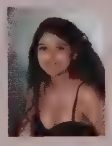
"Geometry was the hardest class for me because it was about remembering a lot of formulas. It was all mainly about shapes and equations." ***junior Jennifer Franco***

"THE HYBRID (Algebra 2 and Precalculus)! It was so difficult because of how fast the class moved and the (almost) weekly quizzes. The main content of the class was hard." ***senior Lauren Panaro***

"AP Calculus because I'm bad at time management and the class was fast with too many papers. The main content I cant exactly recall but, I remember doing derivatives a lot." ***senior Keith Lake***

# What's the most useful equation?

*"The quadratic formula is pretty neat. You could use it in a lot of different things like triangles. You can just apply it a lot. I feel like I use it often."*
***sophomore Emma Przybysz***



*"I feel that equations that require you to 'find x' are very important. Lots of people think math isn't important and used in the real world, but the world of finance is important."*
***senior Luana DosSantos***

*"I prefer radical functions because they are fun, so much fun. They are so easy to understand. You just plug and chug.."*
***sophomore Emily DaCosta***

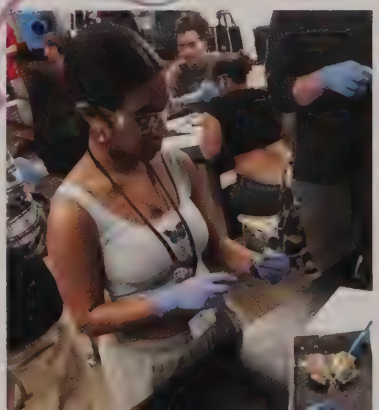
*"The Calculus l'hopital rule is something you can always fall back on. It is used to derive something so it is in a simpler form that gets rid of variables and makes finding the limit easier."*
***senior Cynthia Torres***

*"$E=mc^2$ and it was used by Stephen Hawking to prove that black holes exist."*
***senior Benjamin Eckert***

*"The most useful math equation would be quadratic formula. I feel like its always needed for a lot of math equations and its useful in a lot of different math courses. I learned it in Alegbra 2 and its used to find points of each a parabola cross the x-axis."*
***senior Morgan Ferland***

**1. BRAIN DISSECTION** In Richard Huston's Anatomy and Physiology class, students dissect sheep brains after learning the anatomy of a human brain. In the lab, they cut the brain and placed pins that labeled each section of the brain. "This was the first time that the sheep brain lab was done. I dropped a sheep brain but, other than that, it went fine. I thought the students were engaged and enjoyed the lab experience," Huston said.
**2. LABELING PARTS** Junior Jack DiMatteo works on labeling the parts of the brain. "It was one of the first really hands-on labs we've done," he said. "It was cool to look at all different parts of the brain and label them instead of just doing it on a worksheet. The biggest takeaway was that the brain has a texture that makes you think that this could never be controlling our entire body -- it felt way too fragile -- but in reality it is."
**3. PICK YOUR BRAIN** Senoirs Jamiah Andrade Fernandes and Eliane Goncalves work on labeling during fourth period Anatomy and Physiology class.

# Dealing with CUTTING CLASS



*"Going into the lab, it was both gross and interesting. The smell wasn't awful. The most interesting part was how similar human brains and sheep brains are, now that it's over."* ***senior Sawai Vilayvanh***

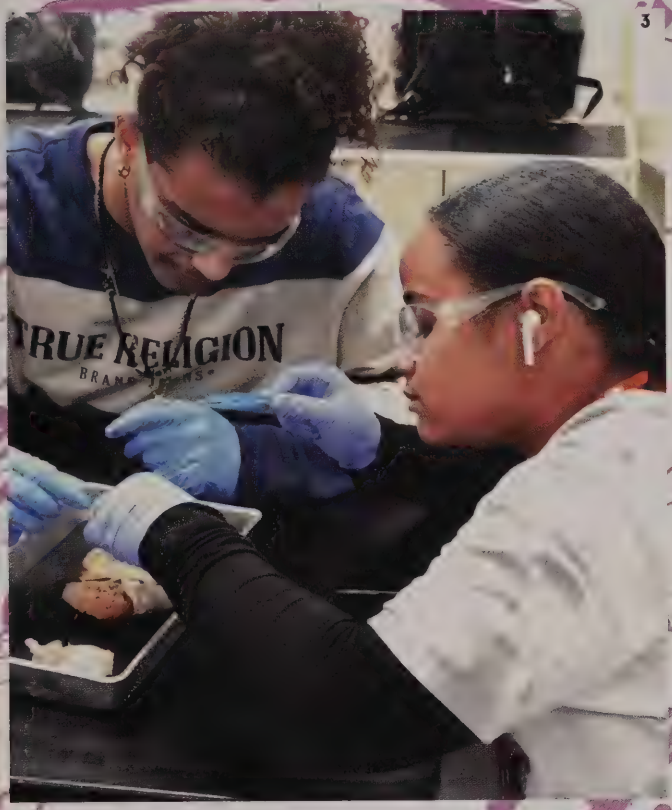
# What's your favorite part of science?

"My favorite parts of science are the experiments since it's always fun to try new things, even if it doesn't go right." ***junior Nathaniel Stafford***

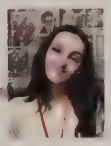
"Anatomy, I like studying functions of the body and how works it because I find it really interesting." ***senior Muphaella St Felix***

"Chemistry and the labs we do in chemistry. I like playing with chemicals and I think it would be cool to make a new element." ***senior Nazeah Torres***

"That there is always something new to found in the world and that scientists are always expanding our knowledge on what we know." ***senior Nevaeh Mullins***



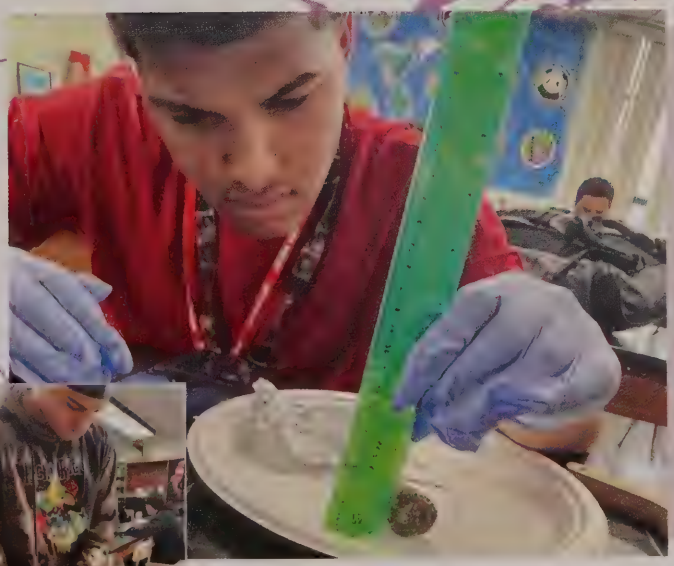

# My experience with a sheep brain



"At first, I was scared to see the brain,. The best part was cutting it in half and seeing the inside. Now that it's over, I'm happy I got to do it since now I know what a sheep brain looks like." ***senior Hailee DaPonte***

"When we first got here, I was a little nervous and expected it to smell, but it was odorless. Now, that its over, I feel more confident. The most interesting part was when we split the brain into two halves." ***senior Kevin Dang***

"When starting the lab, I was worried it would smell really bad. While doing the lab, I found that the brain was very tender which was interesting. Leaving the lab, I felt it was a cool experience." ***junior Carter Barbosa***



# Getting hands on

**ENVIRONMENTAL SCIENCE Juniors Michael Polanco (top) and Tayel Guzman measure owl pellets in Patricia Gifford's Environmental Science class. Students also dissected the owl pellets, which are regurgitated bones and fur that can not be digested by owls. Through dissection and analysis, students recreated the skeletons of prey organisms.**

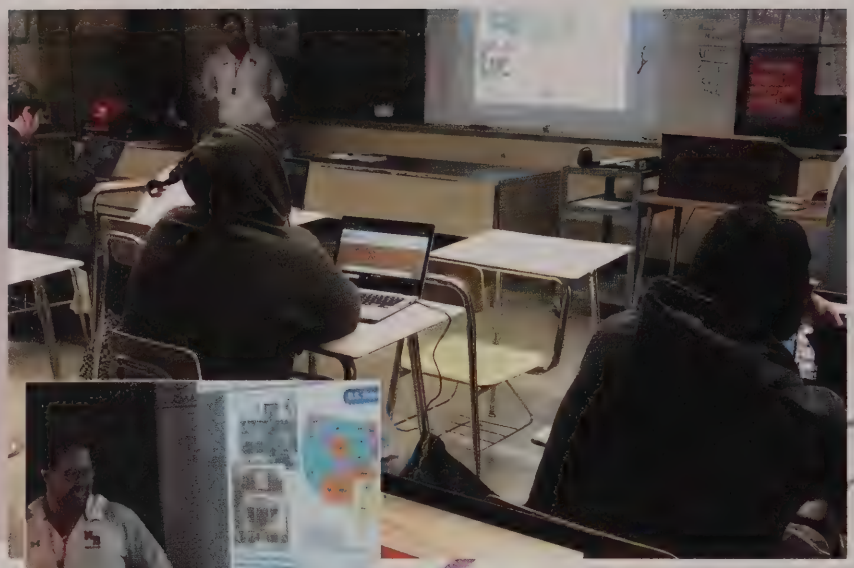
*"We are dissecting owl pellets to see what is inside. There is a skull of a gopher and fur. It smells like dirt."* ***senior Aaliyah Cardoso Rodrigues***

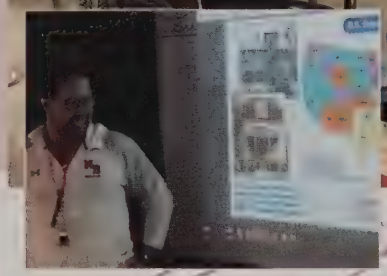
*"My favorite part about this lab would have to be scaring people with the bones and fur. I would say that it is 'stabby.'"* ***junior Braxton Pennington***

# going back in time

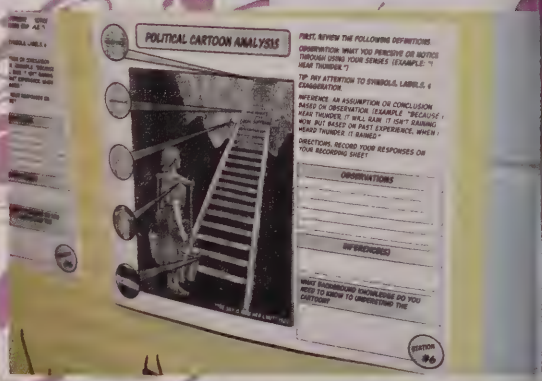
*"I do like my History class. I think my teacher is very engaging and welcoming to learn with."* ***senior James Jamina***

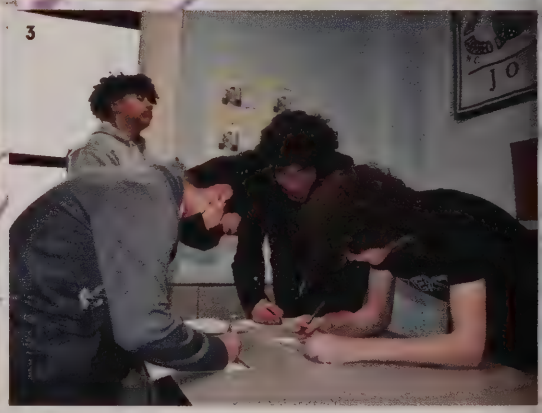
*"(History) shows the good and bad about the past and how far we have come as humans, Mr. Grande is one of the best teachers because he teaches with passion not just spitting words just for the heck of it."* ***junior Michael Polanco***





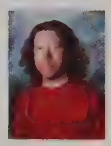
**CIVIL RIGHTS** Students learn about the Civil Rights Movement, notably Brown v. Board of Education, in Christopher Grande's U.S. History II class. Grande is colorblind, so students inquire what colors he can distinguish on a map, which is why Grande is grinning.



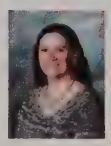
## What's your favorite part of teaching history?

"I love how history gives my students and me the opportunity to have discussions about serious topics that are still relevant to society today." ***history teacher Chace Allain***



"My favorite part of teaching history is that I just love it! But for the kids is how history really is not the past but how it connects to our lives today and still shapes us." ***history teacher Daniel Roveda***

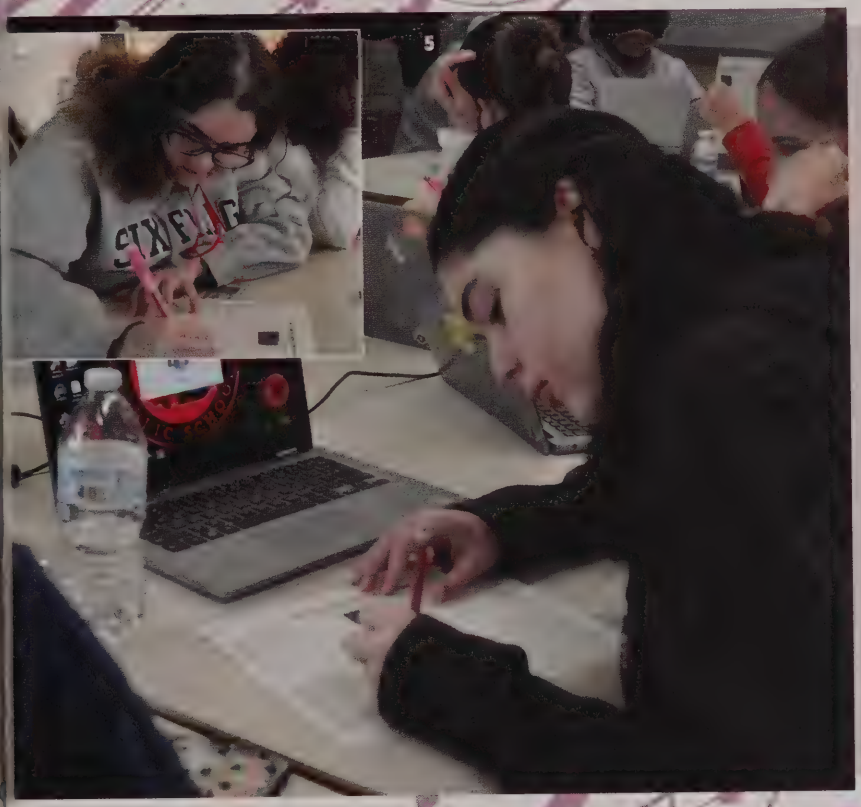
"The students are my favorite part of teaching. They are what drive me daily so that I can assist them in the learning process. The critical learning piece is very valuable to the students to strive to be successful. It is great to see them succeed." ***history teacher Jamie Sylvia***



"My favorite part is when students are interested in a certain topic and the class can have a group discussion about that topic, and I get to hear their opinions and unique point of views." ***history teacher Stephanie Aucoin***

# bringing HISTORY to LIFE

History teaches good citizenship to students and understand their civic responsibility. History gives us the tools to analyze and explain problems in the past and positions us to see patterns that might otherwise be invisible in the present.



**1, 2 and 3. THREE, TWO, ONE** In Chace Allain's seventh-period U.S. History I Honors, the class did a "3-2-1" project. The students were to examine 6 political cartoons from the past and record three observations, make two inferences and write down one piece of background knowledge needed to understand the cartoon. In photo 1, freshmen Madeline Knowles and Becky Zheng listen as Allain talks about the cartoon in photo 2, one from 1920 on women's voting rights that says, "The sky is now her limit," with "wage equality" and "presidency" still beyond "equal suffrage." Knowles said, "We looked at different pieces of art that depict historical sexism on a woman's path to freedom. My teacher, Mr. Allain, was helping us through a picture we didn't understand, and it made much more sense after he explained it." In photo 3, freshmen Jayron Colaj Chijal, Marcel Almeida, Edahi Mejia, Carter Cole-Vieira fill out their 3-2-1 forms. "We were describing what we saw and also thought about the meanings it could have," Colaj Chijal said. "(We would) think about what did we needed to already know to understand what was happening in that cartoon."
**4 and 5. MARCH MADNESS** Sophomore Jaelyn Rodericks and junior Liliana Phaneuf broke into historical groups and were assigned one of the 4 historical periods that are covered within the course. They made a list (1-16) where they ranked the most influential historical figures.
**6. WE SHALL OVERCOME** Students study Brown v. Board of Education and other aspects of the Civil Rights Movement in history teacher Christopher Grande's class.

## Why are you interested in history?

"History is a wonderful subject that teaches us how to take perspective, grapple with some of life's toughest questions, and through strong practice, we learn to better ourselves and the world around us with the understanding we take from it." ***history teacher Seaver Boyce***

"I love learning where people come from to better understand why they and things are the way they are today, and I love teaching history to open students eyes to the issues and injustices of the past and today. " ***history teacher Katie-Lee MacNeil***

"I like history. I enjoy researching history on my own. My favorite history class that I have taken is AP European History (AP Euro). I do not have a favorite historical event but my least favorite event is Woodrow Wilson becoming president of the United States. He is the reason the Nazis came to power and allowed a Communist revolution to fester."
***senior Benjamin Eckert***

**1. DECOMPRESS** Junior Rylan Brody chats with junior Leslie Padilla and sophomore Maggie MacRamos while making penguins from a kit during AP Research class in December.
**2. WEDDING DAY** Sophomore Adison Teixeira signs her "Marriage Certificate," which commits her to her AP research topic.
**3. WALKING ME DOWN THE AISLE** Sophomore Elliott Talley gets married to their AP Research projects as sophomore Adrian Coreas Orantes pretends to be his dad walking him down the aisle, while English teacher Kelsey Turner officiates. "We each have a project we have to do and once we hit December we can't change it so our teacher hosted a marriage ceremony," Talley said.
**4. PARTY TIME** Juniors Autumn Frias-Martin, Angel Lin, and Emma Gibney celebrate finishing reading "The Great Gatsby" by playing Jeopardy, watching clips of the movie to contrast it with the book and having food and drinks brought in by students.

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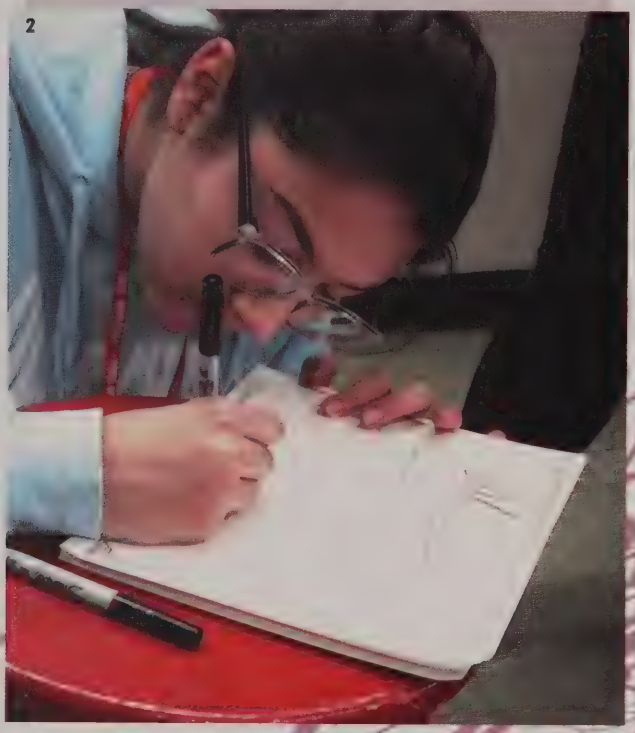
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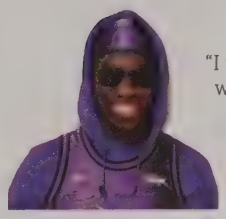
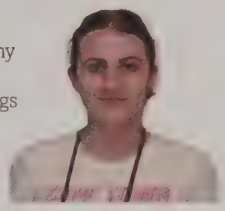
# this is our BONDING TIME

Junior Carter Barbosa helps himself to some tasty food during an AP Literature class celebrating the finishing of reading "The Great Gatsby."

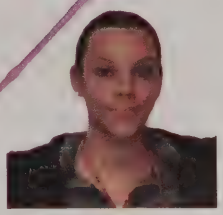
# What do you like about creative writing?



"I took (Creative Writing 2) because I am a big fan of writing. It's a hobby I've had my entire life, and I'm glad I have space to focus on it in school."
***junior Xavier Fernandez***



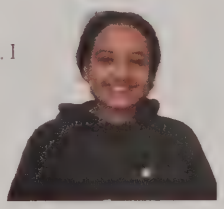
"I took (Creative Writing 2) because it relates to my major in college, so I wanted to continue my knowledge in this class so I could learn some things before I leave."
***senior Kahlen Bertoldo***



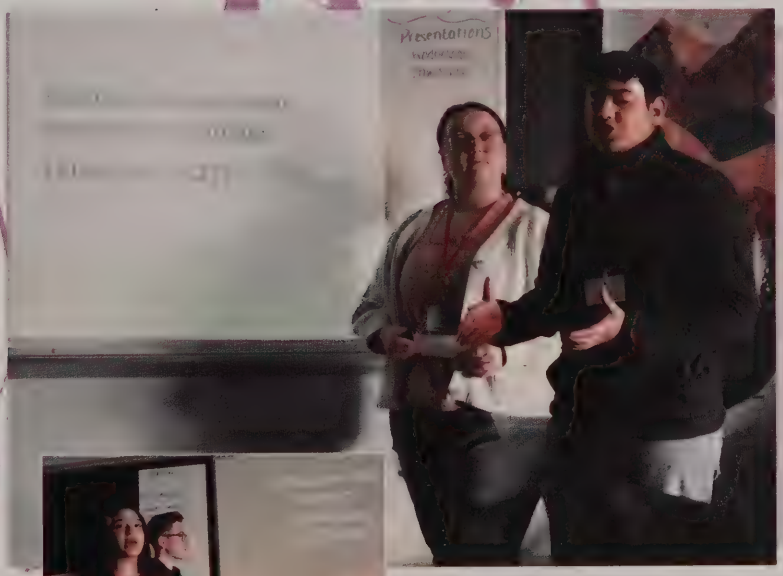
"(Creative Writing 2) allows me to be creative without being judged by others' opinions. The people in the class make it my favorite and Mr. Zinger is very chill and understanding."
***senior Kailey Sousa***

"(I took this class) because I didn't want to peer mentor, and my friends are here, and I really enjoyed Creative Writing 1. It was really nice having a class where I could get my ideas out through words."
***senior Edelmis Calderon***

"I took Creative Writing 2 because I like the overall vibe of the class and the teacher."
***senior Sarah Silveira***



"I liked writing my own stories with no restrictions. I also love being able to work at my own pace."
***senior Kimberly Sanabria***



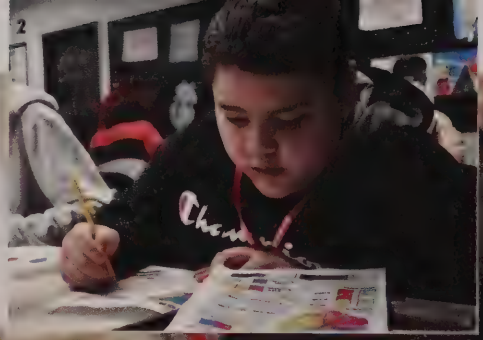
# presenting pressures

*"I felt very well about my performance task as during PT1, I had an amazing group who worked very well together. During PT2, I felt proud of what I achieved especially since a majority of it took place online due to COVID."* ***senior Hannah Costeira***

*"PT 1 was reasonably good, it helped my ability to work in groups and the topic we chose (deforestation) was engaging. PT 2 was pretty rough since it was over lockdown. It was just hard to push through, the topic was autism awareness."* ***senior Aiden Adao***

**REHEARSAL In AP Seminar, freshmen Kashif Choudhury and Hailei Almeida (top photo) and Madison Silveira and Colin Hermenegildo rehearse their group in February in preparation for the Team Multimedia Presentation, which is recorded on video, in March.**

**1. TO YOUR OWN BEAT** Junior Alexis Valentin works to get the right hand position in Thomas O'Leary's Intro to Piano class.
**2. COLOR WHEEL** During art teacher Lynne Laberge's Intro to Art class, freshman Jatniel Roman practices painting and color theory.
**3. MAKE IT 3D** Sophomore Rachel York covers her 3D letter with papier mache. She built the letter from cardboard and painted personalized designs over the surface.
**4. WORKING WITH COLORS** Junior Marta Castro Perez working in class on the color wheel.
**5. SIX STRING** Freshman guitarist Harrison Corrie strums during performing arts teacher Thomas O'Leary's class.
**6. PRESENT YOUR ART WITH IMPACT** Junior Jennifer Franco is working on painting her paper mache mask.
**7. LISTEN TO YOUR ART** Sophomore Hoscar Morente gets advice from a student teacher, Chloe Bachstein from UMass Dartmouth, on how to build up forms.



# focusing on the DETAIL WORK

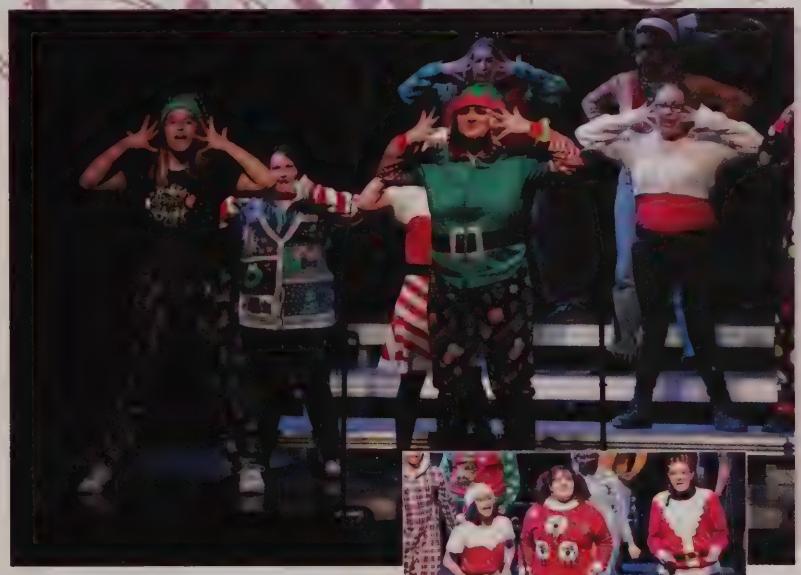
**Creativity allows students to view and solve problems more openly and with innovation and opens the mind. Students can express their mood, feel free and alleviate stress and anxiety.**

# What's your instrument?

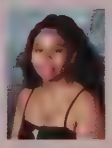
"I play the guitar and I learned to play it because my dad also used to play."
***senior Zachory King***

"The marching snare drum, one of the many percussion instruments that I play. I chose to play percussion because when I would listen to songs as a kid I always loved the drums and the beats and rhythm that was being played."
***junior Ashh Antunes***

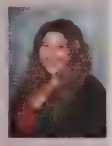
"That's the cello. I choose to play that instrument because of how beautiful it can be. When playing, it makes me relaxed and really just makes me feel better and like everything disappears."
***freshman Justn Torres***



## A rockin' Christmas



*"The best part of the performance has to be in the clumps. I feel that is where we have the most fun, the impact had to be the songs and the relationships people have with each other."* ***junior Andrea Pena Jimenez***



*"The best part of the performance was the ending where we did the big number with our Christmas spirit on. I would say it did impact students to join show choir I know my friends want to join now from me talking about it and them seeing rehearsals and shows."* ***sophomore Skyla Freitas***

**YOU BETTER WATCH OUT The "Pure Energy" Show Choir presents their "Rockin' Christmas Celebration" performance during the All-City Concert, encouraging students from other schools to join in on the fun.**

# taking on an ACTIVE ROLE

Gym classes offer cognitive instruction and content designed to encourage the development of knowledge and behaviors for physical activity and fitness. Students enjoy them in part because they enable some activity as opposed to spending the entire day at a desk.

**1. and 2. LET'S GET ACTIVE** Physical Education teacher Timothy Curry said that students choose from the typical offerings, including dodge ball and weight training (pictured), as well as others like yoga, spinning and volleyball.
**3. LET'S TAKE THIS UP A NOTCH** Junior Olivia Ramirez-Berry uses a ten-pound plate to add some difficulty to her sitting twists. "I do enjoy doing the Russian Twists. They help sharpen up my stomach. Ramirez-Berry said. "It's something I do to work out my body. I just want to get at a healthier weight."
**4. IT'S ALL FUN AND GAMES** Senior Dilson Teixeria in his games class of which is usually up to the teacher what activities are offered, there is usually a summary on pick day.
**5. and 6. LIFTING** Junior Axel Rivera Marrero and freshman Trevor Roderiques lifting weights as their physical education choice they made on "pick day," which occurred every two weeks.
**7. CYCLING THROUGH THE CLASS** Senior Ariana DaPonte works out in the cycling class. The cycling option is where students learn how to properly use the stationary bikes and some workouts.

## What's your favorite gym activity?

"My favorite class in gym is basketball -- me, all my boys just go at it (and) be as competitive as possible, have fun and just repeat day after day. Energy's high and releases all that energy from the school day." ***senior Collin Gibbs***

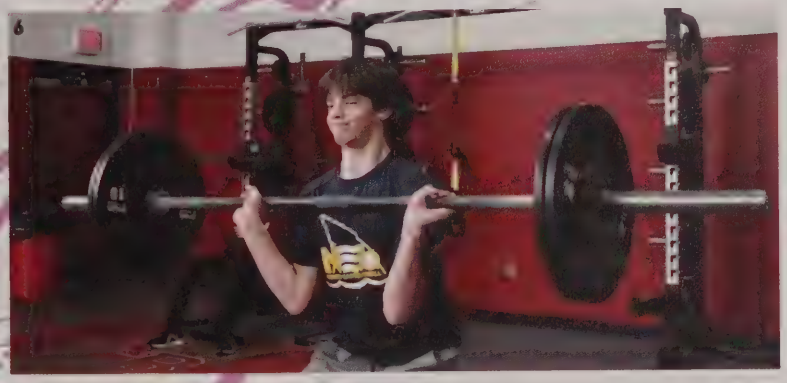
"My favorite activity to do in gym class is badminton because at times it gets intense but overall it's fun to play with friends." ***senior Allison Ramirez***

# poses for the people

*"I took yoga after my friend suggested to take it. It has helped me take a moment through the day to relax and has helped me distress as being in my senior year has been very stressful. I've chosen to take it 3 times so far."* ***senior Claudia Tino-Tzoc***

*"I took it because it seemed fun and relaxing. It did help me feel calm. When I was having a stressful morning, it was something I would look forward to."* ***junior Kimberly Jimon-Delacruz***

**KEEP CALM** Yoga and meditation class is taught by Physical Education teachers Celeste Costa, as well as John Leite and Addison Kaeterle. The studio at the back of the locker room was redone so students could unplug for the period and focus on their wellness through yoga.



# What sport has your heart?

"Field hockey. I've been playing for New Bedford since seventh grade because they had such low numbers. By far, senior year was my favorite season. Everyone really grew as players and I took pride in being a captain. The girls on that team are really great and have been playing with them forever. and of course, i love my coaches so much, they've done nothing but support me."
***senior Gabriela Tsaliagos***

"My favorite activity is basketball because I be giving people buckets in there. My nickname is Lebron James Jr." ***senior Jorge DaCruz***

"My favorite activity in gym class is going in the weight room. I like going to the weight room because I don't have time outside of school to workout so doing it in school helps. I mainly bench press." ***senior David Rice***

"Kickball because it's a fun version of dodgeball with a mix of soccer and baseball. You basically have two teams. One team kicks the ball with the other team pitching and if they ball get caught by the other team, the person kicking is out." ***senior Juliana Sanchez***

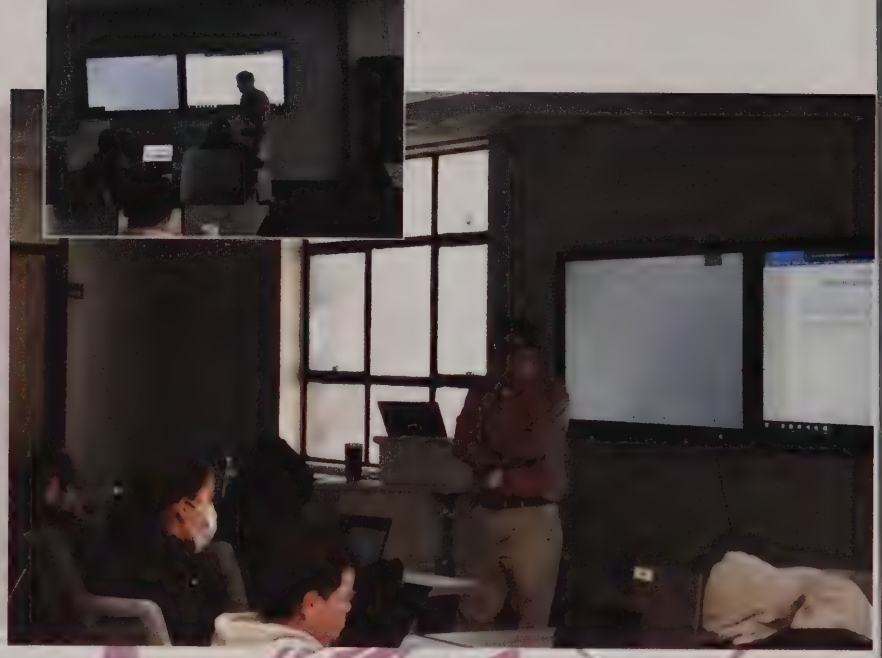
"My favorite class was walking. I loved the freedom that athletic kids like me could have. I was able to catch up on my favorite shows while also engaging in physical education." ***senior Anisa Tavares***

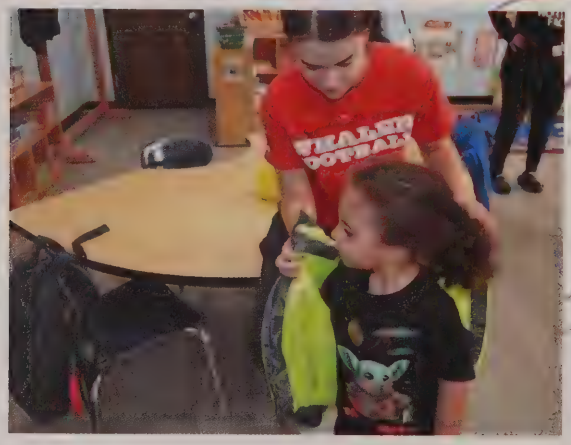
# finance for the future

**THE FINANCE LAB Students share there experiences with the finance lab and what got them interest in financing. "It benefits students in every way because everyone in our life time has to be concerned with investing and retirement," said finance teacher Judith Lima.**

*"The way that finance can help students is by showing them things that they are going to definitely use in a future or are going to need, for example credit, managing your money, checks, taxes, and more."*
***sophomore Raymond Paniagua Castillo***

*"If we head into the big world, no one teaches us how to do taxes or to handle credit. I would have Finance as a mandatory math class. Knowing this, the next generation can know what to prepare themselves for when they venture out into the world."*
***senior Aidyn Ramos***



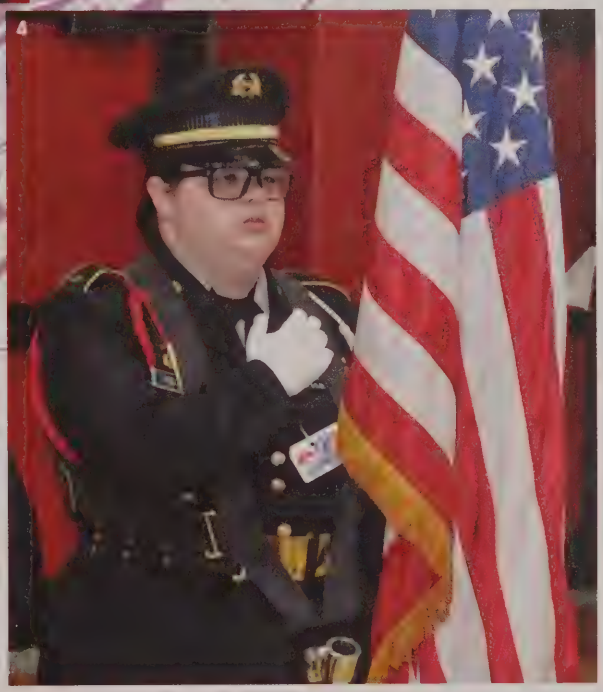


# What do you want to do with your life?

"At first in my life, I wanted to be a lawyer and wanted nothing to do with the Little Whalers class or working with children, but after taking the Child Development class with Mrs. Zell, it made me more interested in child care. Now, with the mindset I have now, I am thinking of being a younger elementary school teacher." **junior Jalysa Noriega**

# JROTC students MARCH ON

ROTC students thrive in their work as they rank up with ıonor and pride. In the class and through JROTC events, cadets learn about respect, work ethic and dignity, and help raise their self-esteem.



1. **RANKING UP** Senior Germany Villalobos receives his officer rank at the ceremony in early November.
2. **MOTTO** Sophomore Kylee Furtado "I felt a lot of pride in my company as well as myself. We all ranked up, which is an honor in JROTC."
3. **REPRESENTING** Freshman Kashif Choudhury represents Bravo company while holding their flag.
4. **WAVE YOUR FLAG HIGH** Sophomore Alexis Cote holding the American flag while waiting to get promoted in rank while reciting the national anthem. Cote recalled feeling very happy and grateful in this moment.
5. **WITH HONOR** Sophomore Danielle Frost and junior Cameron Henrikson pin a medal to freshman Liliana Bruno.
6. **PROMOTION** Sophomore Aiden Carvalho puts the rank on senior Jaeden Lopez's uniform.

# THIS is US LIVING!

Who are *WE*?

Since COVID, we have taken stock of who we are and realized how important it is to take care of our mental health as well as to stand up for what we believe in. For the best academic performance, there must be a healthy balance between work and life. Academics are frequently given priority over personal priorities like relationships and exercise.

Although many of us spent a lot of time in school, we used our free time to engage in our passions. While general health and well-being were essential for ideal academic functioning, this may have resulted in a reduction in academic performance. We were committed to creating time for extracurricular activities we enjoyed as well as time for the ones we loved.

As Whalers, we were more likely to have a feeling of community and adapt quickly when participating in activities to help make more friends and build bonds, which was another pleasurable aspect of school life.

This is *US*!

**1. THIS IS US BEING SPIRITED** The cheerleaders rally the crowd at the annual Pep Rally held the day before Thanksgiving, the first full rally since 2019 due to Covid restrictions, which meant only the seniors had experienced a full rally in the gym before. "It was a lot of hard work to get there that day and to perform it, but we were excited to put it all together," said senior Julie Torres, the person on the left supporting the "ERS." "We just went with the music and the crowd yelling and tried our best. Even some stunts we might have struggled with, but we fought to get them up and it was awesome."

**2. THIS IS US PERFORMING** Senior Avelyn Mascarenhas sings "Rude," originally performed by Magic! at the Talent Show in February. "At first, I didn't think I'd take advantage of that stage the way I did, but after I did it, I felt in tune with myself and with what I was receiving from the crowd," Mascarenhas said.

**3. THIS IS US HAVING FUN** Sophomore Monica Vasquez and sophomore Luis Colon have a "sax battle," in the blue cafeteria.

**4. THIS IS US BEING CREATIVE** During Photo Club on a Friday in April, senior Navahni Perry talks to senior Juliana Melara Recinos about how she would like her to pose using paintbrushes. Perry was experimenting with different ways to light Recinos, including using white paper taped to a collapsible table to fill in some light on the shadow side of Recinos's face. "The photographer, Navahni Perry, was taking a photo of me using different types of studio lighting. She wanted me to use those brushes to cover my eye and show more of my identity," Recinos said.

sophomore Loany Molina Mejia

senior Hailee DaPonte

freshman Noel Morales Roman

junior Saray Rios

junior Xavier Fernandez

# MY FOOT WEAR

You can tell a lot by someone's footwear. Students share how the use their shoes to express their individuality and taste.

"My inspiration is myself."
***senior Aramis Medina***

"They're fire and I love these shoes. I also love SpongeBob."
***senior Koda Wingfield***

# Never Go OUT OF Style

Some students want to stand out in their social circles through their appearance. Through their attire, students convey their thoughts and beliefs. They express their personalities through their attire and knowledge of current fashion trends. Everybody wears fashion, sometimes out of choice and sometimes as a result of social expectations.

Fashion enables students to cultivate a supportive and competitive environment that motivates the following generation of fashion designers and other related professionals to put in a lot of effort and produce innovative and meaningful new designs.

Senior Tatum Reis said, "Fashion gives people a fun and broad range of ways to express themselves. Whether it be through making their own clothes, thrifting outfits or buying from high-end places, fashion is a motivator. It sparks confidence, inspiration and connection if students can bond over their similar or different styles."

Junior Kiva Bank said, "Fashion is beneficial to the student body because it creates a sense of community."

There are numerous different fashion trends that endure over time. People find really creative ways to tie in accessories and make any outfit unique, regardless of whether the fashion trends are from the early 2000s, the 2010s, or the 1990s.

Senior Sanaah Arnum said, "Fashion is a good way that us young adults can use to express ourselves more and form into our personalities. Fashion makes us unique because we all have our own way of expressing or defining it. We come from different places and different neighborhoods. That shows in the way we dress."

**senior Gavin Realejo**

**junior Kiva Bank**

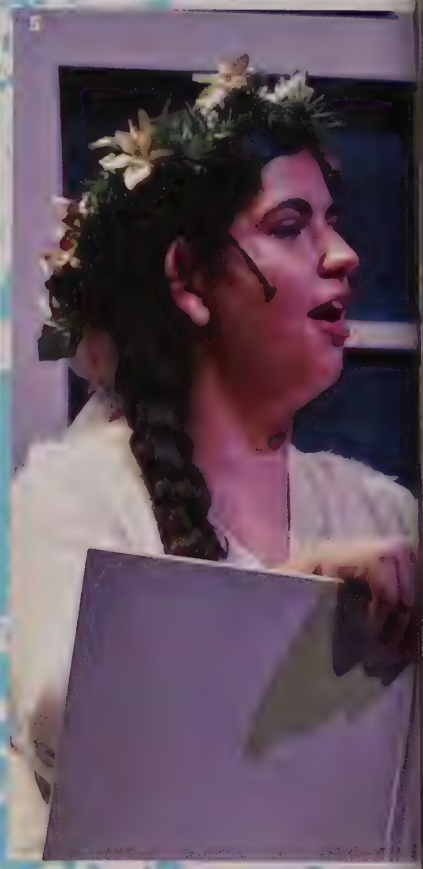
**senior Carieishka Baez Sanchez**

**senior Sanaah Arnum**

"I have no other shoes."
**senior Nazeah Torres Crespo**

"They're comfy and easy to wear."
**junior Rylan Brody**

"They have cool jibbitz and they look good."
**junior Derek Fountaine**



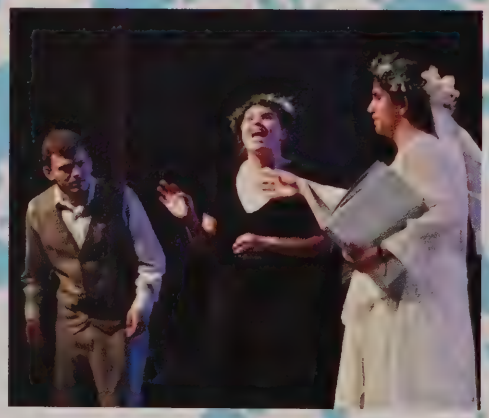
# a new take on *Scrooge*

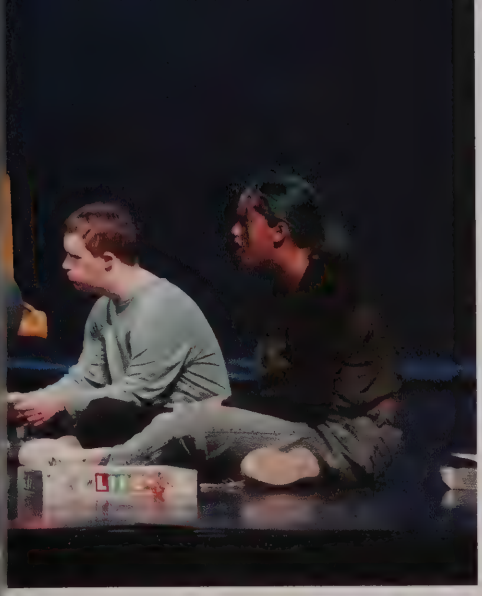
## Dickens classic gets an update

**senior Sarah Silveira,** Ghost of Christmas Future "By the time we got to putting the play together, we had notes for what happens in each section. We made up the lines and scenes based on our notes. When we had enough scenes, the only thing we had for a script was an outline. Everything we said we made up. It was all improv."

**TOP:** Scrooge, senior Olivia Viera, is "dead" in the second act.

**BOTTOM:** Scrooge talks with the Ghost of Christmas Past, sophomore Mariam Hasab.





# Taking THE spotlight

**Students show off their talent with performing in an original retelling of the Dickens' class, "A Christmas Carol."**

The Drama Club presented "A Christmas Carol" during the holiday season, adapting Charles Dickens' original tale for their performance. "A Christmas Carol" tells the tale of Ebenezer Scrooge, an elderly miser who receives visits from the ghosts of Christmas past, present and yet to come, as well as Jacob Marley, his former business partner. Scrooge changes into a nicer, gentler man after their visits.

The production was a unique adaptation made using improvised theater exercises. Each performance was therefore slightly different. The ensemble's communal, frequently improvised effort serves as the basis for the script in this way of creating the production.

The cast created the play's narrative by working together on modernizing the timeless Dickens' story of avarice and redemption through devised theater exercises. It was totally constructed through improvisation exercises and experimentation by the creative team and cast.

The Drama Club attempted to define the parameters for each scene in order to tell their version of a cogent story by studying several versions of the original text, identifying the commonalities that were required to tell the story, and establishing these commonalities.

**1. PERSUASION** Senior Luke Duarte portrays the ghost of Marley, who is attempting to persuade Scrooge, played by Olivia Viera, to change his ways.
**2. WE ARE FAMILY** The Cratchit family is comprised of senior Aidyn Ramos, freshmen Jordann Dillard, River Hughes, Frantzciama Moise, Alex Souza, and Bennett Lawrence, as well as sophomores Jamarion Slash-West and Jae Rodericks.
**3. TIME THAT REMAINS** Scrooge won't change in the remaining time, according to the Ghosts of Christmas Past and Future.
**4. THE HOLIDAY SPIRIT** A party group, played by freshmen Jordann Dillard, River Hughes, Frantzciama Moise, sophomore Jaelyn Rodericks and senior Aidyn Ramos that imitates celebrate Christmas.
**5. LECTURING** The Ghost of Christmas Past, played by sophomore Mariam Hasab, is giving a lecture to Scrooge, trying to make him change his ways and gives him a memory of the past.
**6. CHRISTMAS CARDS** . Young Marley, played by eighth grader Matthew Reynolds and Young Scrooge, played by sophomore Maya Ferbert, discuss trying to make money by selling Christmas cards.
**7. UGLY SWEATER** Freshmen Jordann Dillard, from the party group, celebrates holiday spirit with an ugly sweater.

## SENIOR Makenna Calvao Q&A

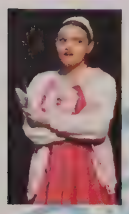
*What was it like playing the role of SpongeBob?*
"It was honestly a dream. I never thought that SpongeBob would be a dream role that I would want to play, but this ended up being the best and most favorite role I have ever done."
*What was your favorite part of the musical?*
"Every single number was so greatly put together and so unique from song to song, it is so hard to pick a favorite!"
*What is something you would say to future kids entering drama?*
"Take in everything because it goes by so fast. Never cut yourself short of your full potential, always strive to be better. There is so much talent that you may not even know you have."

**1. DOMINATION** Senior Ronnie Lopes and sophomore Skyla Freitas play Sheldon, Plankton and Karen the computer, introducing themselves and their evil plans.
**2. SCHEMING** All citizens report to the town square where the mayor asks for plans to save the town while Plankton proposes his evil scheme.
**3. THE END** SpongeBob, senior Makenna Calvao fears the end of the world while everyone yells the end is coming.
**4. DADDY KNOWS BEST** Sophomore Maggie MacRamos and junior Elijah Carrion playing Mr. Krabs and Pearl Krabs sing "Daddy Knows Best."
**5. A STAR** Sophomore Tilly Mckay playing Squidward offers to sing spectacle technical the music number.
**6. BFF** Senior Makenna Calvao and junior Lillie-Marie LeClair sings "BFF - Everything Feels Better Together."
**7. DO NOT FRET** Junior Kiva Bank plays Mayor of bikini bottom reminds citizens not to worry.
**8. TICK TOCK** Senior Aidyn Ramos holds the doomsday clock.
**9. THE SUN SHINES DOWN** Junior Destiny Garcia, senior Makenna Calvao, and junior Lillie-Marie LeClair play B, Patrick, and Sandy Cheeks sing the opening number "Bikini Bottom Day."

## WHAT WAS YOUR ROLE?

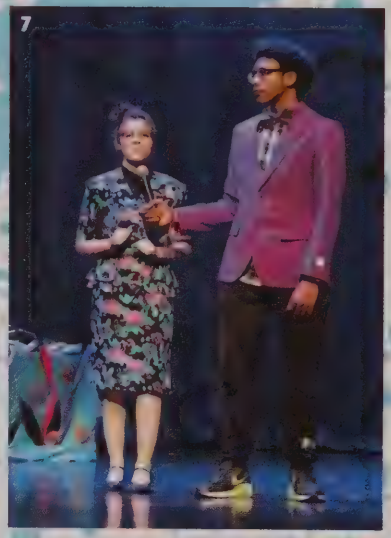
"Squidward. It was a very fun but challenging role to play because I had to walk around with four legs. It was a very exciting role to play because it was my first lead role." **sophomore Tilly McKay**

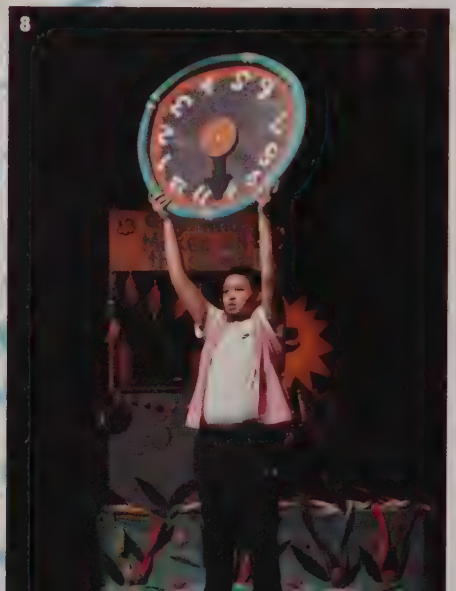
"Perch Perkins. He was the news reporter in SpongeBob. A challenge that I struggled with was standing still when I was saying my lines." **sophomore Jamarion Slash-West**

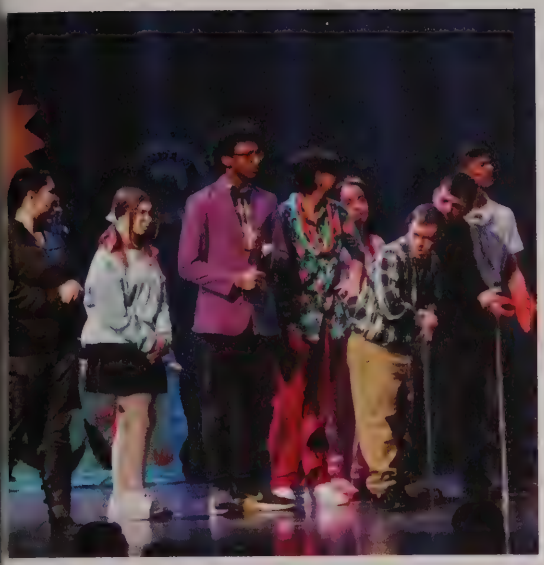


"Pearl Krabs. It was hard to work on a song that I didn't know if I could hit all the notes. In the end, they had to cut some of my song, which was upsetting. I got through it." **sophomore Maggie MacRamos**

"Sandy Cheeks.Learning the lines was hard at times since there were so many tongue twisters and I also had to say everything in a country accent." **junior Destiny Garcia**

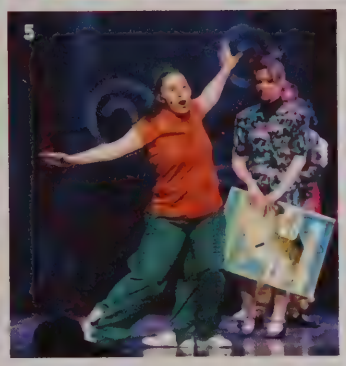


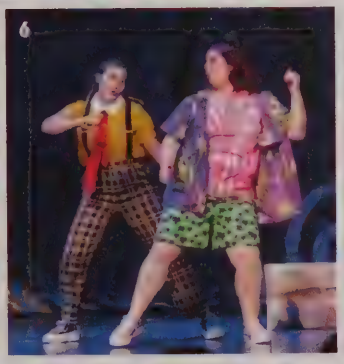





# Who lives IN A PINEAPPLE UNDER the sea?

**The drama club presents "The SpongeBob Musical," an energetic adaptation of the beloved cartoon.**





The biggest drama production of the year, "The SpongeBob Musical," brought a wide variety of components to create an extraordinary set. Each piece of the set was created using supplies that were either donated or found around the school.

When residents of Bikini Bottom learn that a volcano will soon erupt and destroy their modest home, SpongeBob and his friends must band together to save the future of their underwater home.

Since the audience determines whether a play is successful or not, it can be said that the audience is the most crucial aspect of drama to take into account.

Senior Anisa Tavares said, "I went to opening night and was honestly so surprised at the quality of the production. I loved how all of the sets, props, and costumes were 100 percent made by the cast and crew. It added a unique touch to the entire show."

Freshman Alex Souza said, "The show was amazing, ten out of ten. Everyone did amazing, and I'm so proud."

In theater, actors convey ideas and play different characters.

Junior Elijah Carrion, the actor for Mr. Krabs, said, "This was my first ever musical, and to be able to play Mr. Krabs was honestly a dream come true. Everyone was so sweet and so incredibly talented. It was amazing how everyone worked together to bring this musical to life. The set pieces were so unique and creative. I was so sad once it ended since it was my last musical with the seniors. I had a blast and I'll for sure miss it."

Sophomore Jaelyn Rodericks, a part of the Electric Skates, said, "I would describe the musical as a draining but rewarding process,. We created everything the audience saw just based on our own imaginations, and it felt really good to be part of such a hugely creative process."

## this is us being technical

Students talk about behind-the-scenes jobs on the tech crew.

**senior Yvonne Le**
"I chose to work backstage and on tech because it gave me the opportunity to be a part of the production without having to be on stage."

**junior Timmothy Erickson**
"I was the fly guy for two shows and stage crew for another while the entire time making sure everyone had a microphone that was working, had battery, and I painted (and) made the set pieces."

**junior Liliana Phaneuf**
"My job was to make sure actors were ready, props were placed correctly on stage, and to help make sure everything goes smoothly."

# this is us talking sleep

How much do you get? What keeps you up at night? Students weigh in.

***sophomore Madison Webb***
*How many hours of sleep do you get each night?*
Around eight hours, sometimes seven.
*What keeps you up at night?*
School the next day, thinking about it gets me anxious.
*What time do you get up?*
6 a.m.

***junior Abby Zhang***
*How many hours of sleep do you get each night?*
Seven to eight.
*What you think keeps you up at night?*
My homework and staying on top of it.
*What time do you get up?*
Around 6:30 a.m.

***freshman Savannah Fortes***
*How many hours of sleep do you get each night?*
Probably around six.
*What keeps you up at night?*
Probably like embarrassing things that happened the day of.
*What time do you get up?*
*5 a.m.*

***junior Jalysa Noriega***
*How many hours of sleep do you get each night?*
About like six to seven.
*What keeps you up at night?*
Homework, thinking about the things that I haven't gotten done the day before in school.
*What time do you get up?*
*6 a.m.*

***senior Kevin Dang***
*How many hours of sleep do you get each night?*
Roughly around eight-nine hours.
*What keeps you up at night?*
Mostly just time itself. Sometimes, I don't really feel tired, but splash some water on my face, and I should be fine.
*What time do you get up?*
Around 6:30 a.m.

***freshman Piper Reis***
*How many hours of sleep do you get each night?*
Seven.
*What keeps you up at night?*
Probably my school work and sports, like thinking about it.
*What time do you get up?*
6:30 a.m.

# Self-care IS NOT selfish

**Coming out of the pandemic, mental health became a bigger focus.**

Self-care entails making the time to do things that enhance your quality of life and your physical and mental well-being. Self-care can improve energy levels, reduce risk of sickness, and can help lower stress.

For students to manage stress, prevent burnout, and maintain and improve general health and wellbeing, self-care is crucial.

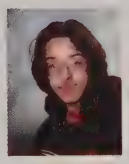
Putting your physical and mental well-being first will help you stay productive and concentrated on your academics. Making the most of your time at school can be accomplished by taking the time to engage in self-care practices that can assist to lower stress and anxiety.

Self-care can be incorporated into your everyday practice in a variety of ways.

When it's not, some individuals can think that "self care is selfish." Self-care is all about refueling your own resources without using up those of others. Selfishness is the tendency to take from others and not give back. Maintaining your own energy encourages a physically and mentally healthy lifestyle.

## *HOW'S YOUR STRESS?*

It's normal to have stress, but amounts can vary quite a bit. Students reflect on their stress levels this year.



"My stress has been good, around an 8. We have good counseling. They're all pretty nice and easy to talk to." **junior Braxton Pennington**

"It's gotten a little better because it's a full year of us here, and the teachers are actually pushing stuff on us, like showing us they care." **junior Saray Rios**

"My Stress Level is super high, I go on my phone in class and listen to music to deal with it." **senior Sage Santos**

"Junior year is extra stressful so to de-stress either when I get home I take a nap, a nice long nap or I go down and talk to my mom about it and things that I could do to help de-stress." **junior Leslie Padilla**

# FIGHTING FOR OUR RIGHTS

Students who protested talk about the cause they were fighting for.

"We were able to show people that as students, we will not back down from our beliefs." **sophomore Maya Ferbert**

"The beneficial part was getting publicity and getting support by real LGBTQ+ groups." **sophomore Margaret MacRamos**

"We made our mark in New Bedford. Even though it might've only been locally, we still made an impact. We got the attention that we needed in order to be heard and acknowledged." **senior Taliyana Ferguson**

"We were able to get a lot of media on what our issue was with Shawn Oliver and what he has posted on Facebook." **freshman Khaia Hughes**

3

6

4

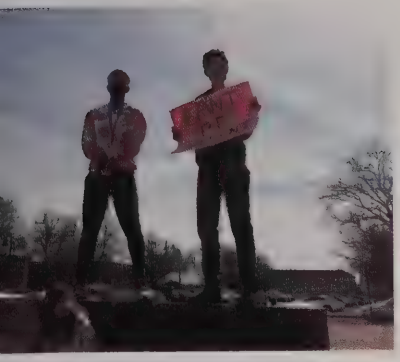
5

## this is us winning

Students talk about LGBTQ+ students' rights .

**junior Heaven Robles**
"It was the right thing to do to show people they are supported, to educate people on Shawn oliver maybe make a change in the next election with is in December, to get a response to all the insults he had made."

**junior Xavier Fernandez**
"I believe this protest made our voices heard and made outsiders well aware of our existence. The higher-ups will be able to see how the election of Shawn Oliver has had a negative impact on our community, and how much our community cares."



# Peace AND unity

**Students protest against Shawn Oliver, incoming Ward 3 councilman, for what they perceived was mysogynism and transphobia.**

LGBTQ+ students and their allies gathered outside the school on March 3, 2023, opposing Shawn Oliver, the incoming Ward 3 City Councilman. His contentious Facebook posts were the catalyst for the conflict after he won the Ward 3 seat in the election. Screenshots were published from Oliver's personal Facebook page that repeated memes from earlier in the decade that the student group deemed "transphobic" and "misogynistic" caused problems.

Junior Ender Sequeira said, "At around 5-5:30 p.m., we will meet up in front of City Hall so we can get there before Shawn Oliver gets put into his position at 6 p.m. so we can protest against him going into the office."

Junior Adrian Aranjo said, "We are fighting for the LGBTQ+ of New Bedford to be respected, and for an apology."

Sophomore Robyn McKeehan said, "We were fighting against him being elected as he had posted memes which were hateful in myriad of ways, and when called out by certain groups, Shawn Oliver, the incoming Ward 3 City Councilman said, 'Clearly I'm doing something right,' which shows these are values of his and he might intend on implementing them into action, which is what we were fighting and also elected officials should not be hateful people at all."

Students expressed hope in addition to anger and displeasure in light of the enthusiastic drivers honking their horns in supportof the protest, as principal Bernadette Coelho watched the protest and supported it with a handful of other teachers and administrators.

Sophomore Jupiter Lincoln said, "The most beneficial thing about it was the fact that it brought a lot of awareness to the Shawn Oliver situation and to a lot of people that had the same thinking as him and didn't realize how harmful it is to trans people."

**1. WE HAVE TO SPEAK UP FOR OURSELVES** Students gather in front of the school and protest their rights as a part of the LGBTQ+ community and against Shawn Oliver, the incoming councilman for Ward 3, and his misogynistic posts.

**2. MAKING THEIR VOICES HEARD** Freshman Justn Torres and junior Xavier Fernandez protest. "I had no knowledge of the protest until about an hour before. Everybody at school was talking about it, so I decided to check it out," Fernandez said. "I'm very glad I did since the protest was some of the most fun I had this school year. I felt like having more people present at the protest would help out the community by spreading our word, and letting LGBTQ+ youth know that they are safe with us."

**3. THIS IS NOT RIGHT** Sophomore Juno Leite said, "The protest created a voice in people like Shawn Oliver's head emphasizing that homophobia, transphobia, and racism wont go unrecognized just because we're young."

**4. STAND WITH PRIDE** Freshman Nialonis Smith joins in on the protest and stands up for themselves and their rights as a member of the LGBTQ+ community at the school.

**5. WE MATTER** Junior Emory Cail said, "I would say that the protest was a success. We managed to spread the word that we would not stand for discrimination and shine a light on the strength of the community against the hatred we face, which often goes unnoticed."

**6. STAND UP** Junior Heaven Robles holds up a rainbow flag during the protest. "My friend Amarae had set the whole thing up and I wanted to support her. Not only her but everyone in the LGBTQ+ and BLM," Robles said.

*Updates were made to classrooms during the year. Students felt more at home with changes made, helping make the school more appealing.*

# Under

## 4-227
### PRESCHOOL

**IMPROVING OUR FUTURE** The Little Whalers preschool room was remodeled during summer break, refreshing it and increasing students safety while improving the preschoolers' fun during learning. Early Childhood Education teacher Nancy Curry said, "The room provides a more calming and less overstimulating environment. The kids love the new furniture and toys especially the play kitchen."

## D-235
### BAND ROOM

**MARCH ON** The improved band room allowed students to play their instruments while being more balanced and comfortable. Band director Matthew Pacheco said, "Students feel proud of their new space and look forward to practicing and performing in this room." Freshman Jordann Dillard said, "This is my first time in the band room and it feels like home." Sophomore Luis Morales Quevedo said, "This is my second year in the band room, and I feel good in here because it looks good." Junior Cassandra Ellis said, "We will be getting new soundproofing and windows. The room is much more beautiful, inviting, and overall more useful."

**REACH FOR THE STARS** The planetarium featured a remodeled space where classes could experience a new opportunity for learning for the first time. Science teacher Nicholas LeBlanc said, "I am excited to see students in the Planetarium this year. There are many different lessons that can use the data in the planetarium to provide a unique learning opportunity that will engage many students. It looks like a brand-new space, and those chairs are comfortable too."

## B-226
### PLANETARIUM

# B-230

FINANCE LAB

**FINANCIAL GROWTH** The finance lab helped students have a better opportunity to learn about money and how to properly use it. Finance teacher Judith Lima said, "We have a live stock ticker that is tied right into Wall Street and it is a live feed every day. Students benefit from understanding why at an early age it is so important to start saving. They learn about how money grows. They learn about the financial products, markets, stocks, and bonds and all different vehicles they can purchase in a lifetime."

**READ ALL ABOUT IT** Students and staff were eager to learn more in the library full of books and updated furniture. Gone were the high metal shelves, and in their place was a more open, modern layout, facilitating presentations and group work. Librarian Madelene Freitas-Pimentel said, "I surveyed students and staff as much as possible to get their perspective on how they wanted the library to look. The library remodel has led to more students and staff using the library. The remodel helped make the library a space students want to go to."

# B-295

LIBRARY

# D-245

SHOW CHOIR ROOM

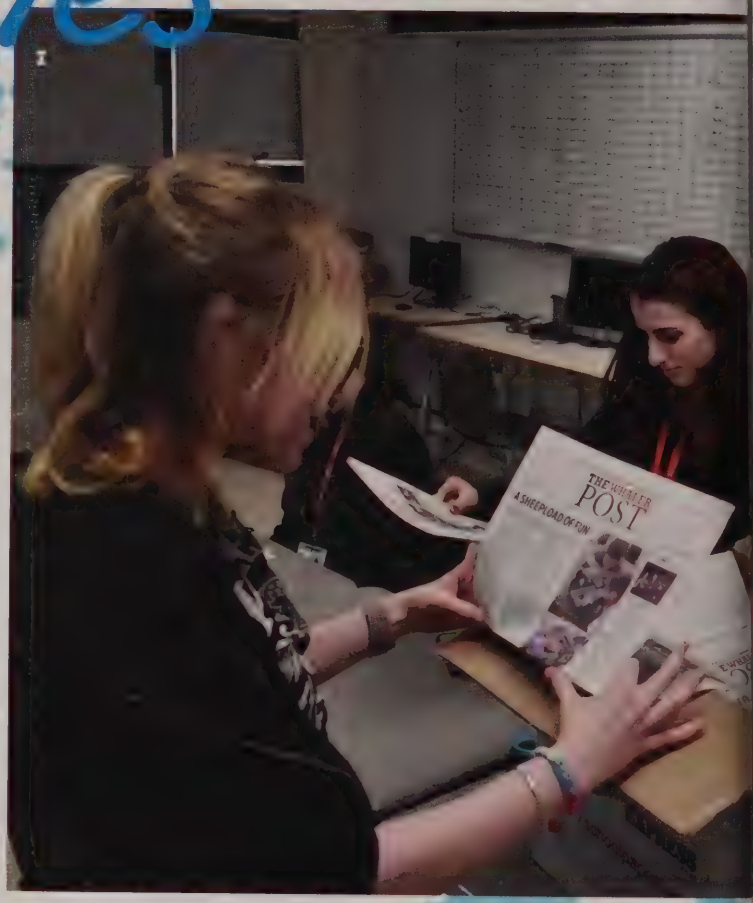
**PUT ON A SHOW** Many changes came to the choir room to aid those in Show Choir. "One of our walls is now covered with mirrors for dance practice. The changes are and will be wonderful. It will be great to have a functioning classroom again," choir director Lynne Dandeneau said. Senior Aidyn Ramos said, "I'd say it turned more into a dance studio and music room combined. Since we have more ways to help us improve our choreography, it's easier for us to rehearse. Freshman Olivia Coe said, "Show Choir is honestly like one big family, and it's challenging at some points, but we do have our fun."

# construction

# Meeting deadlines

## HEADACHES AND LIFE LESSONS

Students involved in any form of Whaler media share their experiences.




**1. PODCAST** The Whaler Show, which airs on Fridays during student advisory period, features a podcast produced by the school that the students are currently working on.

**2. FIRST GLIMPSE** Junior Makenzy L'Heureux, senior Sophia Costa and sophomore Lauren Melo unbox the first issue of The Whaler Post the day before it is to be distributed to the rest of the school. The entire staff was new to journalism this year, and the paper was the first print edition since early 2020, due to the pandemic. "The people in my group are very good writers and very kind and humble. We all work hard for the first issue since Covid and we are excited to be the first after so long," said junior Angeliette Rivera, a staff member. "It's not just a school newspaper. That's our work and time, and we also get graded for it. It's hard work."

**3. THE WHALER SHOW** Seniors Yadriel Vega and Allyson Canuto host The Whaler Show, announcing certain events that happen in the school. They mostly introduced the week's episode and then followed off with an outro that was "witty and silly to help grasp the viewers attention," Canuto said. Vega said the most memorable parts were "the experience and the laughs. The bloopers are the best. They are always so funny."

**4 and 5. DISTRIBUTION DAY** Students take in the first issue of the newspaper during lunch. The paper was distributed mainly during lunch periods, as well as being placed in stacks in various places around the school, such as the house offices and library. Senior Marissa Saya and junior Cameron Henrikson read the Whaler Post's first publication of the school year during their lunch period. "I like how it shows all the current events going on with our Whalers at school," Saya said.

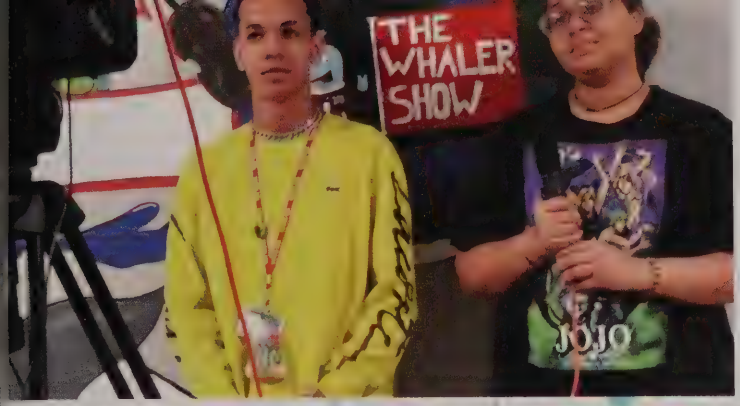
## this is us filming

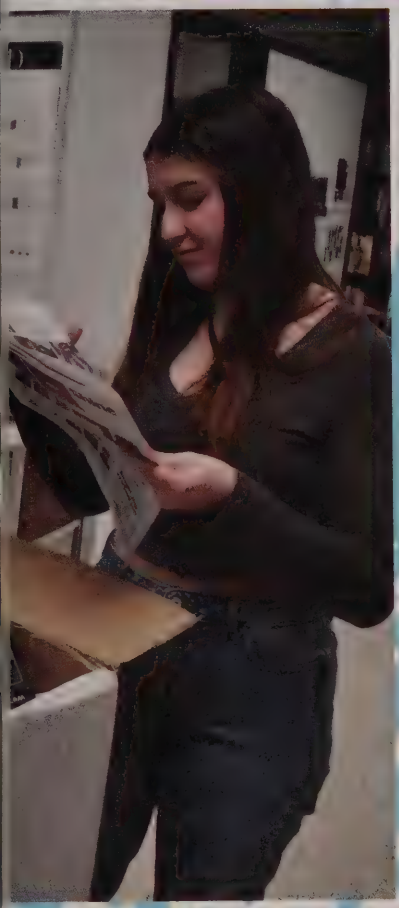
Student produce a weekly TV show highlighting different parts of student life.

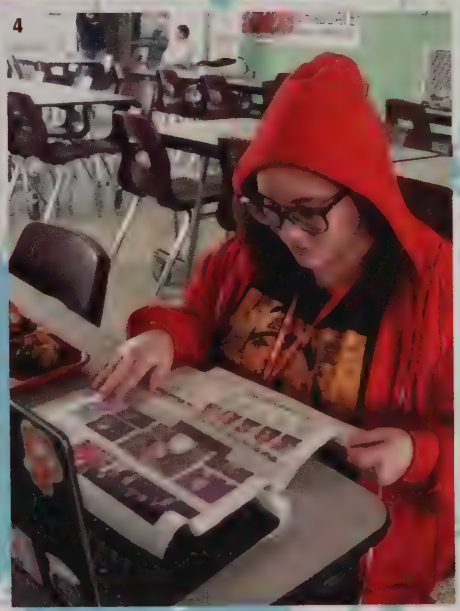
"I'm a camera operator. My favorite part of working on the Whaler Show is being a background character in a bit. It's hilarious for me."
**senior Joseph Tavares**

"My role was to act like we were doing the school's podcast and get interrupted by the rock band."
**junior Aijan-Ryan DePina**

"(People don't understand) how much work is put into getting the Whaler Show together, especially since there are six to seven different classes that share the same bit of work."
**senior Kevin Dang**





**1. MIKE IN HAND** Senior Ben Eckert jokes around while completing a "stand up" for The Whaler Show. Eckert had a recurring bit on the show where he would tell jokes. "I never thought I would be able to have my own section on the show," Eckert said. "I thought I would be nothing more than a mere editor."
**2. LET'S MAKE SOME EDITS** Photographs for the upcoming Whaler Show are edited by freshman Sidney Tavares and photography teacher Matthew Poyant.

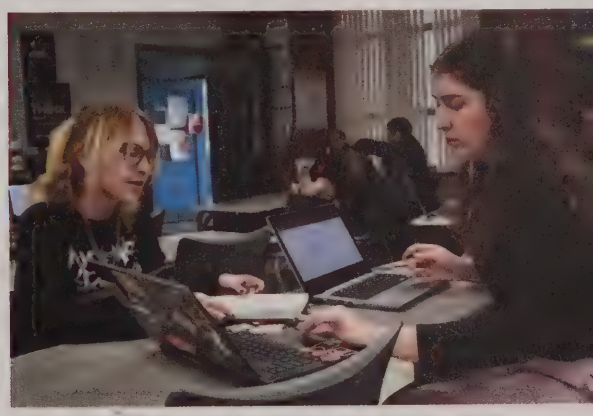
# THE WHALER POST

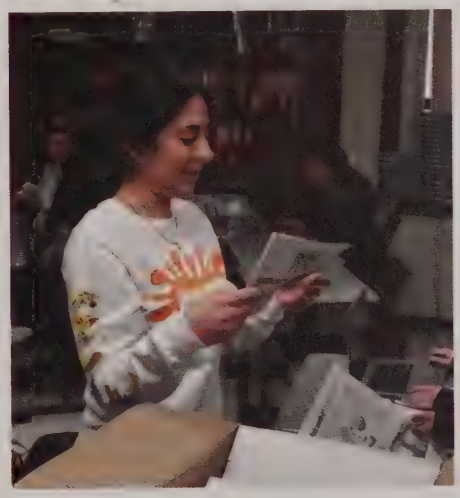
The printed newspaper returned for the first time since the pandemic.

**sophomore Lauren Melo**
"Seeing it for the first time, I liked how it looked, and I was excited for the other people in the school to see it."I think they liked it too. It was something they haven't seen in a while in the school, and they found it interesting."

**junior Makenzy L'Heureux**
"Everyone was very excited it had finally been printed. I was kind of proud not only of myself but of the class in general. We did work hard for this. We put a lot of effort into making sure it looked good. It was pretty nice to know, 'Hey, we were able to do this.'"

**EDITING SESSION** Junior Makenzy L'Heureux and sophomore Lauren Melo, the managing editor of The Whaler Post, talk about a draft of L'Heureux's feature article. "It is a lot of fun to share your thoughts, to track down a story and go after different sources putting together the puzzle you're writing about.," L'Heureux said.





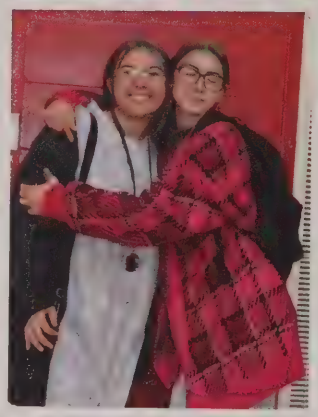
**FIRST LOOK** Senior Victoria Arribada gets her first look at the first issue of The Whaler Post. Senior Vanessa Bucha said working on the newspaper was more than she expected due to "having to go outside my comfort zone and do all the different types of things, such as taking pictures, interviewing. It's not just writing."

# Our spirit

**Spirit Days, an annual tradition, returned with some old favorites and new themes. Students showed up and showed off their costumes and creations.**

## 11/22
## BBQ DAD VS. SOCCER MOM

It was the battle on the home front as students dressed up as either a dad grilling in the backyard or a mom schlepping kids to games.
**TOP:** Senior Carieishka Baez Sanchez and junior Nafis Johnson both went for the barbecue dad option. "I was going for a Puerto Rican barbecue dad," Baez said. "It came out pretty good. Mine was more Hispanic than (Nafis). His was more Jamaican."
**BOTTOM:** Junior Sofia Bilodeau dresses as a BBQ dad.



## 11/14
## SENIOR CITIZEN

Students aged themselves on this day, perennially one of the favorite of the spirit days.
**TOP:** Seniors Janice Da Costa and Julia Duran
**MIDDLE:** A group of seniors show off their elderly outfits.
**BOTTOM:** Seniors Ariana Maldonado and Rosa Faria are two content grandmothers on Senior Citizen Day.

## DYNAMIC DUO
## 11/16

Students paired up to show off memorable couples' costumes.
**TOP:** Seniors Ayva Faria and Ronnie Lopes
**MIDDLE:** Seniors Kiara Mendoza and Jeraly Estrada
**BOTTOM:** Seniors Abbigail Niland and Savannah Laubenstein

t was "Wear your pajamas to School Day," another of the avorites that seemed to come ack each year.
**TOP**: Seniors Anisa Tavares and Edelmis Calderon
**MIDDLE and BOTTOM**: Students show off their pajama ensembles or Pajama Day.

## PAJAMA DAY 11/18

## JERSEY SHIRT VS. JERSEY SHORE 11/15

The name says it all. It was the battle of the Jerseys, with some going for their favorite team and some going for a favorite TV show.
**TOP:** Seniors Tess Tarpey, Alexia Rodriguez and Sara Curry pose in their Jersey Shore outfits.
**MIDDLE**: Seniors Olivia Viera and Lauren Panaro show off their different outfits for Jersery Shore vs. Jersey Shirt.
**BOTTOM:** Seniors Beatriz Almeida, Darielys Baez and Jhuaniss Caez strut their way in their Jersey Shore track suits.

# 10/31 Spooky season

## HALLOWEEN

**TOP:** Sophomores Aiden Carvalho, Jayden Torres and Luis Colon.
**MIDDLE:** Sophomore Emily Hebert and a mysterious masked student show off their costumes.
**BOTTOM:** Seniors Linda Richard and Mitchel Thompson dress up as a butterfly and a butterfly catcher.

runs deep

# Showing OFF THEIR Spirit

**1. KISS CAM** Seniors Kahlen Bertoldo and Allyson Canuto share a moment for the cameras. "We asked for it (the kiss cam frame) because we wanted to be silly during the Pep Rally," Canuto said. Bertoldo said, "We took it for fun. The Pep Rally was really fun because everyone came together and was really happy."

**2. WARMING UP** Freshman Kalese McGee, a member of the marching band, dances in the hallway before getting ready to enter the Pep Rally in the gym, while senior Israel Osayi-Osazuwa on the drums backs her up. "I had so much fun," McGee said. "I was a little nervous at first being around the whole school. This was my first year being in the Pep Rally or even being in school. I just had to tell myself to be me, and who honestly cares what everyone thinks? I just wanted to have fun."

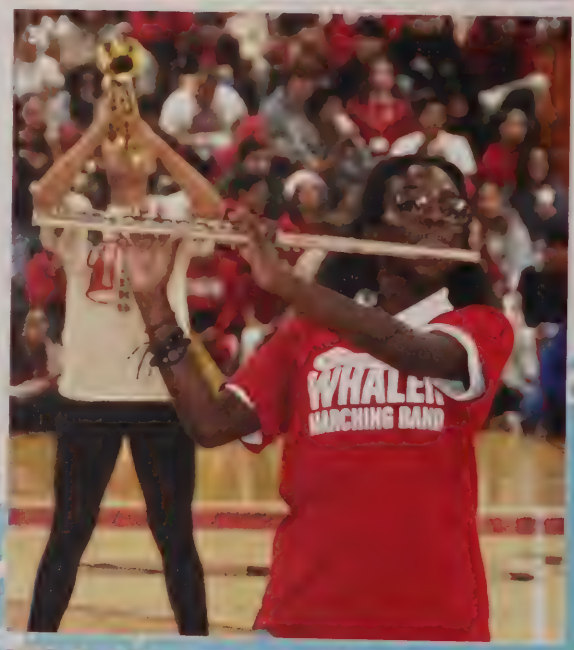
**3. MARCHING MUSIC** Freshman Frantzciama Moise plays the flute as a member of the marching band during the Pep Rally performance. Moise said playing at the rally "was really cool, loud mostly, but a fun experience. We were playing 'Born This Way' (by) Lady Gaga. It was kind of difficult to play on a basketball court because we are used to marching on football fields, but we made due. Overall, it was really fun, and I could really feel the school spirit which was nice."

**4. AT THE MIC** Seniors Jorge DaCruz and Devin Vieira work up the crowd during the challenges between the houses. "I had a great experience talking in front of all the NBHS students at the prep rally and being a part of the football team," DaCruz said. "I would love to do it again if I had the chance, but it's my senior year, so I wanna go out with a blast and a ton of fun. I remember hearing all the screams of students when me and Devin Vieira walked out cause a lot of people know us from the football team, so that was a very exciting moment. I also remember hosting challenges with each house between who is louder, but, yes, I had a amazing time. That will be a moment I shall never forget." Vieira said, "It was a great moment overall seeing the whole school together cheering on for the football team and the other sports and clubs. We were hyping up the crowd on who won the dance battle. It was a great time."

**5. LET'S GO** Cheerleaders, including freshman Alexis Furtado and sophomores Jayliana Collazo and Georgina Rodriguez, energize the crowd during the pep rally. "The crowd was fired up," Rodriguez said. "The environment, the energy, it was such a good feeling, and even being a part of it was the best part of all. Doing a routine with the football team was the most fun."

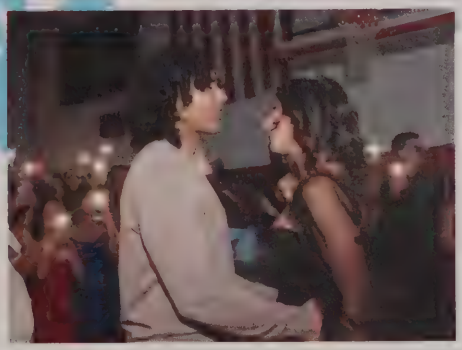
**6. LAUGHING** Seniors Mackenzie Baggs and Hannah Pereira laugh as the football players dance along with the cheerleaders. "I was super excited that we were able to have a full pep rally this year, as the last one we had was my freshman year," Pereira said. "I love going all out for spirit days and especially for the Pep Rally, as this is where we showcase our Whaler Pride and we come together as a Whaler community to commemorate ourselves and the culture we have and continue to build as students at NBHS. As many of us are athletes and super competitive, there were many spirit checks, which give us a dose of competition where we once again get to show our Whaler Pride. It was also fun to watch the cheerleaders dance and the football players join along, as well as the marching band perform and everyone just being in once place having fun. This is really one of the core moments of what high school is about."

**7. FIRED UP** The senior section of the gym gets into the spirit of the moment during the competition for which class was the loudest, a mainstay competition of the Pep Rally.



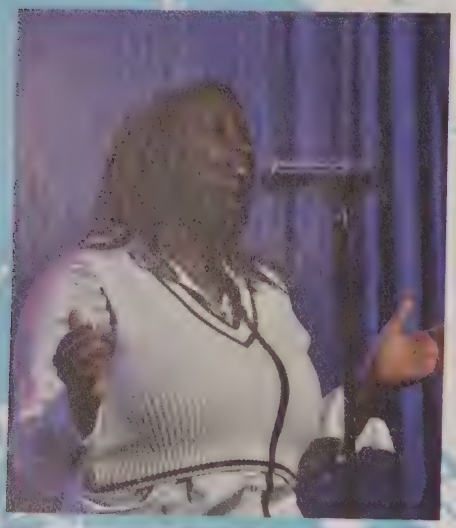
# CROWNING MOMENTS

Homecoming Dance returns to the gym, with students celebrating and dancing the night away.



**GROOVE** Students dance the night away at the Homecoming Dance.
**POSING** Juniors Nathaniel Stafford, Jorja Bowman, Adrian Acevedo and Braxton Pennington capture the moment. "I remember the dance became more exciting once all my friends got there," Stafford said. "That night was definitely a night to remember."
**ROYALTY** Seniors Jose Bonilla and Alexia Rodriguez share the first dance after being crowned king and queen.

**1. WINGS** Freshman Kierstan Souza sings "The Ballad Of Jane Doe" by Ride the Cyclone.
**2. BELTING IT OUT** Sophomore Jupiter Lincoln sings "Money Money Money" by ABBA.
**3. RAP** Junior Xavier Fernandez performs the first of his two original songs, "World of Whalers" and "Class of 2024."
**4. POWER VOCAL** Senior Avelyn Rosa Mascarenhas sings "Rude," originally by Magic!.
**5. HIGH NOTE** Sophomore Ashmedai Briggs, a runner-up, performs "Creep" by Radiohead, in what Briggs called a "postmodern jukebox version."
**6. ON STAGE** Senior Narsu Jamina sings "Can You Stand the Rain" by New Edition, winning runner-up.



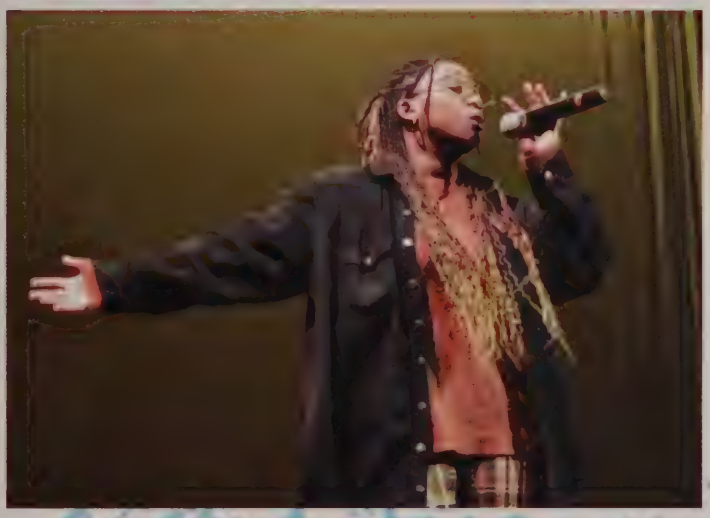
# THE POPS CONCERT

Spring event showcases student performances from multiple music ensembles, choirs and color guard.

**COLOR GUARD** Junior Kimberly Delacruz, senior Shandaliz Rivera, and more are preforming their "Blue Flag," the first flag hit of the 2023 show "Digital Lavender."
**MY BOYFRIEND'S BACK** Junior Ashh Antunes sings their heart out during song "My Boyfriend's Back" recorded by The Angels.
**SHOW CHOIR** Senior Ronnie Lopes and junior Lillie-Marie LeClair stop postman, senior Aidyn Ramos, in the SSA Show Choir performance of "Postman" arranged by Roger Emerson.

**Students show off their unique talents during the annual talent show.**

# Showing OFF THEIR talents



The annual National Honors Society talent show consisted of a diverse group of 15 performers.

Half of the revenue from the talent event was given to the winner's preferred charity, The Hunger Commission in New Bedford, thanks to the excitement and support of numerous National Honors Society members, including the officer board.

NHS sponsor Hannah Clougherty said, "The best part of the event was being able to watch all of the students' hard work and preparation on stage on the night of the event."

Talents on display included singing from multiple students, playing the drums, solving a Rubik's Cube, poetry and more.

Sophomore Jose Mateo, a photographer and videographer,, took first place. Runners-up included sophomore Ashmedai Briggs for singing, Senior Israel Osayi-Ozasuwa for his drumline cadence, freshman Tymir Holloway for speed-solving a Rubik's Cube and senior Narsu Jamina for singing.

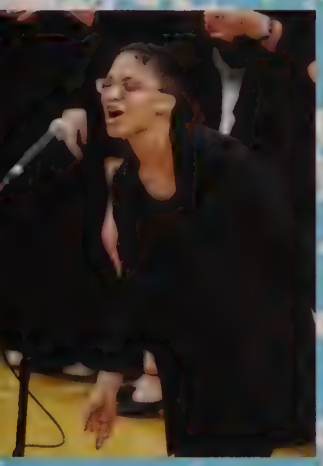
NHS President Edelmis Calderon was one of two emcees.

"I think it was really nice and how things were put behind the scenes and how everyone worked together," Calderon said.

NHS Secretary Elizabeth Edminster said "The best part was getting to see the participants get congratulated by their family and friends after the show was over."

NHS Vice President Tatum Reis was the other emcee.

"I would say that the talent show was very successful considering it was put together in such a short time, and the best part of the event was the end when the winner was announced," Reis said. "It was really nice to see all of the contestants so happy for each other."



## SOPHOMORE JOSE SALAZAR

## Q&A with the winner of the Talent Show

*What was your entry into the Talent Show?*
I presented two short films, one called "Romance" and the other called "Perseverance." The first video was about a first date. The second video was about everyone having a hidden talent. It's just a matter of finding it.

*What went through your mind when your name was announced as the winner of the Talent Show?*
I was given a bouquet of roses and a certificate to remember me participating in the talent show that I have saved the prize as a memory.

# CLASS OF 2023 Seniors

Who are *WE*?

We fielded 16 sports teams. Each athlete imprinted their season with something unique. Each team's season contained both triumphs and challenges.

Despite the fact that many Whalers play on various teams, all are brimming with knowledge, self-assurance, connections, character and compassion. The main goal is to boost health and self-esteem through improved social interactions, more solidified bonds and improved academic performance. This allows Whalers to interact with others, which encourages them to become a part of a natural community.

The football team made a remarkable comeback at the end of the season, and the girls swim team was unbeaten for the second consecutive year, just two of the standout results. The sports teams were special because of these triumphs and setbacks. We celebrated every moment we had together, whether we won or lost since we knew that when the timer ran out, we were done.

And still, throughout all these successes and hardships, Whalers continued their hard work.

This is *US*!

**1. WE ARE AGGRESSIVE** Senior Riquelme Flores Castro survives a collision and recovers to gain possession of the ball in the game against Nauset High.
**2. WE ARE FOCUSED** Senior Vanessa Bucha looks upfield for a passing lane in the girls soccer game against Dartmouth.
**3. WE ARE COMPETITIVE** Senior Tatum Reis drives the lane during the game against Bridgewater-Raynham. "Tatum was always happy and cheerful; she brought good energy to all practices and games," senior Mari MacMaster said about the co-captain.
**4. WE ARE TOGETHER** The girls volleyball team celebrates a winning point. The team came together after every point, won or lost, to either celebrate or motivate each other.
**5. WE ARE TENACIOUS** Junior Anthony Diakite gets aggressive to pull down a rebound in the game against Dartmouth. "[I] felt like I was empowered cause I was the one getting most of the rebounds," Diakite said.

# THIS is US COMPETING!

NEW BEDFO
23
DARTMOUTH
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# MEET THE *captains*

"As the captain of the cross country team, my role is to act as a leader and set an example for my teammates by being positive and bringing energy to the team. The captains usually lead warm ups and help make sure everyone knows what to do."
**sophomore Lena Morris**

"From the hot summer practices before the season started, to the last quarter mile in the 5K at SEC Championships, we put in a lot of hard work over the season and it all paid off in the end."
**senior Matthew Lavoie**

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"Our last meet was the highlight of our year, because it showed how much progress we made from the beginning of the season until the end."
**junior Abby Zhang**

"Our home meet against Durfee. It was our first win of the season."
**sophomore Joseph Castelo**

"Our first meet at Martha's Vineyard. It was a great way to start off the season. We had a great race, and it was a beautiful day at the Vineyard."
**senior Matthew Lavoie**

# running down A DREAM

The cross country team had a tough but enjoyable season, winning against Durfee in their only home meet.

The team worked hard and saw improvement within themselves and teammates.

Junior Abby Zhang said how much she improved, "I felt that I improved so much because I've been able to fix my posture as well as work on my stamina," Zhang said.

The team welcomed new and younger runners, allowing the more experienced to lead and learn so much more.

"I learned some leadership skills because we had a new and younger team, so I needed to step up a bit and show them how everything is done," sophomore Joseph Castelo said.

The teams most memorable meet from this season was against Dartmouth.

"My most memorable moment was when I won our first home meet against Dartmouth and (set a personal record). It was our first and only win of the season," sophomore captain Lena Morris said.

**1. HOME STRETCH** Sophomore Joao DeSouza runs against Dartmouth. DeSouza recalls a time when "a teammate and one of the coaches were playing imaginary basketball after another teammate talked about playing basketball. It was always a show when they played."
**2. STARTING OUT** The boys and girls teams start the race against Dartmouth. The two were races were combined, which was a rare event.
**3. VICE** Coach Jeremy Tilton motivates the team and goes over strategy before the race.
**4. GETTING READY** Sophomore Lena Morris talks to sophomore Nathan Bickett, junior Hayleigh Chenard, and senior Matt Lavoie after finding out the Dartmouth meet would have boys and girls running together. Morris said she didn't like it when the races were combined. "I just get passed a lot and it gets uncomfortable," Morris said. "And, I was going against Maggie (O'Connell of Durfee), who is my biggest rival. She lets me set the pace and then passes me at the end."
**5. ROUTINE** Members of the boys and girls cross country teams get loose before a race. Sophomore Yaritza Alavarez-Ayala said, "I tend to try get my nerves down because I tend to get nervous before (a race)."
**6. TOGETHER** The team shares a last-minute pep talk before getting in place for the race.
**7. SPORTSMANSHIP** Sophomore Nathan Bickett shakes the hand of a Dartmouth racer after the competition.

# sticking SKILLS

## WE ARE THE *captains*

"As a captain this year, team energy and connectivity was the key to win our games. I tried my best to make every practice as fun and uplifting as possible."
**senior Tatum Reis**

"This team has become my family and we have accomplished so much together, including making it to the State tournament, winning the SEC Championship, and much more throughout the years."
**senior Tess Tarpey**

"As captain, I sent out reminders, helped with rides, brought equipment, led warm-ups, and helped the team with what they needed. I tried to stay positive for my teammates."
**senior Gabriela Tsaliagos**

"When we played Durfee the first time it was the start of our losing streak. We lost 3-0. Everyone felt really defeated. But in the end, playing them a second time helped bring the team together," senior right mid Tatum Reis said.

New Bedford and Durfee are both part of the Southeast Conference League, so this game meant a lot for many reasons.

"Durfee was at the top of the conference and we wanted to beat them," junior left mid Lilian Brine said.

The team was more than prepared to play this game as they were working hard during every practice on their skills and teamwork. They wanted to be at the best they could be as individuals on the field but also as a team.

"Leading up to the game everyone was fired up to play. We boosted our teamwork and energy throughout the whole game. This led us to tie the game 2-2," senior right back Tess Tarpey said.

Everyone on the field knew that this game was important. They wanted to win and go back to being at the top.

"We went into the game really wanting to win. Everyone was playing their hardest after a loss against them," junior center mid Sophia Perry said.

"I remember being so excited and relieved that people were scoring," center mid freshman Piper Reis.

"It was such a fun game, especially being able to tie after losing against them" center forward sophomore Hannah Blanchard said.

**1. STICKWORK** Senior Mackenzie Baggs faces off for the ball against Barsntable High School. The Whalers lost 3-1, but they won their next game against Bridgewater-Raynham 4-1.
**2. DEFENSE** Senior Cynthia Torres prevents a Barsntable player from scoring. She was protecting the goal and helping goalie Lauren Mitchell on the defensive end.
**3. OFFENSE** Sophomores Hannah Blanchard and Ashlynne Rysz are on the offensive end are trying to score. "We were working really hard to keep the ball on our end so we could score," Blanchard said.
**4. FLYER** Senior Tess Tarpey takes the flyer position in the defensive corner. "The flyer is the first to the ball during a corner. I have to make sure I am sprinting as fast as I can to the ball," Tarpey said.

## TEAM

### WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"We had to tie or beat Taunton to make it to states. We were up and down and tied throughout the game, scoring in the last quarter. Celebrating on the field and pictures we took after the tough game defined the season for me."
**senior Cynthia Torres**

"After the Taunton game, a teammate's parents bought pizza for the team and we ran to the bus and took a few boxes of pizza and laughed and ate in the back while listening to music on the way back to New Bedford High."
**senior Mackenzie Baggs**

"My favorite part of the season was definitely senior night, because it was super bittersweet to see all the underclassman putting together a bunch of memories from past and current seasons."
**senior Savannah Laubenstein**

# Tools of the game

**FIELD HOCKEY STICK**
Senior Tatum Reis passes the ball to a teammate. The field hockey stick was the single most important piece of equipment for the team members.

"My equipment consists of a Grays GX1000 Composite Field Hockey Stick, bright red Adidas cleats, STX goggles, shin guards, my mouth guard, and of course, my No. 5 uniform."
***senior Abbigail Niland***

"Most of the equipment I use is from the brand STX; these include my goggles, shin guards, and stick. The stick I use is an STX RX 401 in white and gold and it's definitely my favorite piece of equipment because it looks sharp on the field."
***junior Sophia Perry***

# Tools of the game

**THE GEAR OF FOOTBALL**

A football player uses a helmet, shoulder pads, knee pads, thigh pads, hip pads, shoes, compression shorts with a protective cup and a mouth guard. Some players also wear gloves.

"The helmet is to make sure that you don't get a concussion and break teeth. Shoulder pads make sure you don't get hurt or hurt other people as bad. Coaches ask us what size we need. We try the helmets and shoulder pads on and see what fits."
***senior Mitchel Thompson***

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# WE ARE THE captains

"Being a captain shows that our teammates would look at us as leaders and being a good example. I made sure everyone's involved in our practices so everyone is prepared."
**senior Kevin Ayala**

"Being a captain for this team tells that I have to be a leader on and off the field.I try to help everyone be a better version of them selves and always try and take that burden of everyone."
**senior Jahzed Valls**

"Being a captain tells me that my coaches and my team trust me to lead by example and that hard work is paying off. I will always be there to support everyone.
**senior Bayron Maldonado**

**1. TACKLE** Senior defensive back Jahzed Valls smothers a Middleborough receiver. Valls did not play during his sophomore season, the Covid year, but ended up a captain as a senior. "Playing football is great – always being that playmaker and showing my hard work," Valls said

**2. UPFIELD** After a catch, junior wide receiver Dezmond Brunskill tries to turn the corner at the sideline and run upfield during the game against Middleboro

**3. HUDDLE UP** Senior quarterback Amari Harris calls the next play during the Middleborough game. The team endured a tough 42-12 loss.

**4. FIRED UP** The team runs onto the field at the start of the Thanksgiving game against Durfee. The last game of the season, it turned into a high point for the Whalers, defeating the Hilltoppers 16-13.

**5. TURNING THE CORNER** Senior quarterback Amari Harris tries to make it around the offensive line on a option play against Middleborough. Harris said that the team had a slow start but finished the season strong. "I've learned to always put in your best effort no matter what the outcome was. We hadn't won a lot in the past years and that followed us to the beginning of this year. But our coaches being there everyday ready to teach us showed me that they were not going to give up on us and we the team wouldn't give up on them," Harris said.

**6. TAKEDOWN** Senior linebacker Devin Vieira celebrates a tackle for no gain against Middleborough. "Being on the team for four years was the best part of my life. I had so much fun with my brothers," Viera said.

# PLAYING the field

"Being a captain for the team shows you are a person the coaches can trust on and off the field and that you will guide others in a good direction."
**senior Devin Vieira**

## TEAM

### WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"(My strongest memory is) when we were on a four-game win streak because it really showed us why we should give up on each other
**senior Jorge DaCruz**

"All the team bonding we've done, coming close to beating the most field goals made in a game, and working hard with the team at early-morning practices."
**senior Isaiah Silva**

# PUTTING IN the effort

The boys grew closer over the course of the season. They not only got closer but also had a good time. Regarding the games, this season wasn't great, but what matters most are the memories they created while playing together during this time.

For sophomore Jack Harding, his first point ever and how his competitiveness changed as he began playing more games stand out as the most significant moments. He said, "I received a lot of praise from my team since I am considered a rookie and never played golf before."

"I did not feel very confident since I was new at the sport, but once I practiced a bit more, my confidence in myself raised,' according to sophomore Jack Harding.

Being a member of the team taught junior Luke Ferreira how to play golf well. He claimed, "What I learned while being on the team was how to be a great golfer."

Junior Cameron Molleo experienced satisfaction while competing this year. Fairhaven and Dartmouth were two other games for junior Cameron Molleo to remember. "I felt satisfied, I loved the challenge of having to face other players," he said.

According to junior Cameron Molleo, "I feel like when we played Fairhaven and Dartmouth because the other kids were cool and it was fun."

## Meet the captain

**JUNIOR CRAIG BAPTISTA**

**The team was young. How did that play out this season?**

*"The team's looking good for the future, definitely not this year, but everyone's young, so they should be good the next couple of years."*

**Were there any seniors on the team?**

*"No, no seniors."*

**How do you think the other tea are compared to ours?**

*"The other teams were a lot more senior-oriented and top heavy."*

**What do you think is the most important part of being on the golf team?**

*"You have to being willing to go every day."*

# TEAM

REFLECTING ON THE SEASON

**Favorite part of the team?**
*"Getting to play golf for free." junior Luke Tarpey*

**What was your best memory of the year?**
*"Going to the Sullivan tournament and hanging out with [illegible] after." junior Luke Tarpey*

*"The whole thing. It was a fun season, and we had a [illegible] of kids that were fun to talk to and play with." junior Trevor Roderiques*

**What was the best part of playing golf?**
*"Getting to play with my friend Craig (Baptista)." [illegible] Tarpey*

*"The best part about playing golf is knowing that you will [illegible] for the rest of your life, so you have a head start on the [illegible] that you will play against when you're older." junior Trevor Roderiques*

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# WE ARE THE *captains*

"Becoming a captain taught me how different each player on the team truly is. It is extremely difficult to get everyone to work together and get along, but once you start to build chemistry, it all starts coming together. (Being captain) showed me how different everyone can be, but how supportive and strong they could be when working together."
**senior Connor Silva**

"We had lots of ups and down this season, yet we refused to give up. We kept working extremely hard whether we won or lost. This season taught me the importance of having fun and building a bond with your teammates."
**junior Carter Barbosa**

**1. CLOSE GAME** Senior Jason Riz battles for position against Nauset Regionial High School. The team lost a close game, 1-0.
**2. CAPTAINS** Senior captain Connor Silva trails junior captain Carter Barbosa as he dribbles upfield against Nauset. Silva said the closeness of the team was notable. "This is the closest I've been with the team in the past four years, and I was able to enjoy the season more because of the teammates that surrounded me," Silva said. Barbosa said, Going to practice every day seemed more like a privilege than a chore. We had a lot of fun together at all times.
**3. BOOTED** Sophomore Yanick Spencer kicks it upfield against Nauset.
**4. EASY STOP** Sophomore goalkeeper Nelson Molina makes a routine save. Molina said the highlight of the season was "making it to playoffs."
**5. JUMP BALL** Senior Riquelme Flores Castro tries to take the ball out of the air and away from a Nauset defender.

# *Our game ritual*

"A ritual I have before a game is to pray and get everyone on my team ready, check on them and make sure they are good. What goes through my head is my memory of my coach and my grandma that passed away. I'm focused on the win but also focused on how my team plays."
***senior Ronis Ayala***

"I stretch, meditate, and listen to music. What goes through my mind is hoping our team wins. I'm most focused on playing well and having a good performance. Some superstitions I have are eating before a game and not sitting on the same seat on a bus during an away game."
***senior Riquelme Flores Castro***

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"It was a season to remember with lots of ups and downs and a bit of luck at the end of the season."
**junior Gabriel Peixoto**

"The most memorable moment being on this team this year for me is the game against Brockton. We won 3-1, and I got the player of the game."
**senior Vanilson Barbosa**

"Never give up, especially when it seems impossible. There were up and downs, but through working together we were able to make playoffs."
**senior Edson Tavares**

# KICKING IT up a notch

After notching their first victory in the game of the season, the boys soccer team was motivated to keep winning.

"A few weeks later we had a huge win against Brockton at Brockton. Every time we play Brockton there is a lot at stake, especially competing against them for the SEC championship," junior center back Carter Barbosa said.

The game proved to be their second victory of the season, after a tough loss and a tie in between.

"We scored twice pretty early in the first half. They scored once by half time, it was 2-1. Then in the second half we extended the lead when we scored our third goal," senior center back Connor Silva said.

This victory made the players very proud of themselves and was a highlight of the year for many members.

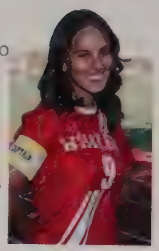
Players said that the group became unusually close throughout the season.

"This team has played together for years, and we've grown a part of each other's lives, and with the recent passing of our coach, Coach Val, we have gotten even closer," junior centerback Gabriel Ei said, referring to Coach Valdir "Val" Araujo, who passed away shortly after the end of the 2021 season, making the 2022 season the first without him.

"[The most memorable moment was] in the bus with the boys and playing for someone special named Coach Val," senior goalkeeper Javier Melendez said.

# WE ARE THE *captains*

"I felt it was so important to keep a level head. I wanted to be someone my teammates looked up to as a leader on and off the field rather than just during practices and games."
**senior Jenna Nogueira**



"I tried to make the environment happy and easy going during practices and games. I also, wanted to make sure that there was a lot of chemistry on and off the field with the team."
**senior Alexia Rodriguez**

"It was fun to be able to help the new coaches get settled in their first season with us. Being captain helped me get closer to other captains to help the team out during the season."
**senior Ariana Melo**

# *Plays of the game*

**WHILE IN NET**
senior, Jenna Nogueira in net, is taking a goal kick. A goal kick is when the ball goes out of bounds on the end line. A goal kick is how ball is put back into play.

"I like to use body faints a lot during a game. It is when you pretend you're going in one direction but you actually go in a different one"
***junior Ollie Costa***

"One of my favorite things was megging my friends during practice." Megging is when you tap the ball in between your opponents leg and running around them.
***freshman Becky Zheng***

2

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"I was able to create so many friendships that I know will last a long time. My favorite moment of the team would have to be senior night.
**senior Kimberly Sanabria**

"The environment and the friendships I made that I would not have made without soccer."
**senior Vanessa Bucha**

"When we had to dress up as an animal, and myself and the defense and goalie tried to match with a movie It didn't really work, which was funny."
**senior Claudia Tino-Tzoc**

**1. POWER** Junior Ollie Costa is taking a kick from the outside in the game against Dartmouth
**2. UPFIELD** Senior Haven Lopes tries to turn the corner on a Dartmouth defender and get the ball upfield. The Whalers lost the game to Dartmouth, 6-1
**3. BOOTED** Senior Alexia Rodriguez passes to a teammate Though the Whalers lost the game to Dartmouth, they finished the season winning two of their last four
**4. AGGRESSIVE** Senior Vanessa Bucha fights for the ba against Dartmouth.

# STORMING the field

"We had our first win in three years against Taunton senior center defender Kimberly Sanabria said

The girls soccer team had faced many teams in the past three years, trying hard and fighting until the end. It wasn't until the Taunton vs. New Bedford game when Jenna Nogueira scored the two goals of the game, they finally got a win.

"Scoring the two goals in this game felt like a relief," senior striker Jenna Nogueira.

The team definitely stepped it up that game and worked to their best ability to win this game because of the rivalry.

"After these goals we did anything we could to stay in the lead. It felt like a breath of fresh air because we went through a lot together and we finally were able to come out on top for once," senior striker Alexia Rodriguez

The team had to work together to get this win.

"This game meant a lot because they are our top rival," senior striker Jenna Nogueira.

The score was 2-1 a very close game.

"The ending was getting close so we were all nervous then when the final whistle went off we were all excited." senior outside mid Ariana Melo.

The team had to work as one to win this game.

"As a team we truly pulled through at the end and that really helped us and fueled us to win more games," junior center mid Ollie Costa said.

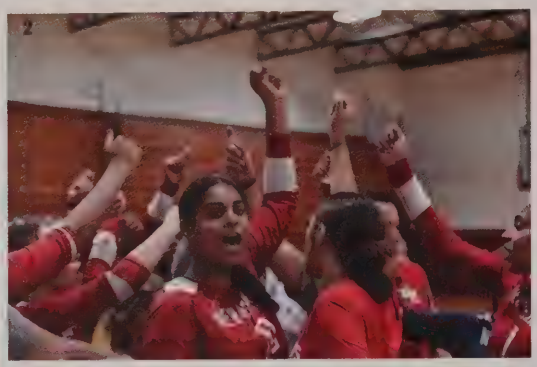
Winning helped the team with the rest of their season in working hard and winning two more games

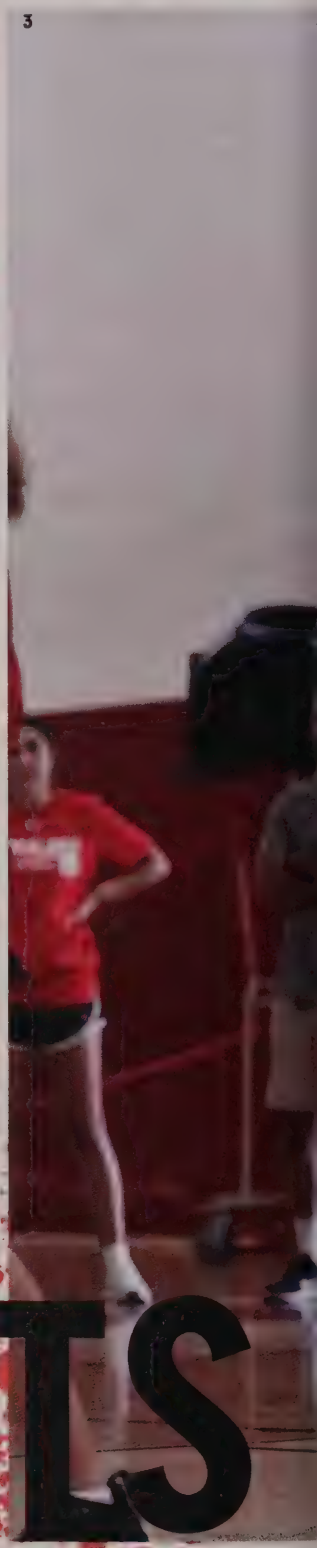
# VOICES OF *experience*

"During our 10-game losing streak me and other girls were becoming frustrated, going into games with a mindset that this game will be like the last, which was never the case."
**senior Aliana Areias**

"It was a really good experience to be with these girls for the past 2 years. We had our ups and down but we will always be a team."
**senior Beatriz Almeida**

"Being on this team has been so fun. Everyday is somethin new and exciting. My best memory is Senio Night. The energy in the gym was awesome."
**senior Mari MacMaster**





**1. TEAMWORK** The team huddles up after a point. The players huddled whether the point was won or lost to celebrate or give encouragement. Senior Captain Hannah Pereira said team unity was a key part of the season, and something she worked on as captain. "I really learned how to lead the team. I dealt with conflicts within the team and helped organize team bonding activities, team meetings, as well as helping teach and listen to my teammates, leading with confidence on and off the court," she said.
**2. GETTING READY** The team cheers after coach Jeff Longo gives words of encouragement.
**3. GOING FOR AN ACE** Senior Mari MacMaster serves the ball at the Bridgewater-Raynham home game, "I was thinking about getting the ball over the net then running back to my defensive position. I was stressed out, it was an intense game."
**4. BUMP IT UP** Senior Aliana Areias receives the ball. Areias said Senior Night was the highlight of the year. "It was memorable for me because it was so special to see all my family support me and come out with a win after a losing streak," she said
**5. DIG IT** Senior Bea Almeida receives the ball, bumping it to the setter. Ameida said the most memorable game was "when we beat Durfee to five sets, and went to (Greater New Bedford Regional Vocational Technical High School) and got them to five sets. We never thought we would have."
**6. READY AND WAITING** Sophomore Lily Gonet and senior Nelly Santiago get ready for B-R to serve the ball. Gonet, a setter, also said Senior Night stands out as memorable. "Most of our team was seniors so it was really special to be able to celebrate one of their last games as a Whaler," she said.
"Decorating the gym for the seniors and seeing how happy they were when they saw was so much fun," she said.

# hitting new HEIGHTS

## TEAM

### WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"Getting closer with coaches and teammates and winning games, especially Brockton. The crowd was invested, making the energy in the gym amazing."
**senior Hannah Pereira**

"My most memorable moment being on the team this year was breaking our ten game losing streak on our senior night."
**senior Ava MacMaster**

"Overall, if you were to bring anything to a game or a practice make sure you bring positive energy as it will affect the people around you more than you may know."
**senior Aliana Areias**

# Warming up

### BEFORE A MATCH

"We usually do a lot of stretches as a team so that together we can all be on the same page and get ready for practice and games. We also do brief conditioning before each practice which gets us warmed up and energized. Mentally I like to take some time before a game to strategize and think of what I need to do in certain situations so I'm prepared and less nervous."
***junior Annabelle Huston***

"Before volleyball I stretch, pepper with a partner, and as a team we do passing and hitting lines. I also listen to sad music before games. It sounds weird, but it makes me play more aggressively and butterfly stretches are my favorite."
***senior Mari MacMaster***

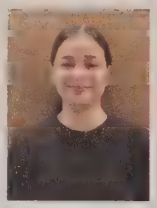
"Before every game we warm up as a team, we stretch and do hitting lines and some serving. It is important to stretch before playing, it helps prevent injuries. To mentally and emotionally prepare for the game you have to focus and put other problems and thoughts aside to be ready for the game. Everyone has different ways to prepare for a game that work for them, some people like to listen to music."
***sophomore Lily Gonet***

# practice makes PERFECT

## WE ARE THE *teammates*

"I [illegible] able to participate much due [illegible] appointments but I went into unified basketball because my mom is a [illegible] therapist at the New Bedford Public Schools."
**senior Lauren DaSilva**

"I heard about it from Mr. McDavitt and I also helped out with unified track years prior so, I decided to help out with basketball. We go to games once a week! They were really fun and played for four quarters."
**senior Sara Curry**



"What got me to join unified basketball was that it was an opportunity to meet new people and help people and collaborate with peers."
**junior Alexis Rebello**

"What go me into Unified Basketball was the TRV program, integrating students with disabilities and special needs into regular classes."
**senior Evan Cook**

Unified Basketball brought together and united students with disabilities in general education, and students could develop their physical, social, and academic skills through unified sports. People with and without disabilities play on the same team in unified sports.

With a team of 20, coaches Philip McDavitt and Melissa Renauld led the fall sport.

Senior Evan Cook said, "They show so much energy on the court and it fills me with joy. We didn't win any of the games that we played, but it came down to the wire, and although the players would get mad, Mr. M. would remind them to ultimately have fun and to show good sportsmanship."

Junior Alexia Thomspon said that the season was a great experience, even though it was short.

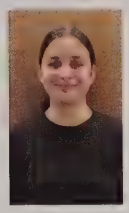
"Everyone had fun including me. It felt like family, and everyone always had energy no matter what. We would bring each other up and cheer on our teammates. We lost some games but every game was a win in my book," Thompson said.

The team had a great time while making significant progress. Coach McDavitt said, "It has been so much fun to coach our players and see the interactions between them as they work together towards a common goal and teammates maintain their involvement by working together towards a common goal and having fun doing it."

# What was it like?

Unified Basketball Teammates talk about their experience with practice while on the team.

"The practice was once a week and it usually involved either pass, shooting, or dribbling drills, unwinding with games. basketball come from. "
***senior Evan Cook***



"The season was great everyone worked really hard everyone on the team improved on their skills. everyone loved it and everyone was so ready to play in games."
***junior Alexis Rebello***

"We had two practices throughout the season and it was like one hour. The days were chosen based on if the team was available."
***junior Alexia Thompson***

**1. RUNNING ALONG** Senior Dakota Bussey and junior Nicholas Resendes run back to their team after fighting for the ball.
**2. PASS IT OVER** The unified basketball team seniors Rylee and Dakota are passing the ball over an opposing player.
**3. TAKING THE SHOT** In order to raise their score, the unified basketball team shoots over Fairhaven.
**4. JAMBOREE** At Dartmouth High School's Unified Basketball Jamboree, the team competed against Old Rochester and Fairhaven. The team was led by Coach McDavitt and student assistant.
**5. CHEERING ON THE TEAM** Every effort counts, so the team, coaches, and audience members who came to support the players focused more on encouraging their teammates to make baskets than they did on winning.
**6. WAIT AND SEE** Fairhaven and New Bedford watch as the ball hits the net.
**7. TWO SUPPORTERS** Seniors Joshua Ferreira and Kaden Loura watch and support from the sidelines during the Dartmouth Hosted game.
**8. THEY SHOOT, THEY SCORE** During their Jamboree game against Old Rochester at Dartmouth High School, New Bedford makes the shot.

# WE ARE THE *captains*

"I felt being one of the leaders for the team made me get out of my shell more, and I also liked how when girls had any problems they would come to me for advice. It made me feel very helpful. "
**junior captain Lauren Baylies**

"Captains are made to give a better uplifting to the players and to give them more positive energy and help them go through things. As a captain I help the girls out like with basing stunting."
**junior captain Aria Ferreira**

"Captain [requires] responsibility because it doesn't just reflect you, it reflects the team as well. I like to see I can improve them, be a team player and lead them to better."
**sophomore captain Georgina Rodriguez**

"I learned that sometimes the hard work you in it effect the t and the achievements overall."
**junior captain Marisol Mend**

# strength in NUMBERS

**1. SPIRIT RALLY** Firing up the crowd is one of the cheer team's main goals. "I think the team's most memorable moment was when we performed our pep rally dance after a lot of hard work," freshman Madison Silveira said.
**2. THANKSGIVING** The squad cheers at the annual holiday game against Durfee. Junior Aria Ferreira said the highlight of the season is "always Durfee! I love how crazy the crowd can get and how the players will interact with us."
**3. FIRED UP** Freshman Gabriella Amaral pumps up the crowd during the Thanksgiving game against Durfee. "The Durfee Thanksgiving game was honestly something that I will never forget because it was really fun day there was a big crowd and our football team was working really hard and they took the victory on that day. Every one was happy and hyped and at the beginning of the game I was tumbling on the field and it was really fun to do that and I love cheering for my team I really enjoy it so much."
**4. GETTING A LIFT** Sophomore Atiyanna Fernandes gets an assist from her teammates during the Middleborough game. She said that cheerleading helped her focus. "I learned not to get mad at other people and focus on myself because I used to get upset when stunts didn't work, and I realized if I didn't blame everyone else and focused on me the stunt worked better," Fernandes said.
**5. HAVING FUN** Junior Gisele Correia relaxes while cheering during the Thanksgiving game against Durfee. The Whalers won the game, and it was a great way to close out the season.

# TEAM

## WHAT ONE WORD DESCRIBES THE SEASON BEST?

"Dedication because cheer helps me do better in school and helps me stay active and forget about the bad side of things outside of cheer."
**sophomore Atiyanna Fernandes**

"Uplifting. We all worked to help ourselves as well as others improve and gave each other the motivation and encouragement to keep going."
**freshman Madison Silveira**

"Work. A lot of hard practices when it was close to pep rally.. All the new stunts took us out hard, but it came out amazing and was super fun."
**sophomore Alexis Mendoza**

## what was the high point?

"(At the Durfee game), I've never felt that type of happiness and vibe with the team before. We were so motivated after losing. That one game is what gave us hope and kept us going."
***senior Julie Torres***

"The Brockton game (because of just how the boys were playing, and the crowds, and the energy in the air, it was such a close game, most definitely a good one."
***sophomore Georgina Rodriguez***

# WE ARE THE *captains*

"(Being captain of the team) made me feel proud of myself."
**junior Craig Baptista**

"I believe my senior year was very enjoyable even though it didn't go exactly as planned I still enjoyed playing this season with the fellas."
**senior Januel Acosta**

# *The hardest game we played*

"Hardest game had to probably be Dartmouth. It was a great rivalry between our teams and they sadly managed to beat us twice by a couple points both games."
*senior Januel Acosta*

"The home game against Durfee"
*junior Joseph Goodine*

"The game against Dartmouth"
*junior Joseph Anderson*

## TEAM

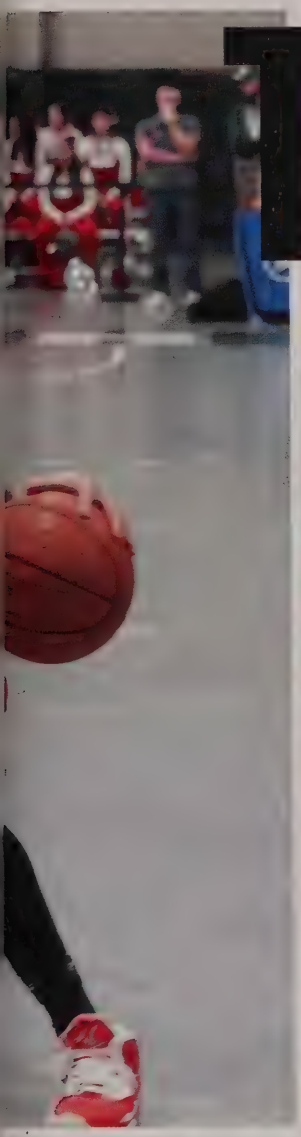
**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"Coach Hill was always telling me to be confident and be aggressive, and I wouldn't be as good as I am without Coach Hill."
**junior Joseph Goodine**

"My favorite memory was beating Milford in the first round (of the playoffs)."
**junior Evan Avila**

"The bus rides and practice."
**junior Anthony Diakite**

# TAKING IT to the net



# TALKING ABOUT THE *captains*

**Vanessa Bucha**

Senior captain Vanessa Bucha "motivates us but also gets on our case if we are not doing the right thing. She also leads by example, constantly working hard in practice and games." *senior Hannah Pereira*

**Tatum Reis**

Senior captain Tatum Reis "was always happy and cheerful; she brought good energy to all practices and games." *senior Mari MacMaster*

**Alexia Thompson**

Junior captain Alexia Thompso "led on the cour the point guard, through her skills *junior Hayleigh Chenard*

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"Beating Brockton for the first playoff win in years for states and beating the record of most 3 pointers in a game, I beat the record with 10."
**sophomore Zaria Anderson**

"Meeting new people and feeling welcome starting a new school my senior year."
**senior Kaidyn Cifelli**

"Beating Brockton in the state tournament game"
**senior Hannah Pereira**

# shooting for SUCCESS

**1 TEAM TIME** The team huddles up and gets ready for the start of the game. "Everyone would be hyping each other up and getting ready for the games. We would talk about stuff that we would need to work on during the games and a lot of what was said in the huddles got us mentally ready for the game," junior Alexia Thompson said.
**2 HANDSHAKE** Before a game, while the starting five is announced, junior Zaria Anderson is high-fiving her team members.
**3 SETTING UP** Alexia Thompson guards the Bridgwater Raynham point guard as she takes the ball into the front court.
**4 DRIVING THE LANE** Senior captain Vanessa Bucha takes the ball to the hoop for two points against Bridgewater-Raynham. "Vanessa Bucha was a great leader on the team," said senior Tatum Reis, the other senior captain. "She she really pushed all of the players to try their hardest no matter what. She had high expectations for us which pushed us to work harder and harder every day at practice. She was always very enthusiastic and made sure the team stuck together through the ups and downs. Not only was she a leader mentally but she was one of our best players and the leading scorer on the court as well."
**5 GAME PLAN** The team gets ready for the game to start and talks to their coach before the game. "Coach Jordan would go over the game plan and would tell us to keep our energy up," senior Mari Macmaster said.
**6 BALL SKILLS** Senior captain Tatum Reis makes a move around a defender and gets into the lane against Bridgewater-Raynham, a tough opponent, with the Whalers losing both games to them in an otherwise strong 14-8 season. "Tatum was positive and made sure everyone was having fun and was positive and fun to be around," said Vanessa Bucha, the other senior captain.

# MEET THE *captain*

"I feel like Jake, the captain, lead the team very well. He would remind everyone of events in the GroupMe chat, and he also made sure everyone got out of the locker room at the end of practice. "
**sophomore Michael O'Leary**

"The boys team captain Jake Gioiosa was someone I really looked up to and I aspire to be. He knew a lot about swimming, and we could always go to him if I was ever confused about something."
**freshman Cairon Nunez**

**ADVICE** Senior captain Jake Gioiosa gives a pep talk to the team before the first event.

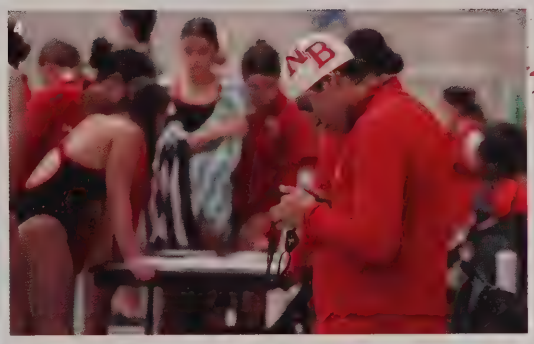
## TEAM
### WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"My favorite memory was probably the meet I first dived in because diving means a lot to me."
**sophomore Michael O'Leary**

"I usually swam the 200 IM and the 100 fly. I did pretty well, especially my 200 IM. I dropped 10 seconds from my last year's time when I first joined.
**freshman Alexandre Conde**

"My favorite memory was doing my first real 50 freestyle event. It was one of the best experiences in my life."
**sophomore Sam Zhang**

# just keep SWIMMING



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**1. BACKSTROKE** Freshman Carlos Nunez pushes himself in backstroke. "My favorite memory on the team was when we had a pasta dinner," Nunez said.
**2. FINAL FOCUS** Members of the boys and girls teams relax toward the end of the warm-up before the meet. Freshman Alexandre Conde, who swam the 200 individual medley and 100 butterfly, said, "The swim meets were probably my favorite part about the season."
**3. SUPPORT** Sophomore Sam Zhang and eighth-grader Liam Burdman watch the first event from the side of the pool. Zhang swam the 50 freestyle and spoke highly of the team's leaders. (senior Jake Gioiosa and freshman Alexandre Conde) are extremely amazing swimmers, fun to hangout with during practice or meets, and are also swimmers I admire. Jake and Alex's great character and refined skills are what made them to be good leaders of the team." Zhang said.
**4. PREP TIME** Junior Mohamed Ahmed takes a moment to himself before the start of the meet. Ahmed swam the 200 individual medley, the 50 free, the 200 freestyle relay and the 100 breaststroke. The individual medley consisted of one lap of the pool in each of the four strokes, backstroke, breaststroke, butterfly and freestyle, in that order.
**5. FRONT APPROACH** Sophomore Michael O'Leary steps into the "hurdle" as he performs a front dive. The hurdle is when the diver lifts one knee into the air in order to get as much height before coming down with both feet and springing off the diving board. "My favorite memory on the team was diving in my first meet," O'Leary said. "This was 100 percent my favorite memory because I dived my whole freshmen year and never competed in a meet, but this year I finally got good enough to compete in one."

# WE ARE THE *captains*

"My senior year was really good, I was extremely proud of what the team has become and to be undefeated and the SEC champions for a second year in a row was very exciting."
**senior Sara Curry**

"I had a lot of fun with all of the people on the team and I really try my best to get to know everyone, motivate them, and cheer them on during races. Even though it was our second year away from our home pool, the bus rides continued to be fun and just an added element I could've never seen coming as an underclassman."
**senior Cynthia Torres**

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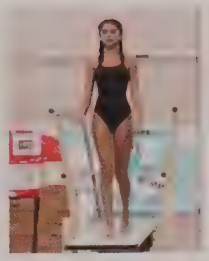
## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"At our first meet when everyone got a rubber ducky "
**sophomore Jaliyah Perry**

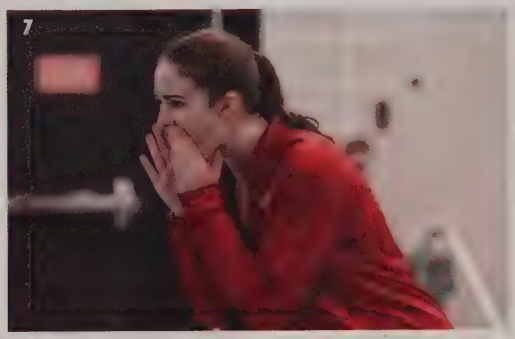
"The senior night meet and hearing everyone's speeches."
**junior Jalysa Noriega**

"I really liked having all my friends on the team, the bus rides, and all of the home meets "
**freshman Piper Reis**



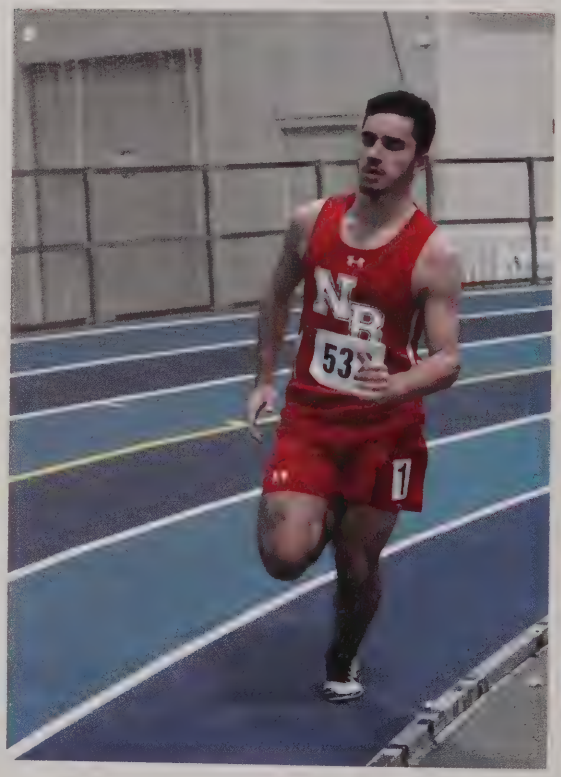
# staying in the FAST LANE

**1. GETTING READY** Junior Leslie Padilla concentrates before diving.
**2. COMING UP FOR AIR** Junior Annabelle Huston comes out of the water for a quick breath during her butterfly event.
**3. CHEERING** Members of the girls swim team cheer on their teammates.
**4. ORDER OF EVENTS** Members of the girls swim team look at the schedule to see what events they are swimming.
**5. WARM UPS** Members of the girls swim team take a quick break after warm ups.
**6. DEEP BREATH** Trinity Coleman swims breaststroke.
**7. GO!** Freshman Caroline Huston cheers on her teammates



# flying down THE TRACK

**1. RELAY** Senior Calvin Duarte approaches senior Kevin Ayala for a relay handoff. Ayala was the captain of the boys team. "I'd say that one of captains, Kevin, led the team well especially in times when the team had growing doubt in the coaches. He kept the team on a leveled head throughout majority of the season," junior Nathaniel Stafford said.
**2. DISTANCE** Senior Jahzed Valls Sierra goes for distance in the long jump at an indoor meet in January. He said "going to state" was the high point of the year, and about the season he said, "It was cool."
**3. BANKED TURN** Sophomore Joe Castelo paces himself through a turn
**4. TAKING IT IN STRIDE** Sophomore Lily Gonet keeps pace during the 600 meters against Dartmouth. "My favorite meet was against Durfee. It was first win for both boys and girls. Everyone was excited and worked together to win," said Gonet, who also competed in high jump.
**5. CHARGING AHEAD** Four members of the girls team power forward during a sprint event.
**6. UP AN DOVER** Junior Na'Kaylah Johnson runs the hurdles.
**7. HANDOFF** Eighth-grader Amaya Pastor Norales gets ready to take the baton from freshman Nialonis Smith in teh 4x200 relay. "I think I did all right for my first season running," Smith said. "My favorite memory of the season was probably when we won the dual meet against Dartmouth."
**8. ANOTHER LAP** Senior Connor Silva paces himself during the 300 meters. "My senior year was really fun and I felt that as a team we were much more competitive than the other teams," Silva said. "The bus ride up to our first meet was my favorite memory because we brought a speaker and sang along to music as a team."



## WE ARE THE *captains*

"My time as a captain has shown me that it takes commitment and effort to show up everyday to better yourself and encourage others who look up to me as a role model. "
**senior Kevin Ayala**

"Victoria made strides to help push other peers to do their best in their events.."
*senior Kevin Ayala*

**senior Victoria Arribada**

"Our late night meets would always be something I will never forget. I loved seeing everyone cheering each other on and being supportive of those who were running, jumping or throwing."
**senior Yvonne Le**

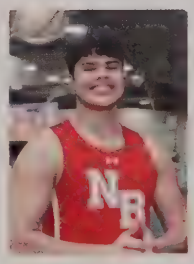
# TEAM

## WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"The girls 4x200 team placing fourth overall at the MSTCA Rising Stars Championship meet. Another great memory was the boys 4x200 team qualifying for state."
**junior Sophia Perry**

"When the boys 4x2 relay was going up against Brockton and they were neck and neck the whole time, but we ended up beating them at the last second."
**junior Lilian Brine**

"Getting a better time than my friend on JV 55m dash."
**senior Bayron Maldonado**



# MEET THE *leaders*

"Jose (Bonilla) made sure that everyone was pushing themselves to their best potential and he knew when they weren't and it would make him upset and make them work in the lab more ." junior Tayel Guzman

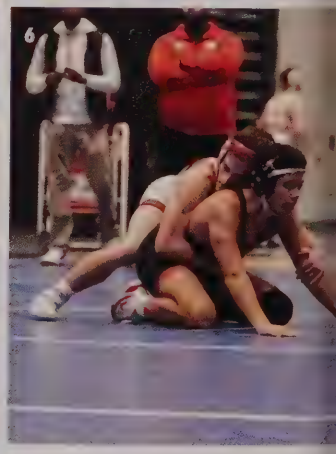
**GETTING LOOSE** Senior captain Jose Bonilla warms up with the team before a dual meet.

**Senior Mitchel Thompson**

"Mitchel Thompson was a great leader but not talking but showing when wrestling. He showed that you could overcome different type of matches and come out on top. This showed me that even if you don't think you could win you can wrestle hard and can come out with the win.
freshman Jelmanie Velez

# making it COUNT

**1. SQUARING OFF** Freshman Robert Figueroa-Algarin faces off with his opponent to start off a wrestling match.
**2. PREMATCH** Seniors Jose Bonilla and Nate Caron relax while stretching before the match against Durfee.
**3. COUNTERING** Senior Eric Boucher defends against a takedown. Boucher said the high point of the season for him was "going to Fire and Ice."
**4. AT THE READY** Junior Luis Garcia crouches in the "neutral position," as he and his opponent await a move from the other. Garcia said that before every match, he would be "listening to music, getting pumped up."
**5. CHEERING ON A TEAMMATE** Sophomore Miguel Gomes and seniors Eric Boucher, Nate Caron and Jose Bonilla cheer on a fellow wrestler to close out a victory.
**6. REFEREE'S POSITION** Senior Aaron Pimental is in the "referee's position" to start the second period. At the start of the period, the referee flips a coin, and the winner gets to choose top or bottom. A wrestler would choose top if he or she wants to use moves to try and pin the opponent. A wrestler would choose bottom if he or she believes escaping is a strength
**7. LEVERAGE** Freshman Josiah Martins Semedo tries to use his strength and positioning for a takedown.



# TEAM

## WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"My favorite memory of this season was when we placed 1st out of 12 schools at the Marlborough tournament."
**freshman Jelmanie Velez**

"My favorite memory this year was being able to make it to all state and winning sectionals."
**junior Luis Garcia**

"Seeing my brotha Jose Bonilla become a champion and seeing all the blood and hard work he put into this sport pay off."
**senior Isaiah Silva**

# What was your pre-match ritual?

"We would warm up, then we would all lie down in the middle of the mat. One of our captains would speak to hype us up, then we would all smack the mat very fast and loud, and a captain would scream 'WHO ARE WE?' And we would say 'NB!'. We did that three or four times, then we would put one arm in the middle and touch fists, and one of us would say, 'Whalers on three! One, two, three!' That's when we said, 'Whalers!' before getting off the mat to get ready to wrestle."
*freshman Robert Figueroa*

# WE ARE THE *captains*

"When the coach told me that I was going to be this year's captain I was at a loss for words. I definitely didn't know what I was doing but I learned new lessons every day on how to exercise my position to make sure all the girls on the team felt that same excitement and happiness I felt with them."
**senior J'ahndra Gomes**

"Being captain developed me and ma me see things in different perspective. did not just see myself as a captain. I just as regular a cheerleader as any gi on the team. It showed me communication skills with the team as well. These girls were comfortable wi me and looked up to me, even texted personally about personal problems."
**sophomore Georgina Rodriguez**

## *What's the hardest stunt you learned?*

"One on the hardest stunts I learned was a show and go lib to full,. Basically the flyer (me) goes up in the air on one leg to full, and your other foot right above your knee. I probably have only hit it a few times. This was also my most proud moment of myself, realizing how much I was capable of. From me hardly being able to go up in the air to doing one-legged stunts was absolutely crazy."
*senior Sage Santos*

"The hardest stunt I learned this year was my ariel!"
*freshman Gabriella Amaral*

"I learned how to do a herkey better than I did football season."
*freshman Madison Silveira*

"The hardest stunt I've learned would probably be a kick twist basket."
*freshman Jaselle Reyes*

"The hardest stunt I've learned was definitely a 360."
*junior Aria Ferreira*

"Probably a express up to half.."
*sophomore Alexis Mendoza*

"The hardest stunt I have learned was a rewind and express-up to full."
*senior J'ahndra Gomes*

"The hardest stunt I learned was the pyramid."
*sophomore Amber Purcell*

"Learned a rewind! That's about it."
*sophomore Georgina Rodriguez*

## TEAM
### WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?

"We had a hard practice before team bonding and honestly it helped us as a team have a better mindset for the competition."
**sophomore Estiffany Rodriguez**

"Bonding with the team and getting to know new faces that join. Having team bondings hosted at my house, and the games always the games!"
**junior Aria Ferreira**

"My first time going full out in practice when I hit all of my stunts and it was a clean run, and then right after got to hang out with my team for team bonding."
**senior Sage Santos**

# raising SPIRIT

Cheer team members reflected on the high points of the winter cheer season.

"My favorite memory on the team this season was spending time with my team during practices before competitions," freshman Madison Silveira said.

"(My favorite memory was) coming together and going out to eat. Cheering at games," sophomore Georgina Rodriguez said.

"My favorite memory of this season was the last competition we had," freshman Gabriella Amaral said.

"My favorite memories have to be cheering at the basketball games and the team bonding dinners and parties. It was a way for us to have fun in and out of uniform," senior J'ahndra Gomes said.

"My favorite memory this season was all of our bus rides to games," freshman Jaselle Reyes said.

Who are *WE*?

During this school year, we recovered from current events, notably the COVID-19 pandemic. As we recovered from COVID-19 we recovered emotionally, mentally and physically.

Apart from COVID-19, it had been a year since Ukraine has been invaded. While we were in school every day, children in Ukraine fled to other countries due to their country being under continuous attack by Russia.

Although we are privileged, the cries of Ukraine children would not go acknowledged. The fear in their eyes, and their hunger will be remembered despite us being safe in our own country.

Apart from these events, we showed how much we have grown together. We found our voices. We as students can talk freely about our styles and identity. We learned how to accept each other.

We showed how we overcame our differences and how we learned about each other's differences.

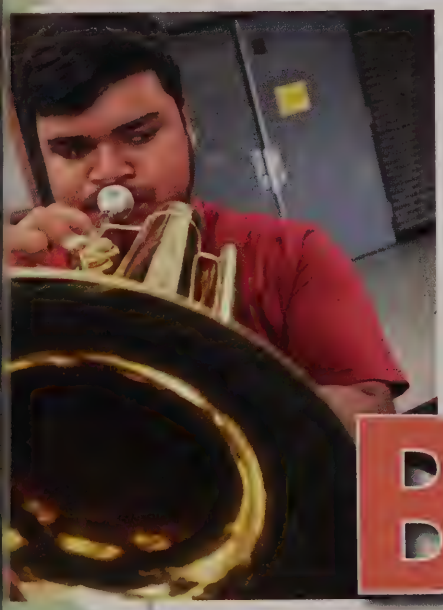
This is *US*!

**1. DISCUSSION** The cast of "A Christmas Carol" hyped each other up before the dress rehearsal, which was a devised theater show. "Being part of the winter production and being casted as an important character was so amazing. If you have ever watched (or) read "A Christmas Carol," you will know that the Cratchits were living in poverty and couldn't afford to have Christmas. Tiny Tim has a heart condition and is foreshadowed to meet his fate as a possible consequence of the protagonist," senior Aidyn Ramos said.

**2. IN THE ROBOTICS LAB** Juniors Timmothy Erickson, Fernando Polanco and Gabriel work in the robotics lab steering, using an app on their smartpones, a robot to navigate a race course they designed.

**3. AT THE HOP** Seniors Aaron White and Elizabeth Raposa perform their dance in their '50s' outfits from the song "At The Hop" during the show choir set of "Time Travel" from the Pops Concert.

**4. PLAYING A SONG** Sophomore Luis Morales plays "Ghost Town" on the baritone for students during seventh period on Halloween outside the auditorium.



# THIS is US BEING US!

# CLASS OF 2023 Seniors

Victoria Abolarinwa
Payton Acevedo
Januel Acosta
Aiden Adao
Darnell Aguiar

Nevae'H Aiello
Meyssi Ajqui Garcia
Ana Alamo Aponte
Yadriel Alamo Vega
Vanessa Albino

Adam Alfonse
Arianne Allende Driscoll
Beatriz Almeida
Miguel Altar
Edwin Alvarado

Jason Alvarado Sanchez
Claudio Alves
Fernando Alves
Jaylen Alves
Justin Amaral

Rose Amaral
Nevaeh Amaral Arabian
Daijon Andrade
Ivanilda Andrade
Iris Andrade Aguilar

Ledine Andrade dos Reis
Jamiah Andrade Fernandes
Tristina Angelini
Johnathan Arce Degrace
Aliana Areias

Ronny Arellano
Keilin Arita Lara
Sanaah Arnum
Victoria Arribada
Janelys Arroyo

Samantha Aubin
Ronis Ayala
Shaleeha Ayala Cepeda
Kevin Ayala Manso
Nashaly Ayala Rodriguez

# WHO ARE WE AS WHALERS?

"We are a team, so we have to help each other."
***senior Kevin Alcaron***

"We as whalers are a family a team who supports everything no matter what."
***senior Nicole Collado***

"We are the pure example of resilience in the city."
***senior Lia Rezendes***

"We are loud and chaotic and proud."
***senior Paige Quiterio***

"The best school ever ... duh. (We just need a li'l bit more spirit, but we got this."
***senior Joeliz Negron Gonzalez***

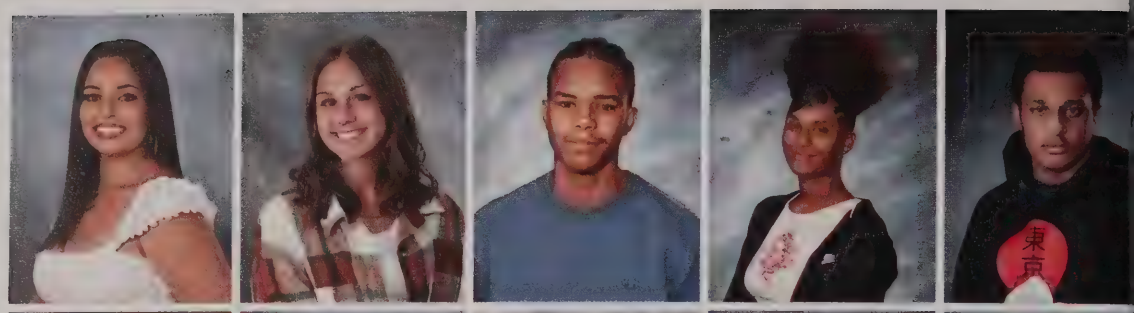
"The best."
***senior Januel Acosta***

"We are a community. We're a tight knight group of people who look out for one another. Whether it be the connection between students and their classmates, friends and close companions, or between teachers and their students, we support and stand up for one another."
***senior Anisa Tavares***

"We Whalers are our staffs, teachers, students, individuals that come to NBHS that come together from different places that build a connection to work together and make memories."
***senior Estefany Sam Tix***

"We are a team, so we have to help each other.we are rowdy, unique people who somehow still make a family"
***senior Edelmis Calderon Marcano***

Darielys Baez
Mackenzie Baggs
Adilson Barbosa
Jessica Barbosa
Macario Barbosa



Vanilson Barbosa
Gisa Barbosa Teixeira
Carla Barros
Mason Barrows
Sarah Bartolomey

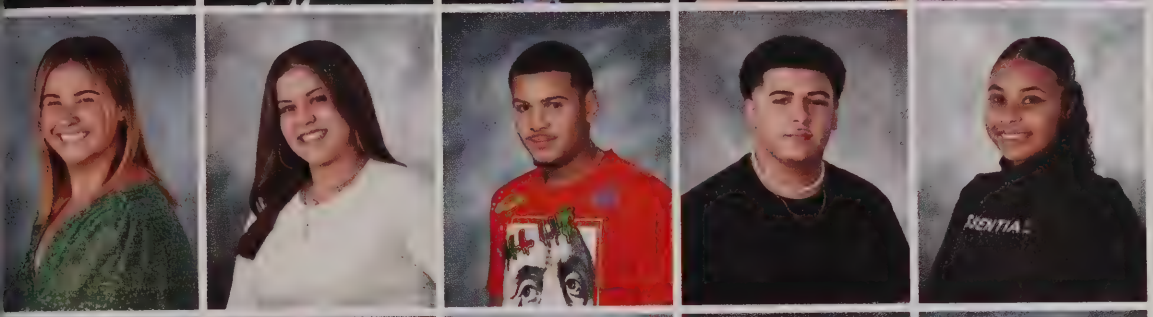
Payton Beaulieu
Kayla Bernier
Kahlen Bertoldo
Ian Bigos
Marquis Blakney

Olivia Blum
Jose Bonilla Aquiriano
Brooke Borden
Lynnse Borges
Ava Botelho

Dylan Botelho
Nicholas Botelho
Eric Boucher
Kaitlyn Braga Matos
Ana Brasidio

Evan Britto
Izaiah Brown
Vanessa Bucha
James Burns
Dakota Bussey

Devery Butler
Haily Cabral
Jeremiah Cabral
Jhuaniss Caez
Edelmis Calderon Marcano



Makenna Calvao
Kandyce Camacho
Yadiel Camacho
Noah Camara
Cree-Lyn Campbell

Elida Canahui Cojon
Allyson Canuto
Jaydee Caraballo Pizarro
Maybelin Carbajal
Devin Cardoso

Aaliyah Cardoso Rodrigues
Nathanyel Caron
Shay-Lynn Caron
Pedro Chacaj Rojas
Elmer Chach Gomez

# WHAT DID IT COST?

As inflation skyrocketed, at 6.5 percent for 2022, the price of everything went up. Here are the prices of common items.

**$1,792**
Average rent for an apartment in New Bedford, according to rentcafe.com

**$15.00**
The minimum hourly wage in Massachusetts in 2023

**$4.87**
McDonalds Big Mac

**$30,992**
Cost to attend UMass Dartmouth for 2022-23 (tuition, room, and board)

**$3.18**
A gallon of gasoline in New Bedford in March 2023

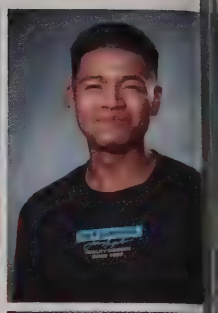
**$3.30**
The average cost of a gallon of milk

**$1.85**
Cost of a tall coffee at Starbucks

**$27,295**
Base price of a 2023 Honda Accord

**$19.99**
Monthly cost of a premium Netflix subscription plan

Justyne Chalue
Cedric Charles
Eulalio Chingo Ixperpuac
Joe Christmas
Jose Ciprian Lucas

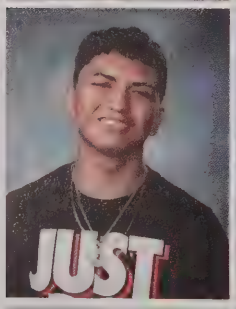


Elizabeth Ciprian-Ventura
Walter Clayton
Camila Coelho
Ethan Coelho
Alex Coj Garcia

Makayla Coleman
Nicole Collado
Kaylanie Collazo
Stacy Collazo Reyes
Jermaine Collazo Rodriguez

Alexis Collazo-Ruiz
Nellyda Colon Rosado
Ibrahim Conde
Evan Cook
Jayde Cooper

Jefferson Corado Garcia
Colbey Cordery
Shawn Cordwell
Jose Correa
Skyler Corte-Real



Sophia Costa
Hannah Costeira
Joxel Cotto Ortega
Albino Coxic Velasquez
Alicia Crespo

Calvin Cruz-Duarte
Amelia Cuevas Caraballo
Daniel Cummings
Jasmine Cunningham
Luisa Cu Raymundo

Sara Curry
Janice Da Costa
Dilson DaCosta Teixeira
Jorge DaCruz
Nelisangelo Da Cruz Goncalves

Brandon Dagraca
Kevin Dang
Ariana DaPonte
Hailee DaPonte
Diogo Da Silva

Jaden DaSilva
Lauren DaSilva
Brianna Davis
Alyssa DeCosta
Declan Dedrick

# WHEN YOU SAY 'I QUIT'

Plenty of students like or need to work. But sometimes, it's just not the right job. Students talk about the jobs they quit and why.

"I worked at Hollister for a short time and then I quit. I was on vacation and they asked me if I was working, so I couldn't come in, and I ended up quitting."
***junior Emma Gibney***

"I quit a job I had at Dunkin' Donuts. I quit because I had too much sports going on at the time. It was difficult to balance."
***sophomore Davon Shields***

"I used to work at Acushnet Creamery, and I quit because I wanted to explore new work options."
***senior Vanessa Bucha***

"I worked at a daycare, and I quit because the boss was strict and made me do hard hours."
***sophomore Maya Braz***

Olivia de la Cruz Garcia
Agusto DeLaCruz Jimon
Cindy DeLeon
Micaela De Leon Julian
Benjamin Deltono

Luis DeLuna
Elijah Demello
Dakota DeOliveira
Antonio Depina
Rachelle DePina

Simone DePina-Dosreis
Maeva Depradines
Tilay Diarza
Jose Diaz
Emerson Diaz Paredes

Yeirone Diaz Reyes
Yandel Dominguez Vazquez
Luana DosSantos
Marcia Dos Santos Oliveira Fortes
Luke Duarte

Rosa Duarte
Devin DuPont
James Duponte
Julia Duran
Cedric Duro

Benjamin Eckert
Elizabeth Edminster
Dylan Ellis
Jeraly Estrada
Ayva Faria

Rosa Faria
Carlos Farias
Aaron Feliciano
Taliyana Ferguson
Morgan Ferland

Jordi Fermin Joachin
Amarae Fernandes
Dominic Fernandes
Jennifer Fernandes
Jocelyn Fernandes

Johnathan Fernandes
Joseph Fernandes
Tiago Fernandes
Jason Fernandez
Dariel Fernandez Contreras

Ariana Ferreira
Diana Ferreira
Joshua Ferreira
Hector Figueroa
Jenson Figueroa

# MARCHING ORDERS

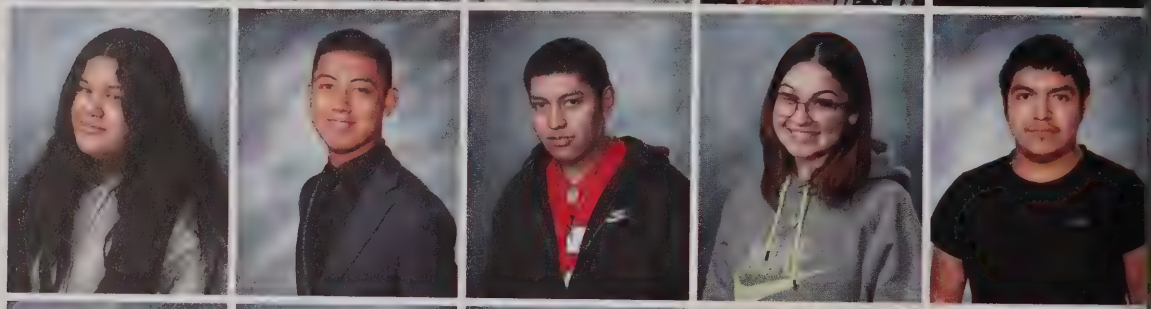
nior Sawai Vilayvanh (top photo) scored p Cadet for and senior Elizabeth minster (bottom photo) was named the p Female at the JROTC State mpetition at New Bedford High School in nuary. The competition included 11 high hools across the state. The Girls Physical ness Team won first place overall, the ys Physical Fitness Team won third place erall and the Academic Team won first ace overall in leadership.

Destini Flores
Jerry Flores
Cameron Flynn Pava
Devyn Fonseca
Darren Fontes

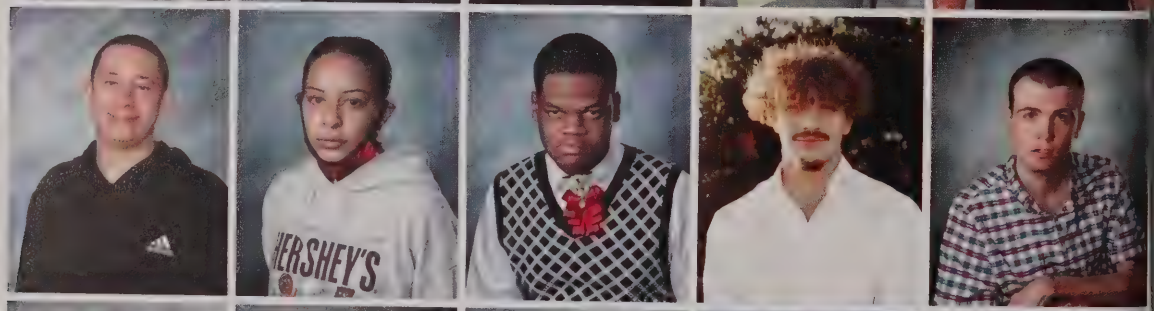
Mikalah Fortes
Cecelia Fumo
Janira Funez
Hunter Furtado
Makayla Furtado

Kyleigh Gagne
Nyasialee Gales
Ethan Gamage
Joshua Gambles
Anisa Garcia

Genesis Garcia
Plabio Garcia
Omar Garcia Garcia
Karina Garcia Rodriguez
Juan Garcia Ruiz



Dasean Garzon
Jakyia Genereux
Thierry Germain
Collin Gibbs
Tyler Giesta




Reed Gifford
Jake Gioiosa
Caio Godinho Da Silva
J'ahndra Gomes
Saline Gomes Fernandes

Dulse Gomez Funez
Na'vian Goncalves
Nelisangela Goncalves
Ty-Nezjha Goncalves
Carlos Goncalves Gomes

Janilson Goncalves Monteiro Rodrigues
Aleyshka Gonzalez
Alyssa Gonzalez
Angelita Gonzalez
Anthony Gonzalez

Bryant Gonzalez Marcano
Victor Gonzalez Perez
Hiram Gonzalez Rivera
Soledad Gray
Madysyn Greenberg

Dillon Greene
Arianelis Green Nunez
Jomilie Guevara
Mauricio Gutierrez
Isaiah Gutierrez Santana

# HOW HAVE YOU CHANGED?

Seniors were asked to look back on their four years of high school and talk about how they believe they have changed since their freshman years.

'es, I am a completely different ɜrson than freshman self. I grow › maturity, adulthood, and evolve better every day."
***Paige Quiterio***

"I have changed."
***Hunter Furtado***

am more swag now than ever before."
***Shandaliz Rivera***

ıave become more confident."
***Alita Gwin***

Honestly, there's no change. I'm the same way I was three years ago."
***Nevijha Trinidad-Burr***

have learned to love myself and everything necessary to get what I want."
***Greg Santiago***

"I became successful."
***Israel Osazuwa***

"Decision making has improved, bonds with peers and Administrators has become a family."
***Kevin Ayala***

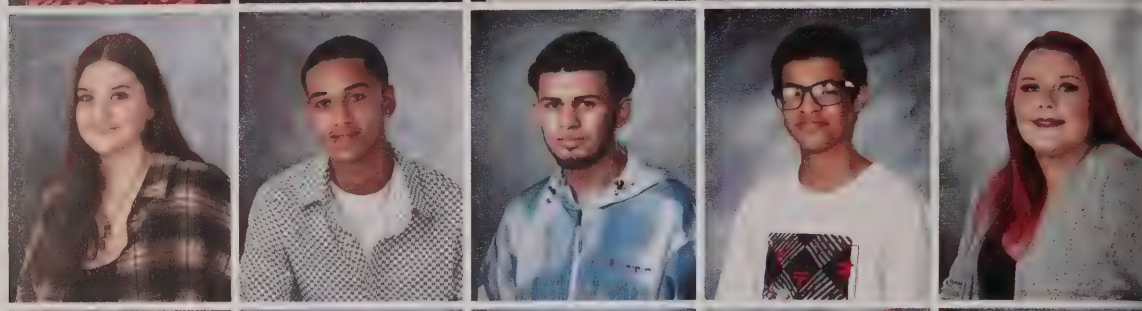
"From freshman year I remember that some people still had a middle-school, mentality but now they take school way serious because it's our senior year."
***Dilson DaCosta Teixeira***

"In the beginning of the year, I used to be a little more careless about my grades and my overall school experience. Then I was obsessed with having the best grades and did not enjoy hanging out with my friends. Now as a senior, I am doing the best I can when it comes to my time management and having the best hanging-work-school ratio."
***Joeliz Negron Gonzalez***

"From the beginning of senior year to now, I would say I became a lot more mindful of my future, and how prominent it was becoming. I was staring college applications in the face and the realization struck me, and it was terrifying. But like all things, the stress and anxiety will pass and leave room for the good memories. As for freshman year me versus now, so much has changed. Like a majority of people, I owe some of that to the pandemic, which gave me a great outlook to reflect and see my true self on. But before all that, I was scared. I was scared of people and facing my crippling social anxiety, I was scared of the future, I was scared of who and what I wanted to be, who I wanted everyone else to see. I think that, especially coming from middle school and the environment it presented to me there, I was unsure of a lot of things. I've overcome much of it since then. I'm still overcoming some of it now."
***Anisa Tavares***

Larimar Gutierrez Torres
Naji Guzman-Shabazz
Alita Gwin
David Haig
Jahvon Hanson

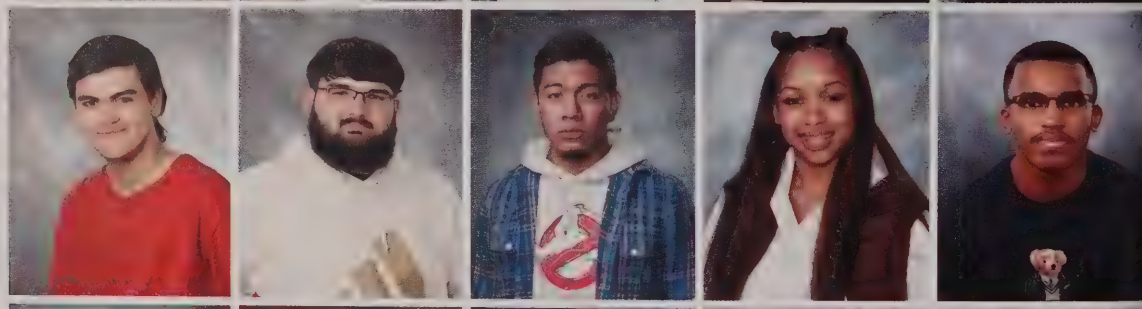
Brielle Harding
Amari Harris
Arnol Henrriquez Ayala
Isaiah Hernandez
Jalynn Hernandez



Jalynn Hernandez
Jazmine Hernandez
Roberto Hernandez
Nayely Hernandez Medina
Gianelys Hernandez Vega

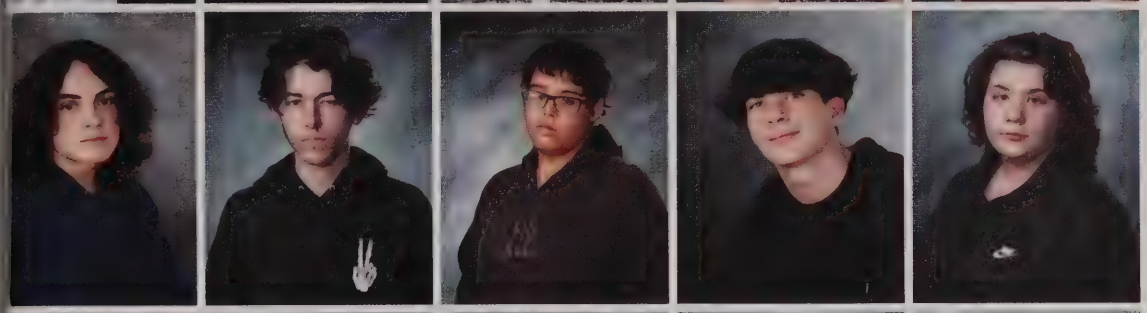
Jaggar Hess
Zachary Heyes
Adrian Hodges
Atalya Hook
Aries Hubbard

Derek Hughes
Logan Isidoro
Domingo Ixcuna Aj
Fayith Jackson
Joseph Jackson



Kayani Jackson
Lopes James
James Jamina
Narsu Jamina
Jebidiah Jerome

Haley Jimenez
Alizeh Johnson
Magali Juarez-Escobar
Symphony Justiniano
Janoa Justiniano Ramos



Zachory King
Brett Laferriere
Nathan LaFrance
Christopher Lake
Joyce Lantange

Savannah Laubenstein
Inayah Lavoie
Matthew Lavoie
Maritza Lazaro-Oger
Yvonne Le

Anthony Lee-Rivas
Bryan Lee-Rivas
Exzaviah Lemos-Martins
Alexis Leonardo
Averi Lima

# HOW HAVE YOU CHANGED?

Seniors were asked to look back on their four years of high school and talk about how they believe they have changed since their freshman years.

"I grew spiritually and mentally as a person."
***Olivia Blum***

"I've changed a lot since freshman year my mentality evolved and I feel like a whole different person."
***Anderson Reyes-DeLeon***

"I got a bit skinnier."
***Nilzon Rodriguez Cordon***

"Learned to not trust or talk to no one."
***Carlos Rivera***

"Weight."
***Matthew Rivera***

"Independent."
***Justin Amaral***

"I have matured more."
***Januel Acosta***

"I've become more comfortable with myself and with being myself. During my high school years, I've really started to figure out who I am and what I'm capable of."
***Taliyana Ferguson***

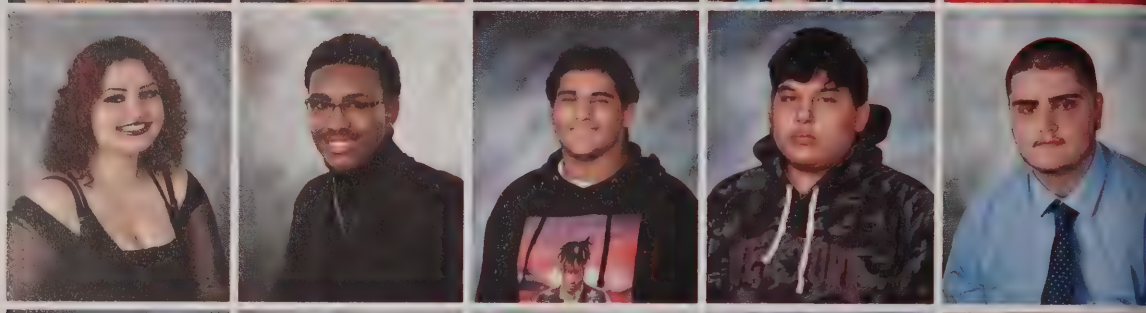
"I've grown stronger mentally and physically."
***Edson Tavares***

"At the beginning of this school year, I was in complete shock that I was beginning my senior year! Now, I am super excited to continue to make memories with my friends and be grateful for every little moment left of my high school career. Who I was at the beginning of my freshman year is almost unrecognizable to who I am today, during my senior year. The pandemic put a halt to our freshman year of high school and caused not only confusion and isolation, but an abundance of growth. By the time we returned to school fully and were finally able to roam the halls unmasked, without fear of a mass resurgence of the virus, many of my peers had gotten their braces off, changed their hairstyles, grown out facial hair, and grew mentally, coming back to school with new mindsets and more reasons to get involved! My freshman year of high school, I was still the optimistic person I am today; however, I wasn't nearly as outgoing and passionate as I am now. I am abundantly grateful for the growth I've experienced from freshman year to now, allowing me to be my authentic self."
***Abbigail Niland***

Alexis Linares
Moraa Livramento
Robert Long
Aaron Lopes
Alicia Lopes

Alyssa Lopes
Haven Lopes
Ilyzick Lopes
Kyla Lopes
Ricardo Lopes

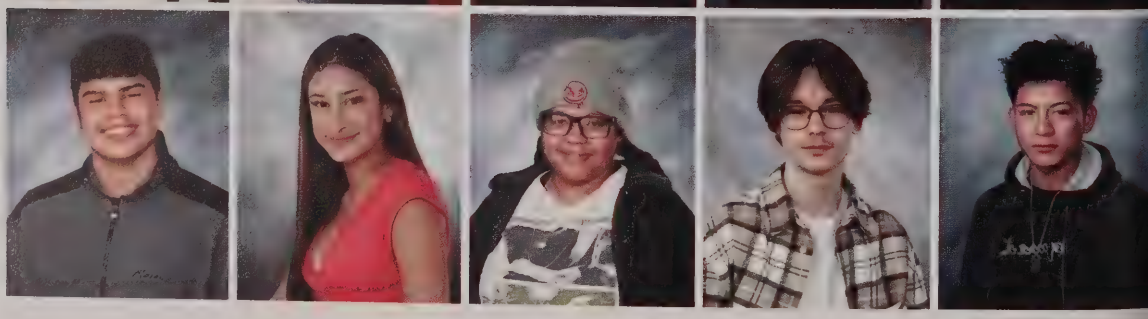
Ronnie Lopes
Christian Lopez
Jaeden Lopez
Dorian Lopez De Leon
Kaden Loura



Kailey Lourenco
Jasmine Lucas Ixcuna
Elizabeth Lugo
Jenitza Luna Nunez
Tobias Lyman

Ava MacMaster
Mari MacMaster
Mohamed-Ali Mahmoud
Kamaree Majette
Ariana Maldonado

Bayron Maldonado
Kayline Maldonado
Keylanis Maldonado Sanjurjo
Aiden Manchester
Andres Maric Ixcuna



Andru Marrero
Alexander Martell
Narissa Martin
Nancy Martinez
Keisy Martinez Espinal

Kenia Martinez-Velasquez
Kayla Martins
Andy Matano
Luis Mateo Colaj
Santiago Mateo Sam

Evan Matias
Xavier McNickles
Aden Medeiros
Jaleea Medeiros
Lance Medeiros

Maria Medeiros
Sarena Medeiros
Aramis Medina
Nellyanne Medina Santiago
Vilma Medrano Yanes

# HOW HAVE YOU CHANGED?

Seniors were asked to look back on their four years of high school and talk about how they believe they have changed since their freshman years.

eshman year me was just very aive and having fun but also ing sure I didn't lack in school. I 't worry about anything and just oyed school. Current me is very f-aware and more in tune with ol since I am a senior. I want to uate with a GPA that makes me l colleges proud of myself. This ar I'm just focusing on colleges getting my GPA even higher, so ve grown and changed during this school year."
***Allyson Canuto***

om freshman year to now I just w really tall and got somewhat narter in this school, but I was one for two year's out of high school."
***Juandel Thompson***

e changed everything, starting from archiving my goals to developing as a good-grade student during the years."
***Ana Alamo Aponte***

"At the start of school, it was rough for a new chapter to begin with, as we try to get comfortable with the new concepts of school rules, as we are still improving and getting used to it now. We are not trying to be perfect but be better every day as we can. We should stop being afraid of what could go wrong. Focus on what could go right, looking for the bright side of things. After being here at NBHS, the first step was the hardest thing to do – getting used to a new setting and meeting new people. But once we take the first step, things will get easier from then on, as the years go by, without realizing how much time has gone by. We should be grateful for every single moment we had with the teachers and peers in school we have met, as they come and go, but as well as being thankful that we had someone we shared our moments with, even if it wasn't for a long time."
***Estefany Sam Tix***

"I have become more socialized."
***Lia Rezendes***

"I've matured so much. I've learned that academic is not everything. I've learned that I need to cut people even if it hurts me or them. I've learned that people change and that unfortunately some people don't change at all. I have become a dependable person, someone who you can look to if you need anything – a compliment, a pick-me-up, or just simple help. I have also learned that I don't have to be the best to be good at something, I don't need to be the best to matter."
***Edelmis Calderon Marcano***

"Way more mature than my freshmen year."
***Symphony Justiniano***

Michelle Mejia
Andy Mejia Manzanarez
Maynor Mejia Orellana
Keylin Mejia Palacios
Carlos Mejia Tipaz

Isabela Mejia Tix
Juliana Melara Recinos
Emelio Melendez
Ariana Melo
Serenity Melo

Kaelyn Miller
Alessio Miranda
Ariana Miranda
Mauricio Miranda Pereira
Keron Mitchell

Jenrry Molina Ayala
Ethan Moniz
Liam Moniz
Dario Monteiro
Joshua Monteiro

Daniel Montrond
Steven Morales
Jackson Morales Rivas
Carolina Moreno Cornejo
Mario Morente De Leon

Jorge Morente Perez
Amanda Mosher
Nevaeh Mullins
Andner Murillo Pacheco
Savannah Murphy

Anthony Navarro Rodriguez
Joeliz Negron Gonzalez
Joeliz Negron Gonzalez
Jhon Nicasio Paez
Kelsey Nickerson

Abbigail Niland
Jenna Nogueira
Andrea Nunes
Jessye Nunez Escoto
Boniface Odhong

Ishmael Oku
Santos Olmos Tum
Kayleb Orlowski
Alex Orozco
Genesis Ortiz Garcia

Yagelis Ortiz Pena
Israel Osayi-Osazuwa
Carlos Osorio Gonzalez
Dakota Pacheco
Layla Pacheco

# HOW HAVE YOU CHANGED?

Seniors were asked to look back on their four years of high school and talk about how they believe they have changed since their freshman years.

"Who I was at the beginning of my freshman year is almost unrecognizable to who I am today, during my senior year. The pandemic put a halt to our freshman year of high school and caused not only confusion and isolation, but an abundance of growth. By the time we returned to school fully and were finally able to roam the halls unmasked, without fear of a mass resurgence of the virus, many of my peers had gotten their braces off, changed their hairstyles, grown out facial hair, and grew mentally, coming back to school with new mindsets and more reasons to get involved! My freshman year of high school, I was still the optimistic person I am today; however, I wasn't nearly as outgoing and passionate as I am now. I am abundantly grateful for the growth I've experienced from freshm"an year to now, allowing me to be my authentic self."
***senior Abbigail Niland***

"I've become more comfortable with myself and with being myself. During my high school years, I've really started to figure out who I am and what I'm capable of."
***senior Taliyana Ferguson***

"My mindset has grown. Before I was small-minded and now I'm aware of the world around us. I'm growing into a young adult."
***senior Jeraly Estrada***

"This is a tricky answer. Freshman year my ego was definitely getting in the way of what I really wanted to do at NBHS: make a difference. I played a sport to fit in, only to hate it, and I ended up joining drama club and falling in love with it. I tried to run for class officer my senior year, and I really wanted to make a difference in the school. Now, I realized I can make a difference without a title. I have matured. I have made an impact."
***senior Kailey Sousa***

"I've definitely grown. I have so much more motivation to do better in school. I want to not fail. & I didn't really care if I did before."
***senior Arayanna DeMello***

"I learned how to comprehend that it's okay to be alone."
***senior Nicole Collado***

"I've grown to be more responsible, to strive for the things I want and to overall never quit."
***senior Collin Gibbs***

"In the beginning of the year, I used to be a little more careless about my grades and my overall school experience. Then I was obsessed with having the best grades and did not enjoy hanging out with my friends. Now, as a senior, I am doing the best I can when it comes to my time management and having the best hanging-work-school ratio.
***senior Joeliz Negron Gonzalez***

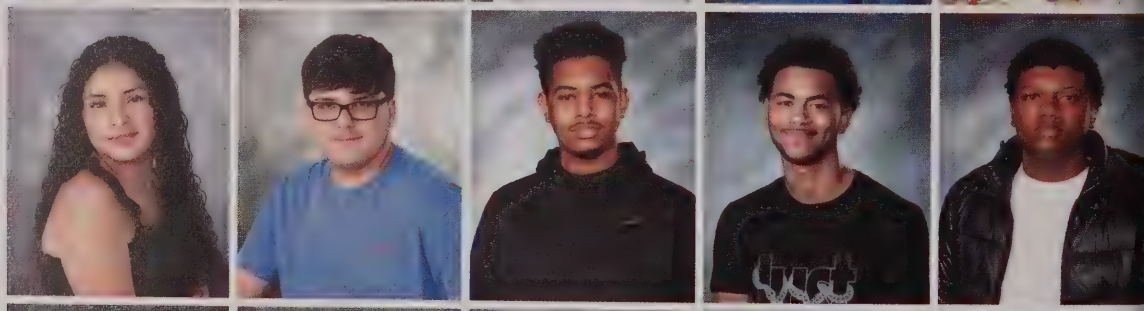
Gamaliel Pagan
Lauren Panaro
Mariela Pano
Hayden Paradise
Diego Paredes Barraza

Angel Paz Rivera
Dioris Peguero Concepcion
Dessireidy Peguero Rivera
Lorenzo Peguero Romero
Isaac Pena-Jimenez

Alex Pereira
Hannah Pereira
Yanira Perez Riz
Devin Perry
Navahni Perry

Nevaeh Peterson
Kobi Pickup
Aaron Pimental
Joshua Pimental
Yamel Pimentel Diaz

Kiara Pineda
Ethan Pinette
Igor Pires
Leandro Pires Dos Santos
Fabio Pires Goncalves



Paul Pirrotta
Christopher Pisz
Kyle Pisz
Allyssa Poirier
Maria Pol Chicoj

Rocio Pomales Sanchez
Leslie Portillo
DeShaun Price
Jalohn Price
Aaron Ptaszenski

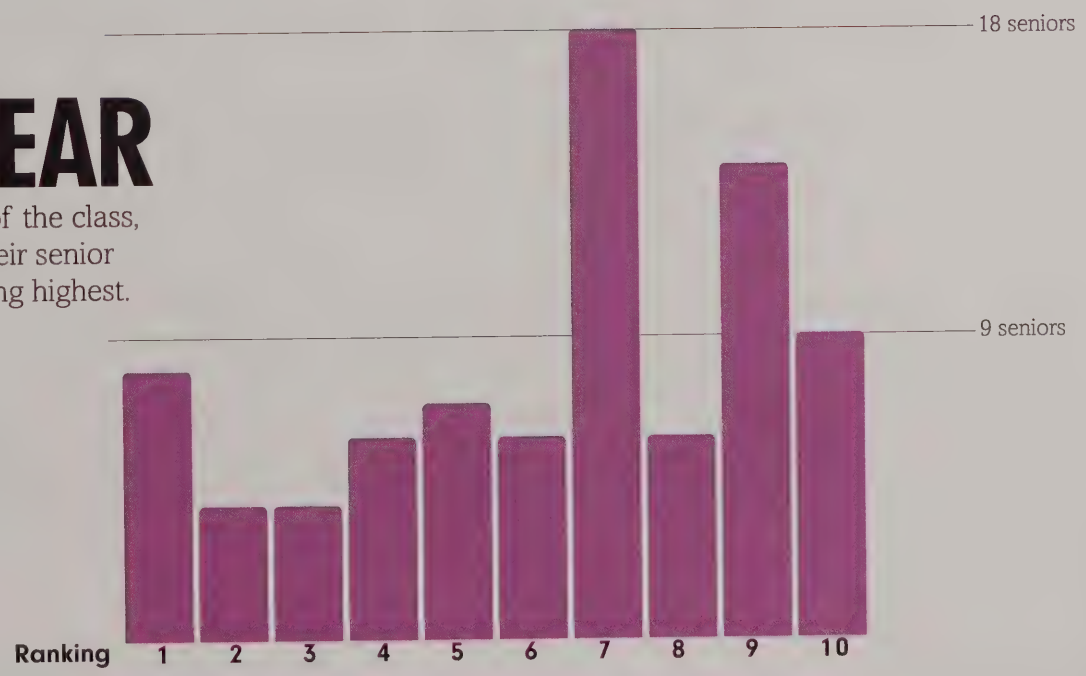
Jariel Quinones Casanova
Karina Quiterio
Paige Quiterio
Allison Ramirez
Aidyn Ramos

Edwin Ramos
Rylee Ramos
Hope Raphael
Elizabeth Raposa
Gavin Realejo

Oscar Recinos
Colin Rego
Tatum Reis
Anderson Reyes-DeLeon
Erick Reyes Ruiz

# RATE YOUR SENIOR YEAR

: seniors, about 15 percent of the class, d the opportunity to rate their senior ar from 1 to 10, with 10 being highest.



Kaylee Reynolds
Jonathan Ribeiro
Mello Ribeiro Dos Santos
David Rice
Linda Richard

Everson Rivas
Josselyn Rivas
Janelle Rivas Lovos
Carlos Rivera
Jezabelle Rivera

Shandaliz Rivera
Shanellie Rivera Ramirez
Patrick Riviere-Dagenais
Jason Riz
Natasha Robles

Evandro Antonio Rodrigues
Alexia Rodriguez
Jailine Rodriguez
Yarelis Rodriguez
Nilzon Rodriguez Cordon

Elian Rodriguez Palacios
Alexander Rojas Garcia
Nathan Rosado
Avelyn Rosa Mascarenhas
Hadley Ryder

Bianca Sa De Medeiros
Alan Saenz
Brandon Saint-Louis
Bryant Sajvin
Estefany Sam Tix

**From five Aaliyahs to one Zyhar,** this word cloud lists every student first name at the school this year, with size of the name relative to the number of students with that name.

How many students have first names starting with each letter

| | |
|---|---|
| A | 422 |
| B | 81 |
| C | 158 |
| D | 197 |
| E | 173 |
| F | 35 |
| G | 80 |
| H | 50 |
| I | 76 |
| J | 468 |
| K | 176 |
| L | 138 |
| M | 195 |
| N | 135 |
| O | 34 |
| P | 33 |
| Q | 1 |
| R | 75 |
| S | 154 |
| T | 72 |
| U | 1 |
| V | 42 |
| W | 23 |
| X | 11 |
| Y | 85 |
| Z | 21 |

**23** students named Jonathan

**23** students named Anthony

**22** students named Luis

**21** students named Carlos

**19** students named Jose

**18** students named Elijah

**18** students named Angel

# what's in a name?

*Everybody's unique, of course, but some names are shared by many of the 2937 students*

**1,727** unique first names

**422** students have a name that starts with A

**468** students have a name that starts with J

**1** student with a name that starts with U: freshman Uriell Gonzalez

"Unique, I believe it's unique in a way." ***freshman Uriell Gonzalez***

**1** student with a name that starts with Q: sophomore Quintiyah Drummer

"I feel like it makes me unique." ***sophomore Quintiyah Drummer***

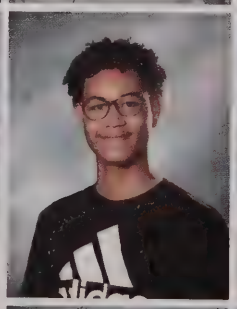
Kimberly Sanabria
Juliana Sanchez
Jayzire Santiago
Jean Santiago Marrero
Gregory Santiago-Rivera

Gabriel Santos
Jayden Santos
Sage Santos
Letycia Santos Da Silva
Sergio Santos Santos

Marissa Saya
Alyssa Scanlon
Heidi Seddon
Leily Semedo
Kiara Serrano

Jason Sicaj
Stephanie Sicajau-Castellanos
Yamil Sierra-Cotto
Connor Silva
Isaiah Silva

Nevaeh Silva
Victoria Silva
Leandro Silva Ferreira
Alex Silva-Mandeville
Sarah Silveira



William Silveira
Karla Soares
Nicole Soares
Jay'ley Soto
Kailey Sousa

Sarina Sousa
Christian Spooner
Eliot Spooner
Aaliyah Steidel
Muphaella St Felix

Aaliyah Stokes
Jazir Stringer
Nereida Suar Ramos
Man Ta
Tess Tarpey

Angelina Tavares
Anisa Tavares
Ashlynn Tavares
Edson Tavares
Joseph Tavares

Lilliauna Taylor
Lucas Tejeda
David Thompson
Mitchel Thompson
Claudia Tino-Tzoc

# I AM _____

Seniors were given this prompt: *Fill in the blank. "I am __. Respond with as many options as you want."* Here are some responses.

***Symphony Justiniano:*** I am amazing
***Allyson Canuto:*** I am smart, ambitious, charismatic, over achiever.
***Juandel Thompson:*** I am funny.
***Lia Rezendes:*** I am resilient
***Edelmis Calderon Marcano:*** I am me; strong, responsible, seen, valuable, important.
***Ana Alamo Aponte:*** I am responsible, creative, and I could also be determined.
***Estefany Sam Tix:*** I am mindful, respectful, determined, hardworking, motivated.
***Dilson DaCosta Teixeira:*** I am a student of New Bedford High School. I play sport for living.
***Joeliz Negron Gonzalez:*** I am kind, enough, worthy, bigger than what you see, helpful.
***Luana Dos Santos:*** I am confident, a woman, Hispanic, smart.
***Paige Quiterio:*** I am strong, creative, talented, smart and beautiful.
***Kailey Sousa:*** I am courageous, strong, respectful, responsible, smart, hardworking, a friend.
***Shandaliz Rivera:*** I am swag.
***Collin Gibbs:*** I am strong, determined, great.
***Nevijha Trinidad Burr:*** I am tired.
***Greg Santiago:*** I am worthy, disciplined.
***Hunter Furtado:*** I am patient.
***Alita Gwin:*** I am proud, strong, a leader.
***Israel Osazuwa:*** I am a percussionist.
***Kevin Ayala:*** I am a menace, I am a leader, I am a hard worker.
***Arayanna DeMello:*** I am motivated & driven.
***Nicole Collado:*** I am Strong.
***Edson Tavares:*** I am Here.
***Anisa Tavares:*** I am creative, imaginative, kind, funny, smart, thoughtful.
***Abbigail Niland:*** I am kind. I am motivated. I am optimistic. I am a helping hand for others.
***Olivia Blum:*** I am intelligent, smart, hard-working.
***Anderson Reyes:*** I am a respectful, hardworking student who just wants to succeed in life and help his family out.
***Nilzon Delessandro Rodriguez Cordon:*** I am the one who knocks.
***Jeraly Estrada:*** I am strong and confident
***Carlos Rivera:*** I am tired of this school.
***Matthew Rivera:*** I am Matt.
***Taliyana Ferguson:*** I am a Native American of the Mashpee Wampanoag Tribe.
***Justin Amaral:*** I am independent.
***Januel Acosta:*** I am a Whaler
***Kiara Serrano:*** I am loyal, kind.

Elena Toro
Cynthia Torres
Joshua Torres
Niacelis Torres
Juliana Torres Crespo

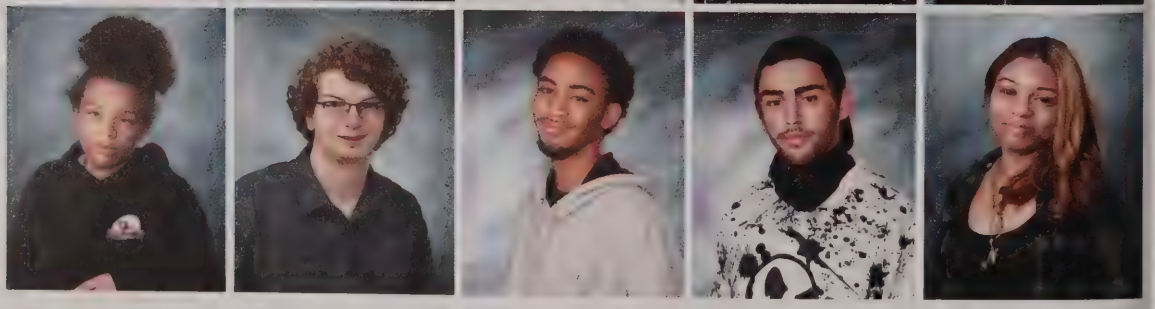
Nazeah Torres Crespo
Avery Tremblay
Elijah Trinidad
Nevijha Trinidad-Burr
Gabriela Tsaliagos

Eduardo Tzoy-Morente
Arieliz Valentin De Jesus
Victor Valladares Centeno
Jahzed Valls Sierra
Aleishka Vazquez Gonzalez

Yomarie Velez
Davon Vieira
Devin Vieira
Jeremy Viera
Olivia Viera

Sawai Vilayvanh
J-Leah Villafane
Germany Villalobos
Joel Villanueva
Melissa Voltaire

Na-Mya Watkins
Aaron White
Koda Wingfield
Aiden Wood
Nevaeh Woodley



Laura Yac Ixcuna
Olivia Zak
William Zapon Maric
Victor Zayas

# SENIORS, WHAT ARE YOU PASSIONATE ABOUT?

***Being a Whaler***
Symphony Justiniano

***I'm passionate about astronomy***
Allyson Canuto

***Cooking***
Juandel Thompson

***Psychology***
Lia Rezendes

***earning and being the best that I can be as a person***
Edelmis Calderon Marcano

***My future***
Ana Alamo Aponte

***Vhat I'm passionate is enjoying every moment with my friends in school, ying new activities that I might enjoy, and art class as I can express myself with different forms of art styles.***
Estefany Sam Tix

***Positivity***
Dilson Dacosta Teixeira

***Learning and helping others and making lots and lots of good friends***
Joeliz Negron Gonzalez

***Art and creativity***
Luana Dos Santos

***Art, music, and spirituality.***
Paige Quiterio

***Making a difference. I don't need a title to make an impact, and I stand by that.***
Kailey Sousa

***Success***
Shandaliz Rivera

***Being successful***
Collin Gibbs

***Doesn't have anything to do with here***
Nevijha Trinidad Burr

***Doing things that make me feel fulfilled***
Greg Santiago

***Helping others***
Hunter Furtado

***JROTC***
Alita Gwin

***Jazz Band, Marching Band, And Concert Band***
Israel Osazuwa

***Sports***
Kevin Ayala

***My future for sure. just being better overall. All I stress about & put my mind to.***
Arayanna Demello

***Music and love***
Nicole Collado

***Going to college***
Justin Amaral

***Sports***
Edson Tavares

***English and liberal arts.I've always admired how human nature thrives through its ability to communicate, and to expand and extend our knowledge through generations. I love writing and reading the works of others as well as myself, because it is so interesting to see other people's thoughts and opinions on certain ideas and topics.***
Anisa Tavares

***Making the world a better & safer place for people of all walks of life.***
Abbigail Niland

***I'm passionate about success***
Olivia Blum

***Sports and math***
Anderson Reyes

***Art***
Nilzon Delessandro Rodriguez Cordon

***Learning!***
Jeraly Estrada

***Weightlifting***
Carlos Rivera

***Games***
Matthew Rivera

***Being a neonatal nursing and caring and working with infants/children.***
Taliyana Ferguson

***Everything***
Januel Acosta

***My life***
Kiara Serrano

# CLASS OF 2024 Juniors

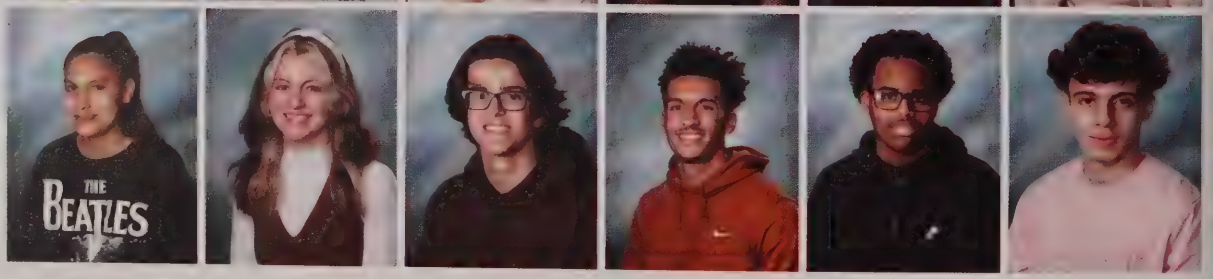
Trey Adao
Aliani Adorno
Thalia Adorno
Omar Aguilar Gamez
Henry Aj
Sandra Ajeataz Suar

Andre Altar
Isabel Alves
Joseph Anderson
Anthony Andrade
Emily Andrade
Shaylene Andrade

Darlene Andrade Conceicao
Mayara Andrade Rodrigues
KyLee Antunes
Amir Antunes-Bradley
Ashanty Aponte Neris
Christiyana Aquiar

Adrian Aranjo
Ricardo Araujo
Naira Araujo Soares
Kennedi Avylla
Daniela Ayala
Jose Ayala

Regina Ayala Melendez
Kiva Bank
Craig Baptista
Carter Barbosa
Kyle Barbosa
Rinaldy Barea Velez



Lauren Baylies
Alejandro Beltran
Luis Benites Velasquez
Isabella Berry
Sofia Bilodeau
Michael Blechar-Melancon

Jacob Borges
Michael Botelho
Devon Bouchard
Jorja Bowman
Kai Bowman
Corey Braga

Serena Braga Canadinha
Lilian Brine
Rylan Brody
Jaiden Brooks
Maddisyn Brothers
Alexander Brown

Nekia Brown
Justin Brum
Dezmond Brunskill
Najah Burks
Emily Busanet Quiros
Anthony Cabreja

Emory Cail
Andrew Calabrese
Benjamin Calbo
Carlos Camacho
Eduardo Camilo
Stefani Campbell

Students who took the Film Study 1 and 2 classes talk about what their favorite film was from either of the classes.

# FAVORITE FILMS WATCHED IN CLASS

***BACK TO THE FUTURE***
After seeing the film so many times, it never gets old. I also loved the mix between the two decades in the movie. I tend to love any movie that takes place in the '80s.
***senior Narissa Martin***

***SOME LIKE IT HOT***
"'Some Like It Hot' was underrated hilarious."
***senior Bayron Maldonado***

***BONNIE AND CLYDE***
"'Bonnie and Clyde' is classic love story robbery."
***senior Victoria Cuba***

***MAD MAX: FURY ROAD***
"Because of all the mayhem."
***senior Joseph Tavares***
"Interesting in style and world building and had a unique style."
***senior Elijah DeMello***
"I personally enjoyed ... a good chunk of the action.".
***senior Kevin Dang***

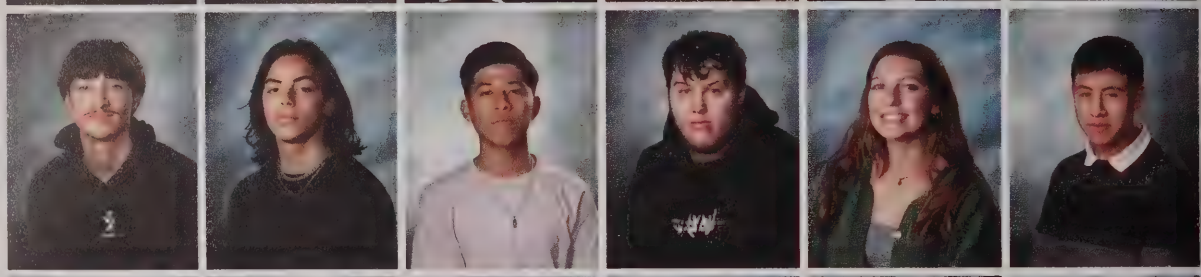
***MARCEL THE SHELL WITH SHOES ON***
"Such a cute movie and the stop motion is great. It has comedy, and its sad but adorable and it has a great ending."
***senior Jomilie Guevara***
"(It's) light-hearted and simply entertaining"
***senior Navahni Perry***

Warren Cappra
Jarien Cardenas
Kaitlen Carpenter
Vilma Carpio Flores
Frenche Carrasquillo
Chase Carreiro

Lucas Carreiro
Desire Carrion
Elijah Carrion
Iriana Carrion
Aiden Carter
Carlos Carvalho Ribeiro

Kiara Casado
Anthony Casimiro
Dani Castro
Ana Castro Julian
Marta Castro Perez
Marta Castro Perez

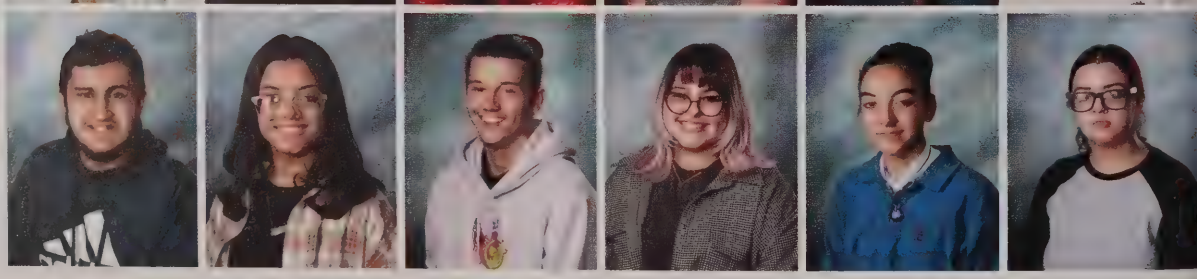
Devon Caton
Ray Chace
Osmin Chach Gomez
Justin Chaves
Hayleigh Chenard
Isabel Chijal Ventura



Max Chingo Chingo
Wilbens Cine
Alec Cohen
Juana Colaj Ventura
Isabella Colangelo
Justin Coleman

Carlos Collazo
Izabela Collins
Kenji Conley
Kiara Cordero Harnois
Lahrissa Cormier
Eddie Correa

Austin Correia
Danialys Cosme Hernandez
Austin Cosmo
Daniella Costa
Peyton Costa
Mya Costeira



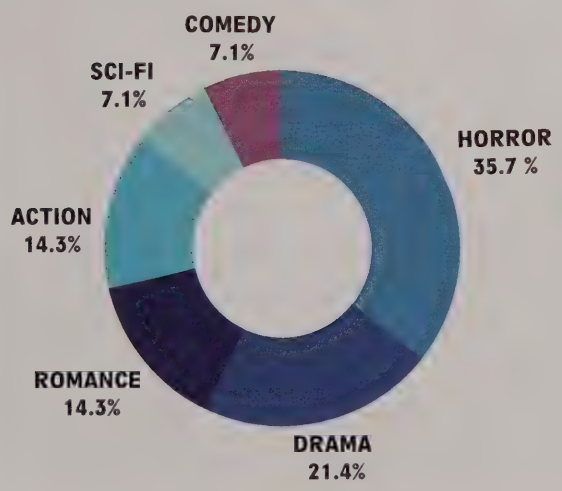
Hailee Cos-Ventura
Felipe Coxic Velasquez
Austin Crepeau
Joseph Cruz
Daivili Cruz Pena
Nadeysha Cruz Rosa

Jonathan Cuestas Funez
Alex Curvelo-Nogueira
Arsenio DaCruz DePina
Leonardo Da Luz Da Fonseca
Telma Da Luz Rocha
Hannah Damasio

Skylar DaRocha
Sabrina DaSilva
Dennis DaSilva Lopes
Soraya DaSilveira
Helio Da Veiga Vasconcelos
Amelia Davis

Kamron Davis
Jaden Dean
Manuel de la Cruz Barrera
Aida Delacruz Garcia
Wilson DeLeon
Francisco Delgado

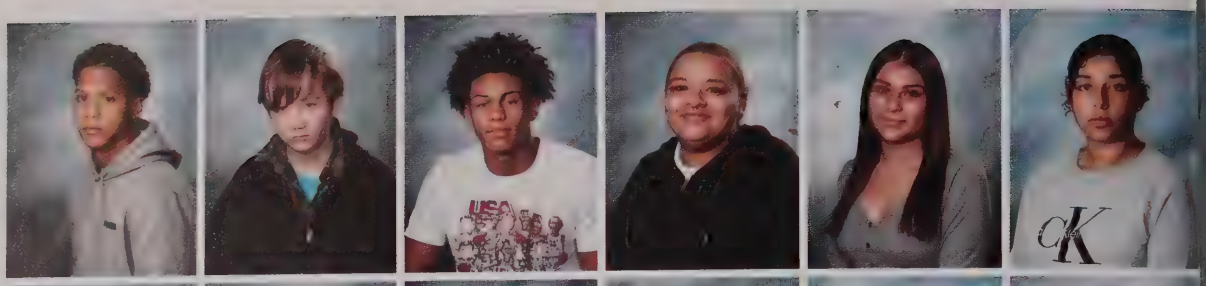
Gerson Delgado Lima
Ivelis DelValle-Rodriguez
Nevaeh DeMelo
Jayleana DeOliveira
Aijan-Ryan DePina
Fabio De Pina




# WHAT'S YOUR FAVORITE MOVIE GENRE?

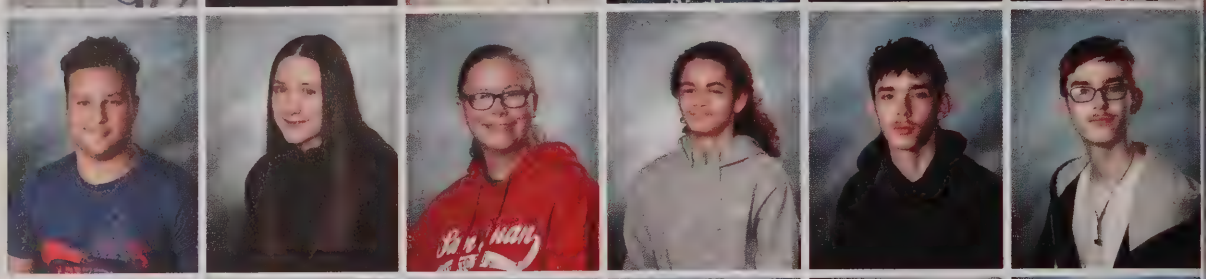
Comedy? Action? Romance? What's the most preferred movie genre? Students chose between six movie genre, and, it seems, we like to be scared.

Frederick DePina
Ryan Desmarais
Anthony Diakite
Crystal Dias
Karla Diaz
Arianis Diaz Abreu

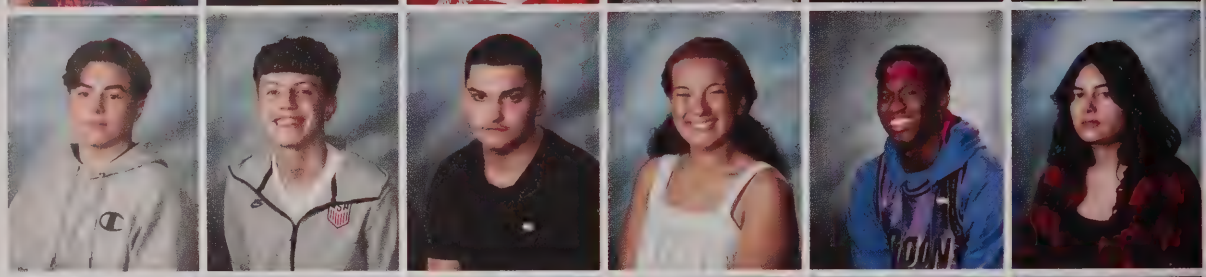


David Diaz Tavares
Jack DiMatteo
Noah Dionne
Paddy Dong
Natalia Dumas
Emma Duponte

Yhostin Duran Gil
Mikayla Dutra
Cassandra Ellis
Landon Ellis
Jordyn Erickson
Timmothy Erickson



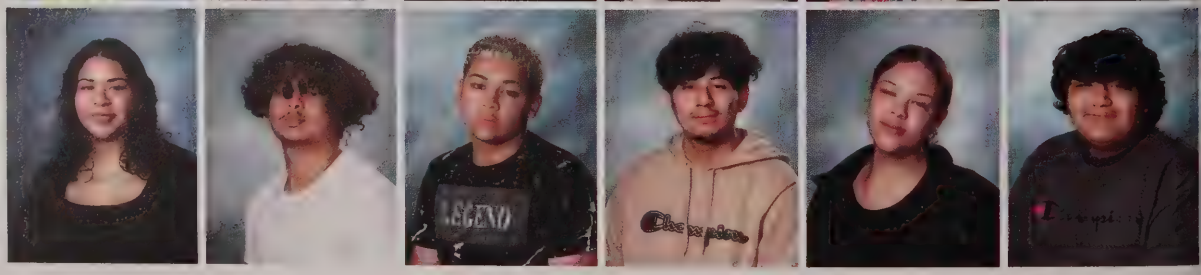
Anthony Estrela
Jensen Farnworth
Cameron Ferguson
Elielis Fermino
Xavier Fernandez
Ameenah Ferreira



Aria Ferreira
Luke Ferreira
Filipe Ferreira Almeida
Alexander Figueroa
Hector Figueroa
Mathew Figueroa

Lexie-Marie FitzGerald
Shanessa Fleurival
Jennifer Fonseca Neves
Vanessa Fontes
Kaylie Forgue
Derek Fountaine

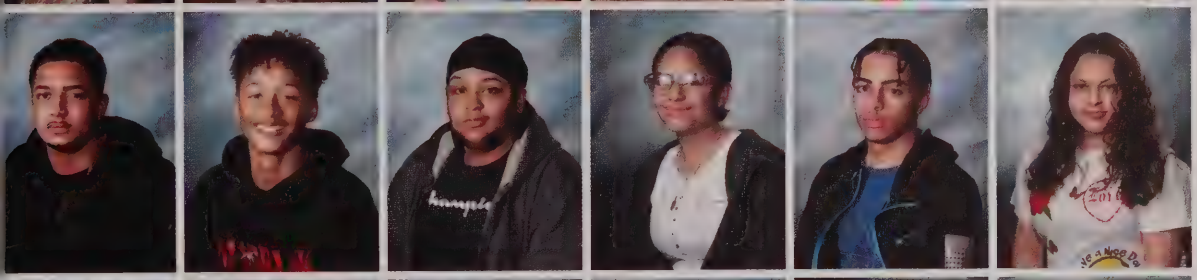
Jennifer Franco
Jonathan Fuentes
Hector Gagot Sterling
Jonathan Galicia Lux
Jordan Garcelon
Christopher Garcia



Destiny Garcia
Donavan Garcia
Kassidy Garcia
Kyana Garcia
Luis Garcia
Dani Garcia Castro

Siriaco Garcia Chingo
Andrea Garcia Merlo
Darwin Garcia Montero
Eusebio Garcia Yat
Owen Garzon
Alexah Geary

Morgan Genereux
Alexia Gibau
Emma Gibney
Dallas Gomes
Juliana Gomes
Ronaldo Gomes



Pablo Gomes Dos Santos
Kevin Gomes-Fontes
Joao Goncalves
Anne-Marie Gonsalves
Michael Gonsalves
Arriana Gonzalez

Janyah Gonzalez
Leticia Gonzalez Reyes
Joseph Goodine
Joshua Gracie
Joey Grant
Marvin Grave Hernandez

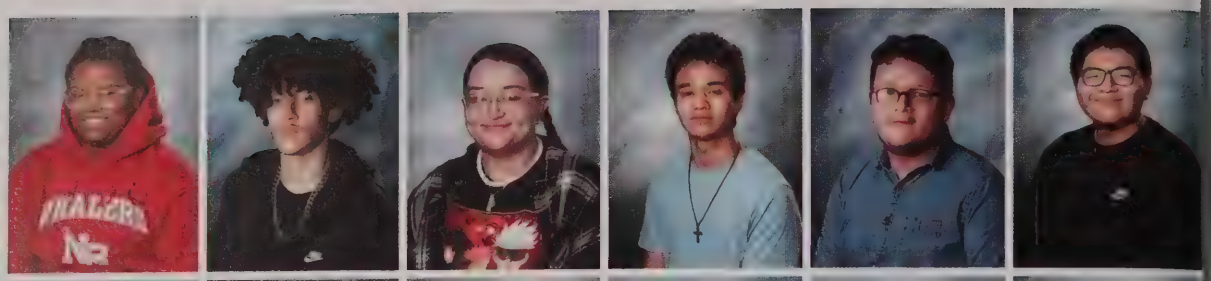
# YOU CAN PUT A PIN IN THAT

*"My mom got me a pin maker. and a couple pin supplies. She showed me how to do it, and ever since that Christmas, I've basically been obsessed. with making them," Sequeira said. "I originally started just making LGBTQ+ flags. It's also the mental-power side of it being, 'I have the power to make anything into a pin. All I need is a photo of it, and I can make it into a pin.' I keep count of it because I love it so much. I have 144, and I've made 143 of them. If we were to count the lanyard as well, I only made two on the lanyard."*

**junior Ender Sequeira**

**PINNED** Juniors Ender Sequeira and Olivia Ramirez-Berry are playing two-player games in their period 4 Journalism class before the bell rang, while Sequeira also listened to music in one of their ears.

Janaeja Greene
James Grilo
Halli Grinnell
Jose Guardado Hernandez
Johnny Guardado Molina
Keneth Guerra Medina

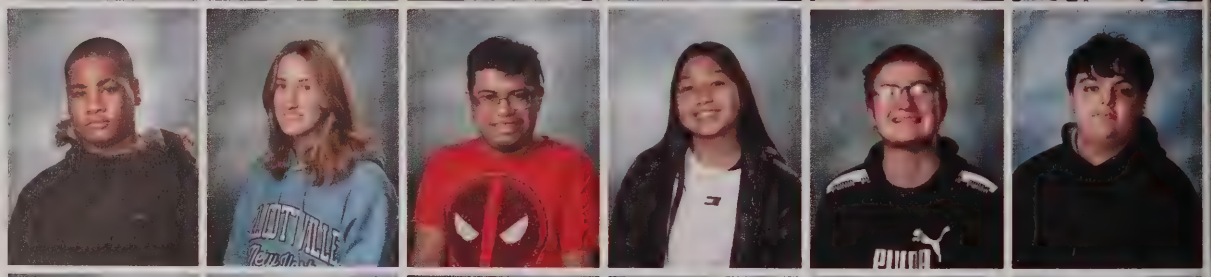


Graisy Guerra Montufar
Jason Guimont
Sharisse Gutierrez
Emilyn Gutierrez Jimon
Heidy Gutierrez Morente
Tayel Guzman

Genesis Guzman Mejia
Zoe Hardy
Jordan Harrison
Emmanuel Hawkins Reynoso
Lindsey Hebert
Jeffrey Hernandez

Diana Hernandez Vasquez
Giandiel Hernandez Vega
Kevin Herrera Cerrato
Arianna Herrera Silverio
Damani Hogan
Emmy Howard

Ty'quan Howard
Annabelle Huston
Samuel Ixcuna
Kimberly Ixcuna Sam
Darien Jack
Eric Jason



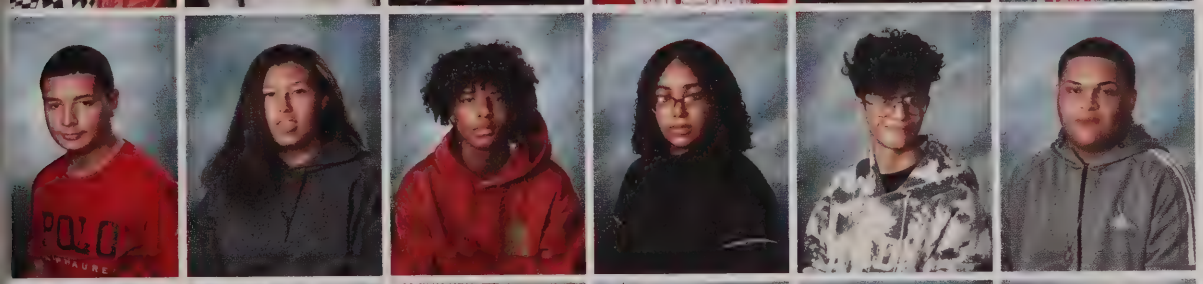
Daniel Jean
Kimberly Jimon-Delacruz
Vilma Jimon Gonzalez
Ashley Johnson
Nafis Johnson
Na'Kaylah Johnson

Samantha Johnson
Sergio Joj Ajpop
Keyanna Jones
Amaya King
Iansel Landron Arroyo
Lea LaPlante

Shayne Lassiter
Jesus Laureano Cepeda
Juan Laureano Cepeda
Joseph Lavoie
Alicia Lazaro Tix
Anthony LeBlanc

Lillie-Marie LeClair
Kevin Leiva
Shane Leon
Ayanna Leon-Barker
Makenzy L'Heureux
Nayara Lima

Celiane Lima Da Cruz Marques
Angel Lin
Isaiha Linares
Christian Livramento
Javion Lloyd
Georgia Logan



Ethan Lopes
Juliana Lopes
Filipe Lopes Dos Reis
Azahlee Lopez
Christian Lopez
Nehemiah Lopez

Elixander Lopez Garcia
Michael Lopez Polanco
Shea Lowney
Jorge Luis Morente
Ava Luiz
Tyler Lyons

# TIPS & STRATEGIES

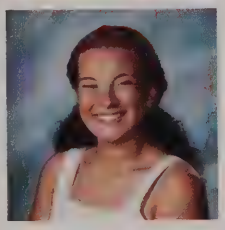
Students from each grade present advice and methods for organizing and learning academic content as well as for surviving high school.

"One tip I would give younger students about studying is to rewrite your notes and to not procrastinate and cram the night before a test."
***senior Tess Tarpey***

"Memorize as much as you can. One tip I have for younger students is to study for short periods multiple days before a test rather than cram studying."
***senior Jenna Nogueira***

"Start studying early on, being consistent and taking it slow to make sure you understand all of it. Try giving someone else a 'lesson' on what you are studying."
***sophomore Meredith Kelly***

analyze the things I need
provement in to pass the
test and understand the
material. Organize the
materials you don't
derstand and study them
in a way that helps you!"
***junior Elielis Fermino***



"When preparing for a test or assignment, I study the material a little bit each day to activate memory consolidation."
***junior Madison Rodrigues***

"I make flashcards and study them every day, and the ones I get right, (I then) study every other day."
***freshman Seth Miller***

Isreal Macias
Jonathan Malave Rodriguez
Lula Manger
Elsa Marcatoma Villa
Luis Maric Ventura
Yerelin Marte Aquino

Nolan Martin
Ruben Martinez
Cassie Martins
Isaiah Martins
Melody Massa
Mearah Mateus

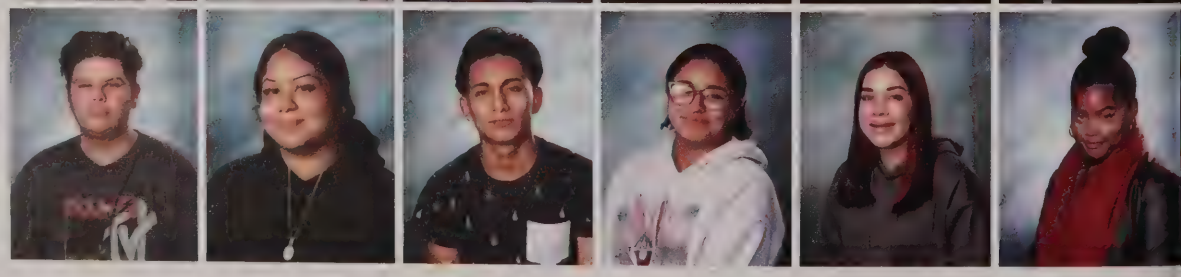
Alfredo Matias Blanco
Isdaniell Matias Ortiz
Josselin Matute Alvarenga
Ciarra Medeiros
Samantha Medeiros
Angel Medina

Yethziel Medina O'neill
Petronila Mejia Saquic
Cristian Mejia Sicaj
Josias Mejia Tix
Hailey Menard
Nysiah Mendes

Gabriel Mendes Albertini
Edvania Mendes Lopes
Marisol Mendoza
Katerin Menjivar Martinez
Yanitza Metivier
Lucas Meyer

Samiyah Miller
Sara Milosek
Lauren Mitchell
Cameron Molleo
Julean Monteiro
Makaila Monteiro

Jonathan Mooney
Analyz Morales
Mardoqueo Morales Chitic
Jayce Morales-Lopez
Fabiana Morales Ramos
Xaneth Morales Rochez



Noraysha Morales Roman
Isabel Morck
Brandon Moreira
Angel Moreno Velasquez
Andrea Morente Chijal
Ryder Mulkern

Kenry Myrthil
Savannah Nascimento
Kaylana Nelson
Taelyanna Neves
Kayla Nicolas
Garibeth Nieves

Devin Nobrega
Jalysa Noriega
Diana Noyce
Leida Nunes
Ketsia Nyonga
Madisyn O'Keefe

Aden Oliveira
Maria Oliveira
Jessy Orellana
Dayanara Ortiz Martell
Gabriel Ortiz Otero
Madison Pacheco

Leslie Padilla
Wesley Padilla Solano
Nathan Page
Jessica Panjoj-Canil
Juan Panjoj Suy
Sandra Panjoj Tiniguar

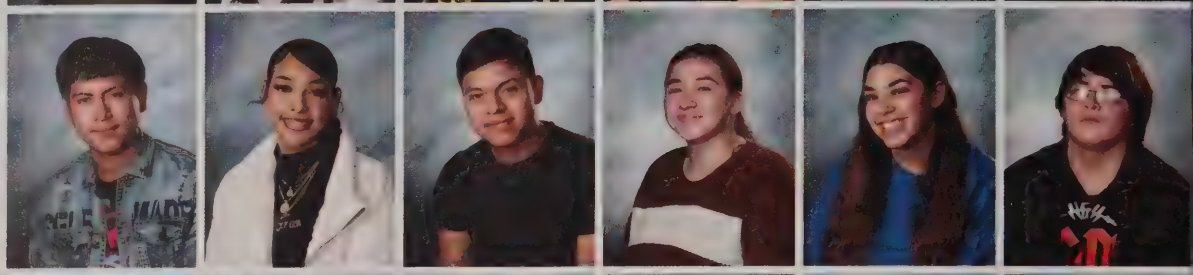
# I AM _____

Juniors were given this prompt: *Fill in the blank. "I am __. Respond with as many options as you want."* Here are some responses.

***Halli Grinnell:*** I am work-driven.
***Diana Hernandez:*** I am strong.
***Devon Valente Costa:*** I am R.E.A.D.Y.
***Ricardo Araujo:*** I am strong, smart, honest.
***Hayleigh Chenard:*** I am strong.
***Jacob Borges:*** I am respectful.
***Joey Grant:*** I am well-groomed.
***Andrea Pena Jimenez:*** I am happy.
***Carlos Collazo:*** I am responsible and successful.
***Alex Lopez:*** I am creative and smart.
***Ethan Lopes:*** I am creative.
***Kevin Luis Quino:*** I am happy every day.
***Elixander Lopez Garcia:*** I am vengeance.
***Axel Rivera:*** I am Axel.
***Analyz Morales:*** I am tired.
***Stefani Campbell:*** I am nice. I am friendly. I am supportive.
***Alex Morrow:*** I am creative, aspiring, kind, and intelligent.
***Leticia Garcia:*** I am confident.
***Dallas Gomes:*** I am handsome.
***Tayel Guzman:*** I am strong.
***Javion Lloyd:*** I am respectful.
***Scarlett Quiterio:*** I am independent.
***Jose Ayala:*** I am supportive, helpful.
***Luis Cirino:*** I am that dude
***Jymal Etienne:*** I am Black.
***Juliana Lopes:*** I am strong, responsible, prideful, human, determined to win at the game of graduation. I am everything and more.. I'm a leader, a student, a young adult. I am many things, I am an actor, singer, performer, athlete, daughter, mother figure + I'm just a whole handful.
***Aiden Carter:*** I am myself.
***Mileny Gonzalez Montanez:*** I am pretty, smart, outgoing, confident, understanding.
***Janpier Medina:*** I am your father.
***Orlando Vieira da Silva:*** I am a proud member.
***Haley Perry:*** I am respectful, great listener.
***Frenche Carrasquillo:*** I am for me, my personally, myself. regardless of other peoples opinions.
***Diana Machado:*** I am trying my best.

Jan Parrilla Muriel
Megha Patel
Aubrey Paulo
Andrea Pena Jimenez
Braxton Pennington
Leticia Pereira Garcia

Miguel Perez Colaj
Anyeli Perez Delgado
Alex Perez Quino
Haley Perry
Kassidi Perry
Riley Perry



Sophia Perry
Liliana Phaneuf
Dekotah Pimentel
Evan Pimentel
Wendy Pineda
Fernando Polanco

Manuel Portillo Barrera
Angel Posey
Sanaiyah Posey
Gabriela Posligua Cedeno
Demarko Pratt
Sergio Quiac

Rayan Quiles
Reina Quinilla-Perez
Samantha Quinones
Scarlett Quiterio
Benjamin Racine
Olivia Ramirez-Berry

Danny Ramos
Isabella Ramos
Jonathan Ramos
Nancy Ramos
Asiya Ransom
Alexis Rebello

Elijah Rego
Nicholas Resendes
Javier Reyes
Jonathan Rhames
Saray Rios
A'jay Rivera

Angeliette Rivera
Carmelo Rivera
Thalia Rivera
Yaneshka Rivera
Jadyelis Rivera Rodriguez
Alejandro Rivera Rohena

Zaira Riz Ruiz
Damarius Roberts
Ivan Robledo Espana
Isaiah Rocha
Troy Rocha
Colin Rodrigues

Edmilson Rodrigues
Madison Rodrigues
Jeannya Rodriguez
Kaidyn Rodriguez
Micaya Rodriguez
Jeremy Rodriguez Ramos

Esbin Rojop-Lux
Geovane Rosa
Melanie Rosado Rodriguez
Jayson Rose
Tyler Rossi
Juan Rubio Zepeda

Maria Rubio Zepeda
Nelson Ruiz Ajqui
Anderson Ruiz Garcia
Tamishka Ruiz Guzman
Maria Sam Lucas
Aaron Samuel

# FAVORITE CHILDHOOD MOVIE?

***sophomore Kayleah Matos***
School of rock
*"One, cause Jack Black is my favorite actor. Two, it was a big influence on my dream of becoming a vocalist and starting a band when I grew up, which I did!*

***junior Arriana Gonzalez***
"The Princess and the Frog
*"Watching this movie showed me if you work hard you can achieve any dream or goal you set for your self. Determination is key."*

***senior Johnathan Fernandes***
"Kung Fu Panda"
*"Who doesn't like Jack Black? Also, it's a funny movie."*

***senior Marvin Molina***
"Cars"
*"It's a very iconic movie."*

***freshman Dylan Caron***
"Star Wars: Return of the Jedi"
*"The light sabers -- I always wanted my own real one because I found them cool."*

***ELA teacher Derek Resendes***
"Toy Story"
*"I always wanted to believe my toys were alive, too."*

***sophomore Ethan Cohen***
"WALL-E"
*"The movie is very interesting."*

***freshman Ashira Price***
"WALL-E"
*"Because they're so cute, and even though WALL-E himself doesn't talk much, they are so cute together. That's love. No more. No less."*

***junior Wilbens Cine***
"The Lion King" and "The Lion King Part 2: Simba's Pride."
*"These are my favorite movies because they remind of the times I would stay up late at night rewatching them over and over again."*

***history teacher Joe Twomey***
"National Lampoon's Christmas Vacation"
*The whole movie is hilarious. Classic American comedy with Chevy Chase in his prime.*

***APEX teacher Emily Alves***
Aladdin
*"Funny movie, great songs!"*

***ELA teacher Sandra Couto***
"The Wizard of Oz"
*"It used to come on the television only once a year, so I have fond memories of sitting in front of the TV every year waiting for it to come on."*

Adelina Sanches
Angelina Sanchez
Shylah Sanchez
Yandel Sanchez Rohena
Shadae Sang
Luis Santana Tinoco

Nikolas Santiago
Jeanlianys Santiago Alvarez
Benjamin Santiago-Rivera
Natasha Santiago Rosario
Jonathan Santos
Mason Santos

Naydeliz Santos Quezada
Yaniksei Santos Rodriguez
Haylee Saquic Ordonez
Justin Saunders
Edenilson Semedo
Jared Seney

Ender Sequeira
Elijah Serrano
Rafael Sierra
Jonathan Silva
Tyreeque Silva
Akil Silva-Parson

Evelyn Silva Perez
Jacob Simonton
Madison Soares
Mayra Sofia Soares
Jhon Sorto Benites
Cayden Sousa

Mariana Sousa
Nicolau Sousa
Cody Souza
Geovana Souza
Gia Souza
Nathaniel Stafford

Alex Suy Nas
Joshua Sylvia
Juliajah Teixeira
D'angelo Tejeda
Alexia Thompson
Ondrae Thompson

Edy Tino Tzoy
Jessyca Titla Mora
Jose Tono Coxic
Jade Torres
Jael Torres
Jaime Torres

Julie Torres
Layla Torres
Nimarys Torres
Wilvelisse Torres
Dilainy Torres Inoa
Devon Valente Costa

Alexis Valentin
Felix Vargas
Jonathan Vargas Martinez
Yiraliz Vargas Oquendo
Juliana Vaughan Genereux
Ashanty Vazquez

John-Nea Vazquez
Johnnyel Vega
Maximiano Veiga Gomes
Isaias Velez
Juan Velez Torres
Juanito Ventura Lazaro

Felix Vicente Mendoza
Christopher Vieira
Orlando Vieira da Silva
Jimmy Villanueva
Nadia Villanueva
Jerry Vongsouna

Aaron Watts-Pine
David West
Inaya Wilde
Chanel Williams
Treajah Williams
Jayden Woodbury

Prince Kionnaje Wright
Abby Zhang
Yojan Zuleta Areiza

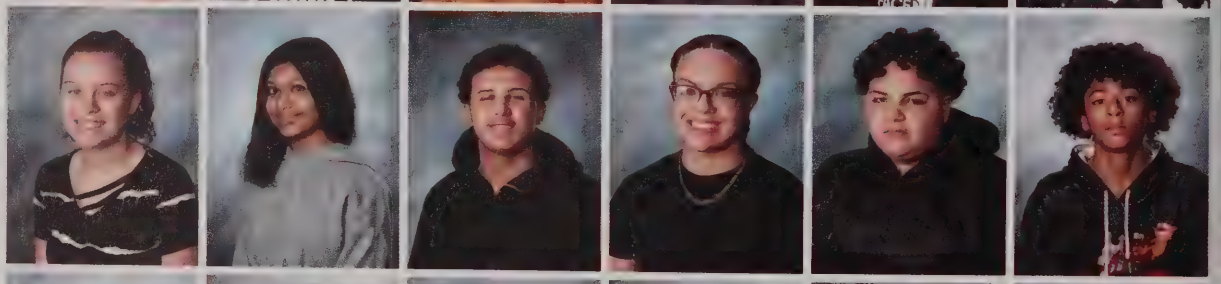
# CLASS OF 2025
# Sophomores

Jonathan Abarca Quinonez
Avah Acevedo
Candislee Acevedo
Kyanda Acheampong
Cibele Agostinho De Souza De Sa
Rivaldo Aguilar Lopez

Roberto Aguilar Lopez
Wilson Alberto Mejia
Elijah Allende Driscoll
Ma'kyah Almeida
Yedriel Alomar Guzman
Carlos Alvarado Garcia

Yaritza Alvarez-Ayala
Daniel Alves
Jasmin Alves
Kaleal Amado
Afonso Amaral
Ayvianna Amaral

Nevaeh Amaro
Aaliyah Anacleto Francis
Diomar Anaya Colon
Zaria Anderson
Abilio Andrade
Kaydence Andrade



Laura Andrade
Leandro Andrade
Brandy Andrade Aguiar
Maby Andrade Ayala
Djamila Andrade Da Silva
Savanna Angelini

Antonio Aponte
Elaina Arce
Edzel Arroyo
Christofer Arruda
Nicholas Arsenault
Alexander Aulston

Luidgi Avelino
Mathew Ayala
Keilyn Ayala-Lopez
Jael Baez
Darrius Baptista
Isaiah Baptista

Djeison Barbosa DePina
Brandon Barrera de la Cruz
Kyle Benevides
Owen Bennett
Anette Bennett-Tucker
Alexis Bentley

Steven Bernardo
Nathan Bickett
Chasity Bizzarro
Jordan Blackwell
Hannah Blanchard
Haider Bokhari

Maya Braz
Ashmedai Briggs
Averi Brown
Jalen Brown
Edailyn Bueno Abu
Joshua Burgo

# MULTILINGUAL

The school had a large number of students who could speak two or three languages, and some even more.

"I speak Hatian Creole, French, English, and Spanish. I grew up speaking two of those in Haiti: Creole and French. I learned Spanish from my family. I learned English when I moved to America." ***senior Muphaella St Felix***

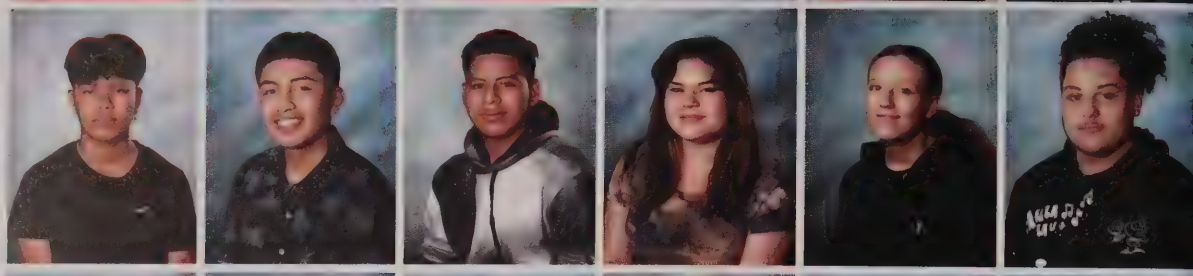
"I can speak three languages: Creole, Portuguese and English. I speak English to communicate with family and friends that live here in the USA." ***senior Carla Barros***

"I speak four languages: Creole , Portuguese, Spanish and English. I speak them because two of them are my native languages (Creole and Portuguese), and the other two I learned because I moved to America." ***junior Naria Soares***

"I speak two languages, and they are Bengali and English. Bengali is my native language." ***junior Sheikh Rafi***

Na Rya Burgos
Toni Busby-Filkins
Carlos Cabral
Keira Cabral
Heilie Cabrera
Amilcar Cahuec Olmos

Mauro Cahuec Sam
Edvin Calachij De La Cruz
Francisco Calel Osorio
Yemaillie Camacho
Amiyah Campos
Jonathan Campos

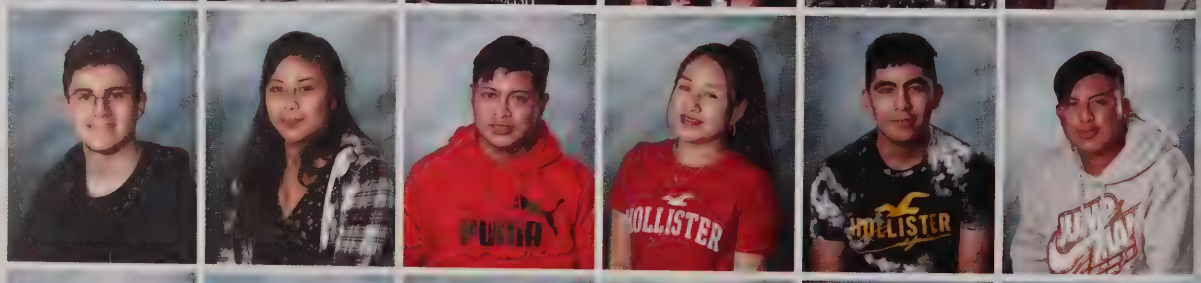


Tomas Canil Panjoj
Kaila Cardona
Noah Cardoso
Angel Carmenatty
Luis Carreras Rivera
Elisama Carrillo Tomas

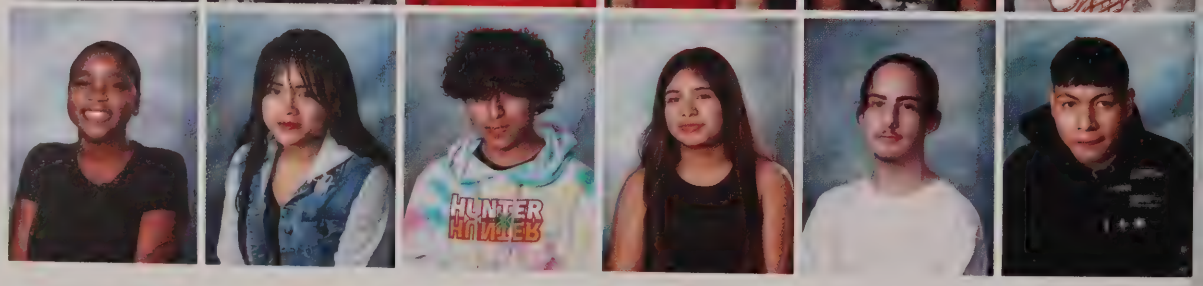
Ayden Carter
Aiden Carvalho
Taya Carvalho
Joseph Castelo
Andy Castro
Jaylin Castro

Jazmyn Castro
Davon Centeio
Armando Chacaj Chacaj
Petronila Chach Chijal
Genaro Chach Ixcuna
Mia Charbonneau

Dylan Charest
Reyna Chingo Chingo
Rolando Chingo Chingo
Sandra Chingo De La Cruz
Oscar Chingo Gutierrez
Harold Chun Olmos




Didlay Cine
Martina Ciprian Cosme
Alex Ciprian Ixcuna
Maria Ciprian Tzoc
Ethan Cohen
Juan Colaj Chach



Mia Colangelo
Jayliana Collazo
Noah Collins
Tristen Collins
Emily Colon
Luis Colon

Kaizyon Colton
Braedin Cook
Erica Coombs
Caitlyn Cordeiro
Adrian Coreas Orantes
Adrian Correia

Leidy Correia Fortes
Isack Cortes
Jacenia Cortes
Alexis Cote
Olivia Cousins
Mauricio Coxic Velasquez

Trevor Cruz
Jean Cruz Torres
Brayan Cuc Ramos
Lily Cummings
Abner Cun
Vanessa Cunningham

Emily DaCosta
Liliahna DaCosta
Tatiana DaCruz
Yasmin Da Cruz Hrecek
Juliana Da Lomba
Jazmine Dapice

# WHO ARE WE AS WHALERS?

"A family of people from different backgrounds."
***sophomore Anette Bennett-Tucker***

"We are a team working to get the same goals into graduating or to help students graduate."
***sophomore Olivia Simonton***

"Good people."
***sophomore Luis Morales***

"We are a school, and a support system for all students and we are proud to be Whalers!"
***sophomore Jaelyn Rodericks***

"We are the students of NBHS and are the head and production as we go through and experience the teachers and staff which mold us into Whalers."
***sophomore Joao DeSouza***

"We are a family who should strive towards unity and love for each other."
***sophomore Maya Ferbert***

"We are students who come to school to learn and get a good education."
***sophomore Ja'Naiya Matthews***

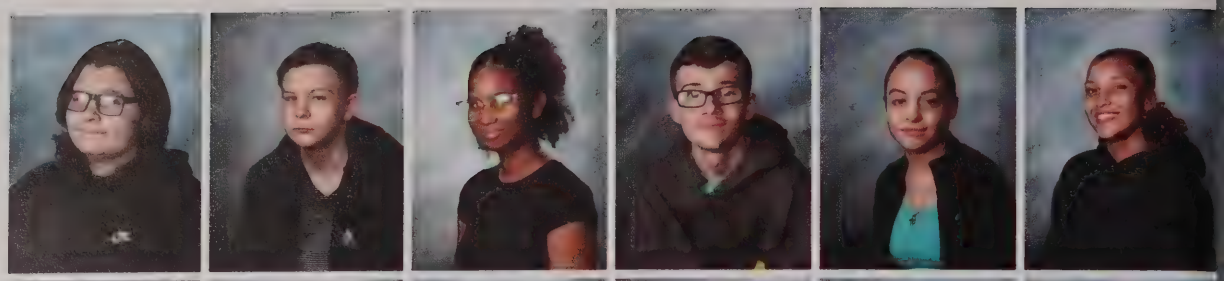
"As a Whaler, we are a family."
***sophomore Nirline Dieu***

"We are the best."
***sophomore Halayna Pittsley***

"We as Whalers are strong, smart, and athletic."
***sophomore Jucele Lee***

"Members and family of this school."
***sophomore Kayden Coombs***

Cameron DaRosa
Christian DaSilva
Cintia DaSilva
Jason DaSilva
Jazelle DaSilva
Sariah DaSilva



Nathan DaSilva Amaral
Gabriel Da Silva Lopes
Virginia DaSilveira
Silas DaVeiga
Angel DeBarros
Djaylah DeCarvalho

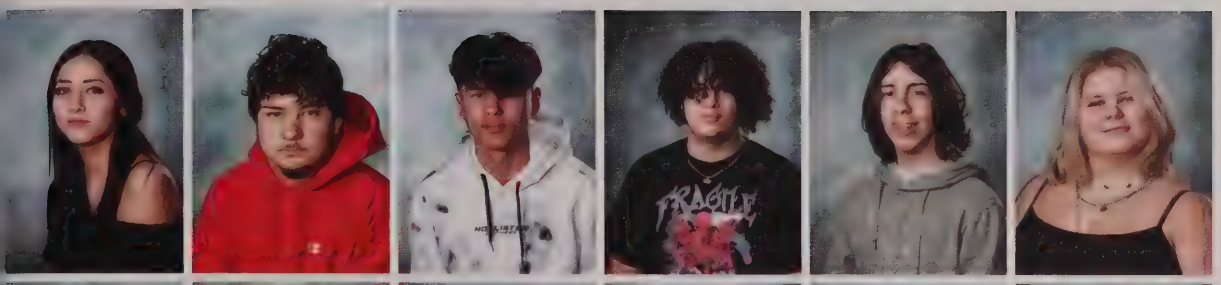
Audra Dedrick
Keysson De La Cruz Carela
Lidia De La Cruz Garcia
Shanira Deleon-Grave
Siaralyz Delgado
Omayra Delgado Torres

Alejandro Del Rio
Harold DelValle
Dominic DeMello
Michael Demelo
Maura DePina Diniz
Tatiana DesJardins

Isaiah DeSouza
Joao DeSouza
Donovan Diaz
Elijah Diaz
Dereck Diaz Camacho
Yeiniliz Diaz Reyes

Nirline Dieu
Lisanny Dijol Quezada
Mah Liyah Dos Santos
Liandro DosSantos Alves
Brooke Downing
Quintiyah Drummer

Trayvaughn Duane
Jadaley Duarte
Linda Duarte
Sophia Duarte
Albert Duran-Guardado
Akyra Eagan



Jelitza Enamorado
Alexis Escobar Velasquez
Juan Estrada Pena
Dominic Faria
Xander Faria
Maya Ferbert

Jexel Ferera Solano
Jayla Fermino
Carlos Fermino Do Rosario
Juliana Fernandes
Nurian Fernandes
Jayverie Fernandez

Kenairys Fernandez Ortiz
Paula Ferreira
Yuri Ferreira Hrecek
Deborah Ferreira Urbano
Luis Ferrer
Yanira Figaro

Jazmin Marie Figueroa
Acelyn FitzGerald
Nyron Foster
Davon Fountaine
Nolan Fox
Sean Fox

Robert Francis
Rigoberto Franco Hernandez
Aidyn Frates
Hakim Freeman
Skyla Freitas
Danielle Frost

# I AM _____

Sophomores were given this prompt: *Fill in the blank. "I am __. Respond with as many options as you want."* Here are some responses.

***Elliott Talley:*** I am Black.
***Angel DeBarros:*** I am Cape Verdian, a basketball player, a student, passionate, caring.
***Halayna Pittsley:*** I am broken.
***Elijah Camacho:*** I am annoyed and sick of this place.
***Luis Carreras Rivera:*** I am tall.
***Na Rya Burgos:*** I am smart.
***Luis Vergara:*** I am super cool.
***Nirline Dieu:*** I am nice.
***Anette Bennett-Tucker:*** I am athletic.
***Hector Hernandez-Ajqui:*** I am great, amazing, excelling, fantastic, incredible, wonderful.
***Stella Teixeira:*** I am smart, pretty, talented, capable, determined, kind.
***Joshua Burgo:*** I am strong.
***Xavier Jimenez:*** I am strong.
***Rachel York:*** I am nice, and smart.
***Edgar Rivera Rodriguez:*** I am respectful.
***Jordan Santiago:*** I am tired.
***Jazmyn Castro:*** I am respectful.
***Olivia Simonton:*** I am strong, kind, creative, artistic, smart, intelligent, funny.
***Maya Ferbert:*** I am proud of myself, happy.
***Jucele Lee:*** I am a soccer player, a track & field star, a digital artist, an athlete, and intelligent student.
***Acelyn FitzGerald:*** I am conscientious of my work.
***Jaelyn Rodericks:*** I am responsible and determined.
***Chasidi Santos:*** I am hilarious.
***Jaliyah Perry:*** I am nice enough.
***Edy Guarcas Tiniguar:*** I guess good.
***Ja'Naiya Matthews:*** I am hardworking, funny, helpful.
***Joao DeSouza:*** I am a Whaler, a student, a human.
***Nile Monteiro:*** I am funny, and athletic.
***Linda Duarte:*** I am creative.
***Carlos Cabral:*** I am strong.
***Luis Morales Quevedo:*** I am a respectful man. I am strong.
***Marina Orellana Flores:*** I am quiet.
***Ander Reyes:*** I am aware of my surroundings.

Angelina Furness
Kylee Furtado
Ava Gajewski
Elvis Garcia
Jorge Garcia
Yerson Garcia Ajqui

Rene Garcia Alfaro
Elvin Garcia Flores
Wendy Garcia Gomez
Tyler Gaspar
Shaidyn Gelmete
Darlene Gibau

Blake Gomes
Jahmai Gomes
Miguel Gomes
Sandrine Gomes Fernandes
Alaine Gomes Pereira
Jeremy Gomez

Miguel Gomez Ciprian
Junior Gomez Gutierrez
Irma Gomez Heranadez
Catarina Gomez Ixcuna
Edgar Gomez Jimon
Vicky Gomez Saquic

Lily Gonet
Angel Gonsalves
Jamil Gonsalves
Marquize Gonsalves
Brianna Gonya
Noah Gonzales

Sandra Gonzales Tix
Jarren Goodine
Collin Goodwin
William Goyette
Zania Grace
Fin Gracia

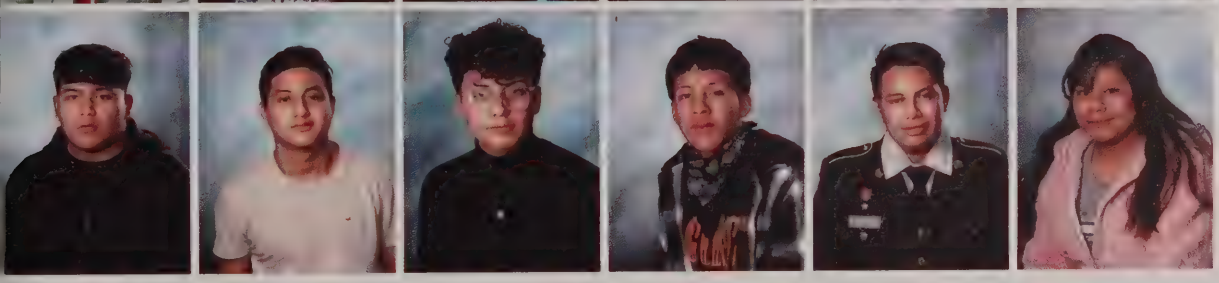
Wendy Grave De La Cruz
Luis Grave Lopic
Elmer Grave Morente
Ayden Gray
John Green Nunez
Oliver Guilfoyle

Pedro Gutierrez Guarcas
Nataly Gutierrez-Jimon
Misael Guzman
William Guzman
Matiallah Hakimi
Samiullah Hakimi

Alaysia Hall
Jack Harding
O'neil Harris
Mariam Hasab
Camerin Haskell
Emily Hebert

Noah Hernandez
Hector Hernandez-Ajqui
Leandra Hernandez Argueta
Laura Hernandez Guardado
Gabino Hernandez Hernandez
Fredy Hernandez Ixcotoyac

Jessica Hernandez Tino
Jimena Herrera Alvarenga
Paige Heyes
Lonnell Hodges
Amari Holley
Lusiano Inoa



Mario Eduardo Ixcuna
Wilson Ixcuna Choc
Alex Ixcuna Colaj
Araba Ixcuna Colaj
Pedro Ixcuna Matzatz
Maria Ixcuna Olmos

# SUPER MARIO FAVORITES

Students talk about their favorite characters from the classic video game, which also say a film adaptation released in April.

"Dry Bones because he's cooler than everyone else and I win with him a lot." ***senior Aiden Adao***

"Princess Peach because she's slay, and she's a girlboss and is a good influence for younger girls." ***senior Anisa Tavares***

"Yoshi because he's amazing, and he's one of my favorite characters, and I also have a Yoshi backpack." ***sophomore Halayna Pittsley***

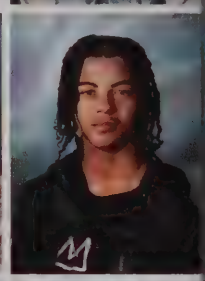
"I like playing as Bowser since he's villain and he's cool to play as." ***senior Jean Santiago Marrero***

Dulce Ixtuc Simaj
Hugo Jacob Reig
Mercy Javier
Lequinn Jean-Bautiste
Matthew Jean Francois
Alyssa Jenkins

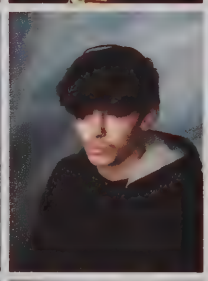
Dave Jeune
Saul Jiatz Xep
Brian Jimenez
Marco Jimon Ajqui
Christopher Johnson
Julez Johnson

Brody Jones
Jordan Jones
Sheldyn Jones
Jaydin Jorge
Nuno Jorge
Angel Jorge Tinguar

Diego Julian Castro
Owen Jupin
Elijah Justiniano
Ava Kaplan
Charlotte Kelley
Joniel Kelly

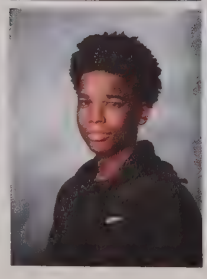


Meredith Kelly
Cody Knight
Jordan Lacerda
De Andre Langford
Alexander Laureano
Cosme Lazaro Chach



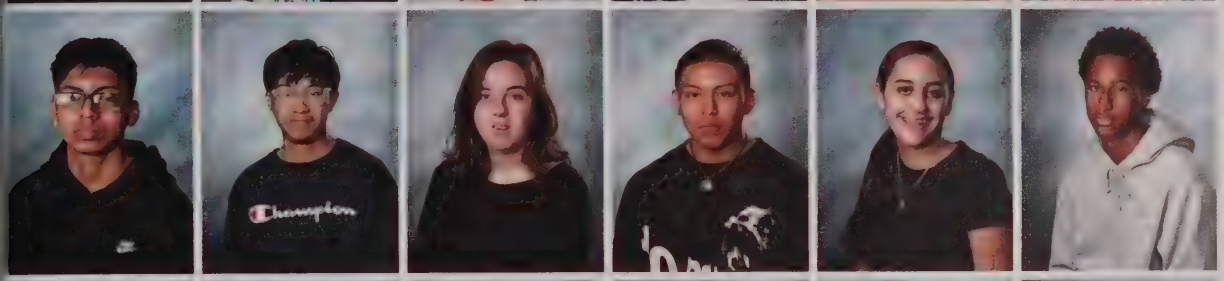
Lesvia Lazaro Maric
Isidro Lazu
Jucele Lee
Joshua Leeber
Tomas Leite Rego
Seth Lemos

Evrard Leonidas
Elyce Lewis
Makaiya Lewis
Jovanney Lima
Melissa Lima Gomes
Altaya Lincoln



John Lobo
Violet Lopes
Erico Lopes Rodrigues
Amaria Lopez
Braeden Lopez
Daziah Lopez

Erick Lopez
Amarilis Lopez Centeno
Josseline Lopez Marquez
Karen Lopez Marquez
Yoselin Lopez Melendez
Abigail Lopez Morales



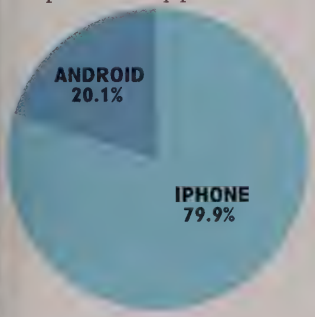
Cristian Lopez-Pacheco
Eddy Lucas
Trinity Luiz
Carlos Lux
Kelsey Macaroco
Jerson Macedo

Margaret MacRamos
Evan Madeira
Nevaeh Magalhaes
Nevaeh-Sky Mahon
Jose Manuel Rodriguez
Eric Maocha-Medeiros

Misael Maric Ixcuna
Gerson Maric Zuniga
Keira Marlowe
Jack Marshall
Chanteal Martin
Alexandra Martinez

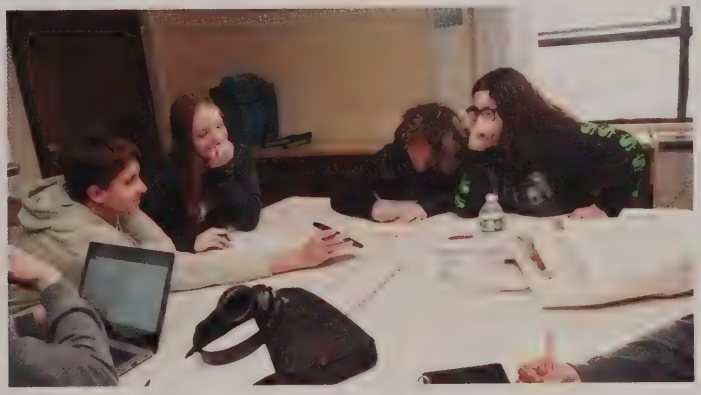
# IPHONE OR ANDROID? NO CONTEST

Nearly four out of every five prefers Apple.




**IPHONE** Junior Cody Souza said, "I have an iPhone, and I like how I can use siri to do certain things for me."

**SHARING AT THE TABLE** Students share around an image at the table with their friends for a laugh.



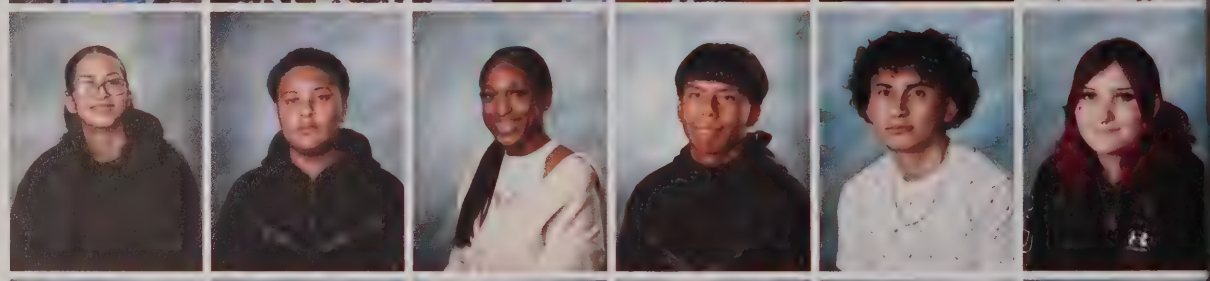
Gyanni Martinez
Lizmarie Martinez Ortiz
Dakota Mathieu
Juana Matias Blanco
Kayleah Matos
Ja'Naiya Matthews

Devon McCarthy
Madison McClendon
Tilly McKay
Sonia McKeehan
Brandan McKenna
Thaw Means

Yosalin Mechen
Cameryn Medeiros
Jiselah Medeiros
Daivien Medina Sanabria
Ezequiel Medina Ventura
Katerin Mejia Morales

Nahun Mejia Orellana
Abel Mejias
Lesbia Mejia Tzoc
Jefferson Melendez Martinez
Ezekiel Mello
Lauren Melo

Destiny Mendes
Dominic Mendes
Ivanixaly Mendez
Marvin Mendez-Gomez
Gilbert Mendez Miranda
Alexis Mendoza



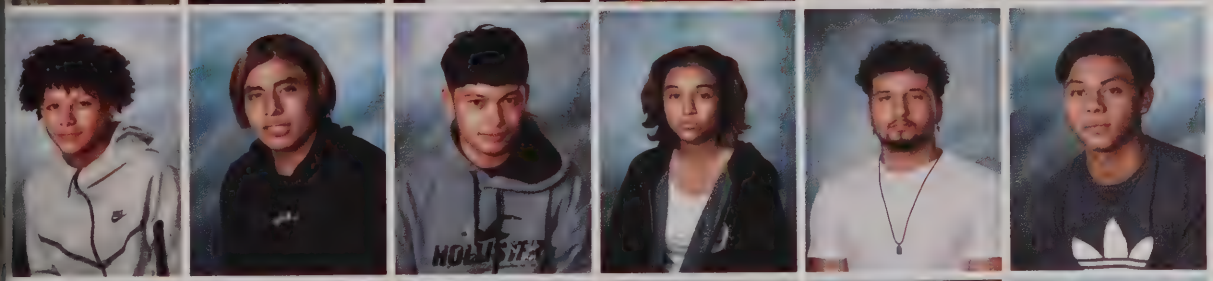
Tomas Mendoza Mulul
Rolando Miranda
Kimberly Mitchell
Tommy Mok
Nelson Molina
Loany Molina Mejia

Kaileb Monteiro
Kasandra Monteiro
Nile Monteiro
Admilson Monteiro Da Silva
Alexander Monteiro Macedo
Leidino Montrond

Winnitu Montrond
Renata Morais Sousa
Jose Morales Mendez
Zoila Morales Perez
Luis Morales Quevedo
Grecencio Moreno

Kimberly Moreno-Mejia
Hoscar Morente
Luis Morente de Leon
Madalena Morris
Nicholas Muras
Josue Murillo Pacheco

Abigail Nelson-Binienda
Shane Neves-Medeiros
Zulianis Ocasio Rodriguez
Jaylah Ojeda-Paul
Michael O'Leary
Elijah Oliver



Taetum Oliver-Agee
Domingo Olmos Colaj
Oliver Ordonez Garcia
Marina Orellana Flores
Erick Ortiz Robles
Yobany Ortiz Saquic

Yanieliz Osorio
Robin Overstreet
Jamie Pacheco
Jaydin Pacheco
Samantha Pacheco
Neftali Pacheco Cac

# PODCASTS WHAT DO YOU LISTEN TO?

Learning new stuff is just another advantage of listening to podcasts. Students shared the podcasts they listened to when they had leisure time.

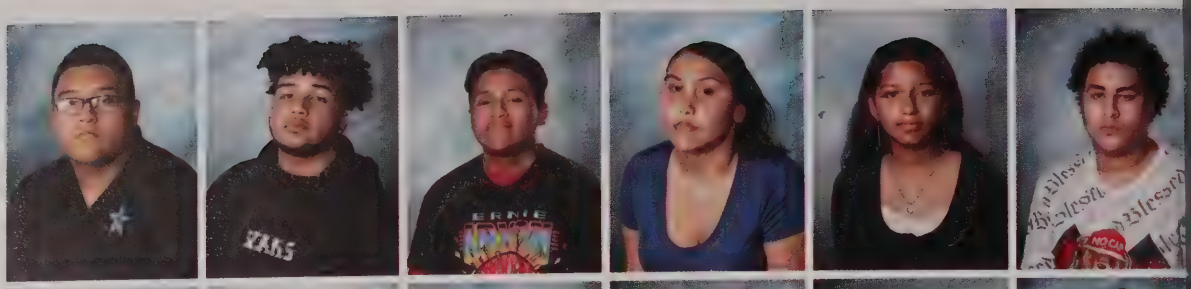
It's called 'You Should Know.' It's all comedy, d I think it's hilarious." *:enior Nazeah Torres Crespo*

"I like listening to Crime Junkies since I love true-crime podcasts." *senior Jake Gioiosa*

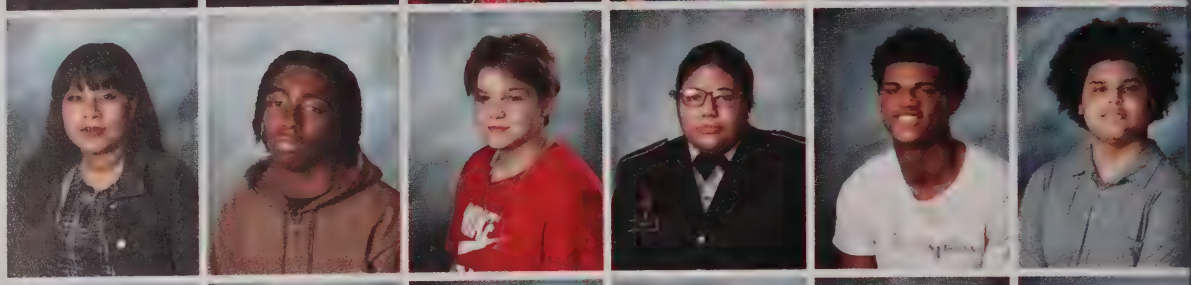
umpers Jump.' I like it ecause it's funny and it as conspiracy theories and goes over documentaries like murder or current news." *junior Nicolas Santiago*

"'We Said What We Said,' with Rickey and Denzel. They keep it real throughout the podcast, and they are inspiring." *junior Kayla Nicolas*

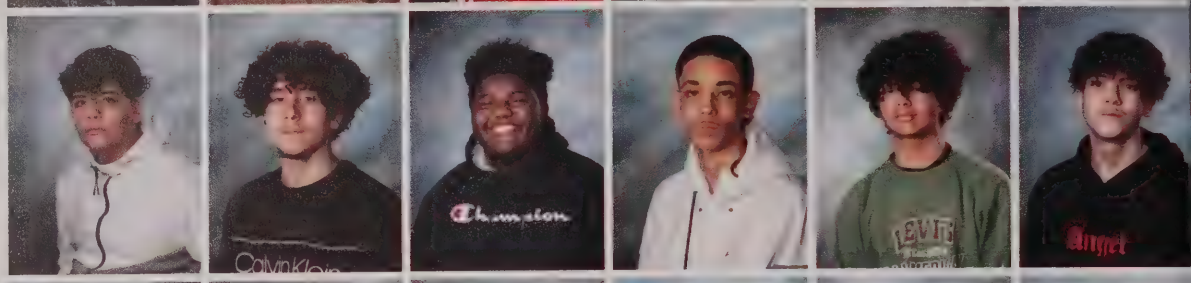
Carlos Pacheco Diaz
Raymond Paniagua Castillo
Tomas Panjoj Suy
Lyanne Papadourakis
Leila Paris
Justin Pascali Ferrer



Marcelina Pascual Saquic
Clayton Pastor Norales
Skyla Pelletier
Brittany Pena
Jartavis Penro
Angelo Peralta



David Pereira
Mathew Pereira
Raul Pereira
Victor Pereira Barros
Joao Pereira Dos Santos
Anthony Perez



Dieshka Perez
Victoria Perez Neris
Alex Perez Pacheco
Zoila Perez Pacheco
Jose Perez Valdez
Jaliyah Perry

Jason Perry
Michael Peters
Giovonni Phillips
Djoudmie Pierre
Anjalique Pina
Alisha Pires

Angelica Pires Stephens
Halayna Pittsley
Annais Polanco
Eva Politano
Emma Przybysz
Jayrianie Pujols Ortiz

Amber Purcell
Angel Quiej Garcia
Victoria Quiles
Aura Quino Garcia
Ashly Quino Sicaj
Justin Quintanilla Dominguez

Francisco Quixtan Sajbin
Alexandra Racicot
Janahaira Ramos
Nyema Ramos
Yelson Ramos Cabrera
Irma Ramos Guico

Timoteo Ramos Jax
Kelvin Ramos Motta
Cy Raposo
Gaetan Raymond
Isaiah Raymond
Nicholas Rebello

Ander Reyes
Ivelys Reyes-Gonzalez
Kayda Ribeiro
Melissa Ribeiro
Miroel Ribeiro DosSantos
Joenelis Ribot Irizarry

Emily Rivas
Jonathan Rivas
Katherine Rivas
Julio Rivas Guardado
Kizumi Rivas Rivera
Stephanie Rivas Rodriguez

Janiel Rivera
Jayden Rivera
Yaneliz Rivera
Yessury Rivera
Cid Rivera Mercado
Bryana Rivera Morales

# PHOTOS WE LOVED

**STRINGS** During the winter concert in the Philip Bronspiegel Memorial Auditorium, orchestra students perform.

Zairilys Rivera Rivera
Edgar Rivera Rodriguez
Leslianny Rivera Rohena
Edgar Rivera Serrano
Selvin Riz Canil
Mirna Riz Morente

Rhondo Robinson
Tyler Robinson-Santos
Kyrell Robles
Jaelyn Rodericks
Kylie Rodericks
Brooklyn Rodrigues

Richard Rodrigues Lima
Angilee Rodriguez
Estiffany Rodriguez
Georgina Rodriguez
Jahnia Rodriguez
Neysha Rodriguez Garcia

Scarleth Rodriguez-Mejia
Carlos Rodriguez Miranda
Yanci Rodriguez Rojas
Justin Kamelia Roman
Kiana Roman
Cristal Roman Crespo

Anyih Romero
Isai Romero Cepellan
Nicholas Rosa
Jetzibehl Rosario
Izaiah Ruiz
Elmer Ruiz Ajqui

Zulmy Ruiz Garcia
Jessica Ruiz Gomez
Alexander Rustand Miguel
Ashlynne Rysz
Israel Sajbin Vicente
Vivian Salazar Lopez

Amir Salih Tavares
Mario Sam De Leon
Lilliana Sanchez
Angely Sanchez Rivera
Tania Santana
Johann Santiago Colon

Angelybeth Santiago Gonzalez
Yalecia Santiago Mojica
Armani Santos
Chasidi Santos
Fernando Santos-Castro
Yesili Santos-Quiroa

Nery Saquic Yax
Dylan Sarkes
Aden Saunders
Jayden Saunders
Berta Semedo
Yara Semedo Furtado

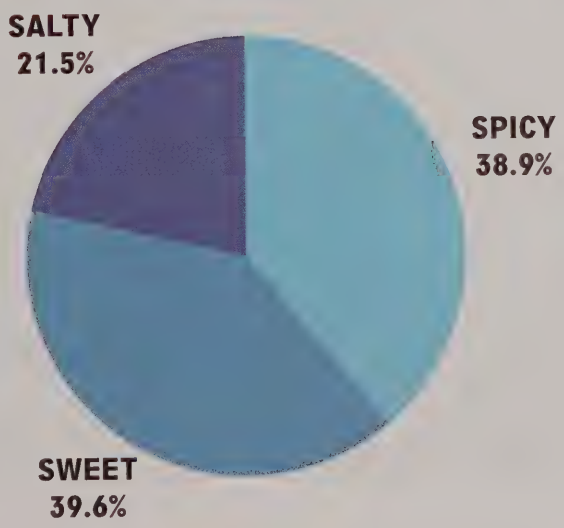
Alexander Sharples
Brent Sharples
Davon Shields
Alazni Shoy
Cole Silva
Giovanny Silva

Jayden Silva
Amarion Silva-Gomes
Lidia Silva Robalo
Briana Silva Tavares
Angel Simaj De La Cruz
Elvis Simaj Morales

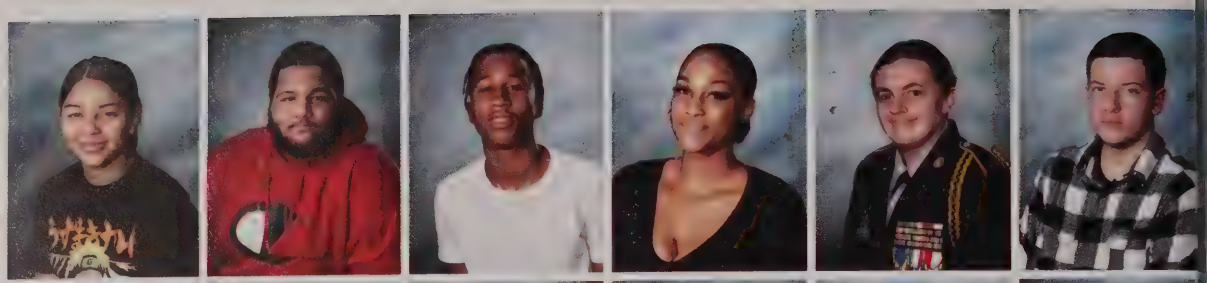
Nolan Simas
Olivia Simonton
Salice Simpson
Austin Skellinger
Jamarion Slash-West
Victoria Soares

# SWEET VS SALTY VS SPICY

144 students gave their opinion, and "sweet" got the victory by just a single vote.



Leilanee Soto
Ja'sighia Souto
Yanick Spencer
Lanyia Spinner
Lyla Stephens
Issac Sullivan



Cameryn Swift
Jayden Sylvia
Elijah Sylvia-Tavares
Bao Ta
Elliott Talley
Irma Tamup Sirin

Luke Tarpey
Diogo Tavares
Giovane Tavares
Krystian Tavares
Jose Tecum Aguilar
Adison Teixeira

Daisa Teixeira
Stella Teixeira
Breno Teodoro De Castro
Forrester Thompson
Sandra Tino
Emilio Tirado

Jack Titla-Mora
Carmine Torres
Jayden Torres
Yalexix Torres
Jeremy Torres Mejia
Abdriel Torres Morales

Tina Tounkara
Logan Tran
Nini Tran
Franki Tum Ordonez
Nicolasa Tum Perech
Antonio Tzarax Castro

Victor Tzoc Ordonez
Kimberly Tzoy-Morente
Blanca Tzoy Tecum
Jocelyn Urbina-Flores
Jonathan Urbina-Ramirez
Anthony Us-Herrera

Wilson Us Socop
Yarieliz Valentin De Jesus
Yarinethe Valentin De Jesus
Aracely Valladares
Desmond Vann
Alexina Vargas Smith

Monica Vasquez
Alexandrea Vaz
Kayla Vaz
Ian Vaz De Pina Silva
Elijah Vazquez
Nyrell Vega

Hermenegildo Veiga
Carlos Ventura De La Cruz
Pedro Ventura Olmos
Raquel Ventura Tipaz
Keyana Verdier
Luis Vergara

Jyan Vicente Alejandro
Brandon Vieira
Noah Viveiros
Ryan Viveiros
Kylie Viveiros-Barnicle
Janeil Wallace

Hannah Walsh
Madison Webb
Kenterrio Williams
Gloria Wilson
Juan Carlos Xan Morales
Elvis Yac Amperez

Rachel York
Alijah Young
Leonardo Zarate
Samuel Zhang
Didier Zoumas

# CLASS OF 2026
# Freshmen

Aisha Abdow
Naijion Abreu
Jenna Adesso
Amari Adorno
Marissa Aguiar
Prestin Aguiar

Geri Aguilar Pol
Angelica Aguilar Valladares
Maryam Ahmed
Aaliyah Alexander
Kobe Alferes-Comins
Jyzaiah Alicea

Belle Almeida
Hailei Almeida
Joshua Almeida
Marcel Almeida
Zyhar Almeida
Elize Alvarez Frakes

Erika Alvarez Garcia
Logan Alves
Gabriella Amaral
Zachary Amaral
Aidan Amaro
Andre Amaro

Eurico Andrade
Isaiah Andrade
Luis Andrade Alves
Jaeha Andrews
Kendal Andrews
Xavier Andrews

Leonel Antunes
Angel Araujo Vidal
Daniel Arevlo-Guevara
Abraham Armendariz Marquez
Gabriela Arruda
Je'zelle Arruda

Laylonnie Ashley
Jhan Carlos Baez
Preston Baez
Nathan Barbosa
Rayanna Barbosa
Tiago Barbosa DePina DosSantos

Albin Bartolo Chingo
Deymer Bartolo Chingo
Jonathan Bartolomey
Ashtyn Bassett
Andrew Beck
Melvin Benitez Portillo

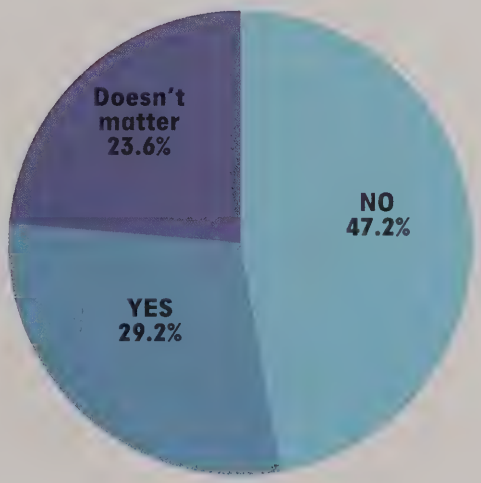
Kirra Berberena
Enaida Bernardo
Ja-Khai Berry
Kaleb Blanchard
Makai Blanchard
Luis Boc Luis

Anthony Bojorquez Galindo
Kianna-Rae Bonneau
Jose Borges
Merandia Borges
Kimberly Botelho-Tema
Virgilio Boye

# DOES PINEAPPLE BELONG ON PIZZA?

**NO WAY!**

At least that was what nearly half of the student body said about the controversial pizza topping. Perhaps it's best left for SpongeBob's house.

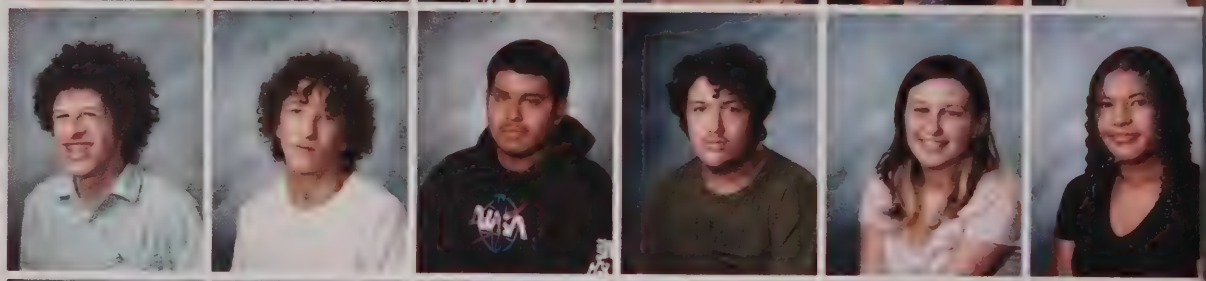


Amari Brito
Laron Britto
Jasper Brown
Collin Broyles
Aiden Brunette
Lennox Brunskill

Ian Buitrago
Sara Caballero Ventura
Anthony Cabral
Kamila Cabreras
Emely Cac Suar
Alonzo Cac Tzoy

Geremias Cahuil Aj
Juana Cahuil Aj
Edgar Cahuil Castro
Naydelin Calderon Hernandez
Wendy Calel Morales
Yadelis Camacho Ortiz

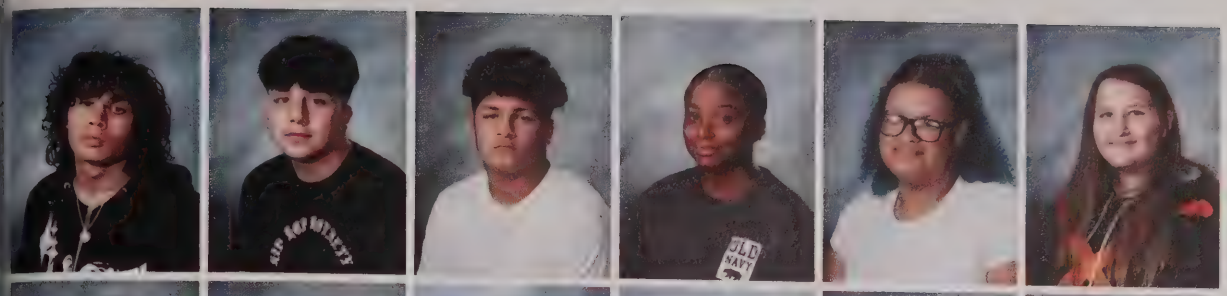
Truman Cambra
Dylan Caron
Michael Carranza
Nicolas Carreiro
Chloey Carroll
Namari Casteel



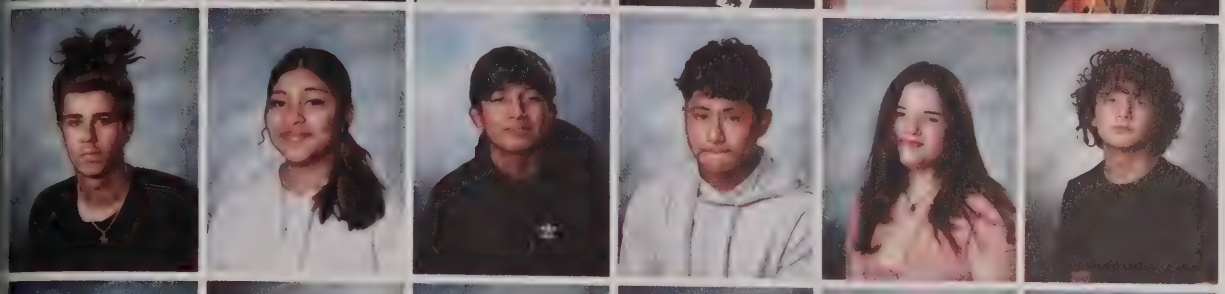
Bryan Castillo Morales
Anaiyah Castro
Andrea Castro Perez
Makenzie Caton
Ivan Centeio
Luis Chach Aj

Carmen Chach Perez
Anthony Chavez Hernandez
German Chibalan Quino
Cristian Chingo-Cirpian
Nelson Chingo De La Cruz
Juana Chingo Luis

Dany Chivalan de la Cruz
Yobani Chivalan Tamup
Casimira Chor
Kashif Choudhury
Jesslyn Ciprian
Eliezer Cirino



Demetrius Cisneros
Julio Cisneros-Ojeda
Julian Ciuro Santiago
Jaila Clegg
Avalee Coe
Olivia Coe



Jeffrey Coelho Conde
Betsy Coj-Chuj
Eulalio Colaj Aj
Henry Colaj Ventura
Aliviah Cole
Carter Cole-Vieira

Alexandre Conde
Lucas Consoli
Katherine Constanza Campos
Julianna Contreras-Almeida
Elida Cornejo Cabrera
Kaden Correia

Sidney Correia
Harrison Corrie
Evan Cosgrave
Gilly Cosme
Gabriel Cote
Daytsha Cotto Ortega

Giovanni Couto
Elijah Crockett
Yeziel Cubero
Thiago Da Cruz
Leandro Da Luz Da Fonseca
Giselle Daniels

# I AM _____

Freshmen were given this prompt: *Fill in the blank. "I am __. Respond with as many options as you want."* Here are some responses.

***Tymir Holloway:*** I am hungry, tired, ready to do work, kind, respected, respectful, chill
***Hailei Almeida:*** I am fulfilling.
***Duyen Le:*** I am a student, an artist, a person.
***Jacqui Bank:*** I am responsible, respectful, determined, prideful, creative, etc.
***Abigail Reis:*** I am kind. I am caring. I am a good friend.
***Yaritza Belen:*** I am Strong
***Lana Jones:*** I am smart. I am motivated.I am creative. I am dedicated.
***Piper Reis:*** I am proud to be Whaler. I am happy.
***Anthony Villatoro:*** I am a student at NBHS
***Frederick Renovato:*** I am a tenor saxophone player
***Khaia Hughes:*** I am independent, responsible, creative
***Caroline Huston:*** an athlete, AP student, and a club member.
***Madison Silveira:*** I am tired
***Kashif Choudhury:*** I am independent.
***Sam Eckert:*** I am an active part of this school.
***Colin Hermenegildo:*** I am determined, intelligent, creative, and open-minded
***Frantzciama Moise:*** I am Black, Haitian, queer, smart, artistical, antisocial, social
***Shylah Gonzalez:*** I am strong
***Gavin Pereira:*** I am athletic
***Bella Emile:*** I am amazing
***Alexandre Conde:*** I am happy, energetic, chaotic.
***Kevin Liu:*** I am intelligent.
***Gavin Pereira:*** I am athletic
***Madeline Knowles:*** I am responsible.
***Jayden Ponte:*** I am great funny.
***Noah Forty:*** I am creative, responsible, respectful, honest, caring, kind, and steadfast.
***Isaac Rivera:*** I am happy.
***Anyis Mendes:*** I am tall, funny, kind, smart.
***Luis Mujica:*** I am strong.
***Amias Young:*** I am okay.
***Jack Willis:*** I am creative, smart, nerdy, an introvert, weird.
***Audrey Sousa:*** I am smart, respectful, kind, goodhearted.
***Marisa Rivera:*** I am determined, caring.
***Liliana Bruno:*** I am passionate.
***Belle Almeida:*** I am a Whaler.
***Carter Cole-Vieira:*** I am Carter.
***Ana Macedo:*** I am me, Ana, important, myself, a Whaler.
***Jasper Brown:*** I am a person.

Gisele DaRocha
Simon DaSilva
Clara Da Silva Suisso
Brianna Dean
Renilde DeAndrade
Jenisa De Andrade Fernandes

Deborah De Assis
Osbaldo De Leon De Leon
Margarita De Leon Julian
Andres De Leon Lucas
Isaac DelValle-Rodriguez
Mason DeMello

Preston DeMello
Chase DeOliveira
Kamryn Depasqua-Bourque
Celine De Pina
Nyla DePina Andrade
Alexander DePina-Macedo

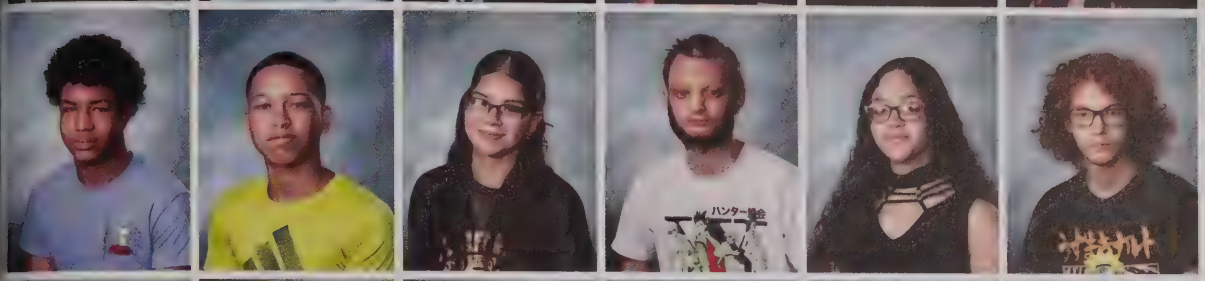
Maxenley Depradines
Ethan Deschenes
Olivia DeSouza
Logan Devlin
Kamoryn Dias
Joao Dias Pires

Vinnie DiGaetano
Jordann Dillard
John Dimanche
Anderson Dinis
Alex Dominguez
Steven Donez-Lopez

Joao Pedro Dos Santos
Mark Dressel
David Duarte
Tucker Duarte
Stefanie Duarte Barbosa
Samuel Eckert

Isabella Emile
Joann Espada Rodriguez
Bailey Fauteux
Yulissa Fecu
Sophia Feitor
Gianna Feliciano

Joelismariel Feliciano-Santiago
Hodry Feliz
Austin Fernandes
Edmila Fernandes
Edna Fernandes
Katelynn Fernandes



Devidson Fernandes Cardoso
Djeury Fernandes DosSantos
Kimberly Fernandez Contreras
Elijah Ferreira
Kayla Ferreira
Matthew Ferreira

Jose Ferrer Crespo
Camron Field
Robert Figueroa Algarin
Alondra Figueroa Colon
Samuel Fils
Savannah Fortes

Noàh-Carlito Forty
Sophia Frakes
Kaylah-Ann Francis
Jaidyn Franco
Fredricka Freire
Alexis Furtado

Miriam Furtado
Elvis Gabriel Perez
Estefany Gaitan Zepeda
Luis Galloza Guzman
Davonteh Garcia
Elyanie Garcia

# PHOTOS WE LOVED

**NORTH POLE WORKOUT** In the weight room of the gymnasium, a wild elf on the shelf was seen working out. Students dressed up during the winter spirit days.

Michael Garcia
Omari Garcia
Yossary Garcia
Josue Garcia Coj
Leidi Garcia Cux
Alex Garcia de la Cruz

Edgar Garcia Tino
Navi Girouard
Chace Gomes
Lester Gomez Hernandez
Chris Goncalves Gibau
Jermein Gonzalez

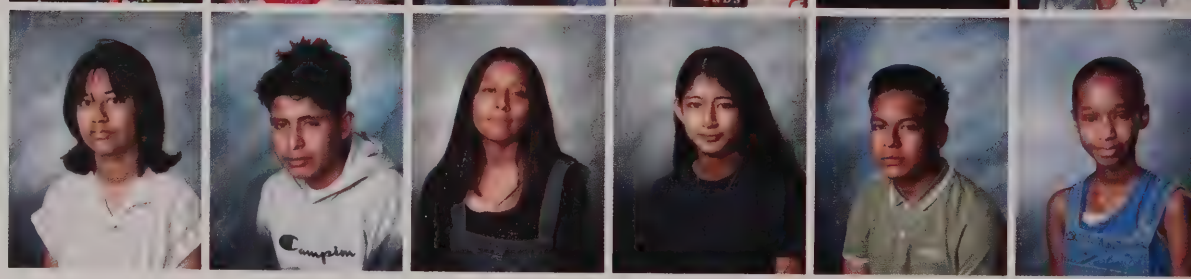
Shylah Gonzalez
Uriell Gonzalez
Yeison Gonzalez
Franshey Gonzalez Mercado
Angelina Goyette
Destiny Gracia

Amir Granger
Domingo Grave Ralios
Rosselyn Guardado Rivas
Sharon Gusman Cartagena
Vanessa Gutierrez Gomez
Diego Gutierrez Gonzalez

Mayra Gutierrez Naz
Kyara Guzman
Dyanni Harrison
Trinity Helley
Aaron Henderson
Colin Hermenegildo

Ramon Hernandez
Darlin Hernandez Hernandez
Haley Hinckley
Tymir Holloway-Arthur
Richard Howard
Khaia Hughes

Valeria Ibarra-Sanchez
Armando Ixcuna Aj
Yoselin Ixcuna Aj
Eva Ixcuna Chivalan
Amilcar Ixcuna Matzatz
Zamari Janey



Kimberly Jimenez
Jessica Jimon Gonzalez
Kady Johnson
Anthony Johnson Pluviose
Jamal Jones
Lana Jones

Josue Julian Cahuec
Ava Knight
Madeline Knowles
Julianna Kuczewski
Ayden Ladetto
Ariana LaPorte

Bennett Lawrence
Duyen Le
Lucas Leandres
Bianca Lebrun
Michael Lewis
Eric Lewis-Cruz

Braedyn Lima
Kevin Liu
Angelina Logan
Gracielle Lopes
Mayara Lopes
Serenity Lopes

Jayleene Lopes Fonseca
Nadia Lopes Vaz
Christopher Lopez
Daniel Lopez
Nicholas Lopez
Dany Lopez Perez

# PHOTOS WE LOVED

**FIRED UP** The football team, including seniors Jose Bonilla Aquiriano, Jorge DaCruz, Christian Lopez, get pumped up for the Thanksgiving game during the Pep Rally.

Angel Lopez-Simaj
Daniel Lucas
Oralia Lucas Sam
Ana Laura Macedo
Genavie Machado
Joana Machado

Sir Manning
Vilma Maquin Juc
Anjelicia Marrero
Luca Martell
Abryana Martin
Christian Martinez

Jefferson Martinez
Lily-Rose Martinez
Nayelis Martinez
Xavier Martins
Josiah Martins Semedo
Peter Matias

Daniel Mattos
Ivy Mattos
Kiara Mazariegos
Jayda Mazzarella
Emily McCarty
Benjamin McDonagh

Maura McEvoy
Kaleb McGee
Kalese McGee
Alexandra McKay
Deyaneiraliz Medina Chaparro
Edahi Mejia

Ryan Mejia
Michael Mejia Gonzalez
Gladys Mejia Orellana
Jasmine Mejias Vargas
Owen Melancon
Daniela Melo

Logan Menard
Adelcia Mendes Lela Gomes
Adelmo Mendes Lela Gomes
Ivan Mendes-Lopes
Dayani Mendez-Ramos
Giselle Mendoza-Rivas

Travie Milas
Vanessa Mirafuentes
Lillian Miranda
Carlos Miranda De Pina
Frantzciama Moise
Alondra Molina De Jesus

Gianna Moniz
Giovani Monteiro Lima
Jisnely Morales
Ralph Morales Rivera
Aiden Morandi
Keysha Moreno Lopes

Michele Morente Morente
Sincere Morris
Bradley Moses
Luis Mujica Pizarro
Aster Mulkern
Cole Neves

Derek Neves
Jamie Neves
Najhir Neves
Edalina Ng
Victoria Nguyen
Lexanie Nieves

Ayden Nobrega
Avonte Nunes
Joziah Nunes
Cairon Nunez
Chelsy Nunez Artiga
Ethan Nunez-Perez

Teachers share how technology has benefited them in working with students.

# TECHNOLOGY YAY OR NAY?

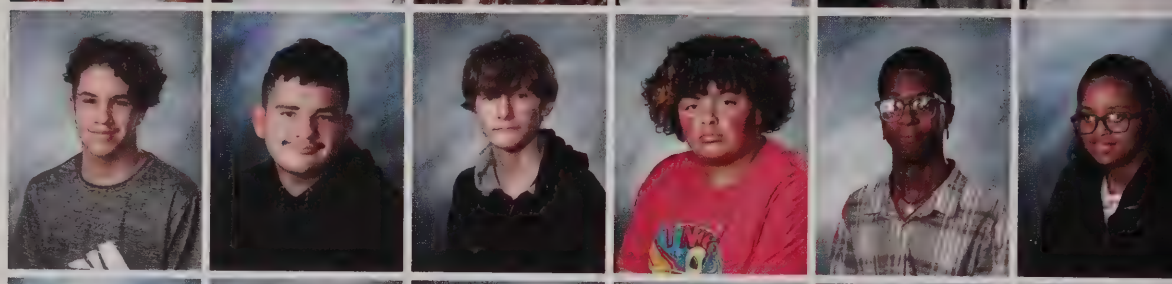
"Technology is a great way to reach out and communicate with students."
***physical education teacher Melissa Renauld***

"Technology has helped me be able to help students complete assignments given to them by their teachers."
***substitute teacher Khyleigh Lobo***

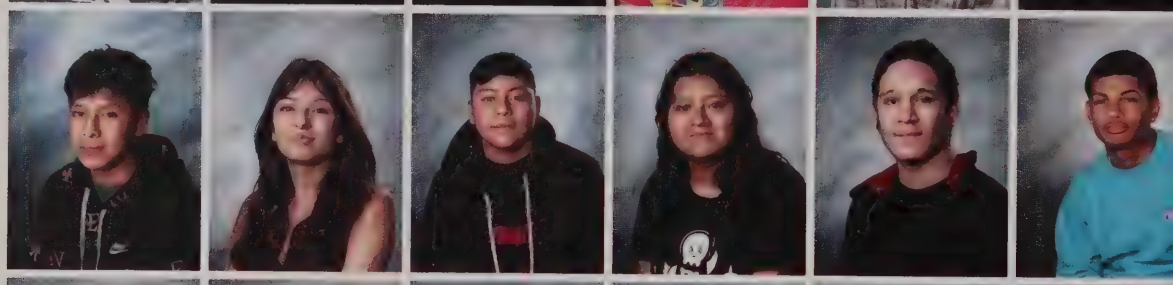
"Technology has helped me bring a digital curriculum to students."
***biology teacher Jeremy Kennefick***

Dah-Sean O'Donnell
Conor O'Leary
Aryana Oliveira
Avianna Oliveira
Dominic Oliveira
Gianna Oliveira

Isaiah Oliveira
Owen Oliveira
Vincent Ornellas
Geovanni Orrico
Owen Ortiz-Couvertier
Daniela Ortiz Garcia



Dany Osorio Cac
Kaylee Pacheco
Job Pacheco Gonzalez
Maira Cristina Pacheco-Perech
Daniel Padilla Torres
Victor Paguada

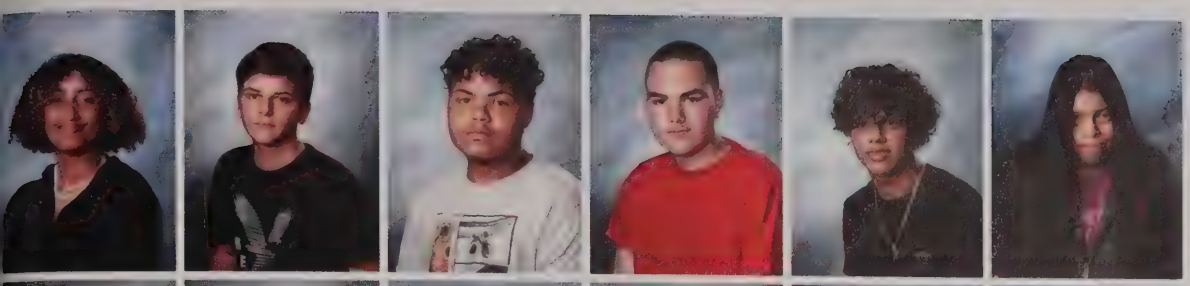


Darsy Palma Cordon
Hunter Palmer
Cameron Palmer-Britton
Jaeda Paris
Tayanna Paris-Cabral
Kamron Parsons

Marilanda Pascual Baltazar
Tamia Payne
Tayden Pearson
Kate-Lynn Pemberton
Dominic Pereira
Gavin Pereira

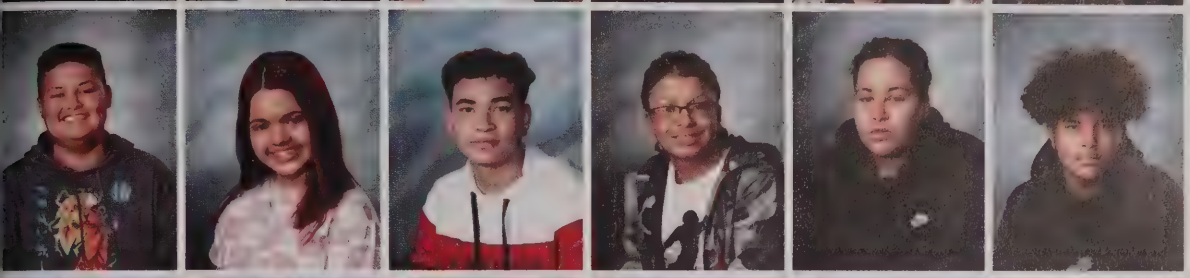
Kaua Pereira De Paula
Sidney Pereira Tavares
Dejaneyra Perez Ocasio
Irma Perez Pacheco
Cindy Perez Riz
Juana Perez Xirum

Lillian Perry
Olivia Perry
Julian Pimentel
Calvin Pina
Briarna Pires
Joao Pires Martins



Karen Pires Tavares
Gabriel Pirrotta
Angel Pomales Sanchez
Jayden Ponte
Carlos Portales Gutierrez
Maria Pulup Cosme

Aryanah Putnam
Robbyn Quinilla-Perez
Elsa Quinilla Tay
Mia Quinones-Rios
Sharianys Ramirez-Ruiz
Kenializ Ramos Gonzalez



Joseph Ramos Mencia
Angela Ramos Morales
Kevin Ramos Perla
Xaviah Ransom
Alexus Raposo
Elijah Raymond

Sabrina Rebelo
Kevin Recinos Mejia
Abigail Reis
Frederick Renovato
Jasmine Rezendes
Sydney Rezendes

Elijah Ricketts
Bill Rivas
Gabriella Rivas
Xavrina Rivas Correa
Cesar Rivas Guardado
Alfonso Rivera

# PHOTOS WE LOVED

We loved some photos we just couldn't find a place for elsewhere in the book, so we're sharing one here.

**DOWNTIME** Students relax in the auditorium on the first day of the ELA MCAS. Their sixth-period class was relocated because their regular classroom was being used for students who needed extra time for testing.

Isaac Rivera
Jasleene Rivera
Kaydence Rivera
Marisa Rivera
Miguel Rivera
Santo Rivera

Bryan Rivera Morales
Oiga Riz Xan
Daniel Rocha
Owen Rock
Serenity-Rose Roderick
Ethan Rodericks

Trevor Roderiques
Yaxer Rodero Murillo
Mykkal Rodrigues
Nuno Rodrigues Barreira
Jesse Rodrigues De Andrade
Isaac Rodriguez

Jalyn Rodriguez
Jarol Rodriguez
Jonathan Rodriguez
Jean Rodriguez Gonzalez
Jariel Rodriguez-Martell
Yordi Rojop Santos

Alica Roman
Jatniel Roman
Jose Romero Contreras
Genesis Rosa
Isaiah Rosa
Joao Rosa De Queiroga

Amber Rosonina
Jillian Rufino
Yabdiel Ruiz
Yoselin Salazar Mateo
Cristhian Salvador Monteiro
Stephanie Sam-Colaj

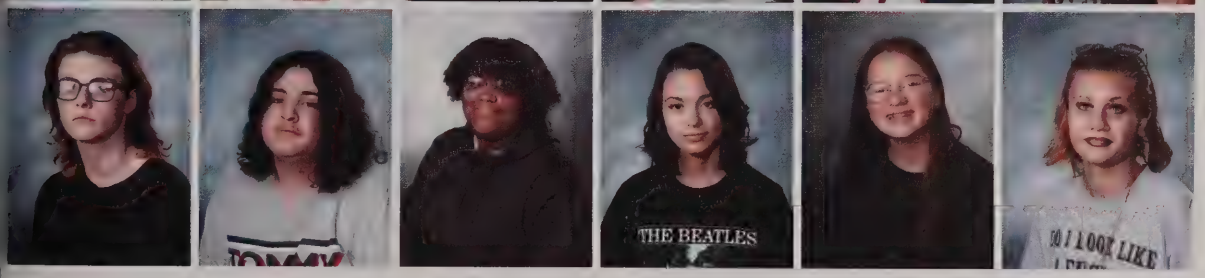
Alex Sanchez
Jamilya Sanchez
Janiyah Sanchez
Nevaiah Sanchez
Yakelen Sanchez
Juliana Sanchez Olmos

Ana Sanchez Sabino
Eliecer Santiago
Miguel Santiago
John Santiago Alvarado
Caden Santos
Justin Santos

Mateo Santos
Darlene Santos Arita
Africa Santos Cruz
Keury Santos Lopes
Jonathan Santos Santos
Belinda Saquic Chan

Karissa Schweigert
Rashad Semedo
Jason Sequeira
Lineidys Serrano
Orlando Serrano Martinez
Jason Silva

Johanna Silva
Danyviah Silva-Gomes
Colyn Silva-Nuno
Madison Silveira
Matthew Silverberg
Ishaly Silverio Almanzar

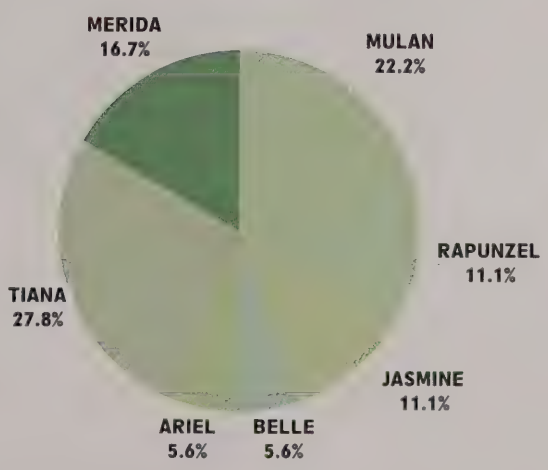



Liam Silvia
Lucas Simas
Arianna Smothers
D'leiny Soto Rodriguez
Audrey Sousa
Brooke Sousa

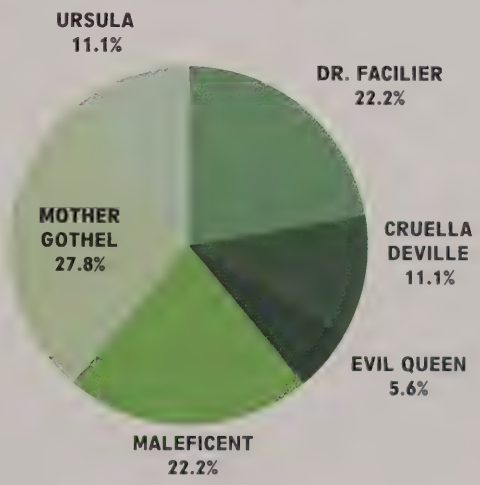
# PICK YOUR FAIRY TALE

Who are the favorite heroes and villains from fairy tales and films from childhood? No clear winners emerged.

## PRINCESSES




## VILLAINS



Kayla Sousa
Mya Souto
Robbie Souza
Noah Spicer
Adriana Spinner
Abigail Sprissler

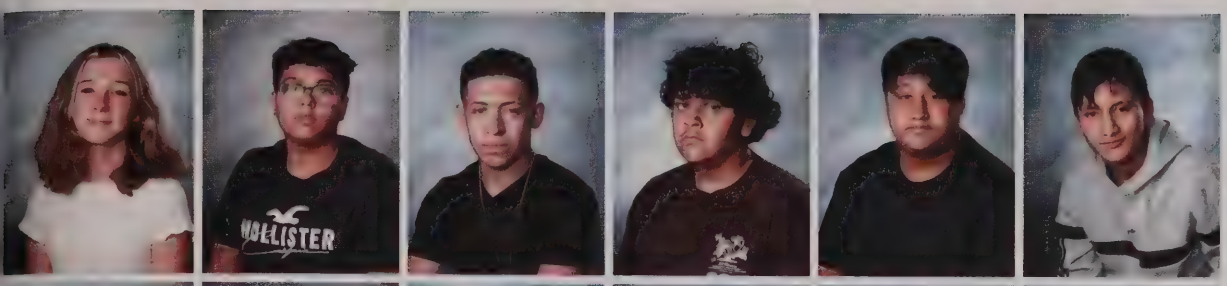
Dakota Stephens
Bethany St. Gelais
Rudy Suy Nas
Matthew Sylvia
Celia Tango
Nathan Tavares

Nicole Tavares
Cindy Tevelan-Vicente
Bernardo Tezen
Elsieria Thompson
Mary Tipaz Sicaj
Daniel Tobar

Andraya Todman
Maia Todman-Holley
Nataly Tomas Riz
Yasmin Torres
Yovani Torres
Gonzalo Torres Landoni

Scott Trahan
Dereon Tremblay
Eduardo Trinidad Jr
Ryan Trommenschlager
Andrea Tum Chach
Angel Tum Lopez

Juan Tzarax Lopez
Karina Tzoy Riz
Soleil Valera
Donis Vasquez Aguilar

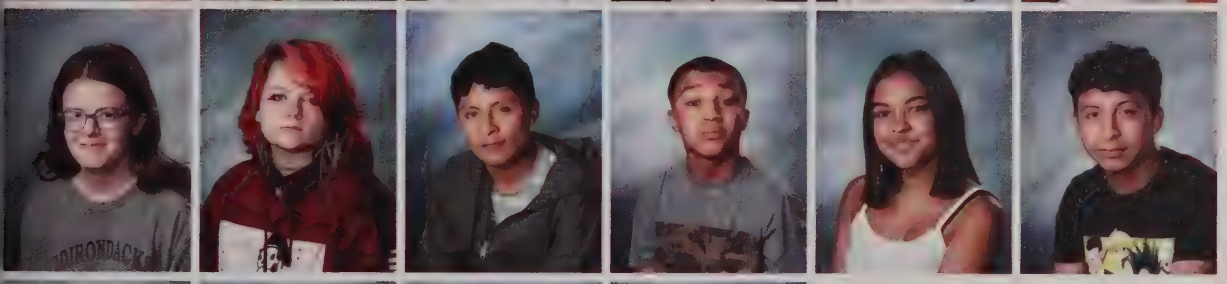


Adrianna Vaz
Johnathan Vazquez
Giovanny Velez
Jelmanie Velez
Anthony Ventura
Marlon Ventura Cac

Naydet Vera Velazquez
Vivianna Viegas
Briana Villanueva Rosa
Aiden Villatoro McGlone
Anthony Villatoro McGlone
Yandel Villegas

Trinidy Walters
Yinaira Ware
Demetri Wasilowski
Shawn Waters
Jasmine White
Tyler Wiggins

Vachona Williams
Jack Willis
Camryn Woodis
Damion Woodley
Danaeh Woodley
Janaeh Woodley



Ryleigh-Jayne Worster-Machado
Sydni Wright
Jeremias Yax Chivalan
Amias Young
Serenity Zabaleta
Fernando Zapon Maric

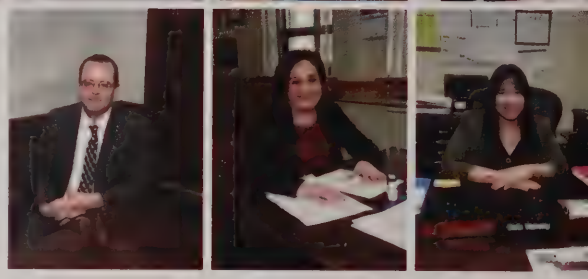
Jordan Zarella
Roger Zelaya Ayala
Becky Zheng
Jimena Zuleta Areiza

# NEW BEDFORD HIGH SCHOOL *Faculty & Staff*

## CENTRAL OFFICE ADMINISTRATION

**Thomas Anderson,** Superintendent
**Heather Emsley,** Executive Driector of Human Capital Services
**Jennifer Ferland,** Executive Director of Strategic Initiatives and Partnerships
**Sandra Ford,** Executive Director of Special Education & Student Services

**Andrew O'Leary,** Assistant Superintendent of Finance & Operations
**Karen Treadup,** Deputy Superintendent
**Sonia Walmsley,** Executive Director of Educational Access and Pathways



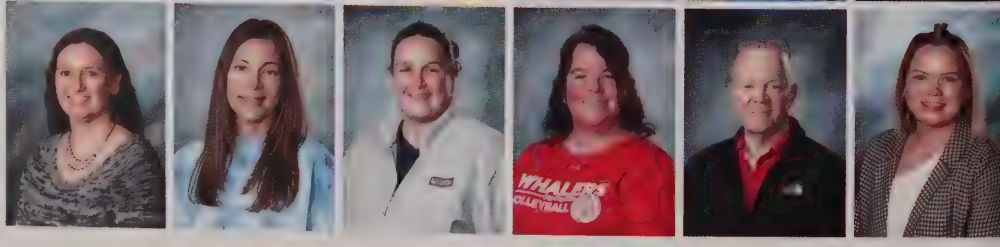
**SCHOOL COMMITTEE**
**Front row:** Joaquim "Jack" Livramento, Mayor Jonathan F. Mitchell, Melissa Costa. **Second row:** Bruce Oliveira, Christopher A. Cotter, Colleen Dawicki, Ross Grace.

## FACULTY AND STAFF

**Christine Adams,** Special Education
**Kaeterle Addison,** Special Education
**Ricardo Aguiar,** World Languages
**Ronald Aguiar,** Special Education
**Chace Allain,** Social Studies
**Joan Allison,** Physical Education

**Lance Altman,** Behaviorist
**Robin J Altman Sherman,** Special Education
**Emily Alves,** Learning Lab
**Valerie Alves,** Finance, Hospitality
**Daniel Andrade,** Technology Integration Manager
**Edilia Arocho Dones,** Paraprofessional

**Stephanie Aucoin,** ELA
**Kimberly Azevedo,** Paraprofessional
**Lyndsey Balrain,** Math
**Erica Bardan,** Guidance
**Sergeant Jerry Bedard,** JROTC
**Chelsey Benoit,** Social Studies



# ADMINISTRATION

**Bernadette Coelho**
Principal

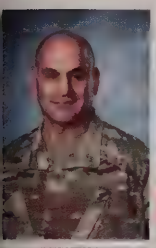
**Joyce Cardoza**
Associate Principal

**Mark DeBrito**
Assistant Principal
Class of 2023

**Jose Edwards**
Assistant Principal
Class of 2026

**Jeff Longo**
Assistant Principal
Class of 2025

**Kathryn Rezendes**
Assistant Principal
Class of 2024



**Col. Stephen Bethoney,** JROTC
**James Calnan,** Social Studies Content Instructional Leader
**Elizabeth Camara,** Special Education Content Instructional Leader
**Christopher Cummings,** Manager of Career, Vocantional and Technical Education
**Donna Guay,** Manager Of Educator Quality

**Chu Kwen Ho,** Science Content Instructional Leader
**Brittany Hullinger,** Manager Of Operations
**Sean McNulty,** Math Content Instructional Leader
**Jenn Oliveira,** ELA Content Instructional Leader

**Martha Romero,** ESL Content Instructional Leader
**Valdir Silva,** Registration and Pathways Success Administrator
**Lynn Souza,** Director of Fine Arts
**Thomas Tarpey,** Director of Physical Education, Health & Athletics

# FACULTY AND STAFF

**Sydney Blackson,** ELA
**Ryan Bland,** School Resource Officer
**Jessica Boga,** Clerk Typist
**Luis Bonilla,** Math
**Heather Bonner,** Science
**Dylan Botelho,** ESL

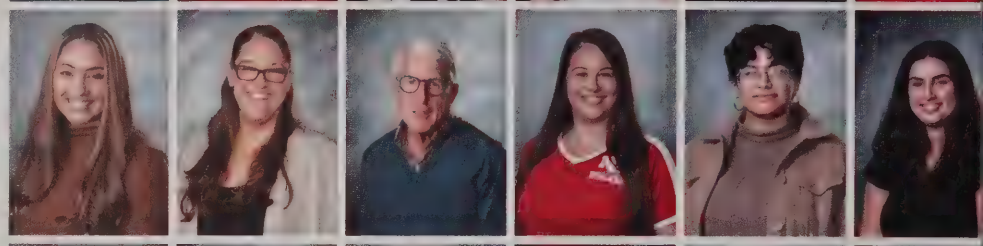
**Melinda Botelho,** Nurse
**Alanna Boucher,** Art
**Seaver Boyce,** Social Studies
**Suzanne Braga,** Main Office
**Kriss Brinza,** Math
**Ashley Brites,** Special Education

**Ashley Brown,** Substitute
**Stephanie Burnes,** Special Education
**Prosper Calixte,** Math
**Brian Camara,** Math
**Amanda Campos,** Social Studies
**Joshua Carling,** Technology Integration Manager

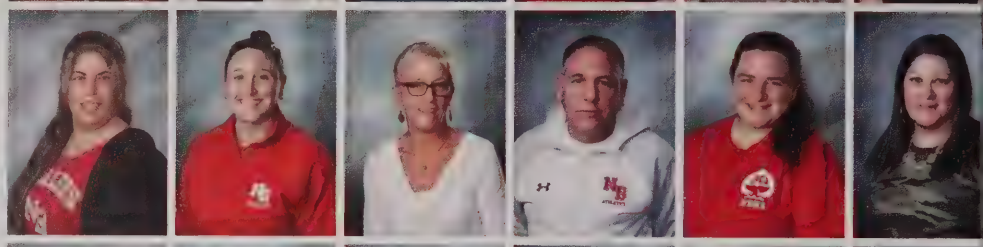
**Meghan Carr,** Special Education
**Jack Carrera,** ESL
**Alexandra Castro,** ESL
**Eni Castro,** World Languages
**Matthew Cavanaugh,** Math
**Justin Caverio,** JROTC

**Courtney Champagne,** Guidance
**Taylor Charles,** ELA
**Isabela Cirello,** World Languages
**Hannah Clougherty,** Social Studies
**Willie Coates,** School Resource Officer
**Andrew Cohen,** Science

**Anna Colby,** ELA
**Elizabeth Conde,** Paraprofessional
**James Conley,** ELA
**Stephanie Cormier,** Guidance
**Mikaeyla Costa,** Substitute
**Tiffany Costa,** Social Studies



**Sandra Couto,** ELA
**Alicia Craig,** Special Education
**Nancy Curry,** Child Development
**Tim Curry,** Physical Education
**Carolyn Curtis,** Math
**Susan D'Amore,** Special Education



**Lynne-Marie Dandeneau,** Performing Arts
**Erin DaSilva,** Physical Therapist
**Shantel Da Silva,** Social Studies
**Francisco Defreitas,** Science
**Noemi Del Cid,** World Languages
**Donna DeMello,** Clerk Typist

**Craig DeMelo,** ELA
**George Desrosiers,** Math
**Ian Desrosiers,** Math
**Deborah Dias-Faria,** World Languages
**Lynn Dinatale,** Special Education
**Stephanie Donnelly,** Performing Arts

**Sandra Dourado,** ESL
**Lainie Drew,** ELA
**Jaala Duarte,** Nurse
**Nathan Duclos-Rickard,** Science
**Richard Dwinell,** Science
**Charles Eastman,** Math

**Liane Edwards,** ELA
**Ashley Estacio,** Guidance
**Steve Estevez,** Attendance Officer
**Sara Fazziola,** Special Education
**Alexandra Feigel,** Guidance
**Diana Ferreira,** Paraprofessional

**Jillian Ferreira,** Guidance
**Sharon Ferreira,** Paraprofessional
**Kevin Flynn,** Science
**Kenneth Franklin,** Security
**Maria Alice Freitas,** Guidance
**Vagela Fresia,** World Languages

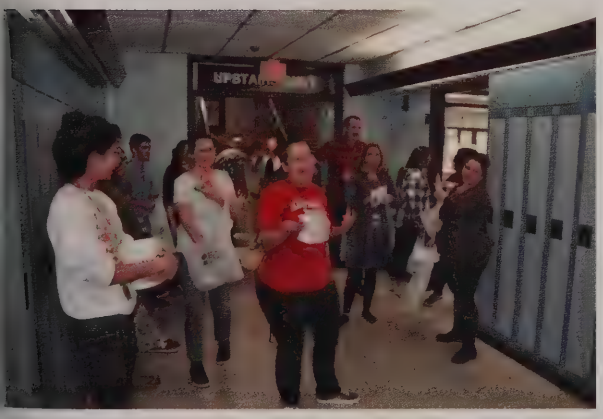
**Ava Gagnon,** Science
**Andrea Garcelon-Ramos,** Main Office
**Christopher Garcia,** Guidance
**Paige Gaumnond,** ELA
**Lawrence Genereux III,** Paraprofessional
**Jeffrey Giammalvo,** Health

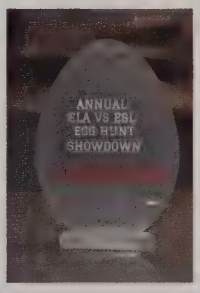
**Tyler Gilbert,** Science
**Jacqueline Gomes,** ESL
**Marlene Gomes,** ESL
**Cristina Goncalves,** World Languages
**Regina Goncalves,** ELA
**Erin Goulart,** Special Education

**Ken Gouveia,** Finance
**Christopher Grande,** Social Studies
**Courtney Gregoire,** Guidance
**Katherine Gregory,** Family Engagement Specialist
**Michael Gryss,** Social Studies
**Andrew Guillotte,** Technology Integration Manager

For the second year in a row, the ELA department squared off against the ESL department in an Easter Egg hunt

# AN EGGCELLENT GAME OF HIDE & SEEK





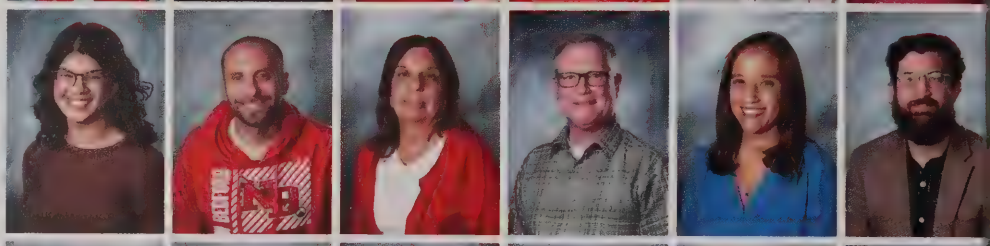
**SHOWDOWN** The ELA department (left photo) significantly outnumbered the ESL department (right photo) in their annual game. Each team hid eggs in select classrooms, and the other team was tasked with finding them. The winner was the team that found the most eggs, which was the ELA department this year. Nevertheless, the ESL department used the opportunity to celebrate a good showing, even if they did need to provide pizza to the winners.

**Emily Guy,** Behaviorist support
**Colleen Hall,** Business
**Ryan Harding,** ESL
**Owen Hartnett,** Special Education
**Jeff Hebert,** Custodian
**Nora Hebshie,** Guidance

**William Heydt Jr,** Physical Education
**Courtney Hill,** World Languages
**Aaron Hilton,** ELA
**Isaiah Houtman,** Information Technology
**Aaron Howard,** Social Studies
**Elizabeth Hurley,** ELA

**Richard Huston,** Science
**Ryan Irvine,** Social Studies
**Brittany Jenney,** ESL
**Joseph Jette,** ESL
**M'lou Kazimer,** ELA
**Jeremy Kennefick,** Science

**Azka Khanani,** Science
**Paul Kniaz,** ESL
**Linda Koelbel,** Special Education
**Robert Kolbeck,** Science
**Jolie Kouta,** Guidance
**Michael LaBelle,** Special Education

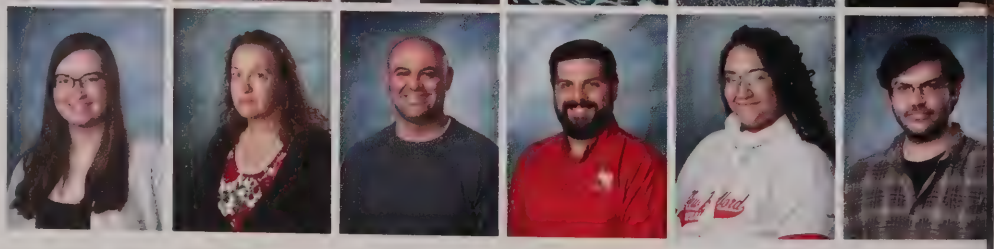


**Lynne Laberge-Nelson,** Art
**Ji Su Lee,** Math
**Katherine Leech,** Special Education
**Amanda Leite,** Health Sciences
**Eileen Lema,** Paraprofessional
**Nancy Leonard,** Custodian

**Colby Lima,** ELA
**Judith Lima,** Finance
**Kristen Liming,** ELA
**Kim Lizotte,** ELA
**Khyleigh Lobo,** Substitute
**Kevin Long,** Information Technology

**Sonia Lopes,** World Languages
**Jillian Lucchetti,** Guidance
**Darien Lynch,** World Language
**Darlene Machado,** Paraprofessional
**Katie-Lee MacNeil,** Social Studies
**Essiah Marcial,** Security

**Christine Marcotte,** Math
**Ellen Marshall,** World Languages
**David Martins,** Guidance
**Timothy Mason,** Performing Arts
**Yoxanderi Mateo,** Art
**Stephen Mattos,** Substitute



**Joanne McAfee,** Special Education
**Philip McDavitt,** Physical Education
**Justin Medeiros,** Math
**Loredana Mello,** Performing Arts
**Sarah Mello,** Behaviorist
**Taylor Mello,** Nurse

**Raymond Mendes,** Paraprofessional
**Wilmine Merlain,** Math
**Sydnee Midura,** ELA
**Joseph Miksch,** Science
**Brooke Miller,** Paraprofessional
**Maries Mills,** Vision and mobility specialist

**Loyda Mojica Guzman,** Paraprofessional
**Nicole Moneghan,** Math
**Zorie Montanez,** Main Office
**John Montigny,** Social Studies
**William Monty,** Social Studies
**John Mosher,** Math

**Doug Motta,** Information Technology
**Maureen Murphy Mello,** Speech and language therapist
**Kassandra Noriega,** Math
**Stephanie Norton,** Guidance
**Luz Marie Nunes,** Main Office
**Zachary O'Brien,** Math

**Dominga Ocasio,** Paraprofessional
**Colleen O'Leary,** Nurse
**Thomas O'Leary,** Performing Arts
**Kaleigh Oliveira,** Special Education
**Catya Pacheco,** Math
**Matthew Pacheco,** Performing Arts

**Sydney Palmer,** ELA
**Gavin Parent,** ELA
**Seamus Pendergast,** Math
**Ashley Pereira,** Guidance
**Kristin Pettus,** Guidance
**Colin Pilkington,** Social Studies

# FILLING YOUR DOWNTIME

What do teachers do during their free time or on their days off? Maybe it's something you never expected.

"I watch cartoons on Boomerang like Yogi Bear, Scooby Doo, Marvin The Martian and Coyote and Roadrunner." ***Co-teacher Raymond Mendes***

"I donate blood and platelets. It's something I have always thought of doing and it is an easy way to help people." ***Co-teacher Lynne White***

"Lol, I'm a personal Uber. Just kidding, I do photography." ***english teacher Sydney Blackson***

"I build all my kids Lego sets in my spare time!" ***english teacher Derek Resendes***

**Veronica Pilkuhn,** Graduation Facilitator
**Mario Pimental,** Special Education
**Fernando Pimentel,** Business
**Fred Pimentel,** Finance
**Jordan Pina,** Talent Search
**Kady Plante-Szady,** Health

**Matthew Poyant,** Art
**Monique Poyant,** Guidance
**Jared Przybyszewski,** Social Studies
**Nicole Pyne,** Attendance Officer
**Susan Ramey,** ESL
**Christine Read,** Paraprofessional

**Victoria Rebello,** Special Education
**Melissa Renauld,** Physical Education
**Brian Resendes,** Math
**Derek Resendes,** ELA
**Alec Ribeiro,** Custodian
**Brienne Riccio,** ELA

**Lisa Richard,** Science
**Andrew Richards,** Social Studies
**Rosannette Rivera,** Art
**Nelson Rodrigues,** Math
**Paul Rodrigues,** ELA
**Milagros Rodriguez,** World Languages

**Martha Romero,** ESL Content Instructional Leader
**Mark Rossi,** Math
**Daniel Roveda,** Social Studies
**Donna Ryan,** Custodian
**Marlene Sabeh,** Gear Up Coordinator
**Nicholas Salmon,** Social Studies

**Andrew Santos,** Physical Education
**Jonathan Santos,** Behaviorist
**Peter Schuyler,** Engineering
**Kristen Scotti,** ELA
**Shukla Sengupta,** Math
**Steve Sentes,** Math

**Dan Shaughnessy,** Attendance Officer
**Jayni Shumila,** Science
**Maria Silva,** Food Service
**Meghan Silvia,** Teacher of the deaf and hard of hearing
**Makenzie Smith,** Substitute
**Nadia Smith,** Paraprofessional

**Christina Sobran,** ESL
**Kimberly Soto,** Attendance Officer
**Kimberly Soto Hurtado,** Guidance
**Kimberly Souza,** Art
**Jodi Spencer,** Nurse
**Raul Spinola,** Nurse

**Chad Sprague,** Special Education
**Victoria Stowell,** Special Education
**Trina Strawn,** Blue Office
**Karli Swanson,** Performing Arts
**Jamie Sylvia,** Social Studies
**Karen Sylvia,** Math

**Meghan Sylvia,** Special Education
**Richard Teasdale,** Social Studies
**Ivanea Teixeira,** Paraprofessional
**Derek Thomas,** Math
**Michele Toledo,** ESL
**Suzy Trahan,** Guidance

**Renata Traverso,** ELA
**Kelsey Turner,** ELA
**Seannine Tveit,** Science
**Joseph Twomey,** Social Studies
**Elizabeth Vargas,** ELA
**Anders Veira-Dones,** ESL

**Ashley Velho,** Special Education
**Bianca Vieira,** ELA
**Nicholas Walsh,** Social Studies
**Lisa Walton,** ELA
**Jon Way,** Science
**Matthew West,** Special Education

**Ashley Whitaker,** Math
**Lynne White,** Special Education
**Craig Wiley,** Data & Assessment Specialist
**Kibi Williams-Brown,** ELA
**Michael Winderlick,** Science
**Sallie Wood,** Special Education

**Kent Woodard,** Science
**Lauren Wrigley,** ELA
**Leah Zell,** Child Development
**Bretton Zinger,** ELA

# PHOTOS WE LOVED

We loved some photos we just couldn't find a place for elsewhere in the book, so we're sharing one here.

**CROSSWORD** Creative Writing 2 students (clockwise from top) junior Xavier Fernandez and seniors Kailey Sousa, Sarah Silveira, Kahlen Bertoldo and Edelmis Calderon take a 10-minute break from writing to work on a giant crossword puzzle.

Who are *WE*

A lot of students thought of their clubs as families. Many groups weren't sure if they would run again after a Covid year.

Clubs gave students the chance to improve their educational experience while also helping them get ready for life and their future endeavors.

Of the school's 2,977 students, 25 percent participated in a club, developing abilities like dedication, leadership, effective communication and the capacity to work well with others, as seen by the number of Whalers who engage in these activities. We all socialized in different ways, so joining a club or organization was a simple way to meet others who shared your interests.

With these activities, we got to know new individuals who treated us like family, more than just a group member. Clubs providing a place to belong were the most alluring, where students were treated as teammates, friends and equals.

The family atmosphere that the clubs offered to a large number of students could not be slowed down by Covid, despite the fact that it may have slowed down a lot of other things.

This is *US*!

**1. THIS IS US GETTING READY** Freshman Frantzciama Moise helps freshman Yumi Price with her final touches of makeup before the dress rehearsal of "The SpongeBob Musical," in which both played Bikinians.

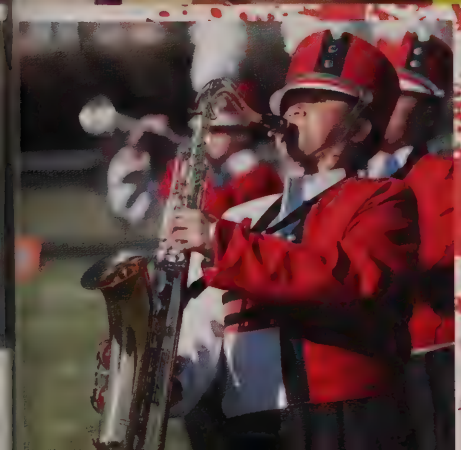
**2. THIS IS US HELPING OUT** Sophomore Jamil Gonsalves informs parents about the new Makerspace at the open house for eighth-graders and their parents in the fall.

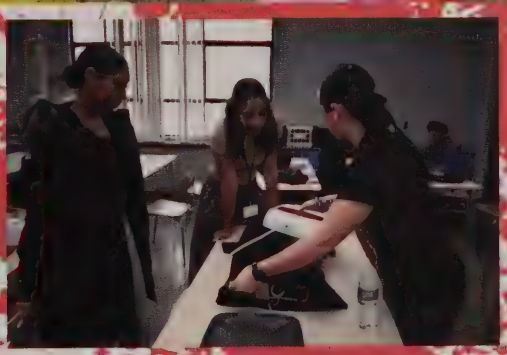
**3. THIS IS US PLAYING OUR MUSIC** Sophomore Monica Vasquez played the tenor sax and marched in their halftime show, "Rise To Fame," during the Thanksgiving game.

**4. THIS IS US COOPERATING** Members of Junior Achievement work on creating T-shirts for their startup business, the group, including (from left) sophomore Alisha Pires, junior Nitza Pereira and junior Lexie-Marie FitzGerald, met on Tuesdays in the school to plan and execute their business, including paying taxes, creating a website and budgeting.

**5. THIS IS US PERFORMING** In December, the Winter Concert opened with the Select SSA (Soprano 1, Soprano 2, and Alto) group singing "Mister Santa," a holiday rendition of the song "Mister Sandman," which they later performed during the Spring Pops Concert in the gym.

# THIS is US INVOLVED!





# Girls Soccer

## Record 3-6

| OPPONENT | Score | Result |
|---|---|---|
| @GNBRVT | 3-0 | W |
| Middlebourough | 0-5 | L |
| @Falmouth | 2-1 | L |
| @Bridgewater-Raynham | 1-8 | L |
| Dartmouth | 1-6 | L |
| @Durfee | 0-6 | L |
| @DRR | 0-1 | L |
| @Taunton | 2-1 | W |
| Brockton | 0-2 | L |
| @Barnstable | 2-0 | W |
| Taunton | 0-1 | L |

**Row 1:** Vanessa Bucha, Ariana Melo, Jenna Nogueira, Alexia Rodriguez, Kimberly Sanabria, Haven Lopes. **Row 2:** Becky Zheng, Lexie-Marie FitzGerald, Ollie Costa, Caitlyn Cordeiro, Claudia Tino-Tzoc, Kimberly Moreno-Mejia, Caitlyn Almeida

# Golf

## Record 0-15

| OPPONENT | Score | Result |
|---|---|---|
| Dartmouth | 54-109 | L |
| Somerset | 53-94 | L |
| @Somerset | 229-258 | L |
| Middleboro | 59-83 | L |
| @Bridewater-Raynham | 59-143 | L |
| Taunton | 42-100 | L |
| @Durfee | 35-102 | L |
| Brockton | 62-108 | L |
| @Middleboro | 93-59 | L |
| @Bridgewater-Raynham | 52-128 | L |
| @Bishop Stang | 52-115 | L |
| Durfee | 46-104 | L |
| Fairhaven | 46-111 | L |
| @Dartmouth | 45-119 | L |
| @Brockton | 71-114 | L |

**Row 1:** Cam Molleo, Luke Tarpey, Craig Baptista, Trever Rodrigues, Noah Carlito. **Row 2:** Head Coach Jason Bennett, Matthew Pimentel, Liam Burdman, Jack Harding, Luke Ferreira, Coach Zach Guillette.

# Girls Volleyball

**Row 1:** Darielys Baez, Kaliyah Lopes, Kelsey Nickerson, Nellyanne Medina Santiago, Aliana Areias. **Row 2:** Mikalah Fortes, Ava Macmaster, Beatriz Almeida, Hannah Pereira, Mari MacMaster, Soledad Gray. **Row 3:** Coach Chris Mendes, Maria Rubio, Lily Gonet, Annabelle Huston, Maria Oliveira, Desire Carrion, Head Coach Jeffery Longo.

## Record
## 4-12

| OPPONENT | Score | Result |
|---|---|---|
| Bridgewater-Raynham | 3-0 | L |
| Taunton | 3-1 | L |
| Bishop Stang | 3-2 | W |
| Middleborough | 3-1 | W |
| Bridgewater-Raynham | 3-0 | L |
| @DRR | 3-1 | L |
| Durfee | 3-2 | W |
| @Bishop Stang | 3-0 | L |
| @Brockton | 3-1 | L |
| GNBRVT | 3-0 | L |
| Dartmouth | 3-0 | L |
| @Taunton | 0-3 | L |
| @Case | 3-0 | L |
| @Durfee | 3-0 | L |
| @Darthmouth | 3-0 | L |
| Brockton | 3-0 | W |
| Case | 3-0 | L |

# Boys Soccer

**ow 1:** Riquelme Aldair Flores Castro, Kevin Ferreira, Connor Silva, Benjamin Avendano, Fernando Alves, Jason iz. **Row 2:** Evandro Rodrigues, Vanilson Barbosa, Javier Melendez, Dilson Teixeira, Ronis Ayala, Edson ıvares, Edwin Alvarado. **Row 3:** Troy Rocha, Kevin Herrera, Afonso Amaral, Carter Barbosa, Nelson Molina, ıabriel Peixoto, Yanick Spencer.

## Record
## 7-8-4

| OPPONENT | Score | Result |
|---|---|---|
| Bridgewater-Raynham | 3-0 | W |
| Nauset Regional | 0-1 | L |
| Durfee | 0-0 | T |
| @ Brockton | 3-1 | W |
| Barnstable | 3-2 | L |
| @Wellesley | 1-0 | L |
| @Darthmouth | 3-0 | L |
| @Bridgewater-Raynham | 5-1 | W |
| @GNBRVT | 1-1 | T |
| @Attleboro | 6-1 | L |
| Dartmouth | 3-0 | W |
| @Barnstable | 3-1 | L |
| Foxborough | 0-0 | T |
| @Durfee | 1-1 | T |
| @Middlebourgh | 4-0 | W |
| Brockton | 4-1 | L |
| Middleborough | 1-0 | W |
| Seekonk | 3-0 | W |
| @Lowell | 4-1 | L |

# Field Hockey

## Record
## 3-3-2

| OPPONENT | Result | Score |
|---|---|---|
| @Barnstable | L | 4-0 |
| Taunton | W | 2-1 |
| @Bridgewater-Raynham | W | 1-0 |
| Dartmouth | T | 1-1 |
| Case | L | 3-0 |
| @Bishop Stang | L | 3-0 |
| Brockton | W | 8-0 |
| Bishop Stang | T | 1-1 |

**Row 1:** Gabriela Tsaliagos, Cynthia Torres, Mackenzie Baggs, Tess Tarpey, Tatum Reis, Savannah Laubenstein, Abbigail Niland. **Row 2:** Kiva Bank, Hannah Blanchard, Piper Reis, Sophia Perry, Angilee Rodrigues, Jacqui Bank, Ashlynne Rysz, Coach Alanna Boucher. **Row 3:** Coach Kathy Rezendes, Emily DaCosta, Yaritza Belen, Sadie Viveiros, Lauren Mitchell, Abby Sprissler, Lilian Brine, Peighton Sousa, Marina Orellana Flores, Coach Joan Allison.

# Cross Country

## Record
## girls 1-3, boys 1-3

| OPPONENT | Score | Result |
|---|---|---|
| GIRLS | | |
| Dartmouth | 20-37 | L |
| Durfee | 15-50 | W |
| @Brockton | 18-38 | L |
| Bridgewater-Raynham | 19-40 | L |
| BOYS | | |
| Dartmouth | 15-50 | L |
| Durfee | 15-50 | W |
| @Brockton | 15-44 | L |
| BridgewaterRaynham | 20-48 | L |

**Row 1:** Joseph Castelo, Ian Vaz De Pina Silva, Madalena Morris, Matthew Lavoie, Nathan Bickett, Christian Martinez. **Row 2:** Head Coach Jeremy Tilton, Taya Carvalho, John P. Morris, Joao DeSouza, Chase DeOliveira, Tatiana Jeffrains, Abby Zhang, Yaritza Alvarez-Ayala, Coach Matthew West.

# Football

## Record
## 5-7

| OPPONENT | Score | Result |
|---|---|---|
| @Seekonk | 21-6 | W |
| Taunton | 33-7 | L |
| @Middleborough | 42-12 | L |
| Attleboro | 20-0 | L |
| @Lincoln-Sudbury | 27-0 | L |
| @Banrstable | 20-6 | L |
| Bridgewater-Raynham | 28-21 | L |
| @Brockton | 35-23 | L |
| @Dartmouth | 21-15 | W |
| @Framingham | 28-8 | W |
| North Quincy | 42-20 | W |
| Durfee | 16-13 | W |

1 Amari Harris
2 Dezmond Brunskill
3 Anthony Diakite
4 Jahzed Valls Sierra
5 Colin Rego
6 Edenilson Semedo
7 Zakari Nunes
8 Collin Gibbs
9 Kevin Ayala Manso
10 Julez Johnson
11 Isaiah Silva
12 Jerry Vongsouna
13 Kevin Gomes-Fontes
15 Colin Rodrigues
19 Brent Sharples
20 Jose Ayala
22 Tayel Guzman
21 Calvin Cruz-Duarte
23 Justice Matthews
24 Aaron Pimental
26 David Diaz Tavares
27 Marquize Gonsalves
28 Aden Oliveira
30 Jarren Goodine
31 Fernando Polanco
32 Luis Colon
33 Daniel Rocha
34 Lennox Brunskill
35 Ishmael Oku
41 Anderson Dinis
45 Izaiah Ruiz
50 Christian Lopez
51 Bayron Maldonado
52 Devin Vieira
53 Nile Monteiro
54 Benjamin Calbo
55 Mitchel Thompson
56 Jorge DaCruz
57 Jose Bonilla
58 James Lopes
60 Forrester Thompson
62 Carlos Lux
65 Thiago Da Cruz
67 Davon Shields
70 Angel Pomales Sanchez
72 Jalvon Hanson
73 Samuel Zhang
77 Marvin Molina Seijo
78 Mason Barrows
79 Jelmanie Velez
80 Nicholas Arsenault
81 Jartavis Penfo

**Head Coach**
Mark DeBrito
**Asst Head Coach**
Marc Hayes
**Coaches**
Harry Lowe, Rudy Bulger, Jose Goodine, John Seed, Kelvin Ortiz, Jamie Sylvia, Kevin Nunes, Lydell London, Chris Grande
**Freshman Coaches**
Andrew Cohen, Frank Gracia, Jon Bulgar, Sam Dejesus

# Unified Basketball

**Row 1:** Juan Rubio Zepeda, Rylee Ramos, Ibrahim Conde, Head Coach Phillip McDavitt, Carmine Torres, Alexis Rebello. **Row 2:** Coach Barbosa, Lauren DaSilva, Josh Ferreria, Thierry Germain, Kaden Lima, Ben Raccine, Nicholas Resendes, Dakota Bussey, Cole Silva, Alexia Thompson, Zaria Anderson, Coach Melissa Renauld.

# Fall Cheer

**Row 1:** Sariah DaSilva, Madison Silveira, Jayliana Collazo, Georgina Rodriguez, Leily Semedo, Marisol Mendoza, Aria Ferreira, Atiyanna Fernandes. **Row 2:** Alexis Mendoza, Julie Torres, Gisele Correia, Ayva Faria, Lauren Baylies, Alexis Furtado, Gabriella Amaral

# Wrestling

**Row 1:** Jose Bonilla, Nate Caron, Mitchel Thompson, Aaron Pimental. **Row 2:** Ishmael Ofu, Eric Boucher, Angel Torres, Isaiah Silva, Ava MacMaster. **Row 3:** Luis Garcia, Tayel Guzman, Dereon Tremblay, Miguel Gomes, Daniel Arevalo Guevara, Coach Jamaal Hull, Forrester Thompson, Jelamine Velez, Christopher Lopez, Robert Figueroa Algarin, Josiah Martins Sepedo.

# Winter Cheer

**Row 1 :** Julie Torres, Lauren Baylies, Georgina Rodriguez, Jayliana Collazo, Madison Silveira, Steff Rodriguez, Marisol Mendoza **Row 2:** Atiyanna Fernandes, Jaselle Reyes, Aria Ferreria, J'ahndra Gomes, Savannah Fortes, Alexis Furtado, Ayva Faria **Row 3:** Gabriella Amaral, Sage Santos, Genesis Mejia, Jaycee Morales-Lopez, Chloe Soares

# Boys Basketball

**Row 1:** Jensen Farnworth, Joseph Anderson, Tyler MIlls, Januel Acosta, Craig Baptista, Colin Rodrigues **Row 2:** Ronnie Dabarros, Javion Lloyd, Damarius Roberts, Anthony Diakite, Dezmond Brunskill, Joseph Goodine, Evan Avila, Head Coach Matt Hill, Assistant Coach Tony Gaffney

## Record 14-8

| OPPONENT | Score | Result |
|---|---|---|
| @Middleboro | 65-53 | W |
| Dennis-Yarmouth | 68-50 | W |
| @Boston English | 51-50 | W |
| Barnstable | 84-58 | W |
| Bridgewater-Raynham | 69-60 | W |
| @Dartmouth | 62-67 | L |
| @O'Bryant | 61-60 | W |
| Durfee | 60-57 | W |
| Foxborough | 40-59 | L |
| @Brockton | 58-73 | L |
| @Barnstable | 68-61 | W |
| Taunton | 60-62 | L |
| @Dennis-Yarmouth | 67-46 | W |
| Middlboro | 68-57 | L |
| @Bridgewater-Raynham | 69-57 | W |
| Dartmouth | 69-68 | L |
| @Durfee | 57-48 | L |
| Brockton | 60-53 | W |
| Boston English | 73-51 | W |
| Playoffs | 66-56 | W |
| Milford | 67-54 | W |
| @North Andover | 63-65 | L |

# Winter Track

**Front Row:** Calvin Cruz-Duarte, Jahzed Valls Sierra, Kevin Ayala Manso, Devin Vieira, Juliana Fernades, Victoria Arribada, Yvonne Le, Lana Jones **Row 2**: June Wildman, Juliah Castelo, Nialonis Smith, Lilian Brine, Sophia Perry, Becky Zheng **Row 3**: Amaya Pastor Norales, Janaya Goncalves, Na'Kaylah Johnson, Emmanie DaSilva, Arielle Ali Abraham, Telma Da Luz Rocha, Melissa Ribeiro **Row 4**: Clayton Pastor Norales, Natalie Dillatteo, Lily Gonet, Omari Araujo-Washington, Madalena Morris, Renilde DeAndrade, Berta Semedo, Darelene Gibau, Nadia Lopes Vaz **Row 5:** Elliott Talley, Jose Diaz, Dallas Gomes, Joseph Castelo, Tommy Mok, Matthew Lavoie, Bayron Maldonado **Row 6**: Nathaniel Stafford, Christian Martinez, Carter Barbosa, Edenilson Semedo, Fernando Polanco **Row 7:** Jerson Macedo, A'jay Rivera, Nicholas Arsenault, Nathan Bickett, Connor Silva, Edahi Mejia, Yanick Spencer

# Girls Basketball

## Record 14-8

| OPPONENT | Score | Result |
|---|---|---|
| Middleboro | 63-43 | W |
| Sandwich | 65-37 | W |
| @Bronstable | 54-42 | W |
| Falmouth | 46-38 | W |
| @Sandwich | 62-40 | W |
| @Bridgewater-Raynham | 47-35 | L |
| @Dartmouth | 58-52 | L |
| @Durfee | 46-32 | W |
| Brockton | 54-50 | L |
| Somerset Berkeley | 47-41 | W |
| Barnstable | 57-23 | W |
| @Taunton | 53-39 | W |
| @Falmouth | 47-44 | W |
| Bridgewater-Raynham | 65-46 | L |
| Dartmouth | 58-28 | L |
| @Somerset Berkeley | 55-48 | W |
| Durfee | 45-43 | W |
| @Brockton | 50-47 | L |
| @Middleboro | 48-42 | L |
| Taunton | 69-52 | W |
| Brockton | 55-44 | W |
| Brookline | 64-45 | L |

**Row 1:** Arjana DoCoste, Mari MacMaster, Tatum Reis, Alexia Thompson, Vanessa Bucha, Hannah Pereira, Kaidyn Cifelli **Row 2:** Assistant Coach: Jeff Perry, Alexis Rebello, Ava Kaplan, Zaria Anderson, Viena Andrade, Hayleigh Chenard, Alexis Marie Fitzgerald, Head Coach: Jordan Pina

# Girls Swimming

**Row 1:** Sara Curry, Abbigail Niland, Mackenzie Baggs, Cynthia Torres, Tess Tarpey. **Row 2:** Leslie Padilla, Piper Reis, Hannah Blanchard, Ashlynne Rysz, Ketsia Nyonga, Serenity Coleman, Trinity Coleman. **Row 3:** Coach Gerry Fortes, Peighton Sousa, Teresa Jacob Reig. Lillian Jupin, Jaliyah Perry, Savannah Medeiros, Leila Russo, Jalysa Noriega, Nora Politano, Audrey Sousa., Head Coach Tim Curry. **Row 4:** Head Coach Koby Verran, Belle Almeida, Jacqui Bank, Marissah Fleurival, Lauren Melo, Violet Lopes, Caroline Huston, Annabelle Huston, Amelia Davis, Djamila Andrade DeSilva, Celia Tango, Angilee Rodriguez, Assistant Coach Michael Gryss. Not pictured: Emily DaCosta, Kaitlyn Morgado and Lynsee Morgado

## Record 8-0

| OPPONENT | Score | Result |
|---|---|---|
| ORR | 95-56 | W |
| @Apponequet | 92-58 | W |
| @Bishop Feehan | 93-92 | W |
| Bishop Stang | 81-58 | W |
| @Bridgewater=Raynham | 92-76 | W |
| @Middleboro | 100-81 | W |
| Brockton | 92-56 | W |
| Durfee | 100-81 | W |

# Boys Swimming

**Row 1:** Luis Santana-Tinoco Alexandre Conde, Mohamed Ahmed, Hugo Jacob Reig **Row 2:** Assistant Coach Geraldine Fotes, Koby Verran, Samuel Zhang, Owen Jupin, Jake Giordano, Michael O'Leary, Liam Brennan, Maxi Silva, Cairon Nunez, Assistant Coach Michael Gryss, Head Coach Timothy Curry

## Record 2-6

| OPPONENT | Score | Result |
|---|---|---|
| ORR | 73-82 | L |
| @Apponequet | 82-71 | W |
| @Bishop Feehan | 74-94 | L |
| Bishop Stang | 64-70 | W |
| @Bridgewater=Raynham | 78-93 | L |
| @Middleboro | 71-92 | L |
| Brockton | 71-83 | L |
| Durfee | 71-91 | L |

# Whaler Wave

**Row 1:** Madison Rodrigues, Jenna Nogueira, Sara Curry, Gisa Barbosa, Lana Jones, Becky Zheng, Ariana Melo, Tilly McKay. **Row 2:** Cassie Martins, Cynthia Torres, Tess Tarpey Aliana Areias, Hayleigh Chenard, Gabriela Tsaliagos, Madalena Morris. **Row 3:** Kristen Liming, Hannah Pereira, Tatum Reis, Jalexa Johnson, Rylan Brody, Samuel Zhang

# Jazz Band

**Front Row:** Starz Lopes, Lillie-Marie LeClair, Jayden Santos, Luis Colon, Monica Vasquez, Sarah Silveira, Jake Gioiosa **Row 2:** Elliott Talley, Makenna Calvao, Kenry Myrthil, Luke Duarte, Luis Morales, Alexis Leonardo **Row 3:** Zachory King, Jonathan Mooney, Sam Eckert, Lucas Consoli, Israel Osazuwa, Ashh Antunes

# Jazz Combo

**Row 1:** Makenna Calvao, Lillie-Marie LeClair, Ashh Antunes **Row 2:** Zachory King, Israel Osazuwa, Jayden Santos

# The Whaler Post

**Front Row:** Sophia Costa, Makenny L'Heureux, Ender Sequeira, Olivia Ramirez-Berry, Carolina Moreno Cornejo **Row 2:** Victoria Aribada, Lauren Melo, Vanessa Bucha, Yolunys Watts DeJesus. **Not pictured:** Yomarie Velez, Natasha Robles, Anthony Lee Rivas, Anthony Woodis, Angie Rivera.

# Concert Chorale

**ROW 1** Shandaliz Rivera, Ed Ayala Lopez, Jaimilynn Teixeira, Elizabeth Raposa, Olivia Coe, Yumi Price. **ROW 2** Liliana Phaneuf, Ronnie Lopes, Olivia Viera, Narsu Jamina, Ashh Antunes, Lillie-Marie LeClair. **ROW 3** Naira Araujo Soares, Ayva Faria, Makenna Calvao, Sam Eckert, Aaron White, Jaelyn Rodericks, Elielis Fermino.

# SATB Show Choir

**ROW 1:** Ashh Antunes, Alexis Leonardo, Alex Souza, Olivia Coe, Ed Ayala Lopez, Elizabeth Raposa, Kenlea Paris, Skyla Freitas. **ROW 2:** Lillie-Marie LeClair, Naira Araujo Soares, Shandaliz Rivera, Narsu Jamina, Abigail Spriessler, Cassandra Ellis, Jaimilynn Teixeira, Moya Ferbert. **ROW 3:** Juli Star Lopes, Makenna Calvao, Kaylah-Ann Francis, Luke Duarte, Elielis Fermino, Sam Eckert, Aaron White, Kenterrio Williams, Jaelyn Rodericks, Isabella Berry, Liliana Phaneuf.

# Film Club

**Row 1:** Nadia Villanueva, Alexander Brown, Jordyn Greene, Adrian Coreas Grantes, Brienne Ricardo (Adviser). **Row 2:** Derek Fountaine, Joseph Fernandes, Jordyn Erickson, Maximiano Veiga Gomes, Ricardo Araujo

# Key Club

**Row 1:** Estefany Sam Tix, Stefani Campbell, Lauren Panaro, Abbigail Niland, Madison Rodrigues, Kahlen Bertoldo. **Row 2:** Elizabeth Ciprian-Ventura, Juliana Melara Reginos, Sophia Perry, Becky Zheng, Keyanna Jones, Jucelene Lee, Jade Torres, Muphaella St Felix. **Row 3:** Jorja Bowman, Janice Da Costa, Emma Przybysz, Hayleigh Chenard, Savannah Laubenstein, Fin Graça, Allyson Canuto. **Row 4:** Keyshlianix Jorge Benitez, Taya Carvalho, Tatiana DesJardins, Jennifer Franco, Araceli Valladares, Isabella Colangelo.

# Gender Sexuality Alliance

**Row 1:** Jaimilynn Teixeira, Madison Soares, Shadow Zara Abdow, Juliana Gomes. **Row 2:** Ashmedai Scott Briggs, V. Quiterio, Keirsten Elizabeth-Jeanme Soaza, Zackary Violet St. Gelais, Ryder Mulkern, Emory Cail, Ender Sequeira. **Row 3:** Jaden Dean, Olivia Ramirez-Berry, Owen Jhavet Ortiz-Courtier, Xavier Fernandez, Harrison McKeehan, Adviser Nathan Duclos-Rickard, Adviser Lainie Ore

# Great Outdoors Club

**ow 1:** J'ahndra Gomes, Lana Jones, Yaritza Belen, Madalena Morris, Sarah Silveira, Yvonne Le, Elizabeth Raposa, Jaimilynn Teixeira, Alex Souza, Abigail Niland, nna Nogueira, Emma Przybysz, Juju Lee, Kahlen Bertoldo. **Row 2:** Lynne White, Leslie Padilla, Sophia Perry, Mia Colangelo, Anisa Tavares, Stephanie cajau-Castellanos, Rylan Brody, Morgan Ferland, Gabriela Tsaliagos, Maria Oliveira, Keyanna Jones, Hayleigh Chenard, Yanira Alvarez-Ayala, Lauren Panaro, nnifer Franco. **Row 3:** Joao DeSouza, Jacqui Bank, piper reis, Jake Gioiosa, Mark Dressel, Allyson Caruto, Isabella Colangelo, Carter Barbosa, Aaron White, aroline Huston, Mackenzie Baggs, Hannah Pereira, Belle Almeida, Richard Huston

# Art Club

**Row 1:** Cristal Roman Crespo, Jordyn Erickson, J.J. Greene, Maggie MacRamos, Jaiden Brooks, Margot Harrington, Kimberly Jimon-Delacruz (secretary), Shandaliz Rivera, Racquel Rodriguez, Diana Noyce (president) **Row 2:** Christian Lopez, Isaiha Linares, Kai-Lynne Badio, Kaila Cardona, Angelina Sanchez, April Tavares, Maximiano Veiga Gomes J.R. (community events chair), Jucele Lee, Jupiter Lincoln, Jae Rodericks (NBHS events chair), Nadia Villanueva, Alexander Avila, Alanna Boucher (sponsor) **Row 3:** Starz Lopes (fundraising chair), Kayleah Matos, Joseph Fernandes, Ivan Robledo Espana, Devin Nobrega, Prince Kionnaje Wright, Jonathan Rhames, Kenry Myrthil, Mia Colangelo, Ruben Martinez, Derek Fountaine, Lucian O'Keefe, Elijah Demello

# National Honor Society

**Row 1:** Aniya Gourdin, Kahlen Bertoldo, Luisa Cu Raymundo, Abbigail Niland, Sara Curry, Jenna Nogueira, Edelmis Calderon Marcano, Elizabeth Raposa, Ariana Melo **Row 2:** Elizabeth Edminster, Ashira Price, Allyson Canuto, Yvonne Le, Kailey Sousa, Mariela Pano, Stephanie Sicajau-Castellanos, Anisa Tavares, Gabriela Tsaliagos, Tess Tarpey, Hannah Costeira **Row 3:** Hannah Clougherty, Carla Barbosa Barros, Maeva Depradines, Hannah Pereira, Mackenzie Baggs, Tatum Reis, Yamiah Amolrade Fernandes, Aaron White, Jayden Santos, Makenna Calvao, Cynthia Torres

# Marching Band

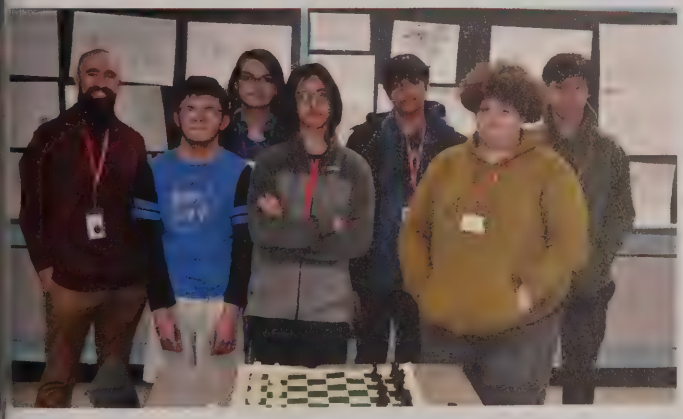
**DRUMLINE**
**Row 1:** Navi Girouard, Kalese McGee, Ashh Antunes, Yvonne Le, Jordann Dillard, Kaleb McGee, Lucas Consoli, Aidyn Ramos, Israel Osayi-Osazuwa **Row 2:** Israel Velez-Rosa, Shea Lowney, John Casimiro

**BRASS**
**Row 1:** Makenna Calvao, Marisol Mendoza, Liliana Bruno, [illegible] Jade Torres, J'ahndra Gomes. **Row 2:** Luis [illegible] Tavares, Samuel Eckert, Kaylah-Ann Francis, Luke [illegible]

**COLOR GUARD**
**Front Row:** Shandaliz Rivera, Sarah Bartolomey, River Hughes, Andrea Pena, Justn Torres, Kimberly Jimon-Delacruz

**WOODWINDS**
**Row 1:** Sarah Silveira, Jetzibehl Rosario, Frantzciama [illegible] **Row 2:** Aryana Oliveira, Cassandra Ellis, Nyla Andrade, Lillie-M[illegible] LeClair, Elielis Fermino, Kora Desrochers **Row 3:** [illegible] Daniels, Luis Colon, Amber Rosonina, Frederick Renovat[illegible]

# Chess Club



**From left:** Sponsor Craig DeMelo, Tucker Duarte, Devon Manuel Martinez, Haider Bokhari, Seth Miller, Darrius Baptista

# Anime Club

**From left:** Jaiden Brooks, Mya Souto, Joshua Gracie, Henry Myrtl, Timothy Erickson, Devon Valente Costa

# EDUCATIONAL OPPORTUNITY CENTER: THINKING ABOUT YOUR FUTURE!

Seven Hills
Behavioral Health
*An Affiliate of Seven Hills Foundation*

## CONTACT INFO

*Educational Opportunity Center*

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Seven Hills Behavioral Health
10 Welby Road, New Bedford, MA 02745. (508) 996-3147
Exit 5 off of Route 140

For an in-person appointment, please call our main office at (508) 996-3147

For a phone or virtual appointment, call the main office at (508) 996-3147

## HOURS

Monday - Friday 9:00 am - 4:00 pm
*by appointment only*

Saturday and evening appointments available at our main office, or virtually throughout the year

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- College Financial Aid Planning Application Assistance *FAFSA*
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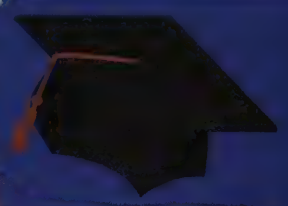

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Educational Opportunity Center is a project of the Massachusetts Education and Career Opportunities Inc. in partnership with Seven Hills Behavioral Health. Educational Opportunity Center is supported through the United States Dept. of Education TRiO Grant Program.

**CONGRATULATIONS**
**to all seniors and a special congrats to the UNDEFEATED girls swim team!**
from Coach Gryss

***"The sky is full of stars and there's room for all of them to shine."***

Congratulations! We are so proud of all of you. Much success with the journey ahead.

*--Your Related Service Team*

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xxx ooo

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*Lauren,*
*I have loved being able to spend extra time with you on our rides to and from school. I will miss it so much! But I am excited for you to begin the next step in your journey, and I can't wait to be along for the ride.*
*Love, Mom*

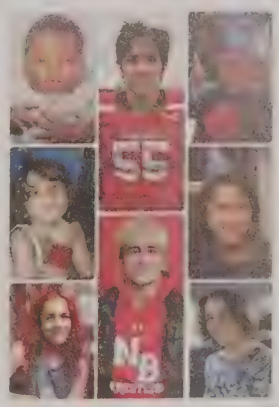
**Congratulations Class of 2023!**
It has been such a joy getting to know you over the past two years. You are truly some of the brightest and most thoughtful students I have worked with. I am going to miss you and wish you all the best for your futures!
–Ms. Pimentel, Librarian

Linda R,
I will be lost without you. I am so proud of who you are and how far you've come. Keep on being the best!
–The other L.R.

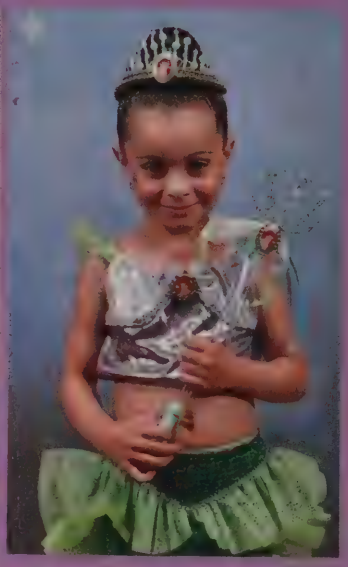
**Kailey Sousa, The Class of 2023 couldn't have done it without all of your help, heart and dedication.**

**MITCHEL THOMPSON**

**Congratulations on your graduation. Always work hard to achieve your dreams. Never settle and don't let anyone tell you can't conquer anything you set your mind on. We Love You. Mom & Dad**



# Anisa Grace Tavares

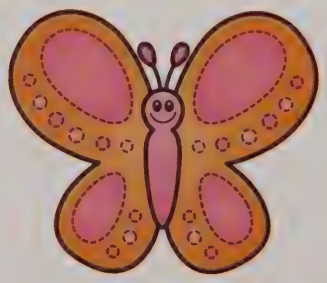


Anisa, sweetheart, we are so very proud of you and all of the hard work and determination you give every day to achieve your goals. You balanced AOH, dual-enrollment, early college, work, friendships, and Marvel! You did it! There is never any doubt in our minds how far you can go and how much success you will achieve! May God and the love from your family continue to enrich all that your heart desires. We love you so vey much! Beijinhos e muito carinho from Mom, Dad, and Lyla!

## Thank you, Elizabeth!

**We are so proud of you for all that you have accomplished.**
**Love,**
**Vovo and Tia Ana**

**Thank you for keeping your promise to Vavo. She and the angels are so proud of you.**
**Love you, Peanut.**



**Elizabeth,**

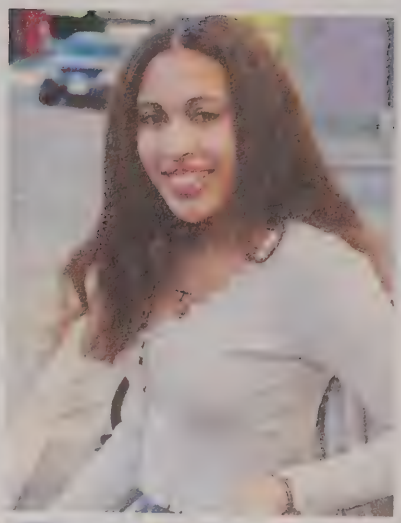
***On this special day, I would like to congratulate you for your strong work. As you begin the next chapter, you must look ahead and dream of all of the bright possibilities that your future holds for you.***
***Today and for the rest of your life ... may all your dreams come true!***

**Your friend, Lori**

# Ava & Mari

We look at you now with the same wonder and amazement we could see in your eyes as little girls. You continue to achieve great things and make us proud and we know this is just the beginning! We love you to pink space and back, my darlings, and we are always cheering you on!
Congratulations!
Love, Mom, Dad & Silas

Congratulations Ava & Mari! We're filled with love and pride for you, always. God bless your journey.
Love, Papa,Gigi & Uncle Tom xo



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*Love, Ms. Liming*

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A

Abarca Quinonez, Jonathan 118
Abdow, Aisha 136
Abdow, Shadow 173
Abolarinwa, Victoria 80
Abraham, Arielle 168
Abreu, Naijion 136
Acevedo, Adrian 39
Acevedo, Avah 118
Acevedo, Candislee 118
Acevedo, Payton 80
Acheampong, Kyanda 118
Acosta, Januel 64, 80, 81, 91, 101, 103, 167
Acushnet Creamery 85
Adams, Christine 152
Adao, Aiden 13, 80, 125
Adao, Trey 7, 104
Addison, Kaeterle 152
Adesso, Jenna 136
Adorno, Aliani 104
Adorno, Amari 136
Adorno, Thalia 104
Agostinho De Souza De Sa, Cibele 118
Aguiar, Darnell 80
Aguiar, Marissa 136
Aguiar, Prestin 136
Aguiar, Ricardo 152
Aguiar, Ronald 152
Aguilar Gamez, Omar 104
Aguilar Lopez, Rivaldo 118
Aguilar Lopez, Roberto 118
Aguilar Pol, Geri 136
Aguilar Valladares, Angelica 136
Ahmed, Maryam 136
Ahmed, Mohamed 69, 169
Aiello, Nevae'H 80
Aj, Henry 104
Ajeataz Suar, Sandra 104
Ajqui Garcia, Meyssi 80
Alamo Aponte, Ana 80, 93, 101, 103
Alamo Vega, Yadriel 80
Alavarez-Ayala, Yaritza 47
Alberto Mejia, Wilson 118
Albino, Vanessa 80
Alcaron, Kevin 81
Alexander, Aaliyah 136
Alferes-Comins, Kobe 136
Alfonse, Adam 80
Algarin, Figueroa 74
Alicea, Jyzaiah 136
Allain, Chace 10, 11, 152
All-City Concert 15
Allende Driscoll, Arianne 80
Allende Driscoll, Elijah 118
Allison, Joan 152, 164
Almeida, Beatriz 37, 58, 80, 163
Almeida, Belle 136, 139, 169, 173
Almeida, Caitlyn 162
Almeida, Hailei 13, 136, 139
Almeida, Joshua 136
Almeida, Ma'kyah 118
Almeida, Marcel 11, 136
Almeida, Zyhar 136
Alomar Guzman, Yedriel 118
Altar, Andre 104
Altar, Miguel 80
Altman, Lance 152
Altman Sherman, Robin J 152
Alvarado, Edwin 80, 163
Alvarado Garcia, Carlos 118
Alvarado Sanchez, Jason 80
Alvarez-Ayala, Yaritza 118, 164, 173
Alvarez Frakes, Elize 136
Alvarez Garcia, Erika 136
Alves, Claudio 80
Alves, Daniel 118
Alves, Emily 115, 152
Alves, Fernando 80, 163
Alves, Isabel 104
Alves, Jasmin 118
Alves, Jaylen 80
Alves, Logan 136
Alves, Valerie 152
Amado, Kaleal 118
Amaral, Afonso 118, 163
Amaral, Ayvianna 118
Amaral, Gabriella 62, 76, 77, 136, 166, 167
Amaral, Justin 80, 91, 101, 103
Amaral, Rose 81
Amaral, Zachary 136
Amaral Arabian, Nevaeh 81
Amaro, Aidan 136
Amaro, Andre 136
Amaro, Nevaeh 118
Anacleto Francis, Aaliyah 118
Anaya Colon, Diomar 118
Anderson, Joseph 64, 104, 167
Anderson, Thomas 152
Anderson, Zaria 67, 118, 165, 168
Andrade, Abilio 118
Andrade, Anthony 104
Andrade, Daijon 81
Andrade, Daniel 152
Andrade, Emily 104
Andrade, Eurico 136
Andrade, Isaiah 136
Andrade, Ivanilda 81
Andrade, Kaydence 118
Andrade, Laura 118
Andrade, Leandro 118
Andrade, Nyla 175
Andrade, Shaylene 104
Andrade, Viena 168
Andrade Aguiar, Brandy 118
Andrade Aguilar, Iris 81
Andrade Alves, Luis 136
Andrade Ayala, Maby 118
Andrade Conceicao, Darlene 104
Andrade Da Silva, Djamila 118
Andrade dos Reis, Ledine 81
Andrade Fernandes, Jamiah 8, 81
Andrade Rodrigues, Mayara 104
Andrews, Jaeha 136
Andrews, Kendal 136
Andrews, Xavier 136
Angelini, Savanna 118
Angelini, Tristina 81
Anime Club 175
Antunes, Ashh 15, 40, 170, 171, 175
Antunes, KyLee 104
Antunes, Leonel 137
Antunes-Bradley, Amir 104
AP European History 11
AP Literature 12
Aponte, Antonio 119
Aponte Neris, Ashanty 104
AP Research 1, 12
Aquiar, Christiyana 104
Aranjo, Adrian 104
Araujo, Ricardo 104, 113, 172
Araujo Soares, Naira 104, 171
Araujo Vidal, Angel 137
Araujo-Washington, Omari 168
Arce, Elaina 119
Arce Degrace, Johnathan 81
Areias, Aliana 58, 59, 81, 163, 170
Arellano, Ronny 81

Arevalo Guevara, Daniel 166
Arevlo-Guevara, Daniel 137
Arita Lara, Keilin 81
Armendariz Marquez, Abraham 137
Arnum, Sanaah 23, 81
Arocho Dones, Edilia 152
Arribada, Victoria 35, 72, 81, 168, 171
Arroyo, Edzel 119
Arroyo, Janelys 81
Arruda, Christofer 119
Arruda, Gabriela 137
Arruda, Je'zelle 137
Arsenault, Nicholas 119, 165, 168
Art Club 5, 174
Ashley, Laylonnie 137
Aubin, Samantha 81
Aucoin, Stephanie 10, 152
Aulston, Alexander 119
Avelino, Luidgi 119
Avendano, Benjamin 163
Avila, Alexander 174
Avila, Evan 65, 167
Avylla, Kennedi 104
Ayala, Daniela 104
Ayala, Jose 104, 113, 165
Ayala, Mathew 119
Ayala, Ronis 54, 81, 163
Ayala Cepeda, Shaleeha 81
Ayala-Lopez, Keilyn 119
Ayala Manso, Kevin 50, 72, 81, 89, 101, 103, 165, 168
Ayala Melendez, Regina 104
Ayala Rodriguez, Nashaly 81
Azevedo, Kimberly 152

## B

Bachstein, Chloe 14
Badio, Kai-Lynne 174
Baez, Darielys 37, 82, 163
Baez, Jael 119
Baez, Jhan Carlos 137
Baez, Preston 137
Baez Sanchez, Carieishka 36
Baggs, Mackenzie 38, 48, 82, 164, 169, 173, 174
Balrain, Lyndsey 152
Bank, Jacqui 139, 164, 169, 173
Bank, Kiva 23, 26, 104, 164
Baptista, Craig 52, 64, 104, 162, 167
Baptista, Darrius 119, 175
Baptista, Isaiah 119
Barbosa, Adilson 82
Barbosa, Carter 9, 12, 54, 55, 104, 163, 168, 173
Barbosa, Gisa 1, 170
Barbosa, Jessica 82
Barbosa, Kyle 104
Barbosa, Macario 82
Barbosa, Nathan 137
Barbosa, Rayanna 137
Barbosa, Vanilson 55, 82, 163
Barbosa DePina, Djeison 119
Barbosa DePina DosSantos, Tiago 137
Barbosa Teixeira, Gisa 82
Bardan, Erica 152
Barea Velez, Rinaldy 104
Barrera De La Cruz, Brandon 119
Barros, Carla 82, 119, 174
Barrows, Mason 82, 165
Bartolo Chingo, Albin 137
Bartolo Chingo, Deymer 137
Bartolomey, Jonathan 137
Bartolomey, Sarah 82, 175
Basketball 60, 61, 64, 65, 66, 67
Bassett, Ashtyn 137
Baylies, Lauren 62, 105, 166, 167
Beaulieu, Payton 82
Beck, Andrew 137
Bedard, Sergeant Jerry 152
Belen, Yaritza 139, 164, 173
Beltran, Alejandro 105
Benevides, Kyle 119
Benites Velasquez, Luis 105
Benitez Portillo, Melvin 137
Bennett, Jason 162
Bennett, Owen 119
Bennett-Tucker, Anette 119, 121, 123
Benoit, Chelsey 152
Bentley, Alexis 119
Berberena, Kirra 137
Bernardo, Enaida 137
Bernardo, Steven 119
Bernier, Kayla 82
Berry, Isabella 105, 171
Berry, Ja-Khai 137
Bertoldo, Kahlen 13, 38, 82, 159, 172, 173, 174
Bethoney, Col. Stephen 153
Bickett, Nathan 47, 119, 164, 168
Big Mac 83
Bigos, Ian 82
Bikini Bottom Day 26
Bilodeau, Sofia 36, 105
Bishop Feehan 169, 191
Bishop Stang 162, 163, 164, 169
Bizzarro, Chasity 119
Black, Jack 115
Blackson, Sydney 153, 157
Blackwell, Jordan 119
Blakney, Marquis 82
Blanchard, Hannah 48, 119, 164, 169
Blanchard, Kaleb 137
Blanchard, Makai 137
Bland, Ryan 153
Blechar-Melancon, Michael 105
Blevines, Narissa 5
Blum, Olivia 82, 91, 101, 103
Boc Luis, Luis 137
Boga, Jessica 153
Bojorquez Galindo, Anthony 137
Bokhari, Haider 119, 175
Bonilla, Luis 153
Bonilla Aquiriano, Jose 74, 75, 82, 143, 165, 166
Bonneau, Kianna-Rae 137
Bonner, Heather 153
Bonnie and Clyde 105
Borden, Brooke 82
Borges, Jacob 105, 113
Borges, Jose 137
Borges, Lynnse 82
Borges, Merandia 137
Born This Way' 38
Botelho, Ava 82
Botelho, Dylan 82, 153
Botelho, Melinda 153
Botelho, Michael 105
Botelho, Nicholas 82
Botelho-Tema, Kimberly 137
Bouchard, Devon 105
Boucher, Alanna 153, 164, 174
Boucher, Eric 74, 82, 166
Bowman, Jorja 39, 105, 172
Bowman, Kai 105
Boyce, Seaver 11, 153
Boye, Virgilio 137
Braga, Corey 105
Braga, Suzanne 153
Braga Canadinha, Serena 105
Braga Matos, Kaitlyn 82
Brasidio, Ana 82
Braz, Maya 85, 119
Bridgwater Raynham 67
Briggs, Ashmedai 40, 119, 173
Brine, Lilian 48, 73, 105, 164, 168
Brinza, Kriss 153
Brites, Ashley 153
Brito, Amari 138
Britto, Evan 82
Britto, Laron 138
Brody, Rylan 12, 23, 105, 170, 173
Brooks, Jaiden 105, 174, 175
Brothers, Maddisyn 105
Brown, Alexander 105, 172
Brown, Ashley 153
Brown, Averi 119
Brown, Izaiah 82
Brown, Jalen 119
Brown, Jasper 138, 139
Brown, Nekia 105
Broyles, Collin 138
Brum, Justin 105
Brunette, Aiden 138
Bruno, Liliana 19, 139, 175
Brunskill, Dezmond 51, 105, 165, 167
Brunskill, Lennox 138, 165
Bucha, Vanessa 35, 44, 57, 66, 67, 82, 85, 162, 168, 171
Bueno Abu, Edailyn 119
Buitrago, Ian 138
Bulgar, Jon 165
Bulger, Rudy 165
Burdman, Liam 69, 162, 169
Burgo, Joshua 119, 123
Burgos, Na Rya 120, 123
Burks, Najah 105
Burnes, Stephanie 153
Burns, James 82
Burr, Nevijha 101, 103
Busanet Quiros, Emily 105
Busby-Filkins, Toni 120
Bussey, Dakota 61, 82, 165
Butler, Devery 83

## C

Caballero Ventura, Sara 138
Cabral, Anthony 138
Cabral, Carlos 120, 123
Cabral, Haily 83
Cabral, Jeremiah 83
Cabral, Keira 120
Cabreja, Anthony 105
Cabrera, Heilie 120
Cabreras, Kamila 138
Cac Suar, Emely 138
Cac Tzoy, Alonzo 138
Caez, Jhuaniss 37, 83
Cahuec Olmos, Amilcar 120
Cahuec Sam, Mauro 120
Cahuil Aj, Geremias 138
Cahuil Aj, Juana 138
Cahuil Castro, Edgar 138
Cail, Emory 31, 105, 173
Calabrese, Andrew 105
Calachij De La Cruz, Edvin 120
Calbo, Benjamin 105, 165
Calderon Hernandez, Naydelin 138
Calderon Marcano, Edelmis 13, 37, 81, 83, 93, 101, 103, 159, 174
Calel Morales, Wendy 138
Calel Osorio, Francisco 120
Calixte, Prosper 153
Calnan, James 153
Calvao, Makenna 6, 26, 83, 170, 171, 174, 175
Camacho, Carlos 105
Camacho, Elijah 123
Camacho, Kandyce 83
Camacho, Yadiel 83
Camacho, Yemaillie 120
Camacho Ortiz, Yadelis 138
Camara, Brian 153
Camara, Elizabeth 153
Camara, Noah 83
Cambra, Truman 138
Camilo, Eduardo 105
Campbell, Cree-Lyn 83
Campbell, Stefani 105, 113, 172
Campos, Amanda 153
Campos, Amiyah 120
Campos, Jonathan 120
Canahui Cojon, Elida 83
Canil Panjoj, Tomas 120
Canuto, Allyson 34, 38, 83, 93, 101, 103, 172, 173, 174
Cappra, Warren 106
Caraballo Pizarro, Jaydee 83
Carbajal, Maybelin 83
Cardenas, Jarien 106
Cardona, Kaila 120, 174
Cardoso, Devin 83
Cardoso, Noah 120
Cardoso Rodrigues, Aaliyah 9, 83
Cardoza, Joyce 153
Carling, Joshua 153
Carlito, Noah 162
Carmenatty, Angel 120
Caron, Dylan 115, 138
Caron, Nathanyel 74, 83, 166
Caron, Shay-Lynn 83
Carpenter, Kaitlen 106
Carpio Flores, Vilma 106
Carr, Meghan 154
Carranza, Michael 138
Carrasquillo, Frenche 106, 113
Carreiro, Chase 106
Carreiro, Lucas 106
Carreiro, Nicolas 138
Carrera, Jack 154
Carreras Rivera, Luis 120, 123
Carrillo Tomas, Elisama 120
Carrion, Desire 106, 163
Carrion, Elijah 26, 106
Carrion, Iriana 106
Carroll, Chloey 138
Carter, Aiden 106, 113
Carter, Ayden 120
Carvalho, Aiden 19, 37, 120
Carvalho, Taya 120, 164, 172
Carvalho Ribeiro, Carlos 106
Casado, Kiara 106
Casimiro, Anthony 106
Casimiro, John 175
Casteel, Namari 138
Castelo, Joseph 47, 120, 164, 168
Castelo, Juliah 168
Castillo Morales, Bryan 138
Castro, Alexandra 154
Castro, Anaiyah 138
Castro, Andy 120
Castro, Dani 106
Castro, Eni 154
Castro, Jaylin 120
Castro, Jazmyn 120, 123
Castro Julian, Ana 106
Castro Perez, Andrea 138
Castro Perez, Marta 14, 106
Caton, Devon 106
Caton, Makenzie 138
Cavanaugh, Matthew 6, 154
Caverio, Justin 154
Centeio, Davon 120
Centeio, Ivan 138
Central Office Administration 152
Chacaj Chacaj, Armando 120
Chacaj Rojas, Pedro 83
Chace, Ray 106
Chach Aj, Luis 138
Chach Chijal, Petronila 120
Chach Gomez, Elmer 83
Chach Gomez, Osmin 106
Chach Ixcuna, Genaro 120
Chach Perez, Carmen 138
Chalue, Justyne 84
Champagne, Courtney 154
Charbonneau, Mia 120
Charbonneau, Zoe 177
Charest, Dylan 120
Charles, Cedric 84
Charles, Taylor 154
Chaves, Justin 106
Chavez Hernandez, Anthony 138
Cheer, Fall 62, 63, 166
Cheer, Winter 76, 77, 167
Chenard, Hayleigh 47, 66, 106, 113, 168, 170, 172, 173
Chess Club 175
Chibalan Quino, German 138
Chijal, Colaj 11
Chijal Ventura, Isabel 106
Childhood Movie 115
Chingo Chingo, Max 106
Chingo Chingo, Reyna 120
Chingo Chingo, Rolando 120
Chingo-Cirpian, Cristian 138
Chingo De La Cruz, Nelson 138
Chingo De La Cruz, Sandra 120
Chingo Gutierrez, Oscar 120
Chingo Ixperpuac, Eulalio 84
Chingo Luis, Juana 138
Chivalan De La Cruz, Dany 138
Chivalan Tamup, Yobani 138
Chor, Casimira 138
Choudhury, Kashif 13, 19, 138, 139
Christmas, Joe 84
Christmas Carol 1, 24, 25, 79
Chun Olmos, Harold 120
Cifelli, Kaidyn 67, 168
Cine, Didlay 120
Cine, Wilbens 106, 115
Ciprian, Jesslyn 138
Ciprian Cosme, Martina 120
Ciprian Ixcuna, Alex 120
Ciprian Lucas, Jose 84
Ciprian Tzoc, Maria 120
Ciprian-Ventura, Elizabeth 84, 172
Cirello, Isabela 154
Cirino, Eliezer 138
Cirino, Luis 113
Cisneros, Demetrius 139
Cisneros-Ojeda, Julio 139
Ciuro Santiago, Julian 139
Civil Rights Movement 10, 11
Class of 2023 photo 42, 43
Clayton, Walter 84
Clegg, Jaila 139
Clougherty, Hannah 154, 174
Clubs Divider 160, 161
Coates, Willie 154
Coe, Avalee 139
Coe, Olivia 33, 139, 171
Coelho, Bernadette 153, 189
Coelho, Camila 84
Coelho, Ethan 84
Coelho Conde, Jeffrey 139
Cohen, Alec 106
Cohen, Andrew 154, 165
Cohen, Ethan 115, 120
Coj-Chuj, Betsy 139
Coj Garcia, Alex 84
Colaj Aj, Eulalio 139
Colaj Chach, Juan 120
Colaj Chijal, Jayron 11
Colaj Ventura, Henry 139
Colaj Ventura, Juana 106
Colangelo, Isabella 106, 172, 173
Colangelo, Mia 121, 173, 174
Colby, Anna 154
Cole, Aliviah 139
Coleman, Justin 106
Coleman, Makayla 84
Coleman, Serenity 169
Coleman, Trinity 71, 169
Cole-Vieira, Carter 11, 139
Collado, Nicole 81, 84, 95, 101, 103
Collazo, Carlos 106, 113
Collazo, Jayliana 38, 121, 166, 167
Collazo, Kaylanie 84
Collazo Reyes, Stacy 84
Collazo Rodriguez, Jermaine 84
Collazo-Ruiz, Alexis 84
Collins, Izabela 106

Collins, Noah 121
Collins, Tristen 121
Colon, Emily 121
Colon, Luis 21, 37, 121, 165, 170, 175
Colon Rosado, Nellyda 84
Color Guard 40, 175
Colton, Kaizyon 121
Concert Chorale 171
Conde, Alexandre 69, 139, 169
Conde, Elizabeth 154
Conde, Ibrahim 84, 165
Conley, James 154
Conley, Kenji 106
Consoli, Lucas 139, 170, 175
Constanza Campos, Katherine 139
Contreras-Almeida, Julianna 139
Cook, Braedin 121
Cook, Evan 60, 61, 84
Coombs, Erica 121
Coombs, Kayden 121
Cooper, Jayde 84
Corado Garcia, Jefferson 84
Cordeiro, Caitlyn 121, 162
Cordero Harnois, Kiara 106
Cordery, Colbey 84
Cordwell, Shawn 84
Coreas Orantes, Adrian 12, 121, 172
Cormier, Lahrissa 106
Cormier, Stephanie 154
Cornejo Cabrera, Elida 139
Correa, Eddie 106
Correa, Jose 84
Correia, Adrian 121
Correia, Austin 106
Correia, Gisele 62, 166
Correia, Kaden 139
Correia, Sidney 139
Correia Fortes, Leidy 121
Corrie, Harrison 14, 139
Corte-Real, Skyler 84
Cortes, Isack 121
Cortes, Jacenia 121
Cosgrave, Evan 139
Cosme, Gilly 139
Cosme Hernandez, Danialys 106
Cosmo, Austin 106
Costa, Celeste 17
Costa, Daniella 106
Costa, Melissa 152
Costa, Mikaeyla 154
Costa, Ollie 56, 57, 162
Costa, Peyton 106
Costa, Sophia 34, 84, 171
Costa, Tiffany 154
Costeira, Hannah 13, 84, 174
Costeira, Mya 106
Cos-Ventura, Hailee 107
Cote, Alexis 19, 121
Cote, Gabriel 139
Cotter, Christopher 152
Cotto Ortega, Daytsha 139
Cotto Ortega, Joxel 84
Cousins, Olivia 121
Couto, Giovanni 139
Couto, Sandra 115, 154
Coxic Velasquez, Albino 84
Coxic Velasquez, Felipe 107
Coxic Velasquez, Mauricio 121
Craig, Alicia 154
Creative Writing 13, 159
Crepeau, Austin 107
Crespo, Alicia 84
Crockett, Elijah 139
Cruz, Joseph 107
Cruz, Trevor 121
Cruz-Duarte, Calvin 85, 165, 168
Cruz Pena, Daivili 107
Cruz Rosa, Nadeysha 107
Cruz Torres, Jean 121
Cuba, Victoria 105
Cubero, Yeziel 139
Cuc Ramos, Brayan 121
Cuestas Funez, Jonathan 107
Cuevas Caraballo, Amelia 85
Cummings, Daniel 85, 189
Cummings, Lily 121
Cun, Abner 121
Cunningham, Jasmine 85
Cunningham, Vanessa 121
Cu Raymundo, Luisa 85, 174
Curry, Nancy 32, 154
Curry, Sara 37, 60, 70, 85, 169, 170, 174, 189
Curry, Timothy 16, 154, 169
Curtis, Carolyn 154
Curvelo-Nogueira, Alex 107

# D

Dabarros, Ronnie 167
DaCosta, Emily 7, 121, 164, 169
Da Costa, Janice 36, 85, 172
DaCosta, Liliahna 121
DaCosta Teixeira, Dilson 85, 89, 101, 103
DaCruz, Jorge 17, 38, 51, 85, 143, 165
DaCruz, Tatiana 121
Da Cruz, Thiago 139, 165
DaCruz DePina, Arsenio 107
Da Cruz Goncalves, Nelisangelo 85
Da Cruz Hrecek, Yasmin 121
Daddy Knows Best 26
Dagraca, Brandon 85
Da Lomba, Juliana 121
Da Luz Da Fonseca, Leandro 139
Da Luz Da Fonseca, Leonardo 107
Da Luz Rocha, Telma 107, 168
Damasio, Hannah 107
D'Amore, Susan 154
Dandeneau, Lynne-Marie 33, 154
Dang, Kevin 9, 28, 34, 85, 105
Daniels, Giselle 139, 175
Dapice, Jazmine 121
DaPonte, Ariana 16, 85, 168
Daponte, Hailee 9, 22, 85
DaRocha, Gisele 140
DaRocha, Skylar 107
DaRosa, Cameron 122
Dartmouth High School 61
DaSilva, Christian 122
DaSilva, Cintia 122
Da Silva, Diogo 85
DaSilva, Emmanie 168
DaSilva, Erin 154
DaSilva, Jaden 85
DaSilva, Jason 122
DaSilva, Jazelle 122
Dasilva, Lauren 60, 85, 165
DaSilva, Sabrina 107
DaSilva, Sariah 122, 166
Da Silva, Shantel 154
DaSilva, Simon 140
DaSilva Amaral, Nathan 122
DaSilva Lopes, Dennis 107
Da Silva Lopes, Gabriel 122
Da Silva Suisso, Clara 140
DaSilveira, Soraya 107
DaSilveira, Virginia 122
Daveiga, Silas 122
Da Veiga Vasconcelos, Helio 107
Davis, Amelia 107, 169
Davis, Brianna 85
Davis, Kamron 107
Dawicki, Colleen 152
Dean, Brianna 140
Dean, Jaden 107, 173
DeAndrade, Renilde 140, 168
De Andrade Fernandes, Jenisa 140
De Assis, Deborah 140
DeBarros, Angel 122, 123
DeBrito, Mark 153, 165
DeCarvalho, Djaylah 122
DeCosta, Alyssa 85
Dedrick, Audra 122
Dedrick, Declan 85
Defreitas, Francisco 154
Dejesus, Sam 165
Delacruz, Kimberly 40
De La Cruz Barrera, Manuel 107
De La Cruz Carela, Keysson 122
Delacruz Garcia, Aida 107
De La Cruz Garcia, Lidia 122
de la Cruz Garcia, Olivia 86
DeLaCruz Jimon, Agusto 86
Del Cid, Noemi 154
DeLeon, Cindy 86
DeLeon, Wilson 107
De Leon De Leon, Osbaldo 140
Deleon-Grave, Shanira 122
De Leon Julian, Margarita 140
De Leon Julian, Micaela 86
De Leon Lucas, Andres 140
Delgado, Francisco 107
Delgado, Siaralyz 122
Delgado Lima, Gerson 107
Delgado Torres, Omayra 122
Del Rio, Alejandro 122
Deltono, Benjamin 86
DeLuna, Luis 86
DelValle, Harold 122
DelValle-Rodriguez, Isaac 140
DelValle-Rodriguez, Ivelis 107
DeMello, Arayanna 95, 101, 103
DeMello, Dominic 122
DeMello, Donna 154
Demello, Elijah 86, 105, 174
DeMello, Mason 140
DeMello, Preston 140
DeMelo, Craig 154, 175
Demelo, Michael 122
DeMelo, Nevaeh 107
DeOliveira, Chase 140, 164
DeOliveira, Dakota 86
DeOliveira, Jayleana 107
Depasqua-Bourque, Kamryn 140
DePina, Aijan-Ryan 34, 107
Depina, Antonio 86
De Pina, Celine 140
De Pina, Fabio 107
DePina, Frederick 108
DePina, Rachelle 86
DePina Andrade, Nyla 140
DePina Diniz, Maura 122
DePina-Dosreis, Simone 86
DePina-Macedo, Alexander 140
Depradines, Maeva 86, 174
Depradines, Maxenley 140
Deschenes, Ethan 140
DeSilva, Djamila 169
DesJardins, Tatiana 122, 164, 172
Desmarais, Ryan 108
Desouza, Isaiah 122
DeSouza, Joao 47, 121, 122, 123, 164, 173
DeSouza, Olivia 140
Desrochers, Kora 175
Desrosiers, George 154
Desrosiers, Ian 154
Devlin, Logan 140
Diakite, Anthony 44, 65, 108, 165, 167
Diarza, Tilay 86, 189
Dias, Crystal 108
Dias, Kamoryn 140
Dias-Faria, Deborah 154
Dias Pires, Joao 140
Diaz, Donovan 122
Diaz, Elijah 122
Diaz, Jose 86, 168
Diaz, Karla 108
Diaz Abreu, Arianis 108
Diaz Camacho, Dereck 122
Diaz Paredes, Emerson 86
Diaz Reyes, Yeiniliz 122
Diaz Reyes, Yeirone 86
Diaz Tavares, David 108, 165
DiGaetano, Vinnie 140
Dijol Quezada, Lisanny 122
Dillard, Jordann 25, 32, 140, 175
Dillatteo, Natalie 168
Dimanche, John 140
DiMatteo, Jack 8, 108
Dinatale, Lynn 154
Dinis, Anderson 140, 165
Dionne, Noah 108
Dominguez, Alex 140
Dominguez Vazquez, Yandel 86
Donez-Lopez, Steven 140
Dong, Paddy 108
Donnelly, Stephanie 154
Dos Santos, Joao Pedro 140
DosSantos, Luana 7, 86, 101, 103
Dos Santos, Mah Liyah 122
DosSantos Alves, Liandro 122
Dos Santos Oliveira Fortes, Marcia 86
Dourado, Sandra 154
Downing, Brooke 122
Downtime 156, 157
Dressel, Mark 7, 140, 173
Drew, Lainie 154, 173
Drummer, Quintiyah 99, 122
Duane, Trayvaughn 122
Duarte, Calvin 72
Duarte, David 140
Duarte, Jaala 154
Duarte, Jadaley 122
Duarte, Linda 122, 123
Duarte, Luke 25, 86, 170, 171, 175, 189
Duarte, Rosa 86
Duarte, Sophia 122
Duarte, Tucker 140, 175
Duarte Barbosa, Stefanie 140
Duclos-Rickard, Nathan 154, 173
Dumas, Natalia 108
Dunkin' Donuts 85
DuPont, Devin 86
Duponte, Emma 108
Duponte, James 86
Duran, Julia 36, 86
Duran Gil, Yhostin 108
Duran-Guardado, Albert 122
Duro, Cedric 86
Dutra, Mikayla 108
Dwinell, Richard 154

# E

Eagan, Akyra 122
Early Childhood Education 32
Easter Egg Hunt 154, 155
Eastman, Charles 154
Eckert, Benjamin 7, 11, 35, 86
Eckert, Samuel 139, 140, 170, 171, 175
Edminster, Elizabeth 86, 87, 174
Edwards, Jose 153
Edwards, Liane 154
Ellis, Cassandra 32, 108, 171, 175
Ellis, Dylan 86
Ellis, Landon 108
Emerson, Roger 40
Emile, Isabella 139, 140
Emsley, Heather 152
Enamorado, Jelitza 123
Environmental Science, Patricia 9
Erickson, Jordyn 108, 172, 174
Erickson, Timmothy 27, 79, 108, 175
Escobar Velasquez, Alexis 123
Espada Rodriguez, Joann 140
Estacio, Ashley 154
Estevez, Steve 154
Estrada, Jeraly 36, 86, 95, 101, 103
Estrada Pena, Juan 123
Estrela, Anthony 108
Etienne, Jymal 113
Evil Queen 149
Extra Classes 18, 19

# F

Faculty and Staff 152, 153
Faria, Ayva 36, 86, 166, 167, 171
Faria, Dominic 123
Faria, Rosa 36, 87
Faria, Xander 123
Farias, Carlos 87
Farnworth, Jensen 108, 167
Fashion Trends 22, 23
Fauteux, Bailey 140
Favorite Film 104, 105
Fazziola, Sara 154
Fecu, Yulissa 140
Feigel, Alexandra 154
Feitor, Sophia 140
Feliciano, Aaron 87
Feliciano, Gianna 140
Feliciano-Santiago, Joelismariel 141
Feliz, Hodry 141
Ferbert, Maya 1, 25, 30, 121, 123, 171
Ferera Solano, Jexel 123
Ferguson, Cameron 108
Ferguson, Taliyana 30, 87, 91, 95, 101, 103
Ferland, Jennifer 152
Ferland, Morgan 7, 87, 173
Fermin Joachin, Jordi 87
Fermino, Elielis 108, 111, 171, 175
Fermino, Jayla 123
Fermino Do Rosario, Carlos 123
Fernades, Juliana 168
Fernandes, Amarae 87
Fernandes, Atiyanna 62, 63, 166, 167
Fernandes, Austin 141
Fernandes, Dominic 87
Fernandes, Edmila 141
Fernandes, Edna 141
Fernandes, Jennifer 87
Fernandes, Jocelyn 87
Fernandes, Johnathan 87, 115
Fernandes, Joseph 87, 172, 174
Fernandes, Juliana 123
Fernandes, Katelynn 141
Fernandes, Nurian 123
Fernandes, Tiago 87
Fernandes, Yamiah 174
Fernandes Cardoso, Devidson 141
Fernandes DosSantos, Djeury 141
Fernandez, Jason 87
Fernandez, Jayverie 123
Fernandez, Xavier 13, 22, 30, 31, 40, 108, 159, 173
Fernandez Contreras, Dariel 87
Fernandez Contreras, Kimberly 141
Fernandez Ortiz, Kenairys 123
Ferreira, Ameenah 108
Ferreira, Aria 62, 76, 77, 108, 166
Ferreira, Ariana 87
Ferreira, Diana 87, 154
Ferreira, Elijah 141
Ferreira, Jillian 155
Ferreira, Joshua 61, 87
Ferreira, Kayla 141
Ferreira, Kevin 163
Ferreira, Luke 52, 108, 162
Ferreira, Matthew 141
Ferreira, Paula 123
Ferreira, Sharon 155
Ferreira Almeida, Filipe 108

Ferreira Hrecek, Yuri 123
Ferreira Urbano, Deborah 123
Ferrer, Luis 123
Ferrer Crespo, Jose 141
Ferreria, Aria 167
Ferreria, Josh 165
Field, Camron 5, 141
Figaro, Yanira 123
Figueroa, Alexander 108
Figueroa, Hector 87, 108
Figueroa, Jazmin Marie 123
Figueroa, Jenson 87
Figueroa, Mathew 108
Figueroa, Robert 75
Figueroa Algarin, Robert 74, 141, 166
Figueroa Colon, Alondra 141
Film Club 172
Film Study 105
Fils, Samuel 141
Finance Lab 33
FitzGerald, Acelyn 123
FitzGerald, Lexie-Marie 108, 160, 162, 168
Fleurival, Marissah 169
Fleurival, Shanessa 108
Flores, Destini 88
Flores, Jerry 88
Flores Castro, Riquelme 44, 54, 163
Flynn, Kevin 155
Flynn Pava, Cameron 88
Fonseca, Devyn 88
Fonseca Neves, Jennifer 108
Fontes, Darren 88
Fontes, Vanessa 108
Football 50, 51
Ford, Sandra 152
Forgue, Kaylie 108
Fortes, Gerry 169
Fortes, Mikalah 88, 163
Fortes, Savannah 28, 141, 167
Forty, Noah-Carlito 139, 141
Foster, Nyron 123
Fotes, Geraldine 169
Fountaine, Davon 123
Fountaine, Derek 23, 108, 172, 174
Fox, Nolan 123
Fox, Sean 123
Frakes, Sophia 141
Francis, Kaylah-Ann 141, 171, 175
Francis, Robert 123
Franco, Jaidyn 141
Franco, Jennifer 7, 14, 108, 172, 173
Franco Hernandez, Rigoberto 123
Franklin, Kenneth 155
Frates, Aidyn 123
Freeman, Hakim 123
Freire, Fredricka 141
Freitas, Maria Alice 155
Freitas, Skyla 15, 26, 123, 171
Freitas-Pimentel, Madelene 33
Fresia, Vagela 155
Frias-Martin, Autumn 12
Frost, Danielle 19, 123
Fuentes, Jonathan 108
Fumo, Cecelia 88
Funez, Janira 88
Furness, Angelina 124
Furtado, Alexis 38, 141, 166, 167
Furtado, Hunter 88, 89, 101, 103
Furtado, Kylee 19, 124
Furtado, Makayla 88
Furtado, Miriam 141

## G

Gabriel Perez, Elvis 141
Gaffney, Tony 167
Gagne, Kyleigh 88
Gagnon, Ava 155
Gagot Sterling, Hector 108
Gaitan Zepeda, Estefany 141
Gajewski, Ava 124
Gales, Nyasialee 88
Galicia Lux, Jonathan 108
Galloza Guzman, Luis 141
Gamage, Ethan 88
Gambles, Joshua 88
Garcelon, Jordan 108
Garcelon-Ramos, Andrea 155
Garcia, Anisa 88
Garcia, Christopher 108, 155
Garcia, Davonteh 141
Garcia, Destiny 26, 109
Garcia, Donavan 109
Garcia, Elvis 124
Garcia, Elyanie 141
Garcia, Genesis 88
Garcia, Jorge 124
Garcia, Kassidy 109
Garcia, Kyana 109
Garcia, Leticia 113
Garcia, Luis 74, 75, 109, 166
Garcia, Michael 142
Garcia, Omari 142
Garcia, Plabio 88
Garcia, Yossary 142
Garcia Ajqui, Yerson 124
Garcia Alfaro, Rene 124
Garcia Castro, Dani 109
Garcia Chingo, Siriaco 109
Garcia Coj, Josue 142
Garcia Cux, Leidi 142
Garcia de la Cruz, Alex 142
Garcia Flores, Elvin 124
Garcia Garcia, Omar 88
Garcia Gomez, Wendy 124
Garcia Merlo, Andrea 109
Garcia Montero, Darwin 109
Garcia Rodriguez, Karina 88
Garcia Ruiz, Juan 88
Garcia Tino, Edgar 142
Garcia Yat, Eusebio 109
Garzon, Dasean 88
Garzon, Owen 109
Gaspar, Tyler 124
Gaumnond, Paige 155
Geary, Alexah 109
Gelmete, Shaidyn 124
Gender Sexuality Alliance 173
Genereux, Jakyia 88
Genereux, Morgan 109
Genereux III, Lawrence 155
Germain, Thierry 88, 165
Giammalvo, Jeffrey 155
Gibau, Alexia 109
Gibau, Darelene 168
Gibau, Darlene 124
Gibbs, Collin 16, 88, 95, 101, 103, 165
Gibney, Emma 12, 85, 109
Giesta, Tyler 88
Gifford, Reed 88
Gilbert, Tyler 155
Gioiosa, Jake 7, 68, 69, 88, 129, 169, 170, 173
Girouard, Navi 142, 175
Godinho Da Silva, Caio 88
Gold Patrons 180
Golf 52, 53
Gomes, Blake 124
Gomes, Chace 142
Gomes, Dallas 109, 113, 168
Gomes, Jacqueline 155
Gomes, Jahmai 124
Gomes, J'ahndra 76, 77, 88, 167, 173, 175
Gomes, Juliana 109, 173
Gomes, Marlene 155
Gomes, Miguel 74, 124, 166
Gomes, Ronaldo 109
Gomes Dos Santos, Pablo 109
Gomes Fernandes, Saline 88
Gomes Fernandes, Sandrine 124
Gomes-Fontes, Kevin 109, 165
Gomes Pereira, Alaine 124
Gomez Ciprian, Miguel 124
Gomez Funez, Dulse 89
Gomez Gutierrez, Junior 124
Gomez Heranadez, Irma 124
Gomez Hernandez, Lester 142
Gomez Ixcuna, Catarina 124
Gomez Jimon, Edgar 124
Gomez Saquic, Vicky 124
Goncalves, Cristina 155
Goncalves, Eliane 8
Goncalves, Janaya 168
Goncalves, Joao 109
Goncalves, Na'vian 89
Goncalves, Nelisangela 89
Goncalves, Regina 155
Goncalves, Ty-Nezjha 89
Goncalves Gibau, Chris 142
Goncalves Gomes, Carlos 89
Goncalves Monteiro Rodrigues, Janilson 89
Gonet, Lily 58, 59, 72, 124, 163, 168
Gonsalves, Angel 124
Gonsalves, Anne-Marie 109
Gonsalves, Jamil 124, 160
Gonsalves, Marquize 124, 165
Gonsalves, Michael 109
Gonya, Brianna 124
Gonzales, Noah 124
Gonzales Tix, Sandra 124
Gonzalez, Aleyshka 89
Gonzalez, Alyssa 89
Gonzalez, Angelita 89
Gonzalez, Anthony 89
Gonzalez, Arriana 109, 115
Gonzalez, Janyah 109
Gonzalez, Jermein 142
Gonzalez, Shylah 139, 142
Gonzalez, Uriell 99, 142
Gonzalez, Yeison 142
Gonzalez Marcano, Bryant 89
Gonzalez Mercado, Franshey 142
Gonzalez Montanez, Mileny 113
Gonzalez Perez, Victor 89
Gonzalez Reyes, Leticia 109
Gonzalez Rivera, Hiram 89
Goodine, Jarren 124, 165
Goodine, Jojo 165
Goodine, Joseph 64, 65, 109, 167
Goodwin, Collin 124
Goulart, Erin 155
Gourdin, Aniya 174
Gouveia, Ken 155
Goyette, Angelina 142
Goyette, William 124
Grace, Ross 152
Grace, Zania 124
Gracia, Destiny 142
Gracia, Fin 124, 172
Gracia, Frank 165
Gracie, Joshua 109, 175
Grande, Christopher 10, 11, 155, 165
Granger, Amir 142
Grant, Joey 109, 113
Grave De La Cruz, Wendy 124
Grave Hernandez, Marvin 109
Grave Lopic, Luis 124
Grave Morente, Elmer 124
Grave Ralios, Domingo 142
Gray, Ayden 124
Gray, Soledad 89, 163
Great Outdoors Club 173
Greenberg, Madysyn 89
Greene, Dillon 89
Greene, Janaeja 110, 172
Green Nunez, Arianelis 89
Green Nunez, John 124
Gregoire, Courtney 155
Gregory, Katherine 155
Grilo, James 110
Grinnell, Halli 6, 110, 113
Gryss, Michael 155, 169, 176, 180
Guarcas Tiniguar, Edy 123
Guardado Hernandez, Jose 110
Guardado Molina, Johnny 110
Guardado Rivas, Rosselyn 142
Guay, Donna 153
Guerra Medina, Keneth 110
Guerra Montufar, Graisy 110
Guevara, Jomilie 89, 105
Guilfoyle, Oliver 124
Guillette, Zach 162
Guillotte, Andrew 155
Guimont, Jason 110
Gusman Cartagena, Sharon 142
Gutierrez, Mauricio 89
Gutierrez, Sharisse 110
Gutierrez Gomez, Vanessa 142
Gutierrez Gonzalez, Diego 142
Gutierrez Guarcas, Pedro 125
Gutierrez Jimon, Emilyn 110
Gutierrez-Jimon, Nataly 125
Gutierrez Morente, Heidy 110
Gutierrez Naz, Mayra 142
Gutierrez Santana, Isaiah 89
Gutierrez Torres, Larimar 90
Guy, Emily 156
Guzman, Kyara 142
Guzman, Misael 125
Guzman, Tayel 9, 74, 110, 113, 165, 166
Guzman, William 125
Guzman Mejia, Genesis 110
Guzman-Shabazz, Naji 90
Gwin, Alita 89, 90, 101, 103

## H

Haig, David 90
Hakimi, Matiallah 125
Hakimi, Samiullah 125
Hall, Alaysia 125
Hall, Colleen 156
Hanson, Jahvon 1, 90, 165
Harding, Brielle 90
Harding, Jack 52, 125, 162
Harding, Ryan 156
Hardy, Zoe 110
Harrington, Margot 174
Harris, Amari 51, 90, 165
Harris, O'neil 125
Harris, Shaylen 189
Harrison, Dyanni 142
Harrison, Jordan 110
Hartnett, Owen 156
Hasab, Mariam 1, 24, 25, 125
Haskell, Camerin 125
Hawking, Stephen 7
Hawkins Reynoso, Emmanuel 110
Hayes, Marc 165
Hebert, Emily 37, 125
Hebert, Jeff 156
Hebert, Lindsey 110
Hebshie, Nora 156
Helley, Trinity 142
Henderson, Aaron 142
Henrikson, Cameron 19, 34
Henrriquez Ayala, Arnol 90
Hermenegildo, Colin 13, 139, 142
Hernandez, Diana 113
Hernandez, Isaiah 90
Hernandez, Jalynn 90
Hernandez, Jazmine 90
Hernandez, Jeffrey 110
Hernandez, Noah 125
Hernandez, Ramon 142
Hernandez, Roberto 90
Hernandez-Ajqui, Hector 123, 125
Hernandez Argueta, Leandra 125
Hernandez Guardado, Laura 125
Hernandez Hernandez, Darlin 142
Hernandez Hernandez, Gabino 125
Hernandez Ixcotoyac, Fredy 125
Hernandez Medina, Nayely 90
Hernandez Tino, Jessica 125
Hernandez Vasquez, Diana 110
Hernandez Vega, Giandiel 110
Hernandez Vega, Gianelys 7, 90
Herrera, Kevin 163
Herrera Alvarenga, Jimena 125
Herrera Cerrato, Kevin 110
Herrera Silverio, Arianna 110
Hess, Jaggar 90
Heydt Jr, William 156
Heyes, Paige 125
Heyes, Zachary 90
Hill, Courtney 65, 156
Hill, Matt 167
Hilton, Aaron 156
Hinckley, Haley 142
Ho, Chu Kwen 153
Hodges, Adrian 90
Hodges, Lonnell 125
Hogan, Damani 110
Holley, Amari 125
Holloway-Arthur, Tymir 139, 142
Homecoming Dance 39
Hook, Atalya 90
Houtman, Isaiah 156
Howard, Aaron 156
Howard, Emmy 110
Howard, Richard 142
Howard, Ty'quan 5, 110
How have you changed? 88, 89, 90, 91, 92, 93, 94, 95
Hubbard, Aries 90
Hughes, Derek 90
Hughes, Khaia 30, 139, 142
Hughes, River 25, 175
Hullinger, Brittany 153
Hunt, Jamaal 166
Hurley, Elizabeth 156
Huston, Annabelle 59, 71, 110, 163, 169
Huston, Caroline 71, 139, 169, 173
Huston, Richard 156, 173

## I

I Am _____ 100, 101, 112, 113, 122, 123, 138, 139
Ibarra-Sanchez, Valeria 142
Inoa, Lusiano 125
iPhone or Android? 126, 127
Irvine, Ryan 156
Isidoro, Logan 90
Ixcuna, Mario Eduardo 125
Ixcuna, Samuel 110
Ixcuna Aj, Armando 142
Ixcuna Aj, Domingo 90
Ixcuna Aj, Yoselin 142
Ixcuna Chivalan, Eva 142
Ixcuna Choc, Wilson 125
Ixcuna Colaj, Alex 125
Ixcuna Colaj, Araba 125
Ixcuna Matzatz, Amilcar 142
Ixcuna Matzatz, Pedro 125
Ixcuna Olmos, Maria 125
Ixcuna Sam, Kimberly 6, 110
Ixtuc Simaj, Dulce 126

## J

Jack, Darien 110
Jackson, Fayith 90
Jackson, Joseph 90
Jackson, Kayani 90
Jacob Reig, Hugo 126, 169
James, Lopes 90
James Jr., Lebron 17
Jamina, James 10, 90
Jamina, Narsu 40, 90, 171
Janey, Zamari 142
Jason, Eric 110
Javier, Mercy 126
Jazz Band 103, 170

Jazz Combo 170
Jean, Daniel 110
Jean-Bautiste, Lequinn 126
Jean Francois, Matthew 126
Jenkins, Alyssa 126
Jenney, Brittany 156
Jerome, Jebidiah 90
Jette, Joseph 156
Jeune, Dave 126
Jiatz Xep, Saul 126
Jimenez, Brian 126
Jimenez, Haley 91
Jimenez, Kimberly 143
Jimenez, Xavier 123
Jimon Ajqui, Marco 126
Jimon-Delacruz, Kimberly 17, 110, 174, 175
Jimon Gonzalez, Jessica 143
Jimon Gonzalez, Vilma 110
Jobs I Quit 84, 85
Johnson, Alizeh 91
Johnson, Ashley 110
Johnson, Christopher 126
Johnson, Jalexa 170
Johnson, Julez 126, 165
Johnson, Kady 143
Johnson, Nafis 36, 110
Johnson, Na'Kaylah 72, 110, 168
Johnson, Samantha 110
Johnson Pluviose, Anthony 143
Joj Ajpop, Sergio 110
Jonathan, Mayor 152
Jones, Brody 126
Jones, Jamal 143
Jones, Jordan 126
Jones, Keyanna 110, 172, 173
Jones, Lana 139, 143, 168, 170, 173
Jones, Sheldyn 126
Jorge, Jaydin 126
Jorge, Nuno 126
Jorge Benitez, Keyshlianix 172
Jorge Tinguar, Angel 126
JROTC 86, 87
Juarez-Escobar, Magali 91
Julian Cahuec, Josue 143
Julian Castro, Diego 126
Jupin, Lillian 169
Jupin, Owen 126, 169
Justiniano, Elijah 126
Justiniano, Symphony 91, 93, 101, 103
Justiniano Ramos, Janoa 91

K

K&A Creations 180
Kaeterle, Addison 17
Kaplan, Ava 126, 168
Kazimer, M'lou 156
Kelley, Charlotte 126
Kelly, Joniel 126
Kelly, Meredith 7, 111, 126
Kennefick, Jeremy 145, 156
Key Club 172
Khanani, Azka 156
King, Amaya 110
King, Zachory 15, 91, 170
Kniaz, Paul 156
Knight, Ava 143
Knight, Cody 126
Knowles, Madeline 11, 139, 143
Koelbel, Linda 156
Kolbeck, Robert 156
Kouta, Jolie 156
Kuczewski, Julianna 143
Kung Fu Panda 115

L

LaBelle, Michael 156
Laberge-Nelson, Lynne 156
Lacerda, Jordan 126
Ladetto, Ayden 143
Lady Gaga 38
Laferriere, Brett 91
LaFrance, Nathan 91
Lake, Christopher 91
Lake, Keith 7
Landron Arroyo, Iansel 110
Langford, De Andre 126
Lantange, Joyce 91
LaPlante, Lea 110
LaPorte, Ariana 143
Lassiter, Shayne 111
Laubenstein, Savannah 36, 48, 91, 164, 172
Laureano, Alexander 126
Laureano Cepeda, Jesus 111
Laureano Cepeda, Juan 111
Lavoie, Inayah 91
Lavoie, Joseph 111
Lavoie, Matthew 46, 47, 91, 164, 168
Lawrence, Bennett 25, 143
Lazaro Chach, Cosme 126
Lazaro Maric, Lesvia 126
Lazaro-Oger, Maritza 91
Lazaro Tix, Alicia 111
Lazu, Isidro 126
Le, Duyen 139, 143
Le, Yvonne 27, 72, 91, 168, 173, 174, 175
Leandres, Lucas 143
LeBlanc, Anthony 111
LeBlanc, Nicholas 32
Lebrun, Bianca 143
LeClair, Lillie-Marie 26, 40, 111, 170, 171, 175
Lee, Ji Su 156
Lee, Jucele 121, 123, 126, 172, 173, 174
Leeber, Joshua 126
Leech, Katherine 156
Lee-Rivas, Anthony 91, 171
Lee-Rivas, Bryan 91
Leite, Amanda 156
Leite, John 17
Leite, Juno 31
Leite Rego, Tomas 126
Leiva, Kevin 111
Lema, Eileen 156
Lemos, Seth 126
Lemos-Martins, Exzaviah 91
Leon, Shane 111
Leonard, Nancy 156
Leonardo, Alexis 91, 170, 171, 189
Leon-Barker, Ayanna 111
Leonidas, Evrard 126
Lewis, Elyce 126
Lewis, Makaiya 126
Lewis, Michael 143
Lewis-Cruz, Eric 143
L'Heureux, Makenzy 35, 111, 171
Lima, Averi 91
Lima, Braedyn 143
Lima, Colby 156
Lima, Jovanney 126
Lima, Judith 18, 33, 156
Lima, Nayara 111
Lima Da Cruz Marques, Celiane 111
Lima Gomes, Melissa 126
Liming, Kristen 156, 170
Lin, Angel 12, 111
Linares, Alexis 92
Linares, Isaiha 111, 174
Lincoln, Altaya 126
Lincoln, Jupiter 40, 174
Little Whalers 5, 18
Liu, Kevin 139, 143
Livramento, Christian 111
Livramento, Moraa 92
Lizotte, Kim 156
Lloyd, Javion 111, 113, 167
Lobo, John 127
Lobo, Khyleigh 145, 156
Logan, Angelina 143
Logan, Georgia 111
London, Lydell 165
Long, Kevin 156
Long, Robert 92
Longo, Jeff 58, 153, 163, 189
Lopes, Aaron 92
Lopes, Alicia 92
Lopes, Alyssa 92
Lopes, Edvania 175
Lopes, Ethan 111, 113
Lopes, Gracielle 143
Lopes, Haven 57, 92, 162
Lopes, Ilyzick 92
Lopes, Jaliyah 175
Lopes, James 165
Lopes, Juli 171
Lopes, Juliana 111, 113
Lopes, Kaliyah 163
Lopes, Kyla 92
Lopes, Mayara 143
Lopes, Ricardo 92
Lopes, Ronnie 26, 36, 40, 92, 171
Lopes, Serenity 143
Lopes, Sonia 156
Lopes, Starz 170, 174
Lopes, Violet 127, 169
Lopes Dos Reis, Filipe 111
Lopes Fonseca, Jayleene 143
Lopes Rodrigues, Erico 127
Lopes Vaz, Nadia 143, 168
Lopez, Alex 113
Lopez, Amaria 127
Lopez, Azahlee 111
Lopez, Braeden 127
Lopez, Christian 92, 111, 143, 165, 174
Lopez, Christian 143, 165, 174
Lopez, Christopher 143, 166
Lopez, Daniel 143
Lopez, Daziah 127
Lopez, Ed 171
Lopez, Erick 127
Lopez, Jaeden 19, 92
Lopez, Nehemiah 111
Lopez, Nicholas 143
Lopez Centeno, Amarilis 127
Lopez De Leon, Dorian 92
Lopez Garcia, Elixander 111, 113
Lopez Marquez, Josseline 127
Lopez Marquez, Karen 127
Lopez Melendez, Yoselin 127
Lopez Morales, Abigail 127
Lopez-Pacheco, Cristian 127
Lopez Perez, Dany 143
Lopez Polanco, Michael 10, 111
Lopez-Simaj, Angel 144
Loura, Kaden 61, 92, 165
Lourenco, Kailey 92
Lowe, Harry 165
Lowney, Shea 111, 175
Lucas, Daniel 144
Lucas, Eddy 127
Lucas Ixcuna, Jasmine 92
Lucas Sam, Oralia 144
Lucchetti, Jillian 156
Lugo, Elizabeth 92
Luis Morente, Jorge 111
Luis Quino, Kevin 113
Luiz, Ava 111
Luiz, Trinity 127
Luna Nunez, Jenitza 92
Lux, Carlos 127, 165
Lyman, Tobias 92
Lynch, Darien 156

M

Macarico, Kelsey 127
Macedo, Ana Laura 139, 144
Macedo, Jerson 127, 168
Machado, Darlene 156
Machado, Diana 113
Machado, Genavie 144
Machado, Joana 144
Macias, Isreal 112
MacMaster, Ava 59, 92, 163, 166, 179
MacMaster, Mari 44, 58, 59, 66, 67, 92, 163, 168
MacNeil, Katie-Lee 11, 156
MacRamos, Margaret 12, 26, 30, 127, 174
Madeira, Evan 127
Mad Max: Fury Road 105
Magalhaes, Nevaeh 127
Mahmoud, Mohamed-Ali 92
Mahon, Nevaeh-Sky 127
Majette, Kamaree 92
Malave Rodriguez, Jonathan 112
Maldonado, Ariana 36, 92
Maldonado, Bayron 50, 73, 92, 105, 165, 168
Maldonado, Kayline 92
Maldonado Sanjurjo, Keylanis 92
Manchester, Aiden 92
Manger, Lula 112
Manning, Sir 144
Manuel Rodriguez, Jose 127
Maocha-Medeiros, Eric 127
Maquin Juc, Vilma 144
Marcatoma Villa, Elsa 112
Marcel the Shell With Shoes On 105
Marching Band 103, 175
Marcial, Essiah 156
Marcotte, Christine 6, 156
Maric Ixcuna, Andres 92
Maric Ixcuna, Misael 127
Maric Ventura, Luis 112
Maric Zuniga, Gerson 127
Marlowe, Keira 127
Marrero, Andru 93
Marrero, Anjelicia 144
Marshall, Ellen 156
Marshall, Jack 127
Marte Aquino, Yerelin 112
Martell, Alexander 93
Martell, Luca 144
Martha's Vineyard 47
Martin, Abryana 144
Martin, Chanteal 127
Martin, Narissa 93, 105
Martin, Nolan 112
Martinez, Alexandra 127
Martinez, Christian 144, 164, 168
Martinez, Devon 175
Martinez, Gyanni 128
Martinez, Jefferson 144
Martinez, Lily-Rose 144
Martinez, Nageliz 189
Martinez, Nancy 93
Martinez, Nayelis 144
Martinez, Ruben 112, 174
Martinez Espinal, Keisy 93
Martinez Ortiz, Lizmarie 128
Martinez-Velasquez, Kenia 93
Martins, Cassie 112, 170
Martins, David 156
Martins, Isaiah 5, 112
Martins, Kayla 93
Martins, Xavier 144
Martins Semedo, Josiah 74
Martins Semedo, Josiah 74, 144, 166
Mascarenhas, Avelyn 21
Mashpee Wampanoag Tribe 101
Mason, Timothy 156
Massa, Melody 112
Matano, Andy 93
Mateo, Yoxanderi 156
Mateo Colaj, Luis 93
Mateo Sam, Santiago 93
Mateus, Mearah 112
Math 6, 7
Mathieu, Dakota 128
Matias, Evan 93
Matias, Peter 144
Matias Blanco, Alfredo 112
Matias Blanco, Juana 128
Matias Ortiz, Isdaniell 112
Matos, Kayleah 115, 128, 174
Matthews, Ja'Naiya 121, 123, 128
Matthews, Justice 165
Mattos, Daniel 144
Mattos, Ivy 144
Mattos, Stephen 156
Matute Alvarenga, Josselin 112
Mazariegos, Kiara 144
Mazzarella, Jayda 144
McAfee, Joanne 157
McCarthy, Devon 128
McCarty, Emily 144
McClendon, Madison 128
McDavitt, Philip 60, 61, 157
McDavitt, Phillip 165
McDonagh, Benjamin 144
McEvoy, Maura 144
McGee, Kaleb 144, 175
McGee, Kalese 38, 144, 175
McKay, Alexandra 144
McKay, Tilly 26, 128, 170
McKeehan, Harrison 173
McKeehan, Sonia 128
McKenna, Brandan 128
McNickles, Xavier 93
McNulty, Sean 153
Means, Thaw 128
Mechen, Yosalin 128
Medeiros, Aden 93
Medeiros, Cameryn 128
Medeiros, Ciarra 112
Medeiros, Jaleea 93
Medeiros, Jiselah 128
Medeiros, Justin 157
Medeiros, Lance 93
Medeiros, Maria 93
Medeiros, Samantha 112
Medeiros, Sarena 93
Medeiros, Savannah 169
Medina, Angel 112
Medina, Aramis 22, 93
Medina, Janpier 113
Medina Chaparro, Deyaneiraliz 144
Medina O'neill, Yethziel 112
Medina Sanabria, Daivien 128
Medina Santiago, Nellyanne 93, 163
Medina Ventura, Ezequiel 128
Medrano Yanes, Vilma 93
Mejia, Edahi 11, 144, 168
Mejia, Genesis 167
Mejia, Michelle 94
Mejia, Ryan 144
Mejia Gonzalez, Michael 144
Mejia Manzanarez, Andy 94
Mejia Morales, Katerin 128
Mejia Orellana, Gladys 144
Mejia Orellana, Maynor 94
Mejia Orellana, Nahun 128
Mejia Palacios, Keylin 94
Mejias, Abel 128
Mejia Saquic, Petronila 112
Mejia Sicaj, Cristian 112
Mejias Vargas, Jasmine 144
Mejia Tipaz, Carlos 94
Mejia Tix, Isabela 94
Mejia Tix, Josias 112
Mejia Tzoc, Lesbia 128
Melancon, Owen 144
Melara Recinos, Juliana 21, 94, 172
Melendez, Emelio 94

Melendez Martinez, Jefferson 128
Mello, Ezekiel 128
Mello, Loredana 157
Mello, Sarah 157
Mello, Taylor 157
Melo, Ariana 56, 57, 94, 162, 170, 174
Melo, Daniela 144
Melo, Lauren 34, 35, 128, 169, 171
Melo, Serenity 94
Menard, Hailey 112
Menard, Logan 144
Mendes, Anyis 139
Mendes, Chris 163
Mendes, Destiny 128
Mendes, Dominic 128
Mendes, Nysiah 112
Mendes, Raymond 157
Mendes Albertini, Gabriel 112
Mendes Lela Gomes, Adelcia 144
Mendes Lela Gomes, Adelmo 144
Mendes Lopes, Edvania 112
Mendes-Lopes, Ivan 144
Mendez, Ivanixaly 128
Mendez-Gomez, Marvin 128
Mendez Miranda, Gilbert 128
Mendez-Ramos, Dayani 144
Mendoza, Alexis 63, 76, 128, 166
Mendoza, Kiara 36
Mendoza, Marisol 62, 112, 166, 167, 175
Mendoza Mulul, Tomas 128
Mendoza-Rivas, Giselle 144
Menjivar Martinez, Katerin 112
Merlain, Wilmine 157
Metivier, Yanitza 112
Meyer, Lucas 112
Midura, Sydnee 157
Miksch, Joseph 157
Milas, Travie 145
Miller, Brooke 157
Miller, Kaelyn 94
Miller, Samiyah 112
Miller, Seth 111, 175
Mills, Maries 157
MIlls, Tyler 167
Milosek, Sara 112
Mirafuentes, Vanessa 145
Miranda, Alessio 94
Miranda, Ariana 94
Miranda, Lillian 145
Miranda, Rolando 128
Miranda De Pina, Carlos 145
Miranda Pereira, Mauricio 94
Mister Sandman 160
Mister Santa 160
Mitchell, Keron 94
Mitchell, Kimberly 128
Mitchell, Lauren 112, 164
Moise, Frantzciama 25, 38, 139, 145, 160, 175
Mojica Guzman, Loyda 157
Mok, Tommy 128, 168
Molina, Marvin 115
Molina, Nelson 54, 128, 163
Molina Ayala, Jenrry 94
Molina De Jesus, Alondra 145
Molina Mejia, Loany 22, 128
Molina Seijo, Marvin 165
Molleo, Cam 162
Molleo, Cameron 52, 112
Moneghan, Nicole 157
Moniz, Ethan 94
Moniz, Gianna 145
Moniz, Liam 94
Montanez, Zorie 157
Monteiro, Dario 94
Monteiro, Joshua 94
Monteiro, Julean 112
Monteiro, Kaileb 128
Monteiro, Kasandra 128
Monteiro, Makaila 112
Monteiro, Nile 123, 128, 165
Monteiro Da Silva, Admilson 128
Monteiro Lima, Giovani 145
Monteiro Macedo, Alexander 128
Montigny, John 157
Montrond, Daniel 94
Montrond, Leidino 128
Montrond, Winnitu 129
Monty, William 157
Mooney, Jonathan 112, 170
Morais Sousa, Renata 129
Morales, Analyz 112, 113
Morales, Jisnely 145
Morales, Luis 79, 121, 170, 175
Morales, Steven 94
Morales Chitic, Mardoqueo 112
Morales-Lopez, Jayce 112
Morales-Lopez, Jaycee 167
Morales Mendez, Jose 129
Morales Perez, Zoila 129
Morales Quevedo, Luis 32, 123, 129
Morales Ramos, Fabiana 112
Morales Rivas, Jackson 94
Morales Rivera, Ralph 145
Morales Rochez, Xaneth 112
Morales Roman, Noel 22
Morales Roman, Noraysha 113
Morandi, Aiden 145
Morck, Isabel 113
Moreira, Brandon 113
Moreno, Grecencio 129
Moreno Cornejo, Carolina 94, 171
Moreno Lopes, Keysha 145
Moreno-Mejia, Kimberly 129, 162
Moreno Velasquez, Angel 113
Morente, Hoscar 5, 14, 129
Morente Chijal, Andrea 113
Morente De Leon, Luis 129
Morente De Leon, Mario 94
Morente Morente, Michele 145
Morente Perez, Jorge 94
Morgado, Kaitlyn 169
Morgado, Lynsee 169
Morris, John 164
Morris, Madalena 46, 47, 129, 164, 168, 170, 173
Morris, Sincere 145
Morrow, Alex 113
Moses, Bradley 145
Mosher, Amanda 94
Mosher, John 157
Mother Gothel 149
Motta, Doug 157
Movie Genres 106, 107
Mujica Pizarro, Luis 139, 145
Mulkern, Aster 145
Mulkern, Ryder 113, 173
Mullins, Nevaeh 9, 94
Multilingual Students 118, 119
Muras, Nicholas 129
Murillo Pacheco, Andner 94
Murillo Pacheco, Josue 129
Murphy, Savannah 94
Murphy Mello, Maureen 157
My Boyfriend's Back 40
Myrthil, Kenry 113, 170, 174, 175

## N

Nascimento, Savannah 113
National Honor Society 174, 180
National Lampoon's Christmas Vacation 115
Navarro Rodriguez, Anthony 95
Negron Gonzalez, Joeliz 81, 89, 95, 101, 103
Nelson, Kaylana 113
Nelson-Binienda, Abigail 129
Neves, Cole 145
Neves, Derek 145
Neves, Jamie 145
Neves, Najhir 145
Neves, Taelyanna 113
Neves-Medeiros, Shane 129
Ng, Edalina 145
Nguyen, Victoria 145
Nicasio Paez, Jhon 95
Nickerson, Kelsey 95, 163
Nicolas, Kayla 113, 129
Nieves, Garibeth 113
Nieves, Lexanie 145
Niland, Abbigail 36, 49, 91, 95, 101, 103, 164, 169, 172, 173, 174
Nobrega, Ayden 145
Nobrega, Devin 113, 174
Nogueira, Jenna 56, 57, 95, 111, 162, 170, 173, 174
Norales, Amaya 168
Noriega, Jalysa 18, 28, 71, 113, 169
Noriega, Kassandra 157
North Andover 167
North Quincy 165
Norton, Stephanie 157
Noyce, Diana 113, 174
Nunes, Andrea 95
Nunes, Avonte 145
Nunes, Joziah 145
Nunes, Kevin 165
Nunes, Leida 113
Nunes, Luz Marie 157
Nunes, Zakari 165
Nunez, Cairon 68, 69, 145, 169
Nunez Artiga, Chelsy 145
Nunez Escoto, Jessye 95
Nunez-Perez, Ethan 145
Nyonga, Ketsia 113, 169

## O

O'Brien, Zachary 157
Ocasio, Dominga 157
Ocasio Rodriguez, Zulianis 129
Odhong, Boniface 95
O'Donnell, Dah-Sean 146
Ojeda-Paul, Jaylah 129
O'Keefe, Lucian 174
O'Keefe, Madisyn 113
Oku, Ishmael 95, 165, 166
O'Leary, Andrew 152
O'Leary, Colleen 157
O'Leary, Conor 146
O'Leary, Michael 68, 69, 129, 169
O'Leary, Thomas 14, 157
Oliveira, Aden 113, 165
Oliveira, Aryana 146, 175
Oliveira, Avianna 146
Oliveira, Bruce 152
Oliveira, Dominic 146
Oliveira, Gianna 146
Oliveira, Isaiah 146
Oliveira, Jenn 153
Oliveira, Kaleigh 157
Oliveira, Maria 113, 163, 173
Oliveira, Owen 146
Oliver, Elijah 129
Oliver, Shawn 30, 31, 191
Oliver-Agee, Taetum 129
Olmos Colaj, Domingo 129
Olmos Tum, Santos 95
Ordonez Garcia, Oliver 129
Orellana, Jessy 113
Orellana Flores, Marina 123, 129, 164
Orlowski, Kayleb 95
Ornellas, Vincent 146
Orozco, Alex 95
Orrico, Geovanni 146
Ortiz, Kelvin 165
Ortiz-Couvertier, Owen 146, 173
Ortiz Garcia, Daniela 146
Ortiz Garcia, Genesis 95
Ortiz Martell, Dayanara 113
Ortiz Otero, Gabriel 113
Ortiz Pena, Yagelis 95
Ortiz Robles, Erick 129
Ortiz Saquic, Yobany 129
Osayi-Osazuwa, Israel 38, 89, 95, 101, 103, 170, 175
Osorio, Yanieliz 129
Osorio Cac, Dany 146
Osorio Gonzalez, Carlos 95
Overstreet, Robin 129

## P

Pacheco, Catya 157
Pacheco, Dakota 95
Pacheco, Jamie 129
Pacheco, Jaydin 129
Pacheco, Kaylee 146
Pacheco, Layla 95
Pacheco, Madison 113
Pacheco, Matthew 32, 157
Pacheco, Samantha 129
Pacheco Cac, Neftali 129
Pacheco Diaz, Carlos 130
Pacheco Gonzalez, Job 146
Pacheco-Perech, Maira Cristina 146
Padilla, Leslie 12, 29, 71, 113, 169, 173
Padilla Solano, Wesley 113
Padilla Torres, Daniel 146
Pagan, Gamaliel 96
Page, Nathan 113
Paguada, Victor 146
Palma Cordon, Darsy 146
Palmer, Hunter 146
Palmer, Sydney 157
Palmer-Britton, Cameron 146
Panaro, Lauren 7, 37, 96, 172, 173
Paniagua Castillo, Raymond 18, 130
Panjoj-Canil, Jessica 113
Panjoj Suy, Juan 113
Panjoj Suy, Tomas 130
Panjoj Tiniguar, Sandra 113
Pano, Mariela 96, 174
Papadourakis, Lyanne 130
Paradise, Hayden 96
Paredes Barraza, Diego 96
Parent, Gavin 157
Paris, Jaeda 146
Paris, Keyloa 171
Paris, Leila 130
Paris-Cabral, Tayanna 146
Parrilla Muriel, Jan 114
Parsons, Kamron 146
Pascali Ferrer, Justin 130
Pascual Baltazar, Marilanda 146
Pascual Saquic, Marcelina 130
Pastor Norales, Clayton 130, 168
Patel, Megha 114
Paulo, Aubrey 114
Payne, Tamia 146
Paz Rivera, Angel 96
Pearson, Tayden 146
Peguero Concepcion, Dioris 96
Peguero Rivera, Dessireidy 96
Peguero Romero, Lorenzo 96
Peixoto, Gabriel 55, 163
Pelletier, Skyla 130
Pemberton, Kate-Lynn 146
Pena, Andrea 175
Pena, Brittany 130
Pena Jimenez, Andrea 15, 113, 114
Pena-Jimenez, Isaac 96
Pendergast, Seamus 157
Pennington, Braxton 9, 29, 39, 114
Penro, Jartavis 130, 165
Pep Rally 1, 21, 38, 39, 143
Peralta, Angelo 130
Pereira, Alex 96
Pereira, Ashley 157
Pereira, David 130
Pereira, Dominic 146
Pereira, Gavin 139, 146
Pereira, Hannah 38, 58, 59, 66, 67, 96, 163, 168, 170, 173, 174
Pereira, Mathew 130
Pereira, Nilza 160
Pereira, Raul 130
Pereira Barros, Victor 130
Pereira De Paula, Kaua 146
Pereira Dos Santos, Joao 130
Pereira Garcia, Leticia 114
Pereira Tavares, Sidney 146
Perez, Anthony 130
Perez, Dieshka 130
Perez Colaj, Miguel 114
Perez Delgado, Anyeli 114
Perez Neris, Victoria 130
Perez Ocasio, Dejaneyra 146
Perez Pacheco, Alex 130
Perez Pacheco, Irma 146
Perez Pacheco, Zoila 130
Perez Quino, Alex 114
Perez Riz, Cindy 146
Perez Riz, Yanira 96
Perez Valdez, Jose 130
Perez Xirum, Juana 146
Perkins, Perch 26
Perry, Devin 96
Perry, Haley 113, 114
Perry, Jaliyah 71, 123, 130, 169
Perry, Jason 130
Perry, Jeff 168
Perry, Kassidi 114
Perry, Lillian 146
Perry, Navahni 21, 96, 105
Perry, Olivia 146
Perry, Riley 114
Perry, Sophia 48, 49, 73, 114, 164, 168, 172, 173
Peters, Michael 130
Peterson, Nevaeh 96
Pettus, Kristin 157
Phaneuf, Liliana 11, 27, 114, 171
Phillips, Giovonni 130
Photos We Loved 130, 131, 140, 141, 146, 147, 158, 159
Pickup, Kobi 96
Pierre, Djoudmie 130
Pilkington, Colin 157
Pilkuhn, Veronica 158
Pimental, Aaron 74, 96, 165, 166
Pimental, Joshua 96
Pimental, Mario 158
Pimentel, Dekotah 114
Pimentel, Evan 114
Pimentel, Fernando 158
Pimentel, Fred 158
Pimentel, Julian 146
Pimentel, Matthew 162
Pimentel Diaz, Yamel 96
Pina, Anjalique 130
Pina, Calvin 146
Pina, Jordan 158, 168
Pineapple on Pizza? 136, 137
Pineda, Kiara 5, 96
Pineda, Wendy 114
Pinette, Ethan 96
Pins 108, 109
Pires, Alisha 130, 160
Pires, Briarna 146
Pires, Igor 96
Pires Dos Santos, Leandro 96
Pires Goncalves, Fabio 96
Pires Martins, Joao 146
Pires Stephens, Angelica 130
Pires Tavares, Karen 147
Pirrotta, Gabriel 147
Pirrotta, Paul 96
Pisz, Christopher 96
Pisz, Kyle 6, 96
Pittsley, Halayna 121, 123, 125, 130

Podcasts 128, 129
Poirier, Allyssa 96
Polanco, Annais 130
Polanco, Fernando 79, 114, 165, 168
Polanco, Michael 10
Pol Chicoj, Maria 96
Politano, Eva 130, 189
Politano, Nora 169
Pomales Sanchez, Angel 147, 165
Pomales Sanchez, Rocio 97
Ponte, Jayden 139, 147
Pops Concert 79
Portales Gutierrez, Carlos 147
Portillo, Leslie 97
Portillo Barrera, Manuel 114
Posey, Angel 114
Posey, Sanaiyah 114
Posligua Cedeno, Gabriela 114
Poyant, Matthew 35, 158
Poyant, Monique 158
Pratt, Demarko 114
Pre-Calculus, Honors 6
Price, Ashira 115, 174
Price, DeShaun 97
Price, Jalohn 97, 189
Price, Yumi 160, 171
Princesses and Villains 148, 149
Princess Peach 125
Protest/Causes 30, 31
Przybysz, Emma 7, 130, 172, 173
Przybyszewski, Jared 158
Ptaszenski, Aaron 97
Pujols Ortiz, Jayrianie 130
Pulup Cosme, Maria 147
Purcell, Amber 76, 130
Putnam, Aryanah 147
Pyne, Nicole 158

## Q

Quiac, Sergio 114
Quiej Garcia, Angel 130
Quiles, Rayan 114
Quiles, Victoria 130
Quinilla-Perez, Reina 114
Quinilla-Perez, Robbyn 147
Quinilla Tay, Elsa 147
Quino Garcia, Aura 130
Quinones, Samantha 114
Quinones Casanova, Jariel 97
Quinones-Rios, Mia 147
Quino Sicaj, Ashly 130
Quintanilla Dominguez, Justin 130
Quiterio, Karina 97
Quiterio, Paige 81, 89, 97, 101, 103
Quiterio, Scarlett 113, 114
Quixtan Sajbin, Francisco 131

## R

Raccine, Ben 165
Racicot, Alexandra 131
Racine, Benjamin 5, 114
Rafi, Sheikh 119
Ramey, Susan 158
Ramirez, Allison 16, 97
Ramirez-Berry, Olivia 16, 109, 114, 171, 173
Ramirez-Ruiz, Sharianys 147
Ramos, Aidyn 18, 25, 26, 33, 40, 79, 97, 175
Ramos, Danny 114
Ramos, Edwin 97
Ramos, Isabella 114
Ramos, Janahaira 131
Ramos, Jonathan 114
Ramos, Nancy 114
Ramos, Nyema 131
Ramos, Rylee 97, 165
Ramos Cabrera, Yelson 131
Ramos Gonzalez, Kenializ 147
Ramos Guico, Irma 131
Ramos Jax, Timoteo 131
Ramos Mencia, Joseph 147
Ramos Morales, Angela 147
Ramos Motta, Kelvin 131
Ramos Perla, Kevin 147
Ransom, Asiya 114
Ransom, Xaviah 147
Raphael, Hope 97
Raposa, Elizabeth 79, 97, 171, 173, 174, 189
Raposo, Alexus 147
Raposo, Cy 131
Rate Your Senior Year 96, 97
Raymond, Elijah 147
Raymond, Gaetan 131
Raymond, Isaiah 131
Read, Christine 158
Realejo, Gavin 23, 97
Rebello, Alexis 60, 61, 114, 165, 168
Rebello, Nicholas 131
Rebello, Victoria 158
Rebelo, Sabrina 147
Recinos, Oscar 97
Recinos Mejia, Kevin 147
Rego, Colin 97, 165
Rego, Elijah 114
Reig, Teresa 169
Reis, Abigail 139, 147
Reis, Piper 28, 48, 71, 139, 164, 169, 173
Reis, Tatum 23, 44, 48, 49, 66, 67, 97, 164, 168, 170, 174, 180
Renauld, Melissa 145, 158, 165
Renovations 32, 33
Renovato, Frederick 139, 147, 175
Resendes, Brian 158
Resendes, Derek 115, 157, 158
Resendes, Nicholas 61, 114, 165
Reyes, Ander 123, 131
Reyes, Anderson 101, 103
Reyes, Jaselle 76, 77, 167
Reyes, Javier 114
Reyes-DeLeon, Anderson 91, 97
Reyes-Gonzalez, Ivelys 131
Reyes Ruiz, Erick 97
Reynolds, Kaylee 98
Reynolds, Matthew 25
Rezendes, Jasmine 147
Rezendes, Kathryn 153, 164
Rezendes, Lia 81, 93, 101, 103
Rezendes, Sydney 147
Rhames, Jonathan 114, 174
Ribeiro, Alec 158
Ribeiro, Jonathan 98
Ribeiro, Kayda 131
Ribeiro, Melissa 131, 168
Ribeiro Dos Santos, Mello 98
Ribeiro DosSantos, Miroel 131
Ribot Irizarry, Joenelis 131
Riccio, Brienne 158, 172
Rice, David 17, 98
Richard, Linda 37, 98, 189
Richard, Lisa 158
Richards, Andrew 158
Ricketts, Elijah 147
Rios, Saray 22, 29, 114
Rivas, Bill 147
Rivas, Emily 131
Rivas, Everson 98
Rivas, Gabriella 147
Rivas, Jonathan 131
Rivas, Josselyn 98
Rivas, Katherine 131
Rivas Correa, Xavrina 147
Rivas Guardado, Cesar 147
Rivas Guardado, Julio 131
Rivas Lovos, Janelle 98
Rivas Rivera, Kizumi 131
Rivas Rodriguez, Stephanie 131
Rivera, A'jay 114, 168
Rivera, Alfonso 147
Rivera, Angeliette 34, 115, 171
Rivera, Axel 113
Rivera, Carlos 91, 98, 101, 103
Rivera, Carmelo 115
Rivera, Isaac 139, 148
Rivera, Janiel 131
Rivera, Jasleene 148
Rivera, Jayden 131
Rivera, Jezabelle 98
Rivera, Kaydence 148
Rivera, Marisa 139, 148
Rivera, Matthew 91, 101, 103
Rivera, Miguel 148
Rivera, Rosannette 158
Rivera, Santo 148
Rivera, Shandaliz 40, 89, 98, 101, 103, 171, 174, 175
Rivera, Thalia 115
Rivera, Yaneliz 131
Rivera, Yaneshka 115
Rivera, Yessury 131
Rivera Marrero, Axel 16
Rivera Mercado, Cid 131
Rivera Morales, Bryan 148
Rivera Morales, Bryana 131
Rivera Ramirez, Shanellie 98
Rivera Rivera, Zairilys 132
Rivera Rodriguez, Edgar 123, 132
Rivera Rodriguez, Jadyelis 115
Rivera Rohena, Alejandro 115
Rivera Rohena, Leslianny 132
Rivera Serrano, Edgar 132
Riviere-Dagenais, Patrick 98
Riz, Jason 54, 98, 163
Riz Canil, Selvin 132
Riz Morente, Mirna 132
Riz Ruiz, Zaira 115
Riz Xan, Oiga 148
Roberts, Damarius 115, 167
Robinson, Rhondo 132
Robinson-Santos, Tyler 132
Robledo Espana, Ivan 115, 174
Robles, Heaven 30, 31
Robles, Kyrell 132
Robles, Natasha 98, 171
Rocha, Daniel 148, 165
Rocha, Isaiah 115
Rocha, Troy 115, 163
Rock, Owen 148
Roderick, Serenity-Rose 148
Rodericks, Ethan 148
Rodericks, Jaelyn 11, 25, 121, 123, 132, 171, 174
Rodericks, Kylie 132
Roderiques, Trevor 16, 53, 148
Rodero Murillo, Yaxer 148
Rodrigues, Angilee 164
Rodrigues, Brooklyn 132
Rodrigues, Colin 115, 165, 167
Rodrigues, Edmilson 115
Rodrigues, Evandro Antonio 98, 163
Rodrigues, Madison 111, 115, 170, 172
Rodrigues, Mykkal 148
Rodrigues, Nelson 158
Rodrigues, Paul 158
Rodrigues, Trever 162
Rodrigues Barreira, Nuno 148
Rodrigues De Andrade, Jesse 148
Rodrigues Lima, Richard 132
Rodriguez, Alexia 37, 39, 56, 57, 98, 162
Rodriguez, Angilee 132, 169
Rodriguez, Estiffany 77, 132
Rodriguez, Georgina 38, 62, 63, 76, 77, 132, 166, 167
Rodriguez, Isaac 148
Rodriguez, Jahnia 132
Rodriguez, Jailine 98
Rodriguez, Jalyn 148
Rodriguez, Jarol 148
Rodriguez, Jeannya 115
Rodriguez, Jonathan 148
Rodriguez, Kaidyn 115
Rodriguez, Micaya 115
Rodriguez, Milagros 158
Rodriguez, Racquel 174
Rodriguez, Steff 167
Rodriguez, Yarelis 98
Rodriguez Cordon, Nilzon 5, 91, 98, 101, 103
Rodriguez Garcia, Neysha 132
Rodriguez Gonzalez, Jean 148
Rodriguez-Martell, Jariel 148
Rodriguez-Mejia, Scarleth 132
Rodriguez Miranda, Carlos 132
Rodriguez Palacios, Elian 98
Rodriguez Ramos, Jeremy 115
Rodriguez Rojas, Yanci 132
Rojas Garcia, Alexander 98
Rojop-Lux, Esbin 115
Rojop Santos, Yordi 148
Roman, Alica 148
Roman, Jatniel 14, 148
Roman, Justin Kamelia 132
Roman, Kiana 132
Roman Crespo, Cristal 132, 174
Romero, Anyih 132
Romero, Martha 153, 158
Romero Cepellan, Isai 132
Romero Contreras, Jose 148
Rosa, Genesis 148
Rosa, Geovane 115
Rosa, Isaiah 148
Rosa, Nicholas 132
Rosa De Queiroga, Joao 148
Rosado, Nathan 98
Rosado Rodriguez, Melanie 115, 189
Rosa Mascarenhas, Avelyn 40, 98
Rosario, Izzy 175
Rosario, Jetzibehl 132, 175
Rose, Jayson 115
Rosonina, Amber 148, 175
Rossi, Mark 158
Rossi, Tyler 115
Roveda, Daniel 10, 158
Rubio, Maria 163
Rubio Zepeda, Juan 115, 165
Rubio Zepeda, Maria 115
Rufino, Jillian 148
Ruiz, Izaiah 132, 165
Ruiz, Yabdiel 148
Ruiz Ajqui, Elmer 132
Ruiz Ajqui, Nelson 115
Ruiz Garcia, Anderson 115
Ruiz Garcia, Zulmy 132
Ruiz Gomez, Jessica 132
Ruiz Guzman, Tamishka 115
Russo, Leila 169
Rustand Miguel, Alexander 132
Ryan, Donna 158
Ryder, Hadley 98
Rysz, Ashlynne 132, 164, 169

## S

Sabeh, Marlene 158
Sa De Medeiros, Bianca 98
Saenz, Alan 98
Saint-Louis, Brandon 98
Sajbin Vicente, Israel 132
Sajvin, Bryant 98
Salazar, Jose 41
Salazar Lopez, Vivian 132
Salazar Mateo, Yoselin 148
Salih Tavares, Amir 132
Salmon, Nicholas 158
Salvador Monteiro, Cristhian 148
Sam-Colaj, Stephanie 148
Sam De Leon, Mario 132
Sam Lucas, Maria 115
Sam Tix, Estefany 81, 93, 98, 101, 103, 172
Samuel, Aaron 115
Sanabria, Kimberly 13, 57, 100, 162
Sanches, Adelina 116
Sanchez, Alex 148
Sanchez, Angelina 116, 174
Sanchez, Baez 23
Sanchez, Jamilya 148
Sanchez, Janiyah 148
Sanchez, Juliana 17, 100
Sanchez, Lilliana 132
Sanchez, Nevaiah 148
Sanchez, Shylah 116
Sanchez, Yakelen 148
Sanchez Olmos, Juliana 148
Sanchez Rivera, Angely 132
Sanchez Rohena, Yandel 116
Sanchez Sabino, Ana 149
Sang, Shadae 116
Santana, Tania 132
Santana Tinoco, Luis 116
Santiago, Eliecer 149
Santiago, Greg 89, 101, 103
Santiago, Jayzire 100
Santiago, Jordan 123
Santiago, Miguel 149
Santiago, Nelly 58
Santiago, Nicolas 129
Santiago, Nikolas 116, 129
Santiago Alvarado, John 149
Santiago Alvarez, Jeanlianys 116
Santiago Colon, Johann 132
Santiago Gonzalez, Angelybeth 133
Santiago Marrero, Jean 100, 125
Santiago Mojica, Yalecia 133
Santiago-Rivera, Benjamin 116
Santiago-Rivera, Gregory 100
Santiago Rosario, Natasha 116
Santos, Andrew 158
Santos, Armani 133
Santos, Caden 149
Santos, Chasidi 123, 133
Santos, Gabriel 100
Santos, Jayden 100, 170, 174
Santos, Jonathan 116, 158
Santos, Justin 149
Santos, Mason 116
Santos, Mateo 149
Santos, Sage 29, 76, 77, 100, 167
Santos Arita, Darlene 149
Santos-Castro, Fernando 133
Santos Cruz, Africa 149
Santos Da Silva, Letycia 100
Santos Lopes, Keury 149
Santos Quezada, Naydeliz 116
Santos-Quiroa, Yesili 133
Santos Rodriguez, Yaniksei 116
Santos Santos, Jonathan 149
Santos Santos, Sergio 100
Saquic Chan, Belinda 149
Saquic Ordonez, Haylee 116, 189
Saquic Yax, Nery 133
Sarkes, Dylan 133
Saunders, Aden 133
Saunders, Jayden 133
Saunders, Justin 116
Saya, Marissa 34, 100
Scanlon, Alyssa 100
Schuyler, Peter 158
Schweigert, Karissa 149
Science 8, 9
Scotti, Kristen 158
Scrooge, Eleanor 1
Seddon, Heidi 100
Seed, John 165
Self-care 28, 29
Semedo, Berta 133, 168
Semedo, Edenilson 116, 165, 168
Semedo, Leily 100, 166
Semedo, Rashad 149
Semedo Furtado, Yara 133
Seney, Jared 116
Sengupta, Shukla 158
Sentes, Steve 158
Sequeira, Ender 109, 116, 171, 173
Sequeira, Jason 149

Serrano, Elijah 116
Serrano, Kiara 100, 101, 103
Serrano, Lineidys 149
Serrano Martinez, Orlando 149
Sharples, Alexander 133
Sharples, Brent 133, 165
Shaughnessy, Dan 158
Shields, Davon 85, 133, 165
Show Choir 15, 33, 40, 171
Shoy, Alazni 133
Shumila, Jayni 158
Sicaj, Jason 100
Sicajau-Castellanos, Stephanie 100, 173, 174
Sierra, Rafael 116
Sierra-Cotto, Yamil 100
Silva, Cole 133, 165
Silva, Connor 6, 54, 55, 72, 100, 163, 168
Silva, Giovanny 133
Silva, Isaiah 51, 75, 100, 165, 166
Silva, Jason 149
Silva, Jayden 133
Silva, Johanna 149
Silva, Jonathan 116
Silva, Maria 158
Silva, Maxi 169
Silva, Nevaeh 100
Silva, Tyreeque 116
Silva, Valdir 153
Silva, Victoria 100
Silva Ferreira, Leandro 100
Silva-Gomes, Amarion 133
Silva-Gomes, Danyviah 149
Silva-Mandeville, Alex 100
Silva-Nuno, Colyn 149
Silva-Parson, Akil 116
Silva Perez, Evelyn 116
Silva Robalo, Lidia 133
Silva Tavares, Briana 133
Silveira, Madison 13, 62, 63, 76, 77, 139, 149, 166, 167
Silveira, Sarah 13, 24, 100, 159, 170, 173, 175
Silveira, William 100
Silverberg, Matthew 149
Silverio Almanzar, Ishaly 149
Silvia, Liam 149
Silvia, Meghan 158
Simaj De La Cruz, Angel 133
Simaj Morales, Elvis 133
Simas, Lucas 149
Simas, Nolan 133
Simonton, Jacob 116
Simonton, Olivia 121, 123, 133
Simpson, Salice 133
Skellinger, Austin 133
Slash-West, Jamarion 25, 26, 133
Smith, Makenzie 158
Smith, Nadia 158
Smith, Nialonis 31, 72, 168
Smothers, Arianna 149
Soares, Chloe 167
Soares, Karla 100
Soares, Madison 116, 173
Soares, Mayra Sofia 116
Soares, Naria 119
Soares, Nicole 100
Soares, Victoria 133
Soaza, Keirsten 173
Sobran, Christina 158
Soccer, Boys 54, 55, 163
Soccer, Girls, Girls 56, 57, 162
Some Like It Hot' 105
Somerset Berkeley 168
Sorto Benites, Jhon 116
Soto, Jay'ley 100
Soto, Kimberly 158
Soto, Leilanee 134
Soto Hurtado, Kimberly 158
Soto Rodriguez, D'leiny 149
Sousa, Audrey 139, 149, 169
Sousa, Brooke 149
Sousa, Cayden 116
Sousa, Kailey 13, 95, 100, 101, 103, 159, 174, 177
Sousa, Kayla 150
Sousa, Mariana 116
Sousa, Nicolau 116
Sousa, Peighton 164, 169
Sousa, Sarina 101
Souto, Ja'sighia 134
Souto, Mya 150, 175
Souza, Alex 25, 171, 173
Souza, Cody 116, 127
Souza, Geovana 116
Souza, Gia 116
Souza, Kierstan 40
Souza, Kimberly 158
Souza, Lynn 153
Souza, Robbie 150
Spencer, Jodi 158
Spencer, Yanick 54, 134, 163, 168
Spicer, Noah 150
Spinner, Adriana 150
Spinner, Lanyia 134
Spinola, Raul 158
SpongeBob Musical 26, 27, 160, 191
Spooner, Christian 7, 101
Spooner, Eliot 101
Sports Divider 44, 45
Sprague, Chad 159
Spring Pops Concert 160
Sprissler, Abby 164
Sprissler, Abigail 150, 171
Stafford, Nathaniel 9, 39, 72, 116, 168
Star Wars 115
Steidel, Aaliyah 101
Stephens, Dakota 150
Stephens, Lyla 134
St Felix, Muphaella 9, 101, 119, 172
St. Gelais, Bethany 150
St. Gelais, Zackary 173
Stokes, Aaliyah 101
Stowell, Victoria 159
Strawn, Trina 159, 189
Stringer, Jazir 101
Student Life Divider 20, 21
Study Tips and Strategies 110, 111
Suar Ramos, Nereida 101
Sullivan, Issac 134
Super Mario 124, 125
Suy Nas, Alex 116
Suy Nas, Rudy 150
Swanson, Karli 159
Sweet vs. Salty vs. Spicy 132, 133
Swift, Cameryn 134
Swimming, Boys 68, 69, 169
Swimming, Girls 70, 71, 169
Sylvia, Jamie 10, 159, 165
Sylvia, Jayden 134
Sylvia, Joshua 116
Sylvia, Karen 159
Sylvia, Matthew 150
Sylvia, Meghan 159
Sylvia-Tavares, Elijah 134
Szaro, Pam 189

# T

Ta, Bao 134
Ta, Man 101
Talent Show 21, 41
Talley, Elliott 7, 12, 123, 134, 168, 170
Tamup Sirin, Irma 134
Tango, Celia 150, 169
Tarpey, Luke 53, 134, 162
Tarpey, Tess 37, 48, 101, 111, 164, 169, 170, 174
Tarpey, Thomas 153
Tavares, Angelina 101
Tavares, Anisa 17, 37, 81, 89, 101, 103, 125, 173, 174, 178
Tavares, April 174
Tavares, Ashlynn 101
Tavares, Diogo 134
Tavares, Edson 55, 91, 101, 103, 163
Tavares, Giovane 134
Tavares, Joseph 34, 101, 105
Tavares, Karen 175
Tavares, Krystian 134
Tavares, Nathan 150
Tavares, Nicole 150
Tavares, Sidney 35
Taylor, Lilliauna 101
Teasdale, Richard 159
Technology 144, 145
Tecum Aguilar, Jose 134
Teixeira, Adison 12, 134
Teixeira, Daisa 134
Teixeira, Dilson 163
Teixeira, Ivanea 159
Teixeira, Jaimilynn 171, 173
Teixeira, Juliajah 116
Teixeira, Stella 123, 134
Teixeria, Dilson 16
Tejeda, D'angelo 116
Tejeda, Lucas 101
Teodoro De Castro, Breno 134
Tevelan-Vicente, Cindy 150
Tezen, Bernardo 150
The LIttle Whalers 32, 57, 62
Thomas, Derek 159
Thompson, Alexia 61, 66, 67, 116, 165, 168
Thompson, David 101
Thompson, Elsieria 150
Thompson, Forrester 134, 165, 166
Thompson, Juandel 93, 101, 103
Thompson, Mitchel 37, 50, 74, 101, 165, 166, 177, 189
Thompson, Ondrae 116
Tilton, Jeremy 47, 164
Tino, Sandra 134
Tino-Tzoc, Claudia 17, 57, 101, 162
Tino Tzoy, Edy 117
Tipaz Sicaj, Mary 150
Tirado, Emilio 134
Titla-Mora, Jack 134
Titla Mora, Jessyca 117
Tobar, Daniel 150
Todman, Andraya 150
Todman-Holley, Maia 150
Toledo, Michele 159
Tomas Riz, Nataly 150
Tono Coxic, Jose 117
Toro, Elena 102
Torres, Angel 166
Torres, Carmine 134, 165
Torres, Cynthia 7, 48, 70, 102, 164, 169, 170, 174
Torres, Jade 117, 172, 175
Torres, Jael 117
Torres, Jaime 117
Torres, Jayden 37, 134
Torres, Joshua 102
Torres, Julie 21, 63, 117, 166, 167
Torres, Justn 15, 31, 175
Torres, Layla 117
Torres, Nazeah 9
Torres, Niacelis 102
Torres, Nimarys 117
Torres, Wilvelisse 117
Torres, Yalexix 134
Torres, Yasmin 150
Torres, Yovani 150
Torres Crespo, Juliana 102
Torres Crespo, Nazeah 23, 102, 129
Torres Inoa, Dilainy 117
Torres Landoni, Gonzalo 150
Torres Mejia, Jeremy 134
Torres Morales, Abdriel 134
Tounkara, Tina 134
Toy Story 115
Track, Winter 72, 73, 168
Trahan, Scott 150
Trahan, Suzy 159
Tran, Logan 134
Tran, Nini 134
Traverso, Renata 159
Treadup, Karen 152
Tremblay, Avery 102
Tremblay, Dereon 150, 166
Trinidad, Elijah 102
Trinidad-Burr, Nevijha 89, 102
Trinidad Jr, Eduardo 150.
Trommenschlager, Ryan 150
Tsaliagos, Gabriela 17, 48, 102, 164, 170, 173, 174
Tum Chach, Andrea 150
Tum Lopez, Angel 150
Tum Ordonez, Franki 134
Tum Perech, Nicolasa 134
Turner, Kelsey 12, 159
Tveit, Seannine 159
Twomey, Joe 115
Twomey, Joseph 159
Tzarax Castro, Antonio 134
Tzarax Lopez, Juan 150
Tzoc Ordonez, Victor 134
Tzoy-Morente, Eduardo 102
Tzoy-Morente, Kimberly 134
Tzoy Riz, Karina 150
Tzoy Tecum, Blanca 134

# U

UMass Dartmouth 14, 83
Unified Basketball 60, 165
Urbina-Flores, Jocelyn 134
Urbina-Ramirez, Jonathan 134
Us-Herrera, Anthony 134
Us Socop, Wilson 135

# V

Valente Costa, Devon 113, 117, 175
Valentin, Alexis 14, 117, 175
Valentin De Jesus, Arieliz 102
Valentin De Jesus, Yarieliz 135
Valentin De Jesus, Yarinethe 135
Valera, Soleil 150
Valladares, Aracely 135, 172
Valladares Centeno, Victor 102
Valls Sierra, Jahzed 50, 51, 72, 102, 165, 168
Vann, Desmond 135
Vargas, Elizabeth 159
Vargas, Felix 117
Vargas Martinez, Jonathan 117
Vargas Oquendo, Yiraliz 117
Vargas Smith, Alexina 135
Vasquez, Monica 21, 135, 160, 170
Vasquez Aguilar, Donis 150
Vaughan Genereux, Juliana 117
Vaz, Adrianna 151
Vaz, Alexandrea 135
Vaz, Kayla 135
Vaz De Pina Silva, Ian 135, 164
Vazquez, Ashanty 117
Vazquez, Elijah 135
Vazquez, Johnathan 151
Vazquez, John-Nea 117
Vazquez Gonzalez, Aleishka 102
Vega, Johnnyel 117
Vega, Nyrell 135
Vega, Yadriel 34
Veiga, Hermenegildo 135
Veiga Gomes, Maximiano 117, 172, 174
Veira-Dones, Anders 159
Velez, Giovanny 151
Velez, Isaias 117
Velez, Jelamine 166
Velez, Jelmanie 74, 75, 151, 165
Velez, Yomarie 102, 171
Velez Montes, Saydelis 5
Velez-Rosa, Israel 175
Velez Torres, Juan 117
Velho, Ashley 159
Ventura, Anthony 151
Ventura Cac, Marlon 151
Ventura De La Cruz, Carlos 135
Ventura Lazaro, Juanito 117
Ventura Olmos, Pedro 135
Ventura Tipaz, Raquel 135
Vera Velazquez, Naydet 151
Verdier, Keyana 135
Vergara, Luis 123, 135
Verran, Koby 169
Verran, Koby 135, 169
Vicente Mendoza, Felix 117
Viegas, Vivianna 151
Vieira, Bianca 159
Vieira, Brandon 135
Vieira, Christopher 117
Vieira, Davon 102
Vieira, Devin 38, 51, 102, 165, 168
Vieira da Silva, Orlando 113, 117
Viera, Jeremy 102
Viera, Olivia 1, 6, 24, 25, 37, 102, 171
Vilayvanh, Sawai 8, 87, 102
Villafane, J-Leah 102
Villalobos, Germany 19, 102
Villanueva, Jimmy 117
Villanueva, Joel 102
Villanueva, Nadia 117, 172, 174
Villanueva Rosa, Briana 151
Villatoro, Anthony 139
Villatoro McGlone, Aiden 151
Villatoro McGlone, Anthony 151
Villegas, Yandel 151
Viveiros, Noah 135
Viveiros, Ryan 135
Viveiros, Sadie 164
Viveiros-Barnicle, Kylie 135
Volleyball, Girls 58, 59, 163
Voltaire, Melissa 102
Vongsouna, Jerry 117, 165

# W

Wallace, Janeil 135
Wall Street 33
Walmsley, Sonia 152
Walsh, Hannah 135
Walsh, Nicholas 159
Walters, Trinidy 151
Walton, Lisa 159
Ware, Yinaira 151
Wasilowski, Demetri 151
Waters, Shawn 151
Watkins, Na-Mya 102
Watts Dejesus, Yalenys 171
Watts-Pine, Aaron 117
Way, Jon 159
Webb, Madison 28, 135
West, David 117
West, Matthew 159, 164
Whaler Media 34, 35
Whaler Post 34
Whaler Show 34, 35
Whaler Wave 170, 180
What Did It Cost? 82, 83
What's in a Name? 98, 99
What's Your Passion? 102, 103
Whitaker, Ashley 159
White, Aaron 79, 102, 171, 173, 174, 189
White, Janet 157, 189
White, Jasmine 151, 175
White, Lynne 157, 159, 173

Who Are We As Whalers? 80, 81, 120, 121
Wiggins, Tyler 151
Wilde, Inaya 117
Wildman, June 168
Wiley, Craig 159
Williams, Chanel 117
Williams, Kenterrio 135, 171
Williams, Treajah 117
Williams, Vachona 151
Williams-Brown, Kibi 159
Willis, Jack 139, 151
Wilson, Gloria 135
Wilson, Woodrow 11
Winderlick, Michael 159
Wingfield, Koda 22, 102
Winter Concert 1, 160
Wood, Aiden 102
Wood, Sallie 159
Woodard, Kent 159
Woodbury, Jayden 117
Woodis, Anthony 171
Woodis, Camryn 151
Woodley, Damion 151
Woodley, Danaeh 151
Woodley, Janaeh 151
Woodley, Nevaeh 102
Worster-Machado, Ryleigh-Jayne 151
Wrestling 74, 75
Wright, Prince Kionnaje 6, 117, 174
Wright, Sydni 151
Wrigley, Lauren 159

X

Xan Morales, Juan Carlos 135

Y

Yac Amperez, Elvis 135
Yac Ixcuna, Laura 103
Yax Chivalan, Jeremias 151
York, Rachel 14, 123, 135
Young, Alijah 135
Young, Amias 139, 151

Z

Zabaleta, Serenity 151
Zak, Olivia 103
Zapon Maric, Fernando 151
Zapon Maric, William 103
Zarate, Leonardo 135
Zarella, Jordan 151
Zayas, Victor 103
Zelaya Ayala, Roger 151
Zell, Leah 159
Zell, Mrs. 18
Zhang, Abby 28, 47, 117, 164
Zhang, Sam 69
Zhang, Samuel 135, 165, 169, 170
Zheng, Becky 11, 56, 151, 162, 168, 170, 172
Zinger, Bretton 13, 159, 189
Zoumas, Didier 135
Zuleta Areiza, Jimena 151
Zuleta Areiza, Yojan 117

# THE CRIMSON LOG

**Row 1:** Haylee Saquic Ordonez, Sara Curry, Eva Politano, Elizabeth Raposa, Alexis Leonardo, Luke Duarte. **Row 2:** Melanie Rosado Rodriguez, Aaron White, Jalohn Price, Daniel Cummings. Not pictured: Nageliz Martinez, Linda Richard, Mitchel Thompson, Tilay Diarza.

**Thank you**

To Pam Szaro, the Herff Jones representative, for her continued support, encouragement and expertise, as well as the rest of the Herff Jones team, especially Shaylen Harris, our customer service representative.

To the NBHS administration and staff, especially Principal Bernadette Coelho and Assistant Principal Jeff Longo, for their support throughout the year. To the house administrative assistants, especially Trina Strawn, for their patience and cheer in fielding an endless stream of questions and students looking for information.

To the entire NBHS faculty and staff for their cooperation with all manner of requests. You made our work easier.

To Mare Studios, and Janet White especially, for their excellent photography, endless patience with minor questions and flexibility in scheduling. The book is so much richer and more complete because of your contributions.

And to the students! This book is by and for students, and we thank you for your help in making it the best we could. Go Whalers!

**Colophon**

The Crimson Log is the yearbook of New Bedford High School. It is produced by the students of the School Publications 1 and 2 classes and members of the after-school Yearbook Club. The adviser is Bretton Zinger

The 8.5-by-11-inch book was delivered in mid-May. The cover uses four-color lithography wi[illegible] gloss lamination. The [illegible] full-color on 80# matte s[illegible]

The staff designed the p[illegible] Dell laptop computers, using eDesign, the proprietary online program from Herff Jones, as well as the Canva app integrated in eDesign. The cover was designed by Elizabeth Raposa, with input from the student staff. All fronts, except some used in ads, are from the AHJ Noveo Sans. AHJ Livingston and AHJ Sacha Handwriting Regular families.

The studio portrait photography and nearly all sports photography is done by Mare Studios. Candid photography is by the yearbook staff and Mare Studios

The cost of the book started at $80 and increased throughout the year to $100 upon delivery. It was printed using offset lithography a[illegible] the Herff Jones plant in Edwardsville, Kansas.

## THE STAFF

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Editor-in-Chief

**Sara Curry**
Co-Sports Editor

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Clubs Editor

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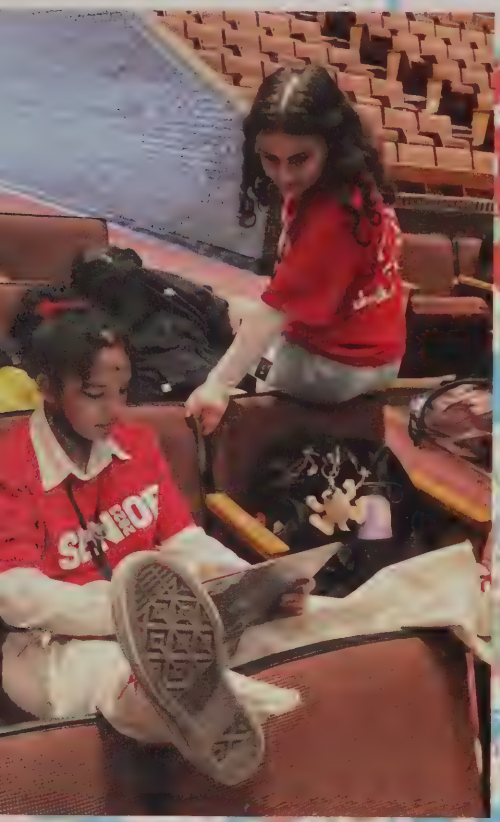
Staff Member

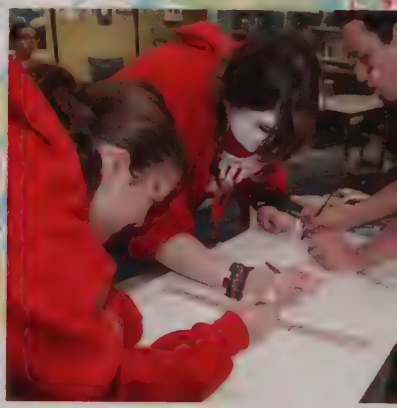
## Me in 2023

favorite movie _____
favorite TV show _____
favorite band/singer _____
favorite hobby _____
favorite restaurant _____
favorite food/meal _____
favorite app _____
favorite social media site _____
closest friends _____
where I worked _____
favorite subject _____
strongest subject _____
what I won't miss _____
what I will miss _____

**1. DOWNTIME** On the first day of the ELA MCAS test for sophomores, seniors Edelmis Calderon and Kahlen Bertoldo relax in the auditorium. the Creative Writing 2 class was displaced from their regular classroom, which was used for extended time for students who needed it.
**2. PERFORMANCE** The Color Guard performs at the Winter Concert in the gym. The event was perhaps the largest performing arts function of the year.
**3. PEER HELP** Sophomore Alexander Sharples helps freshman Richard Rojas learn the proper finger placement for an exercise in their Intro to Piano class.
**5. DOOR DECOR** Students work on decorating the door to their homeroom. Door decorating was one of the events on the day before Thanksgiving, and held right before the start of the Pep Rally.



# WHO are WE?



Who are *WE?*

We gained new friends, lost friends, learned new material from our teachers, learned more about ourselves and our academic abilities, and so much more during this year. We persevered despite the challenges and significant external and internal events that transpired over the academic year.

The good and the bad, the struggle, the arguments, the lunchtime friends, the detention, until you can no longer take it and realize it's just another part of life. "The SpongeBob Musical," the Shawn Oliver protests, significant plays and performances, SEC Champions, beating Bishop Feehan for the first time in school history, football Thanksgiving Day victory, the death of Queen Elizabeth II, escalating inflation, softening COVID-19 cases, and a host of other things happening outside the building and in the world around us.

Besides these difficulties and positive developments, we remain one and will always be Whalers. Many would argue that if you need a break, someone else will step in, but you must endure. Everyone wants what the other one is working for. No matter where we are in life, no matter what challenges we may be facing, we will always be Whalers.

This is *US!*

# WHO are WE?

# THIS IS US!

**PUTTING ON A SHOW** During the All-City Winter Concert in the auditorium, freshman Samuel Eckert joyfully celebrates about being admitted to Districts, a state band where tryouts are required to be accepted into the group. Band director Matthew Pacheco laughs as he watches Eckert perform for the audience.

# WHO are WE?

# THIS IS US!

**ROPE BRIDGE** Seniors Elizabeth Edminster and Isaiah Hernandez get ready for their competition's rope bridge event. A member of the JROTC Raider team, which evaluates physical, mental, and teamwork abilities in simulated survival circumstances, Edminster was waiting for the signal to start moving while the previous traveler unclipped from the rope. "We set up, tie, construct and transverse a one-rope bridge," she said. "I am the captain of the Women's Raiders Team. Isaiah is an assistant captain of the men's team." They were training for what was scheduled to be the sixth event of the annual JROTC Raider competition at Fort Devens.

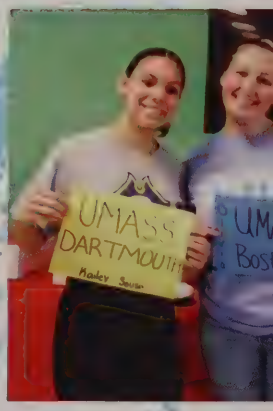
# this is us *deciding*

Decision Day marks the first step in students' secondary education.

"I'm going to Bristol Community College. I'm studying health sciences and then enrolling in the dental hygiene program. I wanted to attend BCC because of their successful dental hygiene program."
**senior Aliana Areias**

"I am going to Harvard College this year. It was my top choice, and I applied early, so it was easy to make the decision. They have my major, environmental science and public policy."
**senior Tatum Reis**

"I'm going to UMass Dartmouth, and I'm studying bio-engineering. Financially, UMASS was the best decision for me, but it's great school and has a lot to offer."
**senior Kailey Sousa**

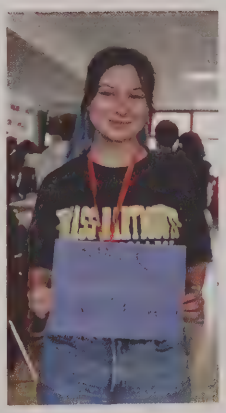


Students celebrate their culture through food and by dancing the night away.

# breaking CULTURAL barriers

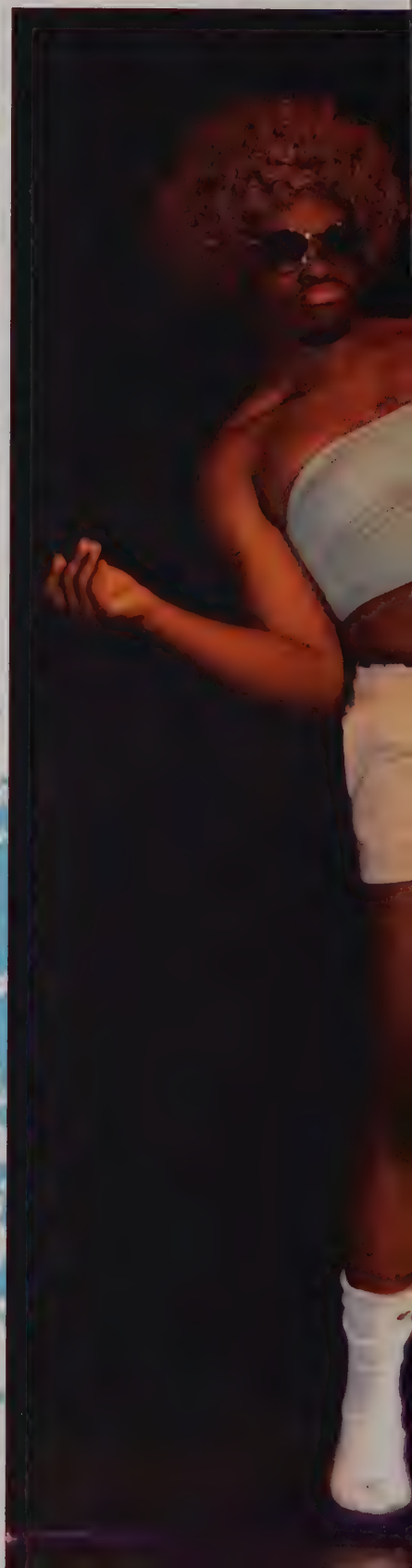
"I'm going to UMass Boston, studying political science. I picked that school because I am really excited to be in the city, and they have a great political program too."
**senior Olivia Veira**

**Senior Anisa Tavares** will continue her education in the fall at UMass Dartmouth, studying English literature.



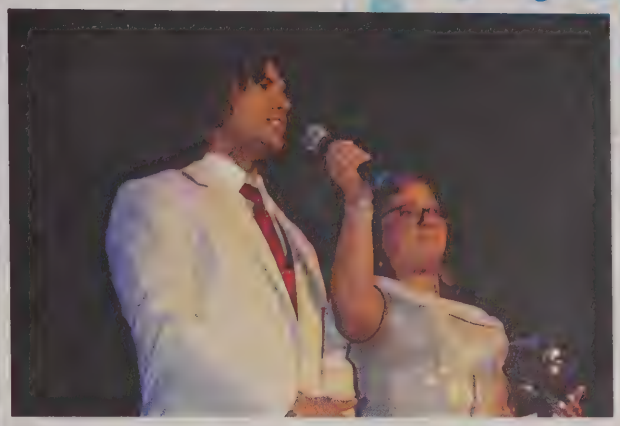
**Seniors Christopher Lake, Alexia Rodriguez** and **Anisa Garcia** will be attending UMass Dartmouth, Bridgewater University and UMass Boston, respectively.

GATOR



# A whale OF A night

38th annual Mr. Whaler contest for the class of 2023. Who will claim the crown?



Mr. Whaler

# TALKING *lacrosse*

"I wished people understood that lacrosse is not as hard as it seems. I started freshman year knowing nothing, but through the coaches and my team I was able to learn how to play."
**Sophomore Sam Zhang**

"Considering this was my first year, my goal was to learn the basics and become as much of a player for my team as much as possible."
**junior Dallas Gomes**

"My goal was to just gradually get better as the season goes on, and I believe I am achieving that goal."
**junior Aijan DePina**

# FIGHTING
## the good fight

# STICKING around

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"Home against Barnstable. I was starting attack with my teammates. They made me feel a part of the team, helping me shake off my nerves being one of the youngest players on the field."
**freshmen Audrey Sousa**

"I loved hanging out with my team and my coach at all of the away games while J.V. is playing. We just talk about random stuff, and it is so funny."
**senior Tatum Reis**

"Everything is a memory with this team because everyone on the team gets along and nobody ever gets left out of anything."
**sophomore Anette Bennett-Tucker**

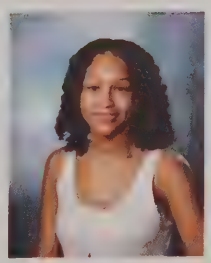
# life in the FAST LANE

# spreading their WINGS

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"When we did the Easter Egg hunt the Friday before April Break. It was really fun!"
**freshman Lana Jones**



"When we had track meets and even though we did not win, everyone was happy because we had fun."
**junior Naira Araujo Soares**

"Passing my PR (personal record) was one of my goals for this season, which I accomplished in the 200."
**freshman Janaya Goncalves**

## TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"Our first win against Oliver Ames is my best memory of the season. We all really came together as a team after 6 losses in a row and got the [victory], which felt really good."
**senior Aaron Pimental**

"For me, it's really just being able to see how much we came together as a team."
**senior Isaiah Silva**

"Major come back against Brockton. Being down 1-0, sixth inning person on second and third. Ajay Rivera and Joseph Castelo having major hits to put us up 3-1 for the win."
**senior Christopher Pisz**

# protecting THE PLATE

# WE ARE THE *captains*

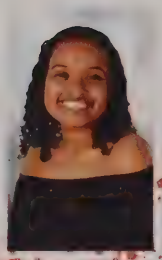
"Hayleigh being a pitcher and playing center field, those are two big positions for leadership, along with Jenna playing center field and being a flex player."
**junior Amelia Davis**

"Hayleigh and Amelia are talented softball players that are easy to look up to. They understand the team is human and mistakes are going to happen."
**senior Jenna Nogueira**

"We worked well together. We all are having a great hitting and fielding season, and I think we made it very enjoyable for the rest of the team."
**junior Hayleigh Chenard**

# dominating the DIAMOND

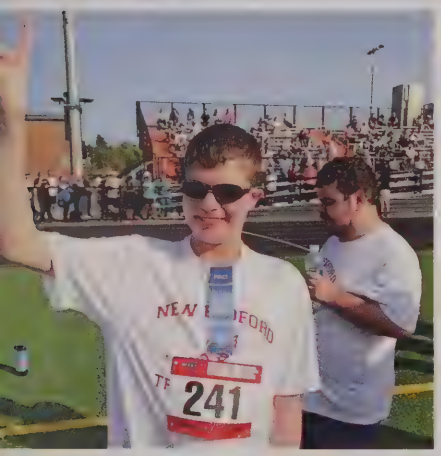
# PART OF A *team*



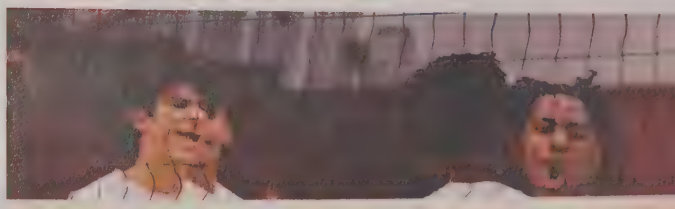
"I enjoy watching them run because they always surprise me with how fast they run. They also have so much energy and always have a positive attitude."
**senior Kimberly Sanabria**

"(I enjoyed) helping out with the shot put section because I've never done anything like it, so it was interesting to see how the students did."
**senior Vanessa Albino**

"Coaching them made me realize how much we take for granted. The season is going great because all of them are doing their best and most importantly have fun."
**junior Michael Polanco**



# right on TRACK



# spiking it into REALITY

## GOAL

**WHAT WAS YOUR PERSONAL GOAL FOR THE SEASON?**

"I hope to get over 40 assists in one game by the end of the season."
**junior Carter Barbosa**

My goal was to earn a starting spot on the team, and I achieved it at the start of our fourth game.
**senior Connor Silva**

"Go to states. (We're) on the way to do it."
**senior Ronis Ayala**

# WE ARE THE *captains*

"Emma Gibney always put her team first and watched the rest of the matches while giving everyone pep talks. During practices, Emma Gibney gives up her practice time to help the team with drills and help us hit." *junior Madison Rodrigues*

**junior Emma Gibney**

"Maria and Emma do a great job keeping the team motivated and Maria is always giving the team little peps and keeps the good vibes alive." *junior Jade Torres*

**junior Maria Oliveira**

# coming up ACES

# TEAM

**WHAT STANDS OUT IN YOUR MEMORY ABOUT THE SEASON?**

"Going to Burger King after our game in Bridgewater."
**junior Maximiano Veiga**

"When I played on a Saturday for four hours."
**sophomore Joao DeSouza**

"Playing other schools."
**sophomore Noah Hernandez**

# set up for SUCCESS

# SPRING SPORTS

**GIRLS TRACK AND FIELD**
Arielle Abraham, Victoria Arribada, Gabrielle Barker, Madelyn Baylies, Lilian Brine, Keira Cabral, Jesslyn Ciprian, Hannah Damasio, Renilde DeAndrade, Edmila Fernandes, Kaylie Forgue, Sienna Garcia, Darlene Gibau, Janaya Goncalves, Joceila Gonclaves, Jennifer Grave Hernandez, Keona Green, Chanel Hinojosa, Jalexa Johnson, Keyanna Jones, Lana Jones, Yvonne Le, Jucele Lee, Alisson Lemus, Nadia Lopes Vaz, Ronnie Lopes, Yulisa Lucas, Jennifer Matute, Madalena Morris, Garibeth Nieves, Ketsia Nyonga, Genesis Ortiz, Amaya Pastor Norales, Kate-Lynn Pemberton, Treyana Perry, Mia Quinones-Rios, Melissa Ribeiro, Kayda Ribeiro, Gabriela Rivera, Yessury Rivera, Yoselin Salazar Mateo, Yeisell Santos, Kezia Silva Dos Santos, Berta Semedo, Nialonis Smith, Naira Araujo Soares, Alaysha Sylvia-Figueroa, Allison Trinidad Rojas, Avani Vaughan, Jasmine White.

**BOYS TRACK AND FIELD**
Kaleal Amado, Michael Antunes, Kevin Ayala Manso, Yamiah Baptista, Jyzaiha Baptista-Martinez, Eduardo Camilo, Derek Carvalho, Erik Coj, Chase DeOliveira, Jose Diaz, Devidson Fernandes Cardoso, Samuel Fils, Xander Faria, Jayden Franklin, Kevin Gomes-Fontes, Tayel Guzman, Matthew Jean Francois, Elijah Justiniano, Evrard Leonidas, Matthew Lavoie, Bayron Maldonado, Isdaniell Matias-Ortiz, Edahi Mejia, Zakari Nunes, Clayton Pastor Norales, Tayden Pearson, Fernando Polanco, Maisen Rego, Yabdiel Ruiz, Edenilson Semedo, Nathaniel Stafford, Elliott Talley, Giovane Tavares, Jahzed Valls Sierra, Devin Vieira, Jerry Vongsouna.

**BOYS VOLLEYBALL**
**Front Row:** Edson Tavares, Jordan Wilson, Januel Acosta, Dilson DaCosta Teixeira, Connor Silva, Ronis Ayala. **Row 2:** Coach Ben Kaeterle, Benjamin Santiago-Rivera, Jensen Farnworth, Gabriel Mendes Albertini, Carter Barbosa, Rylan Brody, Davon Shields, Brooklyn Rodrigues, Amir Salih Tavares, Davon Centeio.

**SOFTBALL**
**Front Row:** Sophia Perry, Amelia Davis, Jenna Nogueira, Hayleigh Chenard, JJ Green. **Row 2:** Leslie Padilla, Belle Almeida, Ivy Mattos, Annabelle Huston, Caroline Huston, Lily Gonet, Coach Harry Lowe.

**GIRLS TENNIS**
**Front Row:** Megha Patel, Cassie Martins, Sara Curry, Maria Oliveira, Emma Gibney, Edelmis Calderon Marcano, Jaleea Mederios, Jalysa Noreiga. **Row 2:** Coach Richards, Angel Lin, Duyen Kim Le, Piper Reis, Adison Teixera, Maya Ferbert, Yaritza Belen.

**BOYS TENNIS**
**Front Row:** Noah Hernandez, Max Veiga-Gomes, Hugo Jacob-Reig (Captain), Luis Santana, Cairon Nunez. **Row 2:** Head Coach Michael Gryss, Jack Harding, Joao Desouza, Liam Burdman, Owen Jupin. Not Pictured: Mohamed Ahmed

**BOYS LACROSSE**
**Front Row:** Luis Vergara, Misael Guzman, Dallas Gomes, Oliver Guilfoyle, Brandon Moreira, Hiram Gonzalez Rivera, Henry Aj, Tommy Mok, Mathew Pereira, Kaileb Monteiro. **Row 2:** Coach Chace Allain, Juan Laureano Cepeda, Gavin Parent, Cameron Henrikson, Carlos Lux, Anthony Estrela, Dakota Mathieu, Emilio Tirado, Alexander DePina-Macedo, Christopher Monterroza, Jan Ortiz, Eddy Lucas, Ryan Viveiros, Luis Garcia, Yadiel Mendez Velez, Elmer Grave Morente, Orlando Vieira da Silva, Kaiden Rodrigues, Sam Zhang, Coach Chad Sprague.

**UNIFIED TRACK**
**Front Row:** Cole Silva, Coach Phil McDavitt, Liam Moniz, Collin Goodwin, Michael Lopez Polanco **Row 2:** Kaden Loura, Nicholas Resendes, Rylee Ramos, Ibrahim Conde, Carmine Torres, Amari Holley, Dakota Bussey, Josh Ferreira, Thierry Germain **Row 3:** Coach Lopes, Juan Rubio Zepeda, Ben Racine, Keyanna Jones, Lilian Brine, Sophia Perry, Madalena Morris, Vanessa Albino, Jaleea Medeiros, Kimberly Sanabria, Lexie-Marie FitzGerald, Alexis Rebello, Alexia Thompson, Lauren Mitchell, Coach Melissa Renauld, Jefferson Corado.

**BASEBALL**
**Front Row:** Isaiah Silva, Aaron Pimental, Kyle Pisz, Chris Pisz, Calvin Cruz-Duarte, Payton Beaulieu. **Row 2:** Coach John Seed, Jarren Goodine, Jayden Sylvia, Jack DiMatteo, JT Goodine, Brent Sharples, Joseph Castelo, Marquize Gonsalves, Ajay Rivera, Coach Jason Bennet.

**GIRLS LACROSSE**
**Front Row:** Hannah Pereira, Mackenzie Baggs, Tess Tarpey, Tatum Reis, Vanessa Bucha, Gabriela Tsaliagos. **Row 2:** Coach Whitaker, Anette Bennett-Tucker, Ashlynne Rysz, Audrey Sousa, Violet Lopes, Alexia Thompson, Caitlyn Cordeiro, Emily DaCosta, Hannah Blanchard, Coach Pacheco, Coach Rezendes.